

# Austin High Red Jackets

With hip hop routines, jazzy dance mixes, high kick counts and some arts and crafts fun, the Austin High Red Jackets are already planning a week of fun, dance and crafts for their 2019 August summer camp, open to students entering grades K-8th.

"Our August camp is a great opportunity for the Red Jackets to connect with the local community in a fun and creative way and, hopefully, inspire more young students to study movement, arts and dance," said Stephanie Braden, Red Jacket Director. "We have girls on the team that were campers themselves and we have students who come for many years in a row to see their favorite dancers and friends. It's a great week for everyone involved and we appreciate our community for sharing their young students with us and supporting our dancers."

The camp, which runs from Aug. 12-15, offers dance time with current team members plus arts and crafts projects. While serving as a key fundraiser to support the team's activities for the year, the main focus is on connecting with young dancers and campers from the Austin community. The M-TH, half-day camp culminates with a special performance from campers and the Red Jacket members on Thursday, August 15, at noon in the Austin High School gym.

Established in 1926, the Austin High Red Jackets team is the oldest drill team in Austin, Texas. The team boasts 2,000 devoted alumni. Team members perform at Austin High athletic events; compete in regional and national dance competitions; teach

children's dance clinics; and produce an annual Spring Show.

For more information about the Red Jackets and to sign up for the 2019 summer camp, please visit their website at http://redjackets.snappages.com/.

Founded in 1881, Stephen F. Austin High School is one of the oldest public high schools west of the Mississippi River and was the first public high school in the state of Texas. The campus is located near Downtown Austin, on the edge of Lady Bird Lake.





Copyright © 2019 Peel, Inc. Tarrytown - May 2019 1

#### **IMPORTANT NUMBERS**

EMERGENCY NUMBERS	
EMERGENCY	911
Fire	911
Ambulance	911
Police Department	512-975-5000
Sheriff – Non-Emergency	512-974-0845
Animal Services Office	311
SCHOOLS	
Austin ISD	512-533-6000
Casis Elementary School	
O. Henry Middle School	
Austin High School	
Tubin Tigh Concor	912 111 2909
UTILITIES	
City of Austin	512-494-9400
Texas Gas Service	
Custom Service	1-800-700-2443
Emergencies	512-370-8609
Call Before You Dig	512-472-2822
Grande Communications	512-220-4600
AT&T	
New Service	1-800-464-7928
Repair	1-800-246-8464
Billing	1-800-858-7928
Time Warner Cable	
Customer Service	512-485-5555
Repairs	512-485-5080
Austin/Travis County Hazardous Waste	512-974-4343
OTHER NUMBERS	
Ausitn City Hall	512-974-7849
Ausitn City Manager	
Austin Police Dept (Non Emergency)	
Austin Fire Dept (Non Emergency)	
Austin Parks and Recreation Dept	
Austin Resources Recoovery	
Austin Transportation Dept	
Municipal Court	
Post Office	
City of Austinwww.	
	Č
NEWSLETTER PUBLISHER	510 0(2 0101
Peel, Inc.	
Editor tarrytov	•
Advertisingadvertisi	ng@peelinc.com

# Talking Baseball: Reminiscence Program Celebrates 100th Meeting

Four years and counting. Alzheimer's Texas and SABRE volunteers launched the Talking Baseball program in an effort to help people living with dementia reconnect with a lifetime of memories through conversations about a shared passion: baseball.

Talking Baseball is a truly unique program for anyone who would benefit from a supportive group setting, such as those challenged by feelings of isolation, loneliness, or early stage dementia. While people with early-stage Alzheimer's may have difficulty with their short-term memory, their long-term memories remain intact for many years. Through guided, focused reflection on a beloved childhood pastime like baseball, people with Alzheimer's can explore and enjoy early life memories and reconnect with their essential sense of self. Additionally, the group allows people to connect with supportive peers who share their interests and can relate to the experience of memory loss.

The group has recently celebrated their 100th meeting. The meeting had a record attendance, 26 participants, family, guests, and volunteers. Also in attendance was former Texas Longhorn and professional pitcher Jim Gideon and local radio personality and Alzheimer's Texas board member, Ed Clements. Gideon was able to answer questions from participants and autograph baseballs and baseball cards for those who attended.

Research into reminiscence therapy is very promising and indicates that the simple act of sharing memories can have outcomes like improved mood, communication, and even functional ability. The practice can involve not only conversation, but interacting with sounds, smells, and sensory experiences that trigger long dormant memories.

The program does not only help participants reconnect with meaningful memories from childhood, but also allows them to create new ones. The group is open to anyone with an interest in baseball as well as people with early stages of dementia. To register for the upcoming season call Victoria at 512-241-0420 x10 or email vcardenas@txalz.org.

#### About Alzheimer's Texas

Alzheimer's Texas is dedicated to eliminating Alzheimer's disease through the advancement of research and to enhance care and support for individuals with Alzheimer's disease and related disorders, their families, and caregivers. The organization provides care consultations, 24-hour helpline, support groups, respite care, educational and social engagement programs, and professional training. Alzheimer's Texas was founded in 1982 and serves Central Texas. For more information, visit www.txalz.org.

### **All In for Austin High!**

The Austin High School PTSA welcomed 250 parents, alumni, friends and faculty for its All In for Austin High fundraiser on April 13 at the Austin Central Library.

All In is the only school-wide fundraiser supporting Austin High's innovative four-academy structure, student scholarships for experiential learning opportunities like travel and field trips and a diverse selection of academic and electives classes. A highlight of the evening was honoring Elise Schram with the Loyal Forever Volunteer Award for her many years of service to the school.

Attendees enjoyed appetizers, drinks and a beautiful view of Austin from the library's rooftop garden. Austin High's award-winning jazz band provided the music, including an emotional finale of "Loyal Forever," the school song. Tarrytown resident Summer Youngblood chaired the event with a committee of Austin High parents.

For more information about the exciting things happening at Austin High School, visit austinhighmaroons.org.

Captions for attached photos:

All In for Austin High Committee : Jen Kolerich, Michelle Nguyen, Summer Youngblood, Amber Meinzer, Nancy Nesbitt & Rachel Jackson

The award-winning Austin High Jazz Band provided music

The All In raffle featured five amazing prize packages with items generously donated from the community

A fabulous sponsor wall greeted guests

Richard Schram, Loyal Forever Award recipient Elise Schram, Catherine Schram & Caroline Schram Holden







#### SHERWOOD PEDIATRIC DENTISTRY



#### **HEALTHY SMILES ARE OUR SPECIALTY**

#### WHY OUR PATIENTS LOVE US:

Empowering you to play an active role in your child's dental health. Compassionate, individual patient care for your child's needs.

Enjoy a dental team focused on creating a positive dental experience for you and your child. Our Laser eliminates the need for shots before fillings.

You are invited to stay with your child through the entire appointment.

Monthly payment options available, including no-interest financing



Mention this ad and receive \$75 off New Patient Exam, Cleaning, and Fluoride. (New patients only)



**CALL TODAY** (512) 454-6936

# Arts School Campus Heads to Downtown

Starting this fall, the Austin School for the Performing and Visual Arts (ASPVA) will move to a beautiful new campus at 1110 Guadalupe Street in the historic district of downtown Austin, becoming part of its thriving cultural scene.

Over the past 13 years more than 1,800 middle and high school students of all socio-economic backgrounds have been served by ASPVA's nationally accredited college-prep academic and artistic programs. This dual approach allows the school to offer Two Plan A's: creative and professional fulfillment.

The move to the new, larger location adjacent to a beautiful park-like setting will enable the school to serve more students. "This is the best location that serves our needs in so many ways," said Carol de Cardenas, ASPVA Executive Director. "It offers safety with its proximity to the capitol, as well as easy pedestrian and public transportation access."

For more information, visit http://www.theaustinschool.

# **Attention Parents of Graduating Seniors!**

We would like to recognize our graduating seniors by including a small picture and a few lines about where your child will be attending college. Please send your information to articles@peelinc.com (include the newsletter you would like to recognize them in, photo, name, etc).



# Thinking of Selling Your Home in 2019?

Trust Experience, Successful Transactions, Fulltime Real Estate Professional

#### **Real Estate Experience**

-- Hire the Best, Not Your Friend! -

- · Proven Track Record as Real Estate Broker
- · Over 500 Closed Transactions in 15 years
- · 33+ Years of Total Business Experience
- · Professional Designations
  - Certified Negotiation Expert ®
  - Certified Real Estate Divorce Specialist ™
- · Broad Base of Real Estate Transactions
- Experience with Multiple Offers

## Bryan's FREE

## **Home Selling Video Series**

-- Education About the Home Selling Process --

Visit my Home Selling Video Series Website at www.SellMyHomeExpert.com and sign up for FREE, INSTANT ACCESS!

# **CALL TO ACTION!!**

Start This Process and Your Education by

Calling **Bryan Webb** at (512) 415-7379. There is <u>NO OBLIGATION</u> but that conversation will <u>SAVE YOU THOUSANDS OF DOLLARS!</u>

Bryan Webb, Webb Real Estate Broker Cell: (512) 415-7379 Email: bryantxre@gmail.com

#### **How Will Bryan Sell Your Home?**

- ✓ Direct Broker Access No Less Experienced Agents Involved
- √ Broad Internet Based Marketing Approach
- √ Willing to Personally Show Your Property
- ✓ Buyers Questions Answered Personally
- ✓ Proven Selling & Negotiating Skills
- ✓ Seller Representation I Work for **YOU**!
- ✓ Always Available by <u>CELL</u> Phone 7 Days Per Week
- ✓ Professional Staging, Photography & Video Services
- ✓ Cutting Edge 3D Virtual Reality Tours

#### Certified Real Estate DIVORCE SPECIALIST ™

Don't Work Through a Divorce Sale Without an Expert Who Understands!



\$50 OFF ANY HVAC REPAIR

BUY BACK on OLD EQUIPMENT with NEW EQUIPMENT

**PURCHASE** 

\$1000 | TRANE OR REBATE !

10 %
INTEREST
for 48
MONTHS

-Sales, Service, Maintenance -All makes and Models Your Locally
Owned and
Operated Business!
Serving Texas since
1991

**Contact Arrow Service Center Today!** 

In partnership with

VRR(O)VV

512.339.7700

Info@ArrowServiceCenter.com www.ArrowSvcCenter.com

\*With approved credit. Offer varies by region. Ask For Details.

# TARRYTOWN REAL ESTATE market report update

May 2019

by Trey McWhorter

Through the middle of April, sales have slowed down some compared to 2018 in the same period. While the year was off to a strong start, there have been only 6 transactions in MLS since mid-March, and none so far in April (through April 15th). That said, transactions are still ahead of 2015-2017, and there were 24 homes under contract so plenty of activity going on.

#### Other highlights:

- The transaction price is down vs. 2018, but this is partly driven by smaller homes. Median sq ft in 2019 YTD is 2427 sq ft, vs. 2737 in 2018 and 2824 in 2017
- Sold \$ / sq ft is higher, with a median of ~\$453 / sq ft so far this year, up 2% vs. 2018
- Median days on market is higher so far in 2019, at just under 60 days vs. 25 in 2018

Single Family Home	Year to Date - Tarrytown	2019		2018		2017		2016		2015		2014		2013	
SOLD	Single Family Homes Sold		31		46		21		29		29		33		42
List Price	Avg List Price	\$	1,389,556	\$	1,271,287	\$	1,228,424	\$	1,140,701	\$	1,237,153	\$	848,133	\$	1,054,289
	Median List Price	\$	1,163,000	\$	1,192,500	\$	1,175,000	\$	949,000	\$	1,195,000	\$	649,900	\$	794,000
Sold Price	Average Net Sold Price	\$	1,309,590	\$	1,225,309	\$	1,192,976	\$	1,109,547	\$	1,172,093	\$	825,889	\$	1,005,204
	Median Net Sold Price	\$	1,092,250	\$	1,192,500	\$	1,175,000	\$	946,500	\$	1,100,000	\$	650,000	\$	787,750
List Price	Average List Price / Sq Ft	\$	511	\$	455	\$	407	\$	426	\$	385	\$	379	\$	313
\$ / Sq Ft	Median List Price / Sq Ft	\$	453	\$	446	\$	422	\$	392	\$	391	\$	361	\$	300
Sold Price	Average Net Sold Price / Sq Ft	\$	476	\$	441	\$	396	\$	414	\$	367	\$	373	\$	303
\$ / Sq Ft	Median Net Sold Price / Sq Ft	\$	437	\$	430	\$	420	\$	392	\$	379	\$	362	\$	296
Days on Market	Average Days on Market		87		73		79		69		71		34		62
	Median Days on Market		57	25		58		65		37		7		13	
	_														
Size of House	Sq/Ft (Total)		2427		2737		2,824		2315		3146		1882		2791
Age of House	Year of Construction		1956		1965		1965		1958		1982		1948		1955

If you want to make sense of what's going on in the market, or would like a better understanding of what your own home is worth, please contact me and I'd be happy to help you. You can also find additional analysis and updates to this article on treymcwhorter.com.

Note: All data comes from the Austin Board of Realtors' MLS report, reflecting activity through April 15, 2019.

### Mosquitoes



Mosquitoes can not only be irritating by biting, but they also are able to transmit various diseases to humans and animals. They are known to transmit heartworm in dogs and cats, and they can spread encephalitis (including West Nile Virus), Chikungunya, Zika, dengue, yellow fever, malaria and filariasis among humans.

Most female mosquitoes require a blood meal for egg production whereas males feed on nectar and do not bite. Eggs are laid on the surface of water or in dry locations that can be flooded by water. Eggs laid in dry locations can remain dormant under for several months. Eggs hatch into larvae, or wigglers. Mosquito larvae live in water and feed on organic debris or microscopic plants and animals. Larvae molt into pupae which are non-feeding. Mosquito pupae spend the majority of their time at the surface of the water, only moving when disturbed.

Many things can help to reduce mosquito problems around the home. Since three of the four life stages of mosquitoes are in or near water, it is best to eliminate all sources of standing water. Containers such as watering cans, buckets and bottles can turn into mosquito breeding grounds. Water should be drained from birdbaths, gutters, flowerpots and pet dishes at least once a week. Children's wading pools should be emptied of water at least once a week and stored so they cannot collect water when not in use. Tree holes should be filled in with sand or mortar, or drained after each rain. Leaky faucets and pipes located outside should be repaired.

Areas that cannot be drained, such as ponds or large rain collection systems, can be stocked with fish that eat mosquito larvae. Dunks can also be used in these areas. Dunks are a small, donut-shaped product that contains Bacillus thuringiensis var. israeliensis. The donut disrupts the life cycle of the mosquito and is non-toxic to humans, amphibians and fish.

Avoiding outdoor activities during peak mosquito hours is the best method to avoid being bitten. When outside, wear loose-fitting, light colored clothing with long sleeves & long pants. Repellants containing active ingredients such as DEET, picaridin, IR3535, oil of lemon eucalyptus (OLE), paramethane-diol (PMD), or 2-undecanone can be effective to keep mosquitoes from biting when evening activities cannot be rescheduled.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urbanipm.blogspot.com

This work is supported by Crops Protection and Pest Management Competitive Grants Program [grant no. 2017-70006-27188 /project accession no. 1013905] from the USDA National Institute of Food and Agriculture.

The information given herein is for educational purposes only. Reference to commercial products or trade names is made with the understanding that no discrimination is intended and no endorsement by Texas A&M AgriLife Extension Service or the Texas A&M AgriLife Research is implied.

The Texas A&M AgriLife Extension Service provides equal access in its programs, activities, education and employment, without regard to race, color, sex, religion, national origin, disability, age, genetic information, veteran status, sexual orientation or gender identity.





**Residential Assisted Living** (512) 831-5600

> **Amazing Food** Warm Atmosphere

Don't know where to start?

Feeling alone?

Overwhelmed?

Get answers at...

Key2SeniorCare.com

### The Value of Sleep for Children and Teens

Shelley Coleman M.A., L.P.C.-S.

As important as food and water, sleep is vital to your well-being. And, if you are a parent, research shows that your children are not getting the sleep they need. According to the National Sleep Foundation, children (ages 6-13) require 9-11 hours of sleep per night and adolescents (ages 13-18) require 9-10 hours per night. A recent study from the Centers for Disease Control found that 31% of teens get 8 hours or less of sleep per night and most school age children are getting 8.5 hours.

For growing brains and bodies, not getting enough sleep can have consequences on school and relationships. Teens and children can have difficulty concentrating when sleep deprived. And, according to the Sleep Disorder's Center, approximately 1,550 people are killed annually in crashes related to drowsy driving. Often, these crashes are caused by young people under the age of 25.

On the contrary, quality sleep has been linked to improved attention, better mental health, and lower risk of obesity. In recognizing the importance of quality sleep, parents can help children establish healthy sleep habits at an early age. If healthy sleep hygiene is established in adolescents, those habits can carry into adulthood.

Healthy sleep habits for teens and children include:

a set bedtime and wake time that does not vary by more than 2

hours on the weekend

- a relaxing bedtime routine such as reading for teens or story time for children
- no "exciting" activities at bedtime such as jumping or wrestling for children or computer games for teens
- daily exercise
- healthy diet
- no caffeine after 4 PM

If you think your teen or child may have a sleep issue, there are common symptoms you may notice. For adolescents, parents may have difficulty waking them in the morning or observe that their teen is irritable in the early afternoon. Children may require excessive "help" falling asleep, wake many times during the night, or cause their parents to lose sleep. While these symptoms are usually easily addressed by improving sleep habits, more severe symptoms should be addressed with the help of a pediatrician or behavior specialist.

As parents, the value that we place on sleep is a big influence on our children's attitude toward sleep. Fortunately, there are a lot of practical steps we can take to help our children get the sleep they need. There are too many benefits of good sleep for our teens and children to miss out on them.



TACL #B5235C



Free Estimates on New A/C Systems
Fast 7-Day A/C Repairs
Energy Audits • Weatherization
Duct Repair & Replacement

Home & Handyman Repairs Remodels & Additions Senior Accessibility Upgrades Painting / Staining Drywall & Popcorn Removal Decks & Fences / Install & Repairs

We have been keeping Austin comfortable for over 40 years."— The Yamin Family

A-PLUS AIR CONDITIONING & HOME SOLUTIONS

Cooling · Heating · Home Repairs · Remodels

512.450.1980 • www.AplusAC.com

\$20 off
ANY A/C Repair or
Handyman Service!

Cannot be combined with other offers.
Check our website for additional coupons & discounts.

#### **Stain Solutions**

Try as you might to prevent them, spills, drips and splatters in your house are inevitable. Whether you, your family or your guests are the culprits, stains happen. Most, if not all, are treatable, especially if you act quickly and use the right stain-removing technique.

If there's an accident on your carpet or a rug, start by scooping up any solids and soaking up any unabsorbed liquids. Then, blot the stain with a white cloth or paper towel. You should work from the outside in so you don't spread the spill, and dab at it instead of rubbing or pressing hard.

You also can try spot cleaning with a soapy water mix. Dilute a 1/4 teaspoon of clear hand-dishwashing soap with 1 cup of lukewarm water. Spray the solution on the stain, and mist the area with clean water or blot with a wet towel. Then blot the area with a dry towel. Repeat this process until you get as much residue out as possible.

Follow these specific instructions for cleaning up the more stubborn stains and sticky spots on your floors:

• Red wine: Begin with the same three steps—blot, apply soapy water and rinse. Then, dribble very hot water from a sponge onto the spill. Continue to blot with a clean towel, and repeat until the carpet no longer shows any red.

- Soft drinks and coffee: Begin with the same three steps—blot, apply soapy water and rinse. Then dab on hydrogen peroxide. Wait one hour before repeating the process. Hydrogen peroxide bleaches a stain without breaking down carpet dyes. Use a 3 percent solution, which can be found at a drugstore, and apply at full strength.
- Candle wax and chewing gum: These are easiest to remove when hot or cold. For the cold method, harden the spot by rubbing it with an ice cube inside a plastic bag. Then, carefully scrape off the residue with a dull knife or a plastic card, such as an expired credit card. For the hot method, apply paper towels over the waxy area, and then use a clothes iron on low heat to soak up the wax. Replace the paper towels until all the wax is removed. Use a hair dryer to heat gum. Then with a plastic bag over your fingers, pull the goo off.

So the next time your carpeting endures a nasty spill, rest assured that it doesn't have to become a permanent stain. With these simple tips, you can keep your carpets and rugs looking great for years to come.



### TARRYTOWN

The Tarrytown Newsletter is a private publication published by Peel, Inc. It is not sanctioned by any homeowners association or organization, nor is it subject to the approval of any homeowners association or organization, nor is it intended, nor implied to replace any publication that may be published by or on behalf of any homeowners association or organization. At no time will any source be allowed to use the Tarrytown Newsletter's contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the newsletter is exclusively for the private use of Peel, Inc.

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

- \* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.
- \* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.
- \* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.





# One week FREE service for new customers!



#### SERVICES OFFERED

Weekly Chemical Service Water Testing & Balance Annual Pool Analysis Skimmer & Pump Cleaning **Pool Surface Skimming** Filter Cleaning









#### **REPAIRS & MAINTENANCE**

**Acid Wash** Change Sand Repair & Clean Filter Clean Salt Cell Clear Plumbing Lines \*available in select markets

**Drain Pool** Heater Tune-Up Open Pool Winterize Pool\*

# **EQUIPMENT UPGRADE**

**Auto Pool Cleaner** Chlorinator Filter Gas Heaters Handrails

**Heat Pumps Pool Pumps Spa Blowers Pool Automation Light Fixtures** 

(833) 827-5044 PPSRV.COM

# 35,40 & 75 Acre Tracts Live Water & Views!





# 3182 CR 202, Burnet, TX 78611

74.65 Acres: \$750,000 | 40 Acres: \$420,000 | 35 Acres: \$367,000

- 1 hour from Bee Cave
- 1 hour from Round Rock
- LIVE WATER
- Owner just selectively cleared and seeded property
- Wildlife Exempt for Low Tax Ownership
- Hunting Deer, Dove, Turkey & Hogs
- Three Underground Aquifers with Full Water Rights
- Electricity Across Homesites
- North San Gabriel River

- Paved Road Frontage
- Optimal Soil for Livestock and Wildlife
- All Owned Mineral Rights Convey
- Several Cleared and Flat Build Sites
- Water Draws (for future stock tanks)
- Fully Fenced (except river frontage)
- Wildlife Sanctuary
- Burnet County
- AND MORE!

Call Seth: 501-804-0983 or Betsy: 512-922-4554







Copyright © 2019 Peel, Inc. Tarrytown - May 2019 11



# INSTANT CURB APPEAL

COMING SOON

TREY MCWHORTER

512.808.7129

moreland.com



Let me plant something **green** in your yard this spring.

Trey McWhorter

REALTOR®

512-825-6503 cell

trey.mcwhorter@moreland.com



Read my market update inside.