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The Lakeshore Report - May 2019 1

IMPORTANT NUMBERS

LAKESHORE COMMUNITY ASSOCIATION **BOARD OF DIRECTORS CREST MANAGEMENT CO.**

EMERGENCY INFORMATION FIRE, MEDICAL OR LIFE THREATENING

	9-1-1
Constable Dispatch	281-376-3472
Humble ISD Police (Schools)	
Harris County Animal Control	
Texas Poison Control Center	

UTILITIES

Electric, (multiple providers)	. www.powertochoose.org
Power Outages	713-207-7777
Street Light Outages	
U.S. Water Utility Group	832-756-2143
Gas, Centerpoint Energy	713-659-2111

SCHOOLS

	281-641-1000
	www.humble.k12.tx.us
Lakeshore Elementary	281-641-3500
Woodcreek Middle School	281-641-5200
Summer Creek High School	281-641-5400

NEWSLETTER PUBLISHER

Peel, Inc	888-687-6444
Article Submission: Brittani.Busta	mante@Crest-Management.com
Advertising	advertising@peelinc.com

COMMITTEE INFORMATION

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Commun	164	vvalue.	u

James Furrjfurr40@yahoo.con
Garage Sales
Lakeshore Clubhouse:lakeshore-ca@sbcglobal.ne
Landscape Committee
Rex Spikes: rexaspikes@sbcglobal.ne
Pool Committee
John Criswell:john.criswell@outlook.com
Social Committee

Elna Ermel: ronelna@comcast.net

To volunteer, please email lakeshore-ca@sbcglobal.net

The Onsite Office has New Hours!



The Onsite Office is now open four days a week: Tuesday and Thursday 2:00 p.m. – 7:00 p.m.

Wednesday and Friday 10:00 a.m. - 2:00 p.m.

Welcome Brittani Bustamante

She is the new on-site community manager who is now in charge of not only the office, but also the website, eblasts, and editing the News Letter. You can reach her at lakeshore-ca@sbcglobal.net.

At the Onsite Office, Brittani handles access cards for the amenities, clubhouse reservations, and common area maintenance.

Come by and Say hello to Brittani!

COMMITTEE INFORMATION

Community watch	
James Furr	jfurr40@yahoo.com
Garage Sales	, ·
Lakeshore Clubhouse:	lakeshore-ca@sbcglobal.net
Landscape Committee	

Rex Spikes: rexaspikes@sbcglobal.net

Pool Committee

Community Watch

John Criswell:.....................john.criswell@outlook.com

Social Committee

Elna Ermel:ronelna@comcast.net To volunteer, please email lakeshore-ca@sbcglobal.net

LAKESHORE CLUBHOUSE

281-458-3345

ONSITE MANAGER HOURS

MONDAY & WEDNESDAY: 10:00AM - 2:00PM

TUESDAY & THURSDAY: 2:00PM - 7:00PM

CLOSED

FRIDAY, SATURDAY & SUNDAY

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The Clubhouse

Looking for a place to host your next event? Well look no further the Lakeshore Community Clubhouse is available for rent. We have a capacity of 100 people as well as tables and chairs to help make your event successful. Enjoy full use of the kitchen and two spacious Great Rooms. Stop by during normal business hours for a tour and more information.















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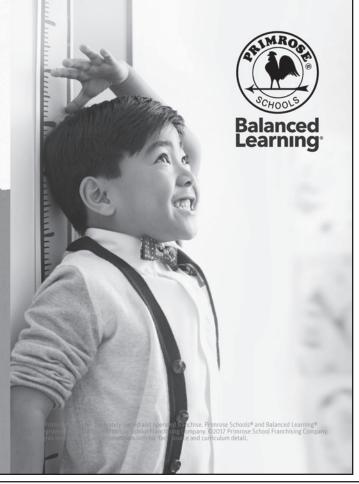
Being school-ready is just the beginning.

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Primrose School at Summerwood



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Lake Houston Ladies Club - May Meeting



The Lake Houston Ladies Club's next luncheon will be held on Tuesday, May 21, from 10:00-12:30 at the Walden Country Club, 18100 Walden Forest Drive in Humble, TX 77346. The cost of the event is \$17 per person and includes lunch and entertainment.

It's time to put on your dancing shoes for this month's meeting!

Several dance instructors from the Fred Astaire Dance Studio will demonstrate and instruct the Lake Houston Ladies Club on how to have fun with line dancing. In addition, Rick Estrada, One Man Show, will sing and provide the music for the dance party so this should be LOTS OF FUN!

The Lake Houston Ladies Club is a social organization dedicated to connecting women through monthly luncheon meetings and social activities. The club welcomes new members from all surrounding areas. Many interest groups are available including Hand Knee and Foot, Shooting Club, Scrabble 'N Babble, Artsy Smartsy, Movie Group, Mah Jongg, Lunch 'N Look, Supper Club, Mexican Train, Reader's Choice, Tea Time, Bridge, Game Day and Bunco. There are also events during the year that include spouses or significant others. The club is an excellent way to meet new people and make new friends.

Please join us. New members are always welcome. For more information about the club and for luncheon reservations, please go to the club web page at http://www.lakehoustonladiesclub. com or call Karen at 281-900-5584 by Tuesday, May 14.



Low as \$250 VISA MasterCard AMERICAN DOCUMENTS

Hosting FAQs

What does hosting mean? Hosting means you open your heart successful experience. and home to a teenager from another country. You provide the same loving, caring environment for them as you do a member of your own family.

What kinds of families are acceptable? We accept many types of families: single parent families, families with children of any age, childless families and families with grown children.

What is the host family responsible for? The host family is responsible of providing three meals a day, registering the student in school, a separate bed and a quiet place to study. The STSF local LC will obtain the signed school acceptance form prior to the student's arrival to the country.

What happens if the student is ill or in an accident? Our students have their own medical insurance. Each student should have an ID card and claim forms before they arrive. STSF will help with the filing of claims.

What about spending money? The student's natural parents agree to send adequate spending money. This money should be enough for clothing, social activities, trips, school expenses, and telephone calls to their home country. Ideally, students will already have a bank account when they come over that they can access with an ATM card. Host Families can also assist their students in setting up savings or a teen account.

Are we supposed to show them America? Trips are organized and available to the students through their Regional Directors or through an STSF approved travel organization. Keep in mind that this is an academic program with opportunities for travel for students who are meeting academic standards. RDs also sponsor trips for students. More information about these trips will be given throughout the year.

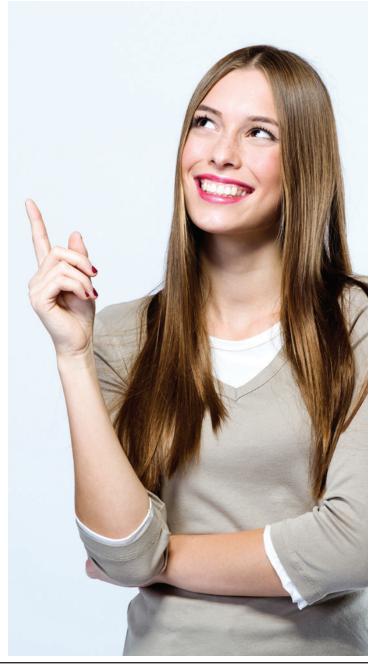
What is expected of the exchange student? Our students are here on an academic program. This means, they must attend all of their classes, participate in class and maintain at least a C or above in each class. The student has an orientation that explains the rules they agree to abide by. These include obeying all local, state and federal laws. They may be immediately dismissed from the program and sent home for violation of these laws. They are expected to follow host family rules concerning family responsibilities such as chores. They must also obey curfews established by the host family.

What is the length of stay? Most of our students arrive in august for a 10 month academic stay. They must return to their home country 7 to 10 days after the last day of school. These are a few students who only come for a semester. Some arrive in January and stay until December. How do you match students to Host Families? We try to find students whose hobbies and interest match the family members. We look for common interest in the arts, sports, and religious involvement. The host Family may request a student from a country they have special interest in. We try and match as much as possible to ensure a

Are Host Families paid to host? No, but host families receive a \$50.00 tax deduction (Charitable Contribution) per month for each month the students live with you.

What are the rewards of hosting? Your family gains a new family member. The relationship that evolves throughout your year as a host parent will last a lifetime. The focus of this program is to have host families and students learn from each other.

If you are interested in hosting, please contact Vicki Odom at 832-455-7881 or vicki.stsfoundation@yahoo.com .



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GERMAN PANCARES

At least twice a week, German pancakes are my go-to for breakfast. Known alternately as Dutch babies or little Bismarcks, my family loves them. This particular recipe came with my great grandparents from Germany.

I make the batter the night before and store it in the fridge for easy morning prep. The batter can be cut in half, doubled, or tripled. You can make it in virtually any pan that has sides. Just be sure to spray the entire baking vessel with a little Pam, as this pancake crawls up the sides as it bakes and could stick. The batter must be poured into a hot pan.

The below recipe fits nicely in a medium skillet.

Preheat oven to 425 degrees.

Melt ½ stick of butter in an oven proof pan in the oven, so the pan gets nice and hot.

Mix together 2 eggs, ½ cup flour and ½ cup milk with a pinch of salt. It may have some lumps and that's okay. Pour the batter into the melted butter in the skillet, return to oven and bake for 12-15 minutes, until risen and a golden brown. It will deflate a bit once you cut it.

Top with syrup, fruit, powdered sugar, or nothing. It tastes delicious all on its own.

Nota bene: Sometimes these pancakes don't rise. No one knows why. Just try again with different flour or butter or eggs. It's only occurred to me three times in the 25 years I've been making them. You can also cut the butter down to as much as half, but Julia Childs would surely not advise that.

Would you like to share a specific recipe? Your neighbors would love to read about it! Email me at tifflivelytx@gmail.com. If I don't, my Cordon Bleu trained stepmother will!





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The Killdeer A Skilled Actor

By Cheryl Conley, TWRC Wildlife Center



A concerned citizen who came across a nest on the ground with eggs in it and an injured mama nearby contacted us via Facebook. The lady wanted to know what she could do to help. She posted pictures to help us identify the bird. Not being familiar with the hundreds of bird species we have here, I reached out to our former

Executive Director who not only identified the bird but also shared some interesting information about the species.

The bird was a Killdeer. They find small depressions in the ground and build their nests with sticks, grass, weeds, shells or rocks. Their nests can be found in parking lots, golf courses, lawns, athletic fields, etc. Their nests are often overlooked because they are almost level with the ground around it. What makes this bird so fascinating is that females will fake injuries to lure predators away from their nests. As a predator approaches, she will drag herself farther and farther away from her nest continuing to fake her injuries. It's also been observed that she may roll completely over, pant and gasp for air—all an act. Another tactic they use to protect the nest is by pretending to build a nest. When a predator approaches the real nest, the Killdeer will move away, find a depression in the ground and pretend to be covering her non-existent eggs. As the predator approaches the fake nest, the Killdeer will leave only to repeat this fake-out until the enemy tires of her games and flies away.

Sometimes groups of Killdeer get in on the action of chasing away real or perceived predators. The first one to spot the enemy will fly very close to the face of the animal while making a loud, shrill cry as if to be yelling at it. Soon others join in with the same loud cries. In most cases, this is enough to scare anything away.

Because Killdeer build their nests on the ground, it can take up to six attempts in a season to successfully hatch their eggs. Pesticides, other lawn chemicals and cats are the biggest threats.

The Killdeer is a member of the plover family. Plover, as defined by the Free Dictionary, is, "Any of various widely distributed shorebirds of the family Charadriidae, having rounded bodies, short tails, and short bills". Although defined as a shorebird, it's equally happy in dry or wet locations. It is classified, as migratory but is a year-round resident in most areas of Texas.

According to Texas Parks and Wildlife, the Killdeer is one of the noisiest birds in America. Their name was derived from their call—a loud "KILL-DEER".

Nature is amazing, isn't it?

TWRC Wildlife Center invites you to like our Facebook page. You'll find useful information, cute photos and a community of great people who love nature and wildlife: https://www.facebook.com/TWRCWildlifeCenter





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community newsletters

Mosquitoes



Mosquitoes can not only be irritating by biting, but they also are able to transmit various diseases to humans and animals. They are known to transmit heartworm in dogs and cats, and they can spread encephalitis (including West Nile Virus), Chikungunya, Zika, dengue, yellow fever, malaria and filariasis among humans.

Most female mosquitoes require a blood meal for egg production whereas males feed on nectar and do not bite. Eggs are laid on the surface of water or in dry locations that can be flooded by water. Eggs laid in dry locations can remain dormant under for several months. Eggs hatch into larvae, or wigglers. Mosquito larvae live in water and feed on organic debris or microscopic plants and animals. Larvae molt into pupae which are non-feeding. Mosquito pupae spend the majority of their time at the surface of the water, only moving when disturbed.

Many things can help to reduce mosquito problems around the home. Since three of the four life stages of mosquitoes are in or near water, it is best to eliminate all sources of standing water. Containers such as watering cans, buckets and bottles can turn into mosquito breeding grounds. Water should be drained from birdbaths, gutters, flowerpots and pet dishes at least once a week. Children's wading pools should be emptied of water at least once a week and stored so

they cannot collect water when not in use. Tree holes should be filled in with sand or mortar, or drained after each rain. Leaky faucets and pipes located outside should be repaired.

Areas that cannot be drained, such as ponds or large rain collection systems, can be stocked with fish that eat mosquito larvae. Dunks can also be used in these areas. Dunks are a small, donut-shaped product that contains Bacillus thuringiensis var. israeliensis. The donut disrupts the life cycle of the mosquito and is non-toxic to humans, amphibians and fish.

Avoiding outdoor activities during peak mosquito hours is the best method to avoid being bitten. When outside, wear loose-fitting, light colored clothing with long sleeves & long pants. Repellants containing active ingredients such as DEET, picaridin, IR3535, oil of lemon eucalyptus (OLE), para-methane-diol (PMD), or 2-undecanone can be effective to keep mosquitoes from biting when evening activities cannot be rescheduled.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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THE LAKESHORE REPORT

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Why Acupuncture?

By: Yunguang Yang (Lily), Licensed Acupuncturist & Herbalist, MAOM, Dipl. O.M. (NCCAOM)

Some people have regular acupuncture maintenance treatments as part of their pursuit to stay healthy and active, others prefer acupuncture to Western medicine because:

- 1. They have a condition that does not respond to conventional care, so that they have to look for alternative health care options.
- 2. Conventional care often involves drugs with undesirable side effects or unwanted, perhaps risky medical procedures.
- 3. Western drugs are expensive and when multiple drugs are used at the same time, they could interfere with each other.
- 4. Patients prefer a natural, holistic medical approach to healthcare.

Acupuncture and Traditional Chinese Medicine (TCM) are safe with little side effects, because the herbal ingredients are combined to minimize and counteract the possible side effects. They work together to balance the body and allow the body to heal itself.

DOES IT HURT?

Acupuncture needles are very different from clinical, hollow needles used for ordinary injection, vaccinations, etc. Acupuncture needles are not much thicker than a human hair and insertion of an acupuncture needle is practically painless. In some cases, you may not even know the needles are in place, in others, there may be some tingling, warming, heaviness, or a feeling of the Qi moving up and down the channels in your body. Most people find acupuncture extremely relaxing and many fall asleep during the treatment.

WHAT ARE THE MAIN OBJECTIVES OF **ACUPUNCTURE TREATMENT?**

The main objectives of an acupuncture treatment can be summarized in five main categories:

- 1. Relieve pain and other symptoms.
- 2. Relieve stress and emotional issues.
- 3. Treat addictions and substance abuse.
- 4. Strengthen the immune system.
- 5. Balance, harmonize and integrate functions of organs with each other, making for a unified and healthy person.

Talk to your licensed Acupuncturist about what acupuncture and TCM can do for you. For more information, please visit www.amaranthacupuncture.com or www.facebook.com/ amaranthacupuncture.









HAPPY MOTHER'S DAY!

Enter for a chance to win \$100 gift card to restaurant of your choice for a Mother's Day celebration. Email us your name & phone number by Thursday May 9th to be entered into drawing! thetracymontgomeryteam@gmail.com





Tracy Montgomery Cell: 713.825.5905

Lisa Hughes Cell: 281.323.5894

Melissa Nelson Cell: 832.527.4989

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- Great Neighbor
- Lived in Lakeshore for nearly 10 years

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Review by Lakeshore neighbor: "Kenton did a great job selling my house.

He is very professional and took time to explain everything to me.

I highly recommend him!" ~ Linda

