



# Northlake Forest

## HERALD

June 2019

OFFICIAL PUBLICATION OF THE NORTHLAKE FOREST HOA

Volume 9, Issue 6

## TWSC Invites Singers to Perform with them at Pavilion

The Woodlands Show Chorus (TWSC) will be participating in two patriotic performances during the week of July 4th: first as the opening act for The Houston Symphony's prestigious annual Star-Spangled Salute on Wednesday, July 3rd at the Cynthia Woods Mitchell Pavilion, and second headlining at the Sunday Lawn Concert Series presented by Bernhardt Winery on Sunday, July 7th. To share the fun with more members of our community, TWSC is inviting women singers to join them in singing at one or both of these shows.

Since performance standards are high, interested women of all ages should attend TWSC weekly Monday night rehearsals at The First Presbyterian Church (Family Life Center Building) at 2727 N Loop 336 W in Conroe (directly across from the McDonald's). Weekly rehearsals will be held between May 13 and July 1 from 7:00 pm to 8:00 pm to help newcomers learn the music and perfect their performance. The songs will be well-known patriotic numbers arranged in 4-part a capella harmony. Although it is helpful, there is no requirement to read music.

Since its beginning in 2012 as the largest and fastest chartering chorus in Sweet Adelines International (SAI), this prodigious chorus has won its first four regional competitions with exceptionally high scores, and they competed well internationally in Baltimore, Las Vegas, and most recently last fall in St. Louis. TWSC is now feverishly working toward their next international competition in Louisville, KY in October, 2020. If you ask any member of this exciting chorus why she sings, she will tell you it is for the JOY – the joy of striving for excellence through consistent education, training and performance. It provides a strong purpose for her life outside of her family, work and daily routine.

The nearly 70 members of the TWSC anticipate that both performances will be fun for all who attend and will give women in our community an opportunity to make friends with others who enjoy singing as a hobby. Contact Shayna Stubblefield at [info@thewoodlandsshowchorus.org](mailto:info@thewoodlandsshowchorus.org) or 888-246-2313 for more details.

After these performances, TWSC will present it's own annual show, "TWSC Live, A Casual Evening of Red Carpet Entertainment, July 13, at Sts Simon & Jude Catholic Church in The Woodlands. It features the fun and fabulous SAI international silver medalist quartet, Viva! and is a wine and cheese (plus other refreshments) event with silent auction, door prizes and more! Doors open at 4:00 pm for refreshments with the show starting at 5:00 pm. Tickets are \$25 adult, \$20 senior/children, and \$30 reserved. Group rates are also available by emailing [tickets@TheWoodlandsShowChorus.org](mailto:tickets@TheWoodlandsShowChorus.org) or calling 713.688.6509.



# NORTHLAKE FOREST

## NLF COMMITTEES

### POOL AND FACILITIES

Chair .....TBD  
Board Liaison..... Russell McPherson

### LAKE AND LANDSCAPING

Chair .....TBD  
Board Liaison.....Paul Rath

### COMMUNITY SAFETY

Community Chair .....Charlene Dickerson  
Safety Chair ..... Kelly Moore  
Board Liaison..... Adam Kluge

### ARCHITECTURAL

Chair .....TBD  
Board Liaison ..... Steve Velzis

### NLF EVENTS / NEWSLETTER

Chair .....TBD  
Board Liaison.....Rebecca Dessenberger

### VOLUNTEERS NEEDED

All of our committees are seeking volunteers to help continue making our community a fun place to be. Just a little bit of your time can go a long way. If you are willing to help, in any way, please fill out a "Contact Us" form on the website.

## NLF BOARD OF DIRECTORS

**President**.....Paul Rath  
**Vice President**.....Rebecca Dessenberger  
**Treasurer**.....Steve Velzis  
**Secretary**.....Russell McPherson  
**Director**.....Adam Kluge  
**Inframark**.....Michael Quast

If you notice a problem or have a concern about something within NLF, please complete the form on our website and bring it to the attention of the management company or Board member so that the issue can be addressed.

**MANAGEMENT COMPANY**  
Inframark

**Michael Quast / Portfolio Manager**  
281-870-0585

Michael.Quast@inframark.com · www.inframarkims.com

Northlake Forest HOA Website: www.northlakeforesthoa.com

## IMPORTANT NUMBERS

### EMERGENCY NUMBERS

Poison Control ..... 1-800-222-1222

### NON-EMERGENCY NUMBERS

Mark Herman Constable, Precinct 4..... (281) 376-3472  
Harris Cnty Sheriff's Office @ HWY 249 .. (281) 290-2100  
Cy-Fair Volunteer Fire Dept @ Telge Rd.... (281) 550-6663  
Harris Cnty Courthouse @ Cypresswood... (281) 376-2997

### GOVERNMENT NUMBERS

Harris County Animal Control..... (281) 999-3191  
Harris County Public Health & Environmental Services  
..... (713) 439-6000  
R. Jack Cagle - Community Assistance Dept.  
..... (281) 353-8424  
Social Security Administration ..... 1- (800) 772-1213  
Department of Public Safety @ West Rd.... (281) 517-1333  
Department of Pubic Safety @ Grant Rd ... (281) 890-5440

### POST OFFICE

USPS @ Spring Cypress..... (281) 373-9125  
The UPS Store @ Spring Cypress ..... (281) 304-6800  
FedEx Office @ Barker Cypress..... (281) 256-8323

### LIBRARY

Lone Star College CyFair Library  
Circulation Desk ..... (281) 290-3210  
Northwest Branch Library  
@ Regency Green Drive..... (281) 890-2665  
Barbara Bush Library @ Cypress Creek ..... (281) 376-4610

### SCHOOLS

Administrative Offices ..... (281) 897-4000  
Farney Elementary ..... (281) 373-2850  
Goodson Middle School ..... (281) 373-2350  
Cy-Woods High School ..... (281) 213-1800

### UTILITIES

NW Harris County MUD #10..... (832) 467-1599  
Best Trash ..... (281) 313-2378  
CenterPoint Energy Gas ..... (713) 659-2111  
Relient Energy Electricity ..... 1-(855) 347-3232  
..... www.powertochoose.com

## NEWSLETTER INFO

### EDITOR

Rebecca Dessenberger ..... trevino71568@comcast.net  
*All articles are due by 10th of the month to be  
considered for publication*

### PUBLISHER

Peel, Inc. .... www.PEELinc.com, 512-263-9181  
Advertising..... advertising@PEELinc.com

## Northwest Flyers

The Northwest Flyers Track Club Youth Cross Country Team kicks off the fall season with a mandatory orientation meeting for parents and athletes on Monday, September 9th, 2019, at 6:30 p.m. (location TBA). Registration starts online on September 1st at [www.northwestflyers.org](http://www.northwestflyers.org). Practices are held at the Kickerillo-Mischer Reserve in Houston and at Spring Creek Park in Tomball.

The Northwest Flyers Track Club is a member program of USA Track and Field (USATF), the national governing body for track and cross country. The club is celebrating its 32nd year in the northwest Houston area. Ages 6 - 18 may participate in the team, and both beginners and experienced runners are welcome. Middle school and high school cross country athletes can also register, but should compete after their school cross country season is over.

For more information contact Coach Chris Stewart at 832-874-7181 or [milpa\\_alta@hotmail.com](mailto:milpa_alta@hotmail.com). Visit [www.northwestflyers.org](http://www.northwestflyers.org) to get updates and learn more about the team.



## Cypress Chapel Hosts Cornhole Tournament benefiting Shield Bearer

Cypress Chapel recently hosted a Cornhole Tournament and donated the proceeds to local non-profit Shield Bearer. It was a fun day for local families that included the tournament, lunch at Creekwood Grill, and a silent auction. "Our church family had a great time putting this event together. An important part of our mission is serving the community together and this tournament was a wonderful opportunity to do just that," shared Pastor Stephen DeMik. "From organizing the teams, to gathering silent auction items, to setting up in the rain, our church family came together and made this event a wonderful success."

"Cypress Chapel and Shield Bearer share a passion for strengthening local families," added Shield Bearer Associate Director Melissa Rotholz, "we are so thankful for their partnership. With support from generous partners like Cypress Chapel, we are able to provide professional counseling services and programs for local families, even when they have financial concerns. Together we are helping families find healing and hope again."

Cypress Chapel is a body of believers and disciples of Jesus Christ who seek to follow His direction and mission through worship, home gatherings, and rhythmic patterns of service and involvement in the community. The central focus of the ministry is relationships - with God, with other Christians, and with people who do not yet know Jesus. More information about Cypress Chapel can be found online at [cypresschapel.tv](http://cypresschapel.tv).

Shield Bearer is a Houston based 501c3 nonprofit counseling and community resource center that provides services on a sliding scale. Shield Bearer has six locations in the Houston area and serves individuals, couples, and families including those recovering from the trauma of human trafficking, domestic violence, crime, abuse, war, and natural disasters. Additional information about services and programs can be found online at [shieldbearer.org](http://shieldbearer.org) or by calling (281) 894-7222.



## Join Shield Bearer for "Roast and Raise"

### A Fun Farewell Luncheon honoring Roy Wooten

Shield Bearer will host "Roast and Raise" – A Fun Farewell Luncheon honoring Roy Wooten on June 26th from 11:30AM to 1:00PM at Windwood Church at 10555 Spring Cypress Road in Houston, Texas. This is your chance to roast former Executive Director Roy Wooten and raise money for Shield Bearer at the same time! Luncheon tickets are \$25 and a roast (the opportunity to share a joke, story, or kind word) can be purchased for an additional \$25. Cactus Jack from 93Q will emcee the event. Additional event details including sponsorship, silent auction, and ticket information are available at [shieldbearer.org/roast](http://shieldbearer.org/roast).

Proceeds from the event will fund services and programs at Shield Bearer, a Houston based 501c3 nonprofit counseling and community resource center that provides services on a sliding scale. Shield Bearer has six locations in Houston and serves individuals, couples, and families including those recovering from the trauma of human trafficking, domestic violence, crime, abuse, war, and natural disasters. Additional information about services and programs can be found online at [shieldbearer.org](http://shieldbearer.org) or by calling (281) 894-7222.



## Still on the Fence About Hosting an Exchange Student?



You don't have any kids? Are you a single parent? Same sex couple? An empty nester? This is not a problem, we place our students in all kinds of families!

You're not rich? Neither am I! Your exchange student comes with their own spending money and health insurance. All you provide is room/board and three

meals a day. Oh and TLC...but that's free.

Live in the middle of no where? Small town? Not a big deal. Some kids prefer to get away from the hustle and bustle of big cities. The exchange students also do pretty well in small schools, as they usually get to be the center of attention and make friends rather quickly. Our students also get chances to travel to New York, Washington DC, Hawaii and California...so they can get their fill of the city life and return back to the peaceful sounds of nature.

Do you consider yourself a boring person? More than likely this is not true, and you should quit being so hard on yourself. Your student will make friends. Your student will meet other exchange students.

Your student will attend activities offered by our program. Your student will get involved in sports and school clubs. Your purpose is not to entertain them. But you might find that you bring a little adventure to each others lives.

Kids are too young? Great! Lots of students love young kids, and your kids will love them. It's beneficial to introduce your kids to new cultures at a very young age. You're preparing them to accept people no matter what the religion, color of their skin, or language they speak. That my friend, is good parenting.

Don't hold back! This is a gret experience for both parties. You get the opportunity to change a child's life. You get the satisfaction of seeing them grow, even after they leave your home into becoming a doctor, a lawyer, a diplomat, artist, teacher...the list goes on. And you contributed to that success! And the best part of it all, is you gain another family member for life. We need people like you to give these kids a chance.

STS Foundation is a 501(c)(3) organization whose mission is to place exchange students in our area. If you are interest in hosting, please contact me at 832-455-7881 or at [vicki.stsfoundation@yahoo.com](mailto:vicki.stsfoundation@yahoo.com). I'll be happy to answer any question you might have and get you started on hosting your very own student!

## TIRR Memorial Hermann becomes first Houston partner of the U.S. Department of State Global Sports Mentoring Program: Sport for Community

### WELCOMES INTERNATIONAL LEADER AND DELEGATE FROM THE UNITED ARAB EMIRATES

TIRR Memorial Hermann recently became the first Houston area host site for the U.S. Department of State Global Sports Mentoring Program: Sport for Community (GSMP), which is implemented by The University of Tennessee's Center for Sport, Peace, and Society.

Each year, GSMP provides approximately 15 international leaders in the disability sport sector with opportunities to participate in its five-week exchange program in the United States. Delegates are matched with executives at leading disability sport organizations across the U.S.

TIRR Memorial Hermann will host Klaithem Almatrooshi, Head of Female Section and Deputy Chairwoman at the Al Thiqah Club for Handicapped in the United Arab Emirates city of Sharjah.

"We are honored to have Klaithem here to learn more and work with our Adaptive Sports Program," said Jerry Ashworth, CEO of TIRR Memorial Hermann. "TIRR is committed to improving the lives of people with disabilities in the Houston community and throughout the world through collaborations and initiatives such as the Global Sports Mentoring Program."

In her current role, Almatrooshi trains volunteers on how to work with people with motor disabilities, coordinates with trainers

on the details of tournaments and competitions, and works with staff to meet the needs of female members of Al Thiqah Club for Handicapped. She also provides social and psychological support by conducting case studies and fulfilling the needs of disability cases.

"What I hope to learn most at TIRR Memorial Hermann is how to transfer best practices in the field of disabilities and adapt them to the UAE in order to advocate for Emiratis with disabilities as effective citizens in society," Almatrooshi said. "I want to enrich my skills and awareness of disability sports and techniques in the United States. I look forward to learning how to support families of those with disabilities because they are the first and most important partners in the development of their children."

Peggy Turner, Adaptive Sports Coordinator at TIRR Memorial Hermann, will serve as Almatrooshi's mentor.

"This is a great opportunity for TIRR Memorial Hermann to make an impact in the lives of athletes with disabilities thousands of miles away," Turner said. "I look forward to working with Klaithem to identify new practices and opportunities for the members of the Al Thiqah Club in Sharjah."

Almatrooshi will be leading the planning of the International

*(Continued on Page 6)*

# EMERGENCIES CAN'T WAIT. NEITHER SHOULD YOU.

Full-Service ER in Your Neighborhood

**OPEN  
24/7**

When every minute counts, where you receive medical care matters, especially in an emergency. Houston Methodist Emergency Care Center in Cypress offers the high-quality emergency care you need — close to home.



Fast, efficient  
check-ins



Board-certified  
physicians



Specially trained  
staff



On-site  
imaging



Lab services  
on-site



Direct admission  
to hospital

[houstonmethodist.org/ecc-cypress](https://houstonmethodist.org/ecc-cypress) | 281.737.2424

HOUSTON  
**Methodist**  
EMERGENCY CARE CENTER

Houston Methodist Emergency Care Center in Cypress  
27560 U.S. 290 Frontage Rd. (at Fairfield Creek Drive)  
Cypress, TX 77433



# NORTHLAKE FOREST

(Continued from Page 4)

Wheelchair and Amputee Sports Federation World Games in the UAE later this year. She also spreads awareness about the Al Thiqah Club and its services through participation in television interviews that cover the Club's activities.

"I also want to help change the media discourse and view of disabilities in the UAE so that they cover disability issues in a realistic manner," Almatrooshi said.

Participants in the GSMP immerse themselves in the day-to-day activities of their mentors and learn more about sports programs for people with disabilities. At the end of the program, participants travel to Washington, D.C., to present strategic action plans based on what they learned before returning home to implement those measures in their countries.

"We are humbled to walk alongside Klaithem who is working diligently to make a difference for persons with disabilities in the UAE," said Sarah Hillyer, clinical assistant professor and director of the Center for Sport, Peace, and Society at The University of Tennessee, Knoxville. "Thanks to the support and investment of mentors like Peggy and host organizations like TIRR Memorial Hermann, we continue to see the power of sport being used in innovative ways to create more inclusive communities."

In 2018, the GSMP: Sport for Community was named

"Diplomatic Action of the Year" at the Peace and Sport Awards in Greece. Its sister program, Global Sports Mentoring Program which is in partnership with ESPNW and focuses on empowering women, was named a Stuart Scott ENSPIRE Award at the ESPN Humanitarian awards.

In addition to its comprehensive approach to clinical care, research and education, TIRR Memorial Hermann focuses on taking care of the community to truly impact and serve its patients through advocacy in order to help patients achieve more in their recoveries.

"Advocacy is woven into our fabric and an important element of what we do at TIRR Memorial Hermann and we are committed to raising awareness, educating people about the inequalities that exist and removing barriers," Ashworth said. "We advocate through our community wellness program and through our adapted sports programs."

The TIRR Memorial Hermann Adaptive Sports Program was developed in the mid-1990s to give athletes with all types of disabilities an outlet to continue playing sports both competitively and through intramural programs, including: basketball, rugby, hand cycling and ultimate frisbee.

To learn more about the TIRR Memorial Hermann Adaptive Sports Program, visit <http://tirr.memorialhermann.org/patient-resources/adaptive-sports/>.

## Your Community at Your Fingertips



Download the Peel, Inc. iPhone App to receive and read your newsletter



[www.peelinc.com](http://www.peelinc.com)

512.263.9181



## PORTABLE FIRE EXTINGUISHER

A portable fire extinguisher can save lives and property by putting out a small fire or containing it until the fire department arrives; but portable extinguishers have limitations. Because fire grows and spreads so rapidly, the number one priority for residents is to get out safely.

Use a portable fire extinguisher when the fire is confined to a small area, such as a wastebasket, and is not growing; everyone has exited the building; the fire department has been called or is being called; and the room is not filled with smoke.

To operate a fire extinguisher, remember the word PASS:

- **PULL** the pin. Hold the extinguisher with the nozzle pointing away from you, and release the locking mechanism.
- **AIM** low. Point the extinguisher at the base of the fire.
- **SQUEEZE** the lever slowly and evenly.
- **SWEEP** the nozzle from side-to-side.

For the home, select a multi-purpose extinguisher (can be used on all types of home fires) that is large enough to put out a small fire, but not so heavy as to be difficult to handle.

Choose a fire extinguisher that carries the label of an independent testing laboratory.

Read the instructions that come with the fire extinguisher and become familiar with its parts and operation before a fire breaks out.

Install fire extinguishers close to an exit and keep your back to a clear exit when you use the device so you can make an easy escape if the fire cannot be controlled. If the room fills with smoke, leave immediately.

Know when to go. Fire extinguishers are one element of a fire response plan, but the primary element is safe escape. Every household should have a home fire escape plan and working smoke alarms.

At no time will any source be allowed to use the Northlake Forest Herald's contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the Plum Creek Press is exclusively for the private use of the Plum Creek HOA and Peel, Inc.

**DISCLAIMER:** Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

\* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

\* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

\* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

**WIRED** | **GENERATORS**  
ELECTRICAL SERVICES | by **WIRED**

**Residential & Commercial**  
Family Owned & Operated

### Home Standby Generators

- ✓ Installation
- ✓ Maintenance
- ✓ Services & Repair

**713-467-1125**  
generatorsbywired.com



**\$20 OFF** Your Next Service Call!  
Not to be combined with any other discount or offer. Expires 7/1/2019



VISA | M.C. | DISCOVER | BBB  
Master #100394 TECL #22809

United States  
**Census  
2020**

**APPLY ONLINE NOW! 2020census.gov/jobs**

**2020 Census jobs provide:**

- ✓ Great pay
- ✓ Flexible hours
- ✓ Weekly pay
- ✓ Paid training

Thousands of jobs are available nationwide, and many are near you.  
Help support your community by being a Census Taker.

For more information or help applying, please call

**1-855-JOB-2020**

The U.S. Census Bureau is an Equal Opportunity Employer.





**PEEL, INC.**

308 Meadowlark St.  
Lakeway, TX 78734-4717

PRSR STD  
U.S. POSTAGE  
PAID  
PEEL, INC.

NLF

# PEGGY DEAN

with

DAVID  TRACY  
REAL ESTATE



**PEGGY DEAN,**  
BROKER, CNE, e-PRO, SFR

A Native Houstonian  
and a Resident of  
North Harris County  
since 1977

*Want to know how much  
your home is worth?  
Call me today for a FREE,  
no obligation comparative  
market analysis.*

**Peggy@PeggyDeanRealtor.com**

**Phone: 713.702.9152**

**Fax: 281.715.2828**

**www.DavidTracyRealEstate.com**