



SPICEWOOD

MAY 2019

A NEWSLETTER FOR THE RESIDENTS OF SPICEWOOD & BRIARCLIFF

VOLUME 3, ISSUE 5

CONGRATULATIONS BRETT BATY!



Brett Baty is a 2019 Lake Travis High School graduating senior. Brett plans to attend the University of Texas at Austin where he will play baseball for the Longhorns. While at Texas, Brett will be majoring in Sports Management.





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Highland Lakes Elementary School.....	830-798-3650
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Spicewood & Highland Lakes Lions Club..	830-693-3645
Spicewood Post Office.....	830-693-2377

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We would like to recognize our graduating seniors by including a small picture and a few lines about where your child will be attending college. Please send your information to articles@peelinc.com (include the newsletter you would like to recognize them in, photo, name, etc).



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WORSHIP SERVICE AND CHILDREN'S CHURCH 10:45 AM

Spicewood & Highland Lakes Lions Club Hosts a Successful Chairty Golf Tournament

Some of our golfers: From left, Tim Norden, Ray Salinas and Jerry Tweed.

The Spicewood & Highland Lakes Lions hosted their 5th annual charity golf tournament on March 25th. The event was a resounding success thanks to the Barton Creek Lakeside golf course staff, some generous golfers and all our very supportive sponsors. We would like to thank The Highlander, Norden & Salinas, PLLC, CPAs, Chevrolet Buick Marble Falls, Spicewood Vineyards, Blue Bonnet Café, Dan Ellinor, Galloway Insurance, Red Top Printing, Grand Bank of Texas, Putnam Funeral Home and Crematory, Shane Stewart State Farm Insurance, Provident Arms, Jerry & Barbara Tweed, Lauren Concrete, FoxMail, The Picayune, Peel, Inc., Kingsland Water Supply Corp., First Capital Bank of Texas, Jack Moran and Vannette Poole, Security State Bank & Trust, Johnson Sewell Lincoln, Anderson Family Dental and Fresh Coat Painters for generously sponsoring the event.

This event is the primary fund-raising project for the club, and monies raised are used within local communities to benefit charitable organizations. All the funds raised are 100% reinvested in these organizations as there are no overhead or administrative costs...Our club consists of volunteers who give freely of their time in support of the Lions' motto: We Serve.

Come join us! We are always looking for new members! Check out our website at <http://www.highlandlakeslions.club>. All that's required to join is a willingness to invest a little of your time to serve your community!! We promise you'll feel good about it!



Spicewood Arts & Society Awards Drum Circle Grant



The Spicewood Arts Society contributed to the Marble Falls School District's "Grants 4 Great Ideas" spring grant awards, donating \$2,025 to the district to initiate "Harmonious Rhythms: Using Drumming to Enhance Social-Emotional Learning."

The funds will be used for a Remo Comfort Sound Drum Collection and Curriculum to create the program at Colt Elementary. The district plans to expand the program to other schools.

Harmonious Rhythms came to life through the efforts of Jennifer Rose, the music teacher at Marble Falls Elementary and primary grant writer.

"Drumming sessions have been proven through peer-reviewed research to have positive effect on physical and mental health, as well as on social and emotional behaviors," she said in the grant application.

"Students in elementary grades (PK-5) will participate in 8-10 drumming sessions per semester. The desired result of these sessions will be to activate and reinforce social behaviors critical to social and emotional learning, including respect, communication, and cooperation," she said.

Funding for Grants for Great Ideas comes from an annual Employee Giving Campaign and civic, corporate and individual donor partnerships. There were 17 projects funded totaling \$61,000. This is the first year SAS has participated in this program, although SAS has awarded arts studies scholarships to MF high school graduating seniors for twelve years.

"Spicewood Arts has supported our area elementary school art programs for many years, usually with a musical performance or storytellers," said Karen Noecker, SAS president.

"This is the first time we were able to make a difference that will last well beyond one day and impact the lives of our young students in a very meaningful way. Thanks to our wonderful donors who made this happen," she said.

Spirit in the Hills

Palm and Garment Sunday at Spirit in the Hills Lutheran Church Supports Austin Area Homeless

Members of Spirit in the Hills Lutheran Church, 3001 R O Rd. at Bee Creek Rd., collected over 250 pieces of men's clothing during their April 14 observance of Palm & Garment Sunday.

While many area churches celebrated Palm Sunday, the Sunday before Easter, with the waving of palms and a parade-like procession, Spirit in the Hills decided to do something new this year.

Rev. Drew Ingram explained, "All four gospel accounts of Jesus' Triumphal Entry into Jerusalem mention the crowd laying down their cloaks and garments along the path. In addition to participating in a traditional palm branch procession, we invited our Palm Sunday worshipers to bring a piece of new or like-new clothing to lay down as an in-kind offering to be donated to local men experiencing homelessness."

Members sorted and delivered the donated garments to the United Methodist's Men's Homeless Men's Clothing Closet and Mobile Loaves and Fishes. Both organizations name adult men's clothing high on their wish lists.



The Joel Niblean family and Larry Rosson process with palm branches and lay down garments for the homeless at Spirit in the Hills Lutheran Church.



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One Chapel Summer Bash

Wednesday, June 5th is the date for a Super Summer Bash for middle and high school students at One Chapel Lake Travis! Tag, the youth group of One Chapel, will throw a huge summer party for the three campuses of One Chapel (Austin, Kyle and Lake Travis), and invites the surrounding community of students. Games and snacks, worship and a message will present an evening of laughter and enjoyment. The event will happen from 6 – 10 PM at 22800 HWY 71 West, and there is no cost or registration for attendees. Come on out and have a blast!

One Chapel Lake Travis is part of a neighborhood of churches united with a vision to help move people from where they are to where God wants them to be. Currently, three One Chapel churches serve the greater Austin area - in Spicewood, Austin and Kyle. They gather each Sunday at 9:30 and 11:30AM, and with groups during the week, to worship, explore scripture, and find community. To learn more about One Chapel tag groups, go to www.onechapel.com/students.



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SCW Community Alliance



Judge Rejects State of Texas AG petition and throws out law suite against fledgling newly formed city of Double Horn!

Judge Evan Stubb repeatedly questioned Ken Paxton's (Texas Attorney General) legal team represented by Special Counsel David Hacker, about the inappropriate use of Texas Tax payer dollars (as well as his own Tax

payer dollars) to sue a newly formed city in what appeared to be in support of a New York based mega billion dollar Quarry industry to sue Texans. The Judge also questioned the AG about what made this city (Double Horn) incorporation different from numerous other city incorporations provided on a list by Attorney Andy Messer (representing Double Horn).

Judge Stubb also asked why if the County of Burnet had approved the City of Double Horn incorporation why did the State only go after the new City, in what appeared to be an attempt to bankrupt the new city before they got started.

Hacker's only response was that the AG office does not proactively look at when cities incorporate and if the cities follow the procedures, but has to first be notified - the AG representative did not elaborate if the notification was received from concerned citizens within the newly formed city or from the New York based Quarry (which was named multiple times in the initial lawsuit against the City of Double Horn, the new City Council members and the new city Mayor)

The AG Counsel tried to push their desire that the hearing today should only be a determination of the violation of the state law and not a determination by the Judge if the suite had in fact had bias, or selective reasoning for the Texas AG's petition against Double Horn. The judge again questioned and reiterated that this appeared to be an abuse of power by the AG office and questionable use of Texas Tax payer dollars to bankrupt this city for the New York based Spicewood Quarry and not for the protection of state law (based on other cities having had similar approval without questioning).

LTlov is Gearing Up for Giving!



A big shout out to our fundraisers and our donors who together raised more than \$10,000 for LTlov in the Amplify Austin event! This fundraiser along with corporate and community donations enables us to help our Lake Travis neighbors overcome limiting circumstances.

The LTlov Scholarship Committee has been busy reviewing scholarship applications. Each year, we are honored to provide scholarships to

Lake Travis High School graduating seniors to help defray the enormous cost of pursuing a degree in higher education. This year, we are excited to announce that we have expanded our scholarships to include any accredited program including vocational, trade or technical schools.

The Grants Funding Committee has been busy reviewing over 10 applications. LTlov members will be voting to fund during their May meeting. Last year, LTlov invested over \$50,000 in annual grants and program funding for local organizations to help our neighbors in need.

Project Supply Pack is in full force! LTlov is now accepting school supply requests for economically disadvantaged students within LTISD. Please see our website for more details www.ltlov.org



There is nothing more beautiful than someone who goes out of their way to make life beautiful for others.



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Avoiding Homeowner Scams

Series of Free Educational Seminars Provide Answers to Late-Life Issues

The truth. It's what Austin residents want concerning late-in-life issues like Communicating with Adult Children, 55+ Senior Living Options, and Liquidating the “Stuff”, or Buying, Building, or Remodeling your “final” home.

These topics, along with others, will be presented in the upcoming over 55 seminar series as 90-minute monthly educational seminars. Adults 55+, seniors, and caregivers are invited to attend the free “Avoiding Homeowner Scams” seminar to learn the actual facts about issues related to home ownership and post-retirement living in the Austin area.

With all the mail, email, and unsolicited phone calls, it is becoming more and more difficult to determine what is legitimate and what might be a scam! Scammers often utilize public information pertaining to home ownership to take advantage of responsible property owners.

This seminar will be held at:

*May 21 @ 10:30 AM at Laura Bush Community Library, 9411 Bee Cave Rd, Austin, TX 78733

This series of candid conversations and expert panel discussions about the unique and often complex issues facing long-time homeowners is to be moderated by Cyndi Cummings, considered the leading authority on issues related to downsizing, late-life relocation and (55+) senior living solutions in Austin. Cyndi has made it her mission to educate and guide both consumers and professionals on best practices related to post-retirement living.

This month's speaker is Mark Webb, Consumer Protection Specialist: “I spent three years in the private insurance industry as a sales agent and adjuster before joining the Texas Department of Insurance in 2013 as a consumer protection specialist. I've worked with just about every line of property coverage while at TDI. Our Mission is to regulate the insurance industry fairly and diligently while providing consumer protection and insurance education to Texans.”

The 55 Plus Seminars Series continues with “The Truth About Communicating with Adult Children” on June 12th and 18th and “The Truth about 55+ Housing Options” On July 10th and 16th. More topics will be introduced as the series continues.

There is no cost to attend for those age 55 or older. Reservations can be made online at www.55PlusSeminarSeries.com or by calling 512-937-2772. Space is limited and pre-registration is recommended.

Mosquitoes

Mosquitoes can not only be irritating by biting, but they also are able to transmit various diseases to humans and animals. They are known to transmit heartworm in dogs and cats, and they can spread encephalitis (including West Nile Virus), Chikungunya, Zika, dengue, yellow fever, malaria and filariasis among humans.

Most female mosquitoes require a blood meal for egg production whereas males feed on nectar and do not bite. Eggs are laid on the surface of water or in dry locations that can be flooded by water. Eggs laid in dry locations can remain dormant under for several months. Eggs hatch into larvae, or wigglers. Mosquito larvae live in water and feed on organic debris or microscopic plants and animals. Larvae molt into pupae which are non-feeding. Mosquito pupae spend the majority of their time at the surface of the water, only moving when disturbed.

Many things can help to reduce mosquito problems around the home. Since three of the four life stages of mosquitoes are in or near water, it is best to eliminate all sources of standing water. Containers such as watering cans, buckets and bottles can turn into mosquito breeding grounds. Water should be drained from birdbaths, gutters, flowerpots and pet dishes at least once a week. Children's wading pools should be emptied of water at least once a week and stored so they cannot collect water when not in use. Tree holes should be filled in with sand or mortar, or drained after each rain. Leaky faucets and pipes located outside should be repaired.

Areas that cannot be drained, such as ponds or large rain collection systems, can be stocked with fish that eat mosquito larvae. Dunks can also be used in these areas. Dunks are a small, donut-shaped product that contains *Bacillus thuringiensis* var. *israeliensis*. The donut disrupts the life cycle of the mosquito and is non-toxic to humans, amphibians and fish.

Avoiding outdoor activities during peak mosquito hours is the best method to avoid being bitten. When outside, wear loose-fitting, light colored clothing with long sleeves & long pants. Repellants containing active ingredients such as DEET, picaridin, IR3535, oil of lemon eucalyptus (OLE), para-methane-diol (PMD), or 2-undecanone can be effective to keep mosquitoes from biting when evening activities cannot be rescheduled.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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SPICEWOOD

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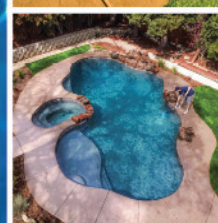
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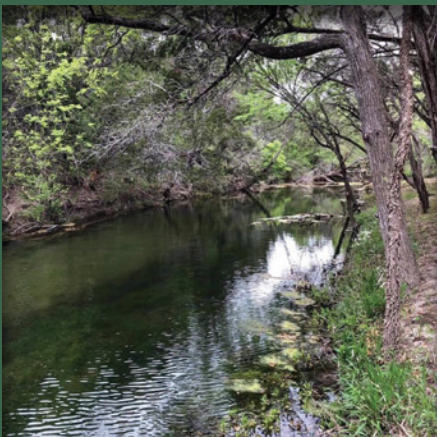


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NATURE WATCH

DISTINCTLY DIFFERENT MILKWEEDS

by Jim and Lynne Weber

Much ado has been made of the more common and widespread milkweed species, but there are a handful of milkweed vines that are less common but more distinct, and just as useful as native host plants for Monarchs and related butterflies.



Pearl Milkvine

A fairly robust, twining vine 6 to 12 feet long growing in dry, light shade in thickets on rocky hillsides and woodland edges, Pearl Milkvine (*Matelea reticulata*) is best known for its heart-shaped leaves and flat, greenish-white flowers $\frac{1}{2}$ to $\frac{3}{4}$ of an inch across with pearly, iridescent centers. Also called Green Milkweed Vine, Net Vine Milkvine, and Netted Milkvine, its curious flowers have tiny white veins forming an intricate pattern on the surface of the petals, adding to their unusual look. In fact, *reticulata* refers to this pattern, which means 'resembling a net or network'. It blooms from April to July, especially in full sun, giving way to fairly large, interesting prickly follicles filled with seeds attached to silky threads. This native species is a host plant to Monarch butterflies.

Often mistaken for Pearl Milkvine is Plateau Milkvine (*Matelea edwardensis*), endemic only to the Edwards Plateau of Central Texas. This uncommon vine shares the same twining habit of Pearl Milkvine, but its leaves, while similar, generally have a somewhat wavy edge, and its flowers are bell-shaped instead of flat. Additionally, its greenish-white flowers do not have a pearl center, and its petals are not solely reticulate-patterned, having parallel veins in their lower halves and centers, and reticulate or networked veins only on the edges or margins. Blooming in April and May, this species can be found on gravelly soils in open woodlands, often climbing on other plants, and it is a native host plant for Queen butterflies.

Usually found in the chalky soils of pastures and open ground,



Plateau Milkvine

Purple Milkvine (*Matelea biflora*) has low-growing stems that radiate along the ground from a woody rootstock, and along with its opposite, triangular leaves, are covered with long, spreading hairs. From March to June, pairs of star-shaped, five-petaled, dark purple-brown flowers rise from the base of the leaves, which gives this plant its other common name of Star Milkvine. While its trailing stems can grow up to 2 feet long, it inhabits grassy areas and as such is often hidden and overlooked, except by Queen and Soldier butterflies that use it as their native host plant.



Talayote

Named for a small town in Chihuahua, Mexico, Talayote (*Cynanchum racemosum*) or Milkweed Vine is a climber that grows to 15 to 20 feet in full sun to part shade, and is a native host plant for both Queen and Soldier butterflies. Talayote produces clusters of small cream and green flowers that are held above and among the heart-shaped leaves, blooming in the hotter months

from summer into fall, and attracting a host of other small but beneficial pollinators. Growing only in Central, South, and West Texas in the United States, this vine produces plump, smooth follicles 3 inches long, filled with silk-topped seeds, often remaining on the vine well into winter.

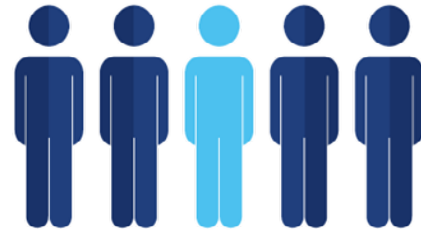
Take the time to seek out and appreciate these lesser known members of the Milkweed family, as they are beautifully and distinctly different!

Send your nature-related questions to naturewatch@austin.rr.com and we'll do our best to answer them. If you enjoy reading these articles, check out our books, *Nature Watch Austin* and *Nature Watch Big Bend* (published by Texas A&M University Press), and our blog at naturewatchaustin.blogspot.com.

SKIN CANCER

THE SAD TRUTH

Every year, **5.4 million new cases** of skin cancer are diagnosed, making skin cancer more prevalent than any other cancer. 1 in 5 Americans will develop skin cancer in their life. The saddest part is that skin cancer is one of the most **easily preventable** and diagnosable cancers, and, if detected early, has one of the highest treatment rates. Yet, the public is still ill-informed on such a common cancer.



WHAT CAN YOU DO TO REDUCE YOUR RISK

PROTECT

Apply sunscreen and wear long-sleeves & hats under the sun.



PREVENT

Avoid direct sun exposure between the hours of 11:00 am and 4:00 pm. Never use tanning beds.



DETECT

Look out for abnormal moles or skin patches on your skin and regularly get physical examinations.



Oddly shaped, discolored, large, and evolving moles are potentially malignant

GERMAN PANCAKES

At least twice a week, German pancakes are my go-to for breakfast. Known alternately as Dutch babies or little Bismarcks, my family loves them. This particular recipe came with my great grandparents from Germany.

I make the batter the night before and store it in the fridge for easy morning prep. The batter can be cut in half, doubled, or tripled. You can make it in virtually any pan that has sides. Just be sure to spray the entire baking vessel with a little Pam, as this pancake crawls up the sides as it bakes and could stick. The batter must be poured into a hot pan.

The below recipe fits nicely in a medium skillet.

Preheat oven to 425 degrees.

Melt ½ stick of butter in an oven proof pan in the oven, so the pan gets nice and hot.

Mix together 2 eggs, ½ cup flour and ½ cup milk with a pinch of salt. It may have some lumps and that's okay. Pour the batter into the melted butter in the skillet, return to oven and bake for 12-15 minutes, until risen and a golden brown. It will deflate a bit once you cut it.

Top with syrup, fruit, powdered sugar, or nothing. It tastes

delicious all on its own.

Nota bene: Sometimes these pancakes don't rise. No one knows why. Just try again with different flour or butter or eggs. It's only occurred to me three times in the 25 years I've been making them. You can also cut the butter down to as much as half, but Julia Childs would surely not advise that.

Would you like to share a specific recipe? Your neighbors would love to read about it! Email me at tiffivelytx@gmail.com. If I don't, my Cordon Bleu trained stepmother will!



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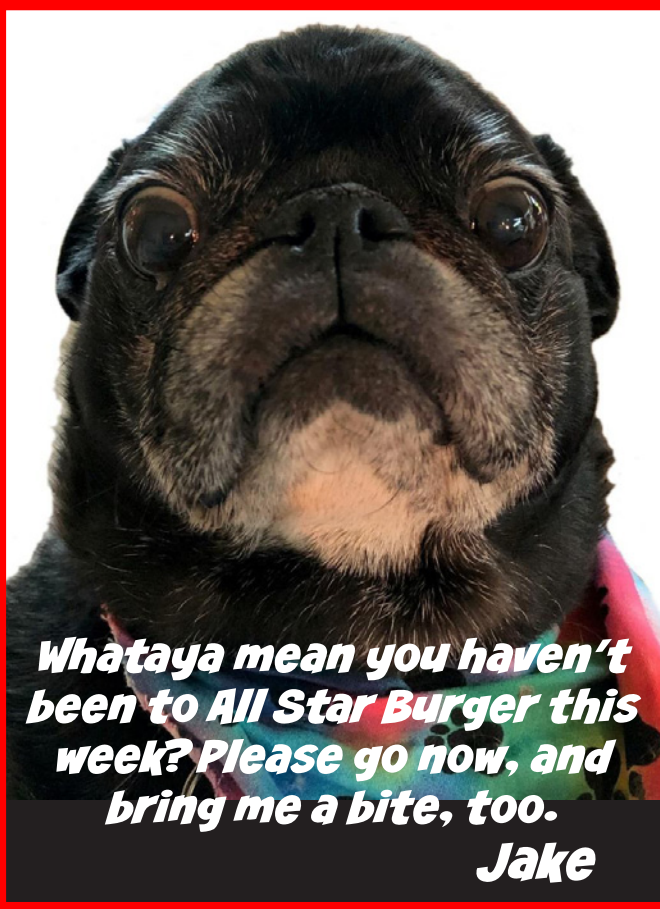
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