



Northlake Forest

HERALD

April 2019

OFFICIAL PUBLICATION OF THE NORTHLAKE FOREST HOA

Volume 9, Issue 4

Pay it Forward



There is also an annual International Pay It Forward Day that helps remind people to do so. It is on April 26 every year. The website provides lots of ideas for the different activities people are doing around the world, ideas about what you can do, business cards you can print to share the message, and a place where you can share your stories.

There are so many reasons to do good deeds that go way beyond simply helping the recipient of the deed. You may question your own motivation if you are giving for these reasons instead of giving only for the sake of giving. I understand the questioning since some benefits just feel ickier than others. In the end, though, no matter what reasons you choose forgiving, you should continue to give. Your contribution, no matter what the intention is behind it, will still help make you a better person and the world a better place.

<http://www.good-deeds-day.org/>Any day is an excellent day to do good deeds. There is no time like the present to do something nice for someone.

NORTHLAKE FOREST

NLF COMMITTEES

POOL AND FACILITIES

ChairTBD
Board Liaison..... Russell McPherson

LAKE AND LANDSCAPING

ChairTBD
Board Liaison.....Paul Rath

COMMUNITY SAFETY

Community ChairCharlene Dickerson
Safety Chair Kelly Moore
Board Liaison..... Adam Kluge

ARCHITECTURAL

ChairTBD
Board Liaison Steve Velzis

NLF EVENTS / NEWSLETTER

ChairTBD
Board Liaison.....Rebecca Dessenberger

VOLUNTEERS NEEDED

All of our committees are seeking volunteers to help continue making our community a fun place to be. Just a little bit of your time can go a long way. If you are willing to help, in any way, please fill out a "Contact Us" form on the website.

NLF BOARD OF DIRECTORS

President.....Paul Rath
Vice President.....Rebecca Dessenberger
Treasurer.....Steve Velzis
Secretary.....Russell McPherson
Director.....Adam Kluge
Inframark.....Michael Quast

If you notice a problem or have a concern about something within NLF, please complete the form on our website and bring it to the attention of the management company or Board member so that the issue can be addressed.

MANAGEMENT COMPANY
Inframark

Michael Quast / Portfolio Manager
281-870-0585

Michael.Quast@inframark.com · www.inframarkims.com

Northlake Forest HOA Website: www.northlakeforesthoa.com

IMPORTANT NUMBERS

EMERGENCY NUMBERS

Poison Control 1-800-222-1222

NON-EMERGENCY NUMBERS

Mark Herman Constable, Precinct 4..... (281) 376-3472
Harris Cnty Sheriff's Office @ HWY 249 .. (281) 290-2100
Cy-Fair Volunteer Fire Dept @ Telge Rd.... (281) 550-6663
Harris Cnty Courthouse @ Cypresswood... (281) 376-2997

GOVERNMENT NUMBERS

Harris County Animal Control..... (281) 999-3191
Harris County Public Health & Environmental Services
..... (713) 439-6000
R. Jack Cagle - Community Assistance Dept.
..... (281) 353-8424
Social Security Administration 1- (800) 772-1213
Department of Public Safety @ West Rd.... (281) 517-1333
Department of Pubic Safety @ Grant Rd ... (281) 890-5440

POST OFFICE

USPS @ Spring Cypress..... (281) 373-9125
The UPS Store @ Spring Cypress (281) 304-6800
FedEx Office @ Barker Cypress..... (281) 256-8323

LIBRARY

Lone Star College CyFair Library
Circulation Desk (281) 290-3210
Northwest Branch Library
@ Regency Green Drive..... (281) 890-2665
Barbara Bush Library @ Cypress Creek (281) 376-4610

SCHOOLS

Administrative Offices (281) 897-4000
Farney Elementary (281) 373-2850
Goodson Middle School (281) 373-2350
Cy-Woods High School (281) 213-1800

UTILITIES

NW Harris County MUD #10..... (832) 467-1599
Best Trash (281) 313-2378
CenterPoint Energy Gas (713) 659-2111
Relient Energy Electricity 1-(855) 347-3232
..... www.powertochoose.com

NEWSLETTER INFO

EDITOR

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*All articles are due by 10th of the month to be
considered for publication*

PUBLISHER

Peel, Inc. www.PEELinc.com, 512-263-9181
Advertising..... advertising@PEELinc.com

Attention Parents of Graduating Seniors!

We would like to recognize our graduating seniors by including a small picture and a few lines about where your child will be attending college. Please send your information to articles@peelinc.com (include the newsletter you would like to recognize them in, photo, name, etc).



Church Youth Group Fundraiser



Girls from The Church of Jesus Christ or Latter-Day Saints are collecting athletic shoes for charity. Any size, any brand of close toe shoes will be given to Project Sole to help others in need.

A donation box will be available at the Fairfield Chapel located at 21521 Fairfield Place, Cypress, TX by the back door until April 20th.

"Project Sole is a non-profit organization that unites shoes and compassion to relieve suffering, care for the poor, & enhance the quality of life in our community." www.projectsole.org

Shield Bearer Running for Hearts 5K Family Fun Run and Walk

The Shield Bearer Running for Hearts 5K Family Fun Run and Walk will take place on March 30, 2019, from 7:00AM to 11:00AM, at Windwood Church at 10555 Spring Cypress Road in Houston, Texas. This family friendly event will feature a 5K timed, trail style run, a 1-mile family walk, games for the kids, t-shirts, food, prizes, and lots of fun for all ages. Race registration is \$25 for adults (ages 14 and up) and \$10 for children (ages 13 and under) before March 15, 2019. Registration, sponsorship, vendor, fundraising, and volunteer information is available at shieldbearer.org/5K.

Race sponsors include Bammel Church of Christ, Element Payment Services, Louetta Automotive, Caldwell Companies, Lone Star College, Murdoch's Backyard Pub, Insperity, Lindsay's Light, Windwood Church, Fox Focus Photography, Rollin' Local, Amegy Bank, Misfit Design Group, Leadership North Houston, and Action Specialties.

Proceeds for the event will fund services and programs at Shield Bearer, a Houston based 501c3 nonprofit counseling and community resource center that provides services on a sliding scale. Shield Bearer has six locations in Houston and serves individuals, couples, and families including those recovering from the trauma of human trafficking, domestic violence, crime, abuse, war, and natural disasters. Additional information about services and programs can be found online at shieldbearer.org or by calling (281) 894-7222.



SHIELD BEARER
shieldbearer.org

**Timed 5K Trail Run,
1 Mile Walk
Music, Food, T-Shirts,
Prizes and More!**



SATURDAY, MARCH 30, 2019 7 AM - 11 AM

Windwood Presbyterian Church
10555 Spring Cypress Rd.
Houston, TX 77070

REGISTER TODAY!
shieldbearer.org/5K
\$25 Adults (14 & up)
\$10 Children (13 & under)

Proceeds benefit Shield Bearer, a local nonprofit that provides hope and healing for survivors of abuse, crime, war, human trafficking, natural disasters, and more.
Find out more at shieldbearer.org or (281) 894-7222

Where's My Money! Understanding Your Numbers and When You Need a Loan?

Luncheon Details

Thursday, April 18, 2018

Registration/Networking 11 a.m.; Luncheon begins at 11:30 a.m. | Sheraton West Houston Hotel, 11191 Clay Rd., Houston, TX 77041 | Early Registration Costs \$30; or pay at the door for \$38.

Houston, Texas (April 18, 2019) Join the Houston Area Professional Express Network on Thursday, April 18th for a networking luncheon and a presentation by, Liz Lara Careno & Rebecca Scultz who will teach you about understanding your money, identifying when your business needs a loan and how to leverage your banking relationships.

This month's HAPEN meeting begins with registration and networking at 11:00 a.m. followed with a prompt 11:30 a.m. start of the program. Luncheons are held at the Sheraton West Houston Hotel, 11191 Clay Rd.

About Houston Area Professional Express Network (HAPEN)

Houston Area Professional Express Network's mission is to GROW our membership TOGETHER through strength and vitality of positive relationships of each member's experiences. Our members have opportunities to pursue excellence and achieve both local and national recognition. HAPEN is part of the national organization of American Business Women's Association (ABWA), for more information visit www.HAPEN.org.

About American Business Women's Association (ABWA)

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 60 years to women's education, workplace skills, and career development training. For more information, visit, www.abwa.org.

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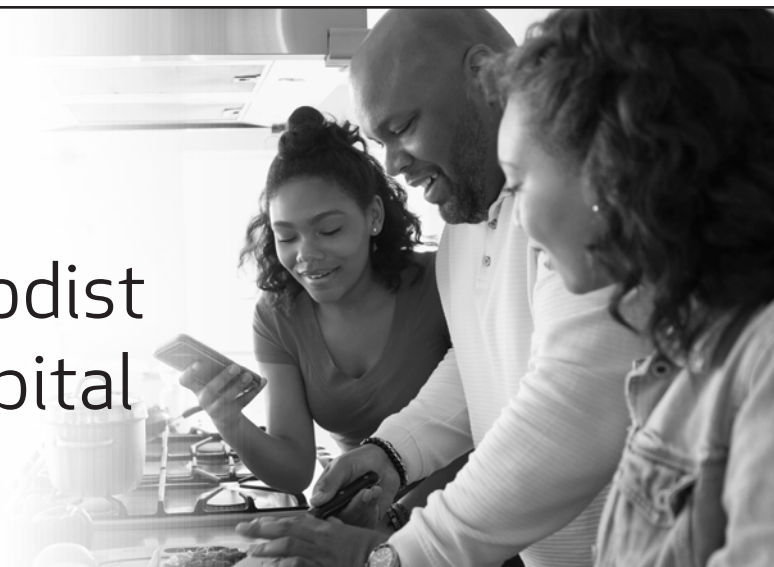


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Club Track Team Registration for Middle and High School Athletes



Club Track Team Registration for Middle and High School Athletes

The Northwest Flyers Track Club is now registering middle and high school athletes for the spring and summer 2019 season. An orientation session for school athletes will be held on Tuesday, April 2, 2019 at 7:00 p.m. at Matzke Elementary School, 10002 Mills Rd., Houston, 77070.

The team, which is celebrating its 32nd season, is sanctioned by USA Track & Field, and provides a full program of "track" events such as sprints, hurdles, middle distance, distance and relays, and "field" events such as long jump, triple jump, high jump, discus, shot put and javelin. It is an excellent "off-season" program for young athletes who compete on their middle school or high school track teams.

For additional information about the team and the orientation, visit www.northwestflyers.org, email linette.roach@sbcglobal.net, or call 832-725-4754.

GO GREEN



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www.PEELinc.com
and click the RESIDENTS tab



Raptors

By Cheryl Conley, TWRC Wildlife Center

Have you ever heard of a hawk vest, raptor shield or coyote vest? I had no idea they even existed until I started researching this article. Although they may go by different names, they are all very similar and serve the same purpose. They claim to protect small animals from birds of prey, coyotes and even aggressive dogs. Now you may think this is silly and even a little ridiculous but if you're someone who has suffered the loss of a pet snatched by a raptor or coyote, it makes perfect sense. As recently as January 18th in Pennsylvania, an 8-pound bichon frise was playing in the backyard when an eagle swooped down, grabbed it with its talons and flew off with it. Not to worry. For some unknown reason, the eagle dropped it 4 miles away and the dog recovered.

A bird of prey is a meat-eater but not all birds of prey are raptors. Eagles, owls, ospreys, kites, hawks, buzzards, harriers, vultures, and falcons are all raptors. Three traits help distinguish a raptor from other birds of prey and these three traits make raptors excellent hunters. A raptor has a curved beak with sharp edges, sharp claws or talons and excellent eyesight.

Of all the animals in the animal kingdom, raptors have the best eyesight. Their eyesight is 6 to 8 times better than ours. As far as which raptor has the best eyesight it is most definitely the eagle. It is believed that an eagle can spot an ant crawling on the ground from atop a 10-story building, or a rabbit up to a mile away. Breaking that down even a little further, this means an eagle flying at an altitude of 1000 feet over open country could spot prey over an area of almost 3 square miles from a fixed position.

The talons, or claws, of raptors are curved downward and are razor sharp. If you were to see a raptor's foot up close you would also notice rough bumps on the pads of the feet which aid in hanging onto their prey like slippery fish. The raptor swoops down and with a vise-like grip either kills the prey or inflicts serious wounds.

The beaks of raptors are all the same. They are curved with very sharp edges. They use their beaks to tear off fur, pull out feathers and tear meat into bite-sized pieces that they swallow whole. Raptors also have what we would call a "tooth" on the inside of the upper part of their beak. It's shaped like a triangle and is called a tomia. This is used to cut the spinal cord of its prey.

If you come across an injured raptor, there are very important steps to take to insure your safety and the safety of the bird. First, call TWRC Wildlife Center. If the bird doesn't fly away when approached, this doesn't always mean it's injured. It could be protecting food or babies. If it is determined that the bird actually needs rescuing, we will direct you on how to safely capture and restrain the hawk. If you do not feel comfortable handling the hawk, we can recommend other options for transport. If it is injured, you'll need heavy gloves, safety glasses and a thick towel or blanket. Throw the towel or blanket over

the bird and take hold of the bird by keeping its wings close to its body and your hands out of reach of the talons. Darkness helps calm birds and the towel provides that. Place the bird in a sturdy box or pet carrier that is only slightly larger than the bird. If it's too large, the bird will be able to flop around and could inflict even more injuries. Be sure to remove the towel or blanket from the container. Now place that towel or blanket over the carrier. Bring the bird to us as quickly as possible for care. Please do not attempt to feed the bird or provide water. As with most wild animals, it is illegal to have raptors in your possession. They are federally protected under the Migratory Bird Treaty Act of 1918.

If you have any wildlife questions, give us a call at 713-468-8972 or check our website at www.twrcwildlifecenter.org.

Spring is our busiest season and babies have started coming in. We need compassionate people to help feed and care for baby squirrels, baby opossums and baby birds. The age requirement is 14 and up. This is an experience you'll never forget! The link is <https://www.twrcwildlifecenter.org/volunteer/>





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