



NOTICE TO RESIDENTS



Please remember that you cannot put your trash or recyclables out at the curb **until noon the day before your assigned trash pick-up day.** This includes not only trash in bags but any other bulk items you may be throwing away from your house or garage. Also, at no time is trash allowed out over the weekend unless you have a scheduled Saturday pick-up day.

If your lawn crew normally places bags at the curb a day or two before trash pick-up, please instruct them to place the bags near your other trash instead of at the curb. Trash can then be moved to the curb at the appropriate time.

Thank you for your help!
Woodwind Lakes HOA

IMPORTANT CONTACTS

CONSTABLE'S OFFICE

Harris County Pct. 4 Constable's Office.....281-376-3472
.....<http://www.cd4.hctx.net>

BOARD OF DIRECTORS

President..... Darryl Hackfield
.....President@woodwindlakeshoa.com
Vice-President.....**Mendi Strnadell**
.....VicePresident@woodwindlakeshoa.com
Treasurer.....**Robin Sample**
.....Treasurer@woodwindlakeshoa.com
Secretary.....**Kate Weatherford**
.....Director2@woodwindlakeshoa.com

NEWSLETTER AND WEBSITE

Newsletter Editor

Lynn Collins lynn.collins@garygreene.com

Advertising

Peel, Inc advertising@PEELinc.com, 1-888-687-6444

GROUNDS COMMITTEE

Ann Tatum..... anntatum9203@gmail.com

PAVILION & ADULT POOL

Donna Jackson..... 713-466-8668
..... kotilla@hotmail.com

FAMILIES OF WWL

Dana Patterson..... greg.dana.patterson@gmail.com

CHRISTMAS COMMITTEE

Terry Buckner terry214@live.com

WOMEN'S CLUB

President: Ann Tatum.....anntatum9203@gmail.com
Vice President: Judith Simons.....jjsimons@comcast.net
Secretary: Cindy Horn.....cindy.d.horn@gmail.com
Treasurer: Linda Jefferson.....ljefferson51@comcast.net

OTHER USEFUL NUMBERS

Graham Management

..... graham@grahammanagementhouston.com, 713-334-8000
Mailing Address: 2825 Wilcrest Dr., Suite 600, Houston, TX. 77042

Association Manager

Mandi Branam.....mbranam@grahammanagementhouston.com

Improvement Application Submittal

.....arc@grahammanagementhouston.com

Call Before You Dig 1-800-DIG-TESS or 1-800-344-8377

Pct. 4 Constable..... 281-376-3472

Street Light Outage..... 713-207-2222

..... www.centerpointenergy.com - Have light number.

Texas Department of Public Safety Crime Service

..... <http://records.txdps.state.tx.us>

DEAD ANIMALS - To collect dead animals from the streets or off to the side of roads, please Dial 311. There is an option for them to pick up dead animals.

UTILITIES

SECTIONS 1, 2, 3

WASTE MGT CUSTOMER SERVICE.....713-686-6666
Trash Pick-up is Tuesday and Friday.

Water/Sewer Issues, all Sections: 281-807-9500

M.U.D. #261 BOARD SECTIONS 1, 2 & 3

S. Brady Whittaker (05.12.18) President
..... 713-333-6411
Jason Vanloo (05.14.20) Vice President
..... 281-236-6419
John Oyen (05.14.20) Secretary
..... 713-446-3959
Larry Goldberg (05.12.18) Director
..... 713-824-5499
Milt Dooley (05.14.20) Director
..... 713-858-7303

M.U.D. 261 www.HCMUD261.com

SECTION 4 VILLAGE OF WOODWIND LAKES

WCA - 825 Highway 6 South, Houston, TX 77083
281-368-8397 - contact@wcamerica.com

TOPS Water - 281-807-9500

USEFUL LINKS

WL Website.....www.woodwindlakeshoa.com
Sec 1, 2 and 3 Utility.....
..... <http://hcmud261.com/HCMUD261/Index.htm>
Section 4 Utility <http://www.wfud.org/>
Social Media .. https://woodwindlakes.nextdoor.com/news_feed/
Newsletter <http://www.peelinc.com/>
Sec 4 Gate (ICS)

ADVERTISING INFO

Please support the advertisers that make the *Woodwind Lakes Newsletter* possible. If you are interested in advertising, please contact our sales office at 1-888-687-6444 or advertising@peelinc.com. The advertising deadline is the 8th of the month prior to the issue.

ARTICLE INFO

The *Woodwind Lakes Newsletter* is mailed monthly to all Woodwind Lakes residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to Lynn.Collins@garygreene.com. The deadline is the 7th of the month prior to the issue.

Spring Garage Sale

SATURDAY, APRIL 6, 2019

SIGNS MAY BE PURCHASED FOR \$10 BEGINNING APRIL 1ST AT 7614 ROLLING ROCK ST.



W O M E N ' S C L U B

SEPHORA

New Ideas in Make-Up & Application
Tuesday, March 19, 2019 at 10:00AM

Home of Helen Laughlin
7530 Allegro Drive

For more information please contact:

- Ann Tatum (713 724-0998)
- Judith Simons (713 896-7041)
- Linda Jefferson (832 228-3265)
- Cindy Horn (972 998-8242)

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Are you looking to sell your home in the next year or so or just curious about the value of your home? Either way - I'd be happy to chat with you. Call, text or email me today.

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FEBRUARY YARD OF THE MONTH WINNERS

Section 1
7915 Sonata Court

Section 2
8935 Andante Drive

Section 3
8634 Golden Chord Circle

Section 4
8107 Rondo Court

CONSTABLE STATS

Burglary Habitation: 0	Disturbance Juvenile: 0
Theft Vehicle: 0	Suspicious Vehicles: 2
Assault: 0	Phone Harassment: 0
Disturbance Family: 0	Theft Habitation: 0
Alarms: 7	Robbery: 0
Runaways: 0	Criminal Mischief: 0
Burglary Vehicle: 0	Disturbance Other: 1
Theft Other: 0	Suspicious Persons: 2
Sexual Assault: 0	Other Calls: 20



HARRIS COUNTY CONSTABLE, PRECINCT 4

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A Woodwind Lakes Resident

Currently Have Buyers Looking in Woodwind Lakes



Katesellshouston.com
713-582-7021

Kate Weatherford, Realtor
Kate.weatherford@exprealty.com

Nutritious Foods Are Powerful In Maintaining A Healthy HEART



Research shows that eating a variety of certain foods can lower our risk of heart disease.

Which foods are they?

Let's start with GARLIC. "As scientists look into the effects of diet on health, they are finding that more and more everyday foods offer benefits that go well making dishes tastier". Dr. Crandall, Director of Preventative Medicine in Palm Beach Gardens, Florida.

Garlic seems to improve IMMUNITY, HEART HEALTH, fights certain CANCERS and lowers TRIGLYCERIDES and total CHOLESTEROL. Some of the benefits can be seen after eating just one meal with raw garlic. Chop, slice or crush fresh garlic, then wait 5-10 minutes before eating or adding to a dish.

Adding towards the end of a recipe retains its nutritional value when cooked.

Nature also provides another superfood for the heart... AVOCADOS. They are packed with monounsaturated HEART HEALTHY FATS that can lower LDL levels while raising the amount of HDL.

Our hearts also appreciate having nuts, leafy green vegetables, berries, beans, salmon, dark chocolate, red grapes (prefer organic to avoid pesticides), oatmeal (for its fiber) and legumes to name a few. We have so much control over our health which I find empowering!

*Every Bite We Take Feeds Or Fights Disease!
Happy Heart Month!.....Donna Konopka*

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HOUSTON, WE HAVE A PROBLEM

By Cheryl Conley, TWRC Wildlife Center



The Houston toad was discovered in the late 1940's but wasn't named until 1953. John Wottring, an amateur herpetologist, heard an unfamiliar, high-pitched trill-sounding nighttime call in South Houston and it was discovered that

the toad belonged to an undescribed species and it was then named the Houston toad.

The Houston toad is a native Texan. It was thriving in the Houston area before a severe drought in the 1950s and urbanization destroyed much of its habitat. Sadly, the toad is no longer a resident of the city and what's especially disturbing is that it's now listed as critically endangered by both the US Fish and Wildlife Service and Texas Parks and Wildlife.

So, what exactly does the classification of endangered mean? Endangered means the species is on the brink of extinction. The few that are left in the wild are scattered across nine Texas counties but Bastrop County seems to have the highest concentration of them. So just how many are left? No one knows for sure but according to the Houston Toad Association, there are only 300 left. E & E News estimates the population to be around 2,000.

So why should you care if they become extinct? Because they are part of an ecosystem. The dictionary's definition of an ecosystem is "all the living things, from plants and animals to microscopic organisms that share an environment." They all play an important role. Think of an ecosystem as a spider web. If one part of the web gets destroyed, it weakens the rest of the web.

The Houston Zoo is on a mission to save the Houston toad from extinction. They maintain a facility for captive breeding of the toad. Just last year 1,082,000 toad eggs were released into the wild.

Another important measure being taken to save the toad from extinction is the Houston Toad Safe Harbor Agreement. The agreement encourages landowners within the area where toads are known to live to take specific steps to benefit the toad. Some of these actions include pond management, invasive species control and reintroducing the toad on their property.

We care for about 4,000 animals every year. If you'd like to help give these animals a second chance at life, go to our website at www.twrcwildlifecenter.org and click on "Volunteer". We need you and they need you.

BUSINESS CLASSIFIEDS

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WOODWIND LAKES PAVILION



Just a reminder, the WWL Pavilion is available year-round... reservations/deposits are all that are necessary.

The Pavilion/Pavilion Pool were used an average of 40 times in 2017 and 40 times in 2018. Great facilities to host personal events!

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JOIN US FOR A FREE DIGESTIVE HEALTH EVENT

Our digestive health experts from Houston Methodist Willowbrook Hospital will discuss managing disorders, including:

- Acid reflux or chronic GERD
- Chronic constipation
- Colon issues
- Constant stomach discomfort
- Hemorrhoids
- Weight-related digestive issues

Our Presenters



Arturo Bravo, MD
Gastroenterology



Diego Marines, MD
Colon and Rectal Surgery



Todd A. Worley, MD
Bariatric and General Surgery

Tuesday, March 19 | 6 p.m.

Houston Methodist Willowbrook Hospital
18220 State Hwy. 249
Conference Center, 1st Floor
Houston, TX 77070

Refreshments and giveaways

To register, visit houstonmethodist.org/events or call 281.737.2500.



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- Fairbanks Animal Clinic
- Fairbanks Liquor
- Firestone
- Fuddrucker's
- Greater Houston Landscaping
- Better Homes & Gardens Gary Greene – Lynn Collins
- Graham Management
- Holt & Young
- Kroger's
- Logan's
- Los Arcos
- Los Cucos
- McDonald's
- Mitches Motor
- Monty Campbell
- Mr. Detail Carwash
- Party Pantry Liquor
- Pot Belly
- RCW Nursery
- Red Lobster
- Rudy's
- T-Nails
- Trident
- Two Amigos
- Wanna Trav Cruise & Tours – Gail Ford

**WOODWIND LAKES
NEIGHBORHOOD EVENT**
Sponsored by Women's Club

SELF-DEFENSE CLASS

Wednesday, March 20, 2019

6:00 – 8:00 PM

Windfern Forest MUD Building

14410 Mauna Loa

(Corner of Gessner and Mauna Loa)

Children 12 and Over May Attend

Attendees Must Pre-Register at:

<http://events.r20.constantcontact.com/register/event?oeidk=a07eg0j1t1p7d348c4c&llr=gp6kgk7ab>

Cost: \$25 via Credit Card



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