

INAUGURAL PEARLAND HALF MARATHON



13.1 * 10 K

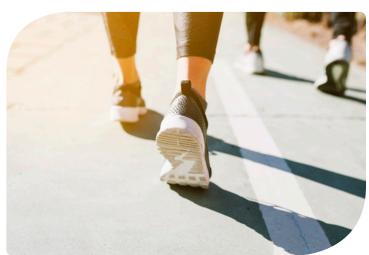


The Inaugural Pearland Half Marathon will take place on Sunday, March 24, 2019. Runners & walkers from Houston and many surrounding counties, will tow the starting line, ready to run!

The Pearland Half Marathon will start and finish at Pearland High School and the course will run through Pearland, with a fun loop around the Trail at John Hargrove Environmental Complex.

Spectators will line the course, to cheer on their family and friends. Hydration stations, stocked with water and electrolytes, will be at approximately every mile. All Half marathon and 10K participants will receive a commemorative participant shirt and finisher medal! If running isn't your jam, please consider volunteering! We are looking for MANY volunteers to cheer on the runners, pass out water and much more. All volunteers will receive a yummy breakfast along with a comfy t-shirt. For big volunteer groups, please contact Lisa Hartman at lisa@irunproductions.com

To register to run or volunteer visit us at:
www.runpearland.com
Come join us for a great time, we look forward
to seeing you there!



IMPORTANT NUMBERS

Police/Fire/Ambulance Emergency911
Brazoria County Sheriff Non-Emergency281-331-9000
Poison Control
Texas Pride Disposal Waste Mgmt281-487-5000
www.texaspridedisposal.com
SiEnvironmental (Water - MUD 3 & 6)832-490-1600
Severn Trent (Water - MUD 2)
Center Point Energy (street lights need 6 digit #)713-207-2222
www.centerpointenergy.com/outage
Brazoria County Mosquito Control281-331-6106 Ext. 1532
Brazoria County Animal Control
Brazoria County Road & Bridge (street & curb repairs)
Call Before You Dig
Center Point Energy (gas)
Pearland Post Office

SILVERLAKE HOA INFO

Daniel Harris, CMCA, AMS - Community Manager Crest Management Company Silverlake office location 10100 Broadway St #110 Pearland, Texas 77584 daniel.harris@Crest-Management.com 281-272-6377 Office

www.crest-management.com

HOA website: www.SilverlakeHOA.com

Nathaniel Griffin - Assistant Manager 281-272-6375

nathaniel.griffin@crest-management.com

Clubhouse Rentals contact

 $Silver lake\ On site\ Office\ at\ Silver lake\ HOA @crest-management. com$

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ARTICLE INFO

The Silverlake News is mailed monthly to all Silverlake HOA residents. Residents, community groups, schools, etc., are welcome to submit information. Personal news is also welcome. All submissions will be reviewed for content and approved by the Board of Directors and Newsletter Committee Chair. The deadline for submission is the 8th of the month before publication.

HOA Updates

HOA recently replaced close to 17,000 linear feet of wood fencing along Southfork (Magnolia). As a part of the project, the irrigation heads were moved away from the fencing to prevent fence water damage.

HOA recently finished pruning trees on the back half of the property, which included removal of all of the Bradford pear trees.

HOA has approved repair work schedules to all existing playground equipment in need of repair. All playground equipment has been inspected by licensed equipment inspectors.

HOA recently completed new LED lighting work at the tennis

HOA has completed a multiyear planned landscape enhancement project that included main roadwork and the remaining cul-de-sacs and entrances.

HOA recently completed painting of light poles at the clubhouse and tennis courts.

HOA has ordered additional pool furniture and has planned refinishing the splash pad equipment prior to the pool opening.

REMINDER

Annual HOA meeting scheduled for Tuesday, March 26, 2019 at 7 PM at the clubhouse.



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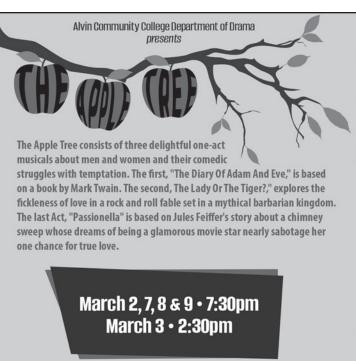


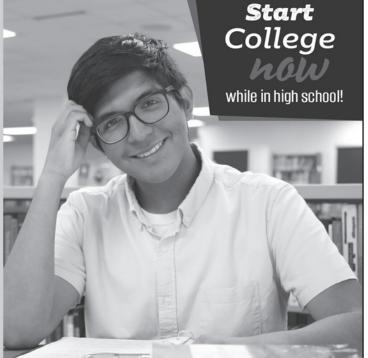
Before the Launch

Free College & Career Planning Workshop for Teens & Young Adults: Career Coach Jennifer Warren will be presenting a fun, educational workshop on college and career preparation Tuesday March 19th at 7pm at the Pearland Westside Library (2803 Business Center Dr, Ste 101- behind HEB). Topics covered include best career options for personality types, budgeting tips for young adults, successful college preparation and increasing marketability in a job search. Parents are encouraged to attend with their teen or young adult as we discuss their strategy for these important years. For more information please see www.BeforeTheLaunch.com.









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Silverlake





Volunteer Opportunities

Pearland is a dynamic and growing community with many opportunities for residents to "get involved" in activities that enhance the community. Volunteer contributions are a value-added enhancement to City services and provide the volunteer with a unique perspective of City government and non-profit organizations. Volunteers have an opportunity to discover new interests, meet new people, and develop new skills. Assignments can be made available on a long and short term basis depending on the needs of the department and volunteer. Your volunteer services are greatly appreciated. Volunteer opportunities include:

Animal Services

The City of Pearland Animal Services & Adoption Center is seeking volunteers to walk dogs, help with cats and other animals, assist with off-site adoptions, help residents search for lost pets, take photos of animals in need of a home, clean Adoption Center facilities, and more. Visit https://www.pearlandtx.gov/departments/animal-services/animal-adoption-center-volunteer-registration-form to fill out a volunteer form.

Boards and Commissions

The City is looking for a few good... board members. Interested? The City of Pearland depends on specialized boards and commissions, staffed and operated by residents, to assist and advise the City Council and the Administration on the community issues affecting Pearland. For more information, please visit the Boards and Commissions webpage

Citizen's Police Academy

Have you ever wondered, "Why do officer's do that?" Would you like to gain working knowledge of the duties of a police officer? Consider registering for a Citizen's Police Academy class! Students will receive instruction on Thursday nights from 7 to 9:30 p.m. on the different aspects of policing. Course topics include the police hiring process, Penal Code and Transportation Code, Arrest Procedures and Crash Investigation. There is no cost to attend and graduates become part of the Pearland Citizen Police Academy Alumni Association (PCPAAA). The PCPAAA is a service organization dedicated to supporting the mission of the Pearland Police Department. For more information, please visit Citizen's Police Academy webpage.

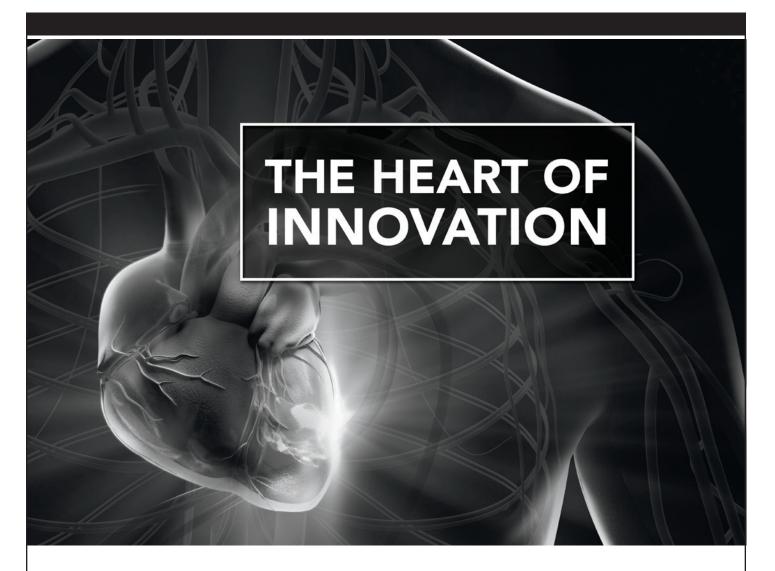
Pearland Volunteer Firefighter

You could be part of a brave team. The Pearland Fire Department (PFD) is always recruiting individuals who have a commitment to the community and can contribute the time to become a professional-class volunteer firefighter. Being a volunteer firefighter is a great way to give back to your community and become a leader in it. Visit https://www.pearlandtx.gov/departments/fire/employment for more information.

Parks and Recreation

Volunteers are invited to help with various stewardship activities in city parks, trails, and natural areas. Many activities are great for large groups, families, or youth groups with adult supervisors. One

(Continued on Page 5)



Setting the pace for cardiovascular care in Greater Houston.

At Memorial Hermann, our team of world-renowned, affiliated heart physicians provides innovative cardiovascular care - from revolutionary new medications, to minimally invasive procedures for correcting atrial fibrillation or repairing heart valves to innovations in heart and lung transplants. These cutting-edge solutions are less traumatic and aim to reduce a patient's pain and recovery time. Our innovations are putting Memorial Hermann at the forefront of advancing heart health in Greater Houston and helping our patients lead a better quality of life.

Learn more about heart care at Memorial Hermann Pearland Hospital at heart.memorialhermann.org



ADVANCING HEALTH

Silverlake

(Continued from Page 4)

day, short-term or long-term service activities are also available. No prior experience is needed, only the desire to help. If you are interested in volunteering for Parks & Recreation programs such as youth, senior and athletic, or serving in a special event, please visit https://www.pearlandtx.gov/departments/parks-recreation/ volunteers for current volunteer opportunities.

Keep Pearland Beautiful

Keep Pearland Beautiful is always looking for volunteers to serve in a number of volunteer capacities. Visit the Keep Pearland Beautiful Web site to sign up or email them at info@mykpb.org





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SC High Coach Joins Shadow Creek Summer Swim Team

SC High School Swim Coach, Matt Winton, is now Coaching Director for the Shadow Creek Summer Swim Team.

Coach Matt will help with curriculum, high school junior coaches, and he will teach in the water at some practices along with Head Coach Kimberly Simon.

Swim Team Starts in May. Swimmers age 6-18 can join the Shadow Creek Swim Team. Learn all four strokes and race in competitive league meets. Space is limited and ability to swim one length of the pool is required.

Tryouts ages 6-8 May 1 & 2. Practices run May 6 – July 8. Make any or all practices.

May practices: Mon-Tue-Wed-Thur-Fri evenings.

June 1 – July 15 practices: Tue & Thursday evenings & Saturday mornings.





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Tree Planting Guide

From CenterPoint Energy



When trees grow and extend into power lines, they can cause power outages and safety hazards for you and your neighbors. Prevent these problems by planting the "right tree in the right place," and you won't have to worry about trimming or removing your trees once they grow.

Benefits of Trees

Trees help Houstonians in many ways:

- Energy efficiency help homes and buildings keep cool by providing shade. They also reduce wind and temperature fluctuations in your home.
 - Cleaner air reduce Houston's air pollution.
 - Beauty enhance the appearance of our homes and communities.
 - Privacy obstruct views of neighbors, traffic and more.
 - Peace & quiet tree foliage serves as a noise buffer from city noise.
 - Fun kids love to play, climb and swing on a tree.
 - Wildlife provide a habitat for birds and other animals.
 - Food produce a variety of fruits and nuts.

But not every tree is right for you and your yard. Follow the steps below to ensure you have a tree that meets your needs, fits your space and doesn't create problems with nearby power lines.

- See more at: https://www.centerpointenergy.com/en-us/safety/pages/

tree-planting-guide.aspx?sa=ho&au=res#sthash.6yWTUtBN.dpuf

Steps Before Planting

- 1. Determine Available Space
- 2. Identify nearby power lines and their type:

Distribution lines need 10 feet of clearance from vegetation.

Transmission lines mean no trees inside the Right-of-Way and no tall trees nearby.

Service drops should never have trees planted beneath them.

- 4. Also look for nearby electrical equipment, like pad mount transformers or smart meters. Don't plant trees, shrubs, plants or other vegetation where it can damage equipment or interfere with CenterPoint Energy's ability to access it.
 - 5. Choose a Tree
- 6. Knowing your space limitations, determine what tree species you want to plant.

Distribution-line-friendly, low-growing trees.

Transmission-corridor-friendly, low-growing vegetation.

The Texas Forest Service Tree Planting Guide helps you find the right tree for your property.

- 7. Call Before You Dig
- 8. Homeowners must call 811 before digging to avoid hitting underground utility lines.
- See more at: https://www.centerpointenergy.com/en-us/safety/pages/tree-planting-guide.aspx?sa=ho&au=res#sthash.6yWTUtBN.dpuf





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SHEDDING LIGHT ON NEW BULBS



Standard incandescent light bulbs may soon become a thing of the past. Under the Clean Energy Act of 2007, required the sale of energy-inefficient incandescent bulbs ti be phased out over a two-year period, beginning with 100-watt bulbs in January 2012. Compact fluorescent lights (CFLs) have become the most popular replacement choice. The typical CFL uses 66 percent less energy and lasts up to ten times longer than an incandescent bulb.

Making the switch to CFLs doesn't require that you throw out all your incandescent bulbs right away. Even a gradual change can result in significant savings. Just replacing your home's five most frequently used light fixtures can save you more than \$65 each year, as CFLs provide the most savings when a lighting source is used for at least two hours a day. You can continue to use incandescent bulbs for fixtures that are only on for a few minutes at a time, such as closet lights, changing to CFLs as your supply of incandescent bulbs runs out.

One important point to know about CFLs is that they contain an average of 4 milligrams of mercury (about the amount that would cover the tip of a ballpoint pen). The mercury is sealed within the bulb's glass tubing, and no mercury is released when the bulb is intact or use. Special caution must be taken when disposing of used bulbs or cleaning up broken bulbs, however. Some states require used CFL bulbs (broken and unbroken) to be taken to local recycling centers for disposal. And if a bulb breaks in your home, you should follow the Environmental Protection Agency's guidelines to clean up the debris:

Before Clean-up: Air Out the Room

- Have people and pets leave the room, and don't let anyone walk through the breakage area on their way out.
 - Open a window and leave the room for 15 minutes or more.
- Shut off the central forced-air heating/air conditioning system, if you have one.

Clean-Up Steps for Hard Surfaces

• Carefully scoop up glass pieces and powder using stiff paper or cardboard and place them in a glass jar with metal lid (such as a canning jar) or in a sealed plastic bag.

- Use sticky tape, such as duct tape, to pick up any remaining small glass fragments and powder.
- Wipe the area clean with damp paper towels or disposable wet wipes. Place towels in the glass jar or plastic bag.
- Do not use a vacuum or broom to clean up the broken bulb on hard surfaces.

Clean-up Steps for Carpeting or Rug

- Carefully pick up glass fragments and place them in a glass jar with metal lid (such as a canning jar) or in a sealed plastic bag.
- Use sticky tape, such as duct tape, to pick up any remaining small glass fragments and powder.
- If vacuuming is needed after all visible materials are removed, vacuum the area where the bulb was broken.
- Remove the vacuum bag (or empty and wipe the canister), and put the bag or vacuum debris in a sealed plastic bag.

Clean-up Steps for Clothing, Bedding and Other Soft Materials

- If clothing or bedding materials come in direct contact with broken glass or mercury-containing powder from inside the bulb that may stick to the fabric, the clothing or bedding should be thrown away. Do not wash such clothing or bedding because mercury fragments in the clothing may contaminate the machine and/or pollute sewage.
- You can, however, wash clothing or other materials that have been exposed to the mercury vapor from a broken CFL, such as the clothing you are wearing when you cleaned up the broken CFL, as long as that clothing has not come into direct contact with the materials from the broken bulb.
- If shoes come into direct contact with broken glass or mercurycontaining powder from the bulb, wipe them off with damp paper towels or disposable wet wipes. Place the towels or wipes in a glass jar or plastic bag for disposal.

Disposal of Clean-up Materials

- Immediately place all clean-up materials outdoors in a trash container or protected area for the next normal trash pickup.
- Wash your hands after disposing of the jars or plastic bags containing clean-up materials.
- Check with your local or state government about disposal requirements in your specific area. Some states do not allow such trash disposal. Instead, they require that broken and unbroken mercury-containing bulbs be taken to a local recycling center.

Future Cleaning of Carpeting or Rug: Air Out the Room During and After Vacuuming

- The next several times you vacuum, shut off the central forced-air heating/air conditioning system and open a window before vacuuming.
- Keep the central heating/air conditioning system shut off and the window open for at least 15 minutes after vacuuming is completed.

Silverlake

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SKIN CANCER

THE SAD TRUTH

Every year, **5.4 million new cases** of skin cancer are diagnosed, making skin cancer more prevalent than any other cancer. 1 in 5 Americans will develop skin cancer in their life. The saddest part is that skin cancer is one of the most **easily preventable** and diagnosable cancers, and, if detected early, has one of the highest treatment rates. Yet, the public is still ill-informed on such a common cancer.



WHAT CAN YOU DO TO REDUCE YOUR RISK

PROTECT

Apply sunscreen and wear long-sleeves & hats under the sun.





PREVENT

Avoid direct sun exposure between the hours of 11:00 am and 4:00 pm. Never use tanning beds.



DETECT

Look out for abnormal moles or skin patches on your skin and regularly get physical examinations.











Oddly shaped, discolored, large, and evolving moles are potentially malignant

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