# Woodwind Lakes

It's all right here

#### April 2019

### HOMEOWNER'S ASSOCIATION REMINDERS



Planning on interior home renovations? If your contractor will have a trailer on your property, please notify Graham Property Management (mbranam@grahampropertymanagementhouston. com). Graham will send a request to HOA for approval and document approval dates in their database.



### **WANTED!!!** *DYNAMIC, FUN LOVING, ADVENTUROUS WOMEN*

Volume 8, Issue 4



Woodwind Lakes Women's Club **IS NOT** your old ladies sewing club.

This year has been exciting with awesome speakers, Bonnie Blue and her art car, Sephora makeup experts and wine tasting party. We also toured Houston's downtown underground. The Women's Club supports CY-Hope and contribute monthly to our collection box.

CHECK US OUT - GREAT WAY TO EXPAND YOUR HORIZONS - MEET YOUR NEIGHBORS AND HAVE FUN!!!!

For more information please contact: Ann Tatum (713 724-0998) Judith Simons (713 896-7041) Linda Jefferson (832 228-3265) Cindy Horn (972 998-8242)

# IMPORTANT CONTACTS

#### **CONSTABLE'S OFFICE**

#### **BOARD OF DIRECTORS**

| President      | Darryl Hackfield                   |
|----------------|------------------------------------|
|                | President@woodwindlakeshoa.com     |
| Vice-President | Mendi Strnadel                     |
|                | VicePresident@woodwindlakeshoa.com |
| Treasurer      | Robin Sample                       |
|                | Treasurer@woodwindlakeshoa.com     |
| Secretary      | Kate Weatherford                   |
| ·              | Director2@woodwindlakeshoa.com     |
| Director       | Jeffrey Krahn                      |
|                | Director1@woodwindlakeshoa.com     |

#### NEWSLETTER AND WEBSITE

#### **Newsletter Editor**

Lynn Collins ...... lynn.collins@garygreene.com

#### Advertising

Peel, Inc ..... advertising@PEELinc.com, 1-888-687-6444

#### **GROUNDS COMMITTEE**

Ann Tatum.....anntatum9203@gmail.com

#### **PAVILION & ADULT POOL**

#### FAMILIES OF WWL

Dana Patterson......greg.dana.patterson@gmail.com

#### **CHRISTMAS COMMITTEE**

Terry Buckner ..... terry214@live.com

#### WOMEN'S CLUB

| President: Ann Tatum          | anntatum9203@gmail.com    |
|-------------------------------|---------------------------|
| Vice President: Judith Simons | jjsimons@comcast.net      |
| Secretary: Cindy Horn         |                           |
| Treasurer: Linda Jefferson    | ljjefferson51@comcast.net |

#### **OTHER USEFUL NUMBERS**

#### Graham Management

...... graham@grahammanagementhouston.com, 713-334-8000 Mailing Address: 2825 Wilcrest Dr., Suite 600, Houston, TX. 77042 Association Manager

Mandi Branam ......mbranam@grahammanagementhouston.com Improvement Application Submittal

.....http://records.txdps.state.tx.us **DEAD ANIMALS -** To collect dead animals from the streets or off to the side of roads, please Dial 311. There is an option for them to pick up dead animals.

### UTILITIES

#### **SECTIONS 1, 2, 3**

WASTE MGT CUSTOMER SERVICE......713-686-6666 Trash Pick-up is Tuesday and Friday.

#### Water/Sewer Issues, all Sections: 281-807-9500

#### M.U.D. #261 BOARD SECTIONS 1, 2 & 3

| S. Brady Whittaker (05.12.18)           | President      |
|---|----------------|
|   |                |
| Jason Vanloo (05.14.20)                 | Vice President |
|   |                |
| John Oyen (05.14.20)                    | Secretary      |
|   |                |
| Larry Goldberg (05.12.18)               | Director       |
| , |                |
| Milt Dooley (05.14.20)                  | Director       |
| ·····                                   |                |
| M.U.D. 261                              |                |

#### SECTION 4 VILLAGE OF WOODWIND LAKES

WCA - 825 Highway 6 South, Houston, TX 77083 281-368-8397 - contact@wcamerica.com

#### TOPS Water - 281-807-9500

#### **USEFUL LINKS**

# **ADVERTISING INFO**

Please support the advertisers that make the *Woodwind Lakes Newsletter* possible. If you are interested in advertising, please contact our sales office at 1-888-687-6444 or <u>advertising@peelinc.com</u>. The advertising deadline is the 8th of the month prior to the issue.

# ARTICLE INFO

The *Woodwind Lakes Newsletter* is mailed monthly to all Woodwind Lakes residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to <u>Lynn. Collins@garygreene.com</u>. The deadline is the 7th of the month prior to the issue.

## Laughter

Stress Is Everywhere, Right? As the ole saying goes,

It's Not The Stress That Gets Us But How We Deal With It..... Ok, so what can help us as we squeeze so much into a day? Let's turn to laughter for relief and here is why.

\*Laughter Is EXERCISE...So many muscles move when we laugh. That is why we feel more relaxed and calmer after a good laugh.

\*Laughter increases the level of HEALTHY HORMONES and improves BLOOD FLOW.

\*Laughter is one of the top SLEEP AIDS around because laughing causes the body to produce more MELATONIN, the hormone released by the brain that helps us sleep better.

\*Laughter FIGHTS DEPRESSION! It replaces stress hormones with feel good hormones which in turn creates a more positive state of mind.

\*Laughter BOOSTS THE IMMUNE SYSTEM! It does that by increasing the number of anti-infection antibodies as well as T-cells in the blood.

Dear neighbors, next issue lets continue our chat on the benefits of laughter because it is so beneficial.

"Through humor, we can soften some of the worst blows that life delivers. And once you find laughter, no matter how painful your

# Minor Repairs Can Garner Top Dollar





Imagine you are a buyer looking at your home. What do you think needs repair?

First impressions are key. Taking care of the necessary repairs before putting your home on the market is important to yielding top dollar and ensuring a quick, hassle-free sale. I'd be happy to come by and make some recommendations on how to create an inviting atmosphere.

Please call, text or email me if I can answer any questions or be of any assistance in helping you get top dollar when you are ready to sell.



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situation might be, we can survive it."

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Wishing everyone happy and healthy days! See you next month. Donna Konopka





GARY

GREENE

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> Lynn Collins REALTOR® | MBA Woodwind Lakes Resident

281.743.1159 Lynn.Collins@GaryGreene.com http://Lynn.Collins.GaryGreene.com

# Woodwind Lakes

### CONSTABLE STATS

Burglary Habitation: 0 Theft Vehicle: 0 Assault: 0 Disturbance Family: 0 Alarms: 4 Runaways: 0 Burglary Vehicle: 0 Theft Other: 3 Sexual Assault: 0 Disturbance Juvenile: 1 Suspicious Vehicles: 1 Phone Harassment: 0 Theft Habitation: 0 Robbery: 0 Criminal Mischief: 0 Disturbance Other: 0 Suspicious Persons: 1 Other Calls: 5



HARRIS COUNTY CONSTABLE, PRECINCT 4

CONSTABLE MARK HERMAN "Proudly Serving the Citizens of Precinct 4" 6831 Cypresswood Drive \* Spring, Texas 77379 \* (281) 376-3472 \* www.ConstablePet4.com

### **Woodwind Lakes Pavilion**



Just a reminder, the WWL Pavilion is available year-round... reservations/deposits are all that are necessary. The Pavilion/Pavilion Pool were used an average of 40 times in 2017 and 40 times in 2018. Great facilities to host personal events!

### Pro-actively PROSPECT to find my sellers buyers!

#1 Ranking for Search Terms on Google, Yahoo & Bing!

Professional Photos & 3-D Virtual Tour Advertise on Social Media Sites Open Houses & Custom Marketing Material Custom For Sale Sign So Your Listing Stands Out Advertise to ALL Houston Realtors via Email Staging By a Professional Interior Designer Featured on 900 Real Estate Websites

A Woodwind Lakes Resident Currently Have Buyers Looking in Woodwind Lakes

### Katesellshouston.com 713-582-7021

Kate Weatherford, Realtor Kate.weatherford@exprealty.com

4 Woodwind Lakes - April 2019

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Kate Sells Houston!

(713)582-7021

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I'M GORGEOUS INSIDE

### Women's Club | Florescence

One of the largest competitive national flower shows sanctioned

by the Garden Club of America in the United States.

Presented by River Oaks Garden Club, The Garden Club of

Tuesday, April 16, 2019 at 10:00AM

MEET AT: Museum of Fine Arts 1001 Bissonnet Street, 77005 \$15 Admission Fee

Houston and the Museum of Fine Arts. For more information please contact: Ann Tatum (713 724-0998), Judith Simons (713 896-7041), Linda Jefferson (832 228-3265), Cindy Horn (972 998-8242)



# Woodwind Lakes

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### BASHANS PAINTING & HOME REPAIR

- Interior & Exterior Painting
- Wood Replacement
  Interior Carpentry

Sheet Rock Insulation

Interior & Exterior Door

- HardiPlank Replacement
- Sheetrock Repair
- Cabinet Painting
- Pressure Washing
- Fence Replacement
- Custom Staining
- Wallpaper & Texture Removal

Replacements

Stucco Repair

Crown Molding



### **Raptors** Baby Eastern Screech Owl



Have you ever heard of a hawk vest, raptor shield or coyote vest? I had no idea they even existed until I started researching this article. Although they may go by different names, they are all very similar and serve the same purpose. They claim to protect small animals from birds of prey, coyotes and even aggressive dogs. Now you may think this is silly and even a little ridiculous but if you're someone who has

suffered the loss of a pet snatched by a raptor or coyote, it makes perfect sense. As recently as January 18th in Pennsylvania, an 8-pound bichon frise was playing in the backyard when an eagle swooped down, grabbed it with its talons and flew off with it. Not to worry. For some unknown reason, the eagle dropped it 4 miles away and the dog recovered.

A bird of prey is a meat-eater but not all birds of prey are raptors. Eagles, owls, ospreys, kites, hawks, buzzards, harriers, vultures, and falcons are all raptors. Three traits help distinguish a raptor from other birds of prey and these three traits make raptors excellent hunters. A raptor has a curved beak with sharp edges, sharp claws or talons and excellent eyesight.

Of all the animals in the animal kingdom, raptors have the best eyesight. Their eyesight is 6 to 8 times better than ours. As far as which raptor has the best eyesight it is most definitely the eagle. It is believed that an eagle can spot an ant crawling on the ground from atop a 10-story building, or a rabbit up to a mile away. Breaking that down even a little further, this means an eagle flying at an altitude of 1000 feet over open country could spot prey over an area of almost 3 square miles from a fixed position.

The talons, or claws, of raptors are curved downward and are razor sharp. If you were to see a raptor's foot up close you would also notice rough bumps on the pads of the feet which aid in hanging onto their prey like slippery fish. The raptor swoops down and with a vise-like grip either kills the prey or inflicts serious wounds.

The beaks of raptors are all the same. They are curved with very sharp edges. They use their beaks to tear off fur, pull out feathers and tear meat into bite-sized pieces that they swallow whole.

Raptors also have what we would call a "tooth" on the inside of the upper part of their beak. It's shaped like a triangle and is called a tomila. This is used to cut the spinal cord of its prey.

If you come across an injured raptor, there are very important steps to take to insure your safety and the safety of the bird. First, call TWRC Wildlife Center. If the bird doesn't fly away when approached, this doesn't always mean it's injured. It could be protecting food or babies. If it is determined that the bird actually needs rescuing, we will direct you on how to safely capture and restrain the hawk. If you do not feel comfortable handling the hawk, we can recommend other options for transport. If it is injured, you'll need heavy gloves, safety glasses and a thick towel or blanket. Throw the towel or blanket over the bird and take hold of the bird by keeping its wings close to its body and your hands out of reach of the talons. The towel provides darkness and darkness helps calm birds. Place the bird in a sturdy box or pet carrier that is only slightly larger than the bird. If the container is too big, the bird can flop around and can cause further injuries. Be sure to remove the towel or blanket. Now place that towel or blanket over the carrier. Bring the bird to us as quickly as possible for care. Please do not attempt to feed the bird or provide water. As with most wild animals, it is illegal to have raptors in your possession. They are federally protected under the Migratory Bird Treaty Act of 1918.

If you have wildlife questions, please call us at 713.468.8972 or check our website at www.twrcwildlifecenter.org. By Cheryl Conley, TWRC Wildlife Center

# **Reflux Services** at Houston Methodist Willowbrook Hospital

The digestive health experts at Houston Methodist Willowbrook Hospital understand the discomfort that often comes from chronic acid reflux. Our team of specialists evaluate the symptoms of each individual to recommend appropriate diagnostic and treatment options.

If you are experiencing any of the following symptoms:

- Burning sensation in the back of the mouth
- Difficulty breathing
- Difficulty swallowing
- Discomfort in the chest and throat

We are here to help.

Dry cough and hoarseness

- Frequent heartburn
- Irritation in the esophagus

Call the Houston Methodist Willowbrook Hospital Reflux Services navigation line at **281.737.GERD (4373)** and find a Houston Methodist reflux specialist near you.



houstonmethodist.org/willowbrook







### **Acrobat Ants**

Acrobat ants usually nest outdoors under stones or in dead wood such as firewood, tree stumps, dead tree branches, or hollow tree cavities. Because they are found in similar habitats, acrobat ants are sometimes confused with carpenter ants. Indoors they can nest in foam insulating board or water damaged wood. Acrobat ants get their name from the act of raising their abdomen over their thorax when in defensive posture which makes the ants look similar to circus acrobats.

Acrobat ants have a reddish-brown head and thorax with a dark blue-black abdomen. The abdomen is a distinctive heart-shape. Acrobat ants primarily feed on honeydew produced by aphids and can often be seen tending honeydew producers on plants. They will sometimes use overhanging tree branches or power lines to enter homes in search of food.

Outdoors, acrobat ants are usually not a problem directly. They can be seen as a problem in that they protect honeydew producers from predators and parasites. You can use this to

your advantage by using acrobat ants as a monitoring tool to watch if you have honeydew producers on your plants.

- To avoid a home invasion by acrobats follow these tips:
- Remove tree stumps & dead limbs from trees
- Trim back branches overhanging or touching the roof
- Fill tree cavities with sand
- Do not store firewood in or near the home
- Keep weather stripping around doors & windows in good repair
- Seal around pipe penetrations with caulk or expanding foam
- Fix any water leaks
- Replace water damaged wood on the structure
- Spray around the foundation of the home- select a product labeled for ants

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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