

The Ranch Report

VOLUME 13 ISSUE 8

AUGUST 2019

Austin Area Nonprofit Helps Kids in Foster Care Return to Class with Confidence

While most kids anticipate end-of-summer rites of passage like picking out new outfits and being reunited with old friends, foster children often experience high levels of anxiety when school is back in session.

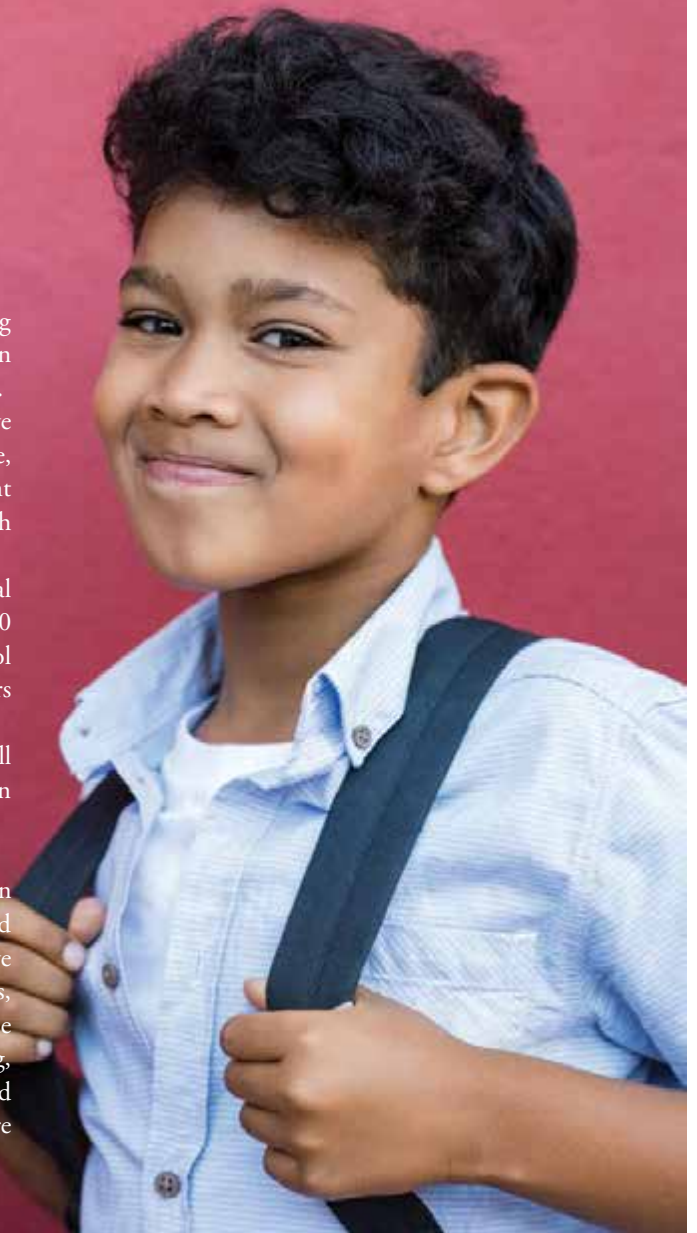
For many kids in the care of the Department of Family and Protective Services (CPS), it can be overwhelming to cope with an unfamiliar home, a new town or school district, new teachers, new friends, and different school subjects — all while also feeling the pressure to keep up with the latest fashion trends.

Austin-area nonprofit Partnerships for Children is hosting its annual back-to-school drive to raise in-kind donations and more than \$10,000 to provide every foster child in Central Texas with new clothes, school supplies, backpacks, and shoes before school starts in August. Teenagers in care receive gift cards to go shopping on their own.

The back-to-school drive helps ensure every child in our community will start the school year with his or her head held high. For more information about how you can help, visit <https://partnershipsforchildren.org/>.

ABOUT PARTNERSHIPS FOR CHILDREN

Partnerships for Children is a 501(c)3 nonprofit organization founded in 2003 to provide critical resources to over 10,000 abused and neglected children in our community in the care of Child Protective Services (CPS). Located inside the CPS corporate office in Austin, Texas, Partnerships for Children leads a collection of programs including The Heart Gallery of Central Texas, the Rainbow Room, Y.E.S. Mentoring, and Foster Community. These programs offer resources, support and comfort for foster children and families in our community. For more information, visit www.partnershipsforchildren.org.





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 NOVEMBER 15, 2019
 DECEMBER 6, 2019
 JANUARY 10, 2020
 JANUARY 24, 2020



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IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY911
 Fire.....911
 Ambulance.....911
 Sheriff – Non-Emergency..... 512-943-1300

SCHOOLS

ROUND ROCK ISD

Patsy Sommer Elementary 704-0600
 16200 Avery Ranch Blvd.
 Elsa England Elementary School 704-1200
8801 Pearson Ranch Road
 Cedar Valley Middle School..... 428-2300
 8139 Racine Trail
 Pearson Ranch Middle School..... 704-1500
8901 Pearson Ranch Road
 McNeil High School..... 464-6300
5720 McNeil Dr.

LEANDER ISD

Rutledge Elementary..... 570-6500
 11501 Staked Plains Dr.
 Stiles Middle School 570-0000
 3250 Barley Rd.
 Vista Ridge High School..... 570-1800
200 S. Vista Ridge Dr.

UTILITIES

City of Austin Water 512-494-9400
 Perdarnales Electric..... 512-219-2602

TEXAS GAS SERVICE

Custom Service.....1-800-700-2443
 Emergencies..... 512-370-8609
 Call Before You Dig..... 512-472-2822

AT&T

New Service.....1-800-464-7928
 Repair.....1-800-246-8464
 Billing.....1-800-858-7928

TIME WARNER CABLE

Customer Service..... 512-485-5555
 Repairs..... 512-485-5080
 Solid Waste Servies..... 512-494-9400

NEWSLETTER INFO

NEWS

Articles..... AveryRanch@peelinc.com

PUBLISHER

Peel, Inc. 512-263-9181
 Advertising..... advertising@peelinc.com

6 Ways to Save Money While Shopping on Amazon



These days, everyone's looking for bargains and ways to save while shopping online from the comfort of their own homes. With low prices, a wide selection and fast shipping for customers, Amazon has a lot to offer to save you both time and money. Below are six easy

ways to save when shopping on Amazon:

1. Discounted offers: Customers receiving government assistance through EBT or Medicaid can enjoy the benefits of an Amazon Prime membership for a discounted monthly price of \$5.99, with the ability to cancel anytime. With Prime, members can enjoy fast, free shipping, exclusive savings, and easy access to entertainment with Prime Video, Prime Music, Prime Reading and more. Learn more and sign up for a free 30-day trial at <http://amazon.com/qualify>.

2. Stick to your budget. Making purchases with cash is a savvy way to stick to your budget, as it makes you more conscious of what you're spending. When you're shopping online, you can use Amazon Cash instead of your debit or credit card. It's a simpler way to shop and will help you manage your spending. You can visit more than 45,000 participating stores - including pharmacies like CVS and convenience stores like 7-Eleven - to add cash to your Amazon Balance. This method is quick, easy and Amazon doesn't charge any fees.

3. Take advantage of subscriptions. Families can maximize their savings by enrolling in convenient programs such as Subscribe & Save, which allow you to subscribe to a wide selection of items you buy frequently (such as diapers, baby food and household products), and have them shipped to you for free on a regular basis. You'll not only save up to 15% on the purchases, but you'll also save the time and energy normally spent on trips to the store.

4. Scout out deals as they pop up. You can track the best deals on Amazon with Lightning Deals, which offer new deals daily to help you save money. It allows you to find the best prices on items you need, want and love. You can also sign up for "watch a deal" alerts so you'll never miss out on a discount!

5. Earn rewards by waiting. Not in a hurry to get your package? Here's a little-known Prime perk for those who don't need their order right away - selecting the "No-Rush" shipping option at checkout earns you rewards and discounts on future purchases. Rewards are automatically added to your Amazon balance, so you can start saving right away. Keep an eye out for this option next time!

6. Discover Bargain Finds. Check out Amazon's Bargain Finds for a wide selection of seasonally relevant products that are priced even lower - items can vary from clothing and jewelry to gifts and home decor.

Shopping online does not have to break the bank, and you don't have to spend all your time surfing and comparing prices. Thanks to Amazon, you can enjoy some of the best options available for shopping all in one place, and do it within your budget.

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Sherry Salkhordeh O.D.

@ New Sams Club
10901 Lakeline Mall Dr
 Austin, TX 78717
512-328-2015

@ New Wal-Mart
2801 E. Whitestone Blvd,
 Cedar Park, TX 78613
512-259-1255

HEALTHY BACK TO SCHOOL LUNCH IDEAS!



CHINESE MANDARIN PASTA SALAD

Prep time: 20 minutes

Servings: 1

- 16 ounces rotini pasta
- 6 mini sweet peppers, sliced
- 3 mandarin oranges, peeled and segmented
- 3 green onions, sliced
- 2 cups baby spinach, chopped
- 1/2 cup matchstick carrots
- 1/2 cup sesame ginger dressing
- 1/4 cup chow mein noodles
- 1 kiwi, peeled and sliced
- 1/2 cup steamed edamame

Cook pasta according to package directions. Drain and rinse with cool water.

In large bowl, mix pasta, peppers, oranges, green onions, spinach, carrots and dressing. Toss to coat well. Top with chow mein noodles.

Place in lunchbox with kiwi and edamame.



TURKEY TACO SALAD BENTO BOX

Prep time: 10 minutes

Servings: 1

- 1 cup chopped romaine lettuce
- 1/4 cup cooked turkey meat, seasoned with taco seasoning
- 2 tablespoons shredded cheese
- 4 cherry tomatoes, quartered
- 2 tablespoons guacamole
- 1 ounce tortilla chips

Assemble taco salad with lettuce, taco meat, cheese and tomatoes.

Place in lunchbox with guacamole and chips.

Vista Ridge Rangers Football Schedule

<u>DATE</u>	<u>OPPONENT</u>	<u>LOCATION</u>	<u>TIME</u>
8/23/19	Hutto Hippos	Hutto, TX (Hutto Memorial Stadium)	7:00PM
8/30/19	Rouse Raiders	Cedar Park, TX (Gupton Stadium)	7:00PM
9/05/19	Killeen Kangaroos	Cedar Park, TX (Gupton Stadium)	7:00PM
9/13/19	McNeil Mavericks	Cedar Park, TX (Gupton Stadium)	7:00PM
9/20/19	Westwood Warriors	Round Rock, TX (Dragon Stadium)	7:00PM
9/27/19	Vandergrift Vipers	Cedar Park, TX (Gupton Stadium)	7:00PM
10/04/19	Leander Lions	Leander, TX (Bible Stadium)	7:00PM
10/11/19	Stony Point Tigers	Cedar Park, TX (Gupton Stadium)	7:00PM
10/18/19	Cedar Ridge Raiders	Round Rock, TX (Dragon Stadium)	7:00PM
10/25/19	Hendrickson Hawks	Cedar Park, TX (Gupton Stadium)	7:00PM
11/01/19			TBA
11/07/19	Round Rock Dragons	Round Rock, TX (Dragon Stadium)	7:00PM

Sudoku

Visit: <https://www.memory-improvement-tips.com/printable-sudoku-puzzles-medium-1b-solutions.html>
and check your answers!

1		8			6	4		
		6		9		8		7
5								
2	6	9	5					8
			4		9			
	8				2	7	9	1
								5
6		4		7		2		
		1	2			9		3

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October 2020 - Fall Foliage - Special Group pricing



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RANCH REPORT

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RANCH REPORT



MCNEIL HIGH SCHOOL

2019



2019 VARSITY FOOTBALL GAME SCHEDULE

DATE	DAY	OPPONENT	SITE	H/A	TIME
Aug. 23	FRIDAY	Anderson High School	TBA	A	TBA
Aug. 30	FRIDAY	Del Valle High School	Del Valle	A	7:30
Sept. 6	FRIDAY	Leander Glenn High School	Reeves Complex	H	7:30
Sept. 13*	FRIDAY	Vista Ridge High School	Gupton	A	7:00
Sept. 20*	FRIDAY	Round Rock High School	Reeves Complex	H	7:00
Sept. 27	FRIDAY	<i>OPEN</i>			
Oct. 4*	FRIDAY	Westwood High School	Dragon Stadium	A	7:00
Oct. 11*	FRIDAY	<i>Vandegrift High School (Homecoming)</i>	Reeves Complex	H	7:00
Oct. 18*	FRIDAY	Leander High School	Bible Stadium	A	7:00
Oct. 24*	THURSDAY	Stony Point High School	Reeves Complex	H	7:00
Nov. 1*	FRIDAY	Cedar Ridge High School	Reeves Complex	A	7:00
Nov. 8*	FRIDAY	Hendrickson High School	Dragon Stadium	H	7:00

2019 JV BLUE & GREEN FOOTBALL GAME SCHEDULE

DATE	DAY	OPPONENT	SITE	H/A	TIME
Aug. 23	FRIDAY	Anderson High School	TBA	A	TBA
Aug. 29	THURSDAY	Del Valle High School	Maverick Field	H	5:00/7:00
Sept. 5	THURSDAY	Leander Glenn High School	Glenn HS	A	5:00/7:00
Sept. 12*	THURSDAY	Vista Ridge High School	Maverick Field	H	5:00/7:00
Sept. 19	THURSDAY	Round Rock High School	Dragon Stadium	A	5:00/7:00
Sept. 26	THURSDAY	<i>OPEN</i>			
Oct. 3*	THURSDAY	Westwood High School	Maverick Field	H	5:00/7:00
Oct. 10*	THURSDAY	Vandegrift High School	Vandegrift HS	A	5:00/7:00
Oct. 17*	THURSDAY	Leander High School	Maverick Field	H	5:00/7:00
Oct. 23*	WEDNESDAY	Stony Point High School	Stony Point HS	A	5:00/7:00
Oct. 31*	THURSDAY	Cedar Ridge High School	Maverick Field	H	5:00/7:00
Nov. 7*	THURSDAY	Hendrickson High School	Hendrickson HS	A	5:00/7:00

2019 FRESHMAN BLUE & GREEN FOOTBALL GAME SCHEDULE

DATE	DAY	OPPONENT	SITE	H/A	TIME
Aug. 23	FRIDAY	Anderson High School	TBA	A	TBA
Aug. 29	THURSDAY	Del Valle High School	Del Valle HS	A	5:00/7:00
Sept. 5	THURSDAY	Leander Glenn High School	Maverick Field	H	5:00/7:00
Sept. 12*	THURSDAY	Vista Ridge High School	Vista Ridge HS	A	5:00/7:00
Sept. 19	THURSDAY	Round Rock High School	Maverick Field	H	5:00/7:00
Sept. 26	THURSDAY	<i>OPEN</i>			
Oct. 3*	THURSDAY	Westwood High School	Westwood HS	A	5:00/7:00
Oct. 10*	THURSDAY	Vandegrift High School	Maverick Field	H	5:00/7:00
Oct. 17*	THURSDAY	Leander High School	Leander HS	A	5:00/7:00
Oct. 23*	WEDNESDAY	Stony Point High School	Maverick Field	H	5:00/7:00
Oct. 31*	THURSDAY	Cedar Ridge High School	Cedar Ridge HS	A	5:00/7:00
Nov. 7*	THURSDAY	Hendrickson High School	Maverick Field	H	5:00/7:00

Head Football Coach: Howard McMahan
 Athletic Admin Asst: Amanda Worrell
 Athletic Trainers: Xander Keller/Maggie Florez-Cook
 MHS Principal: Amanda Johnson
 RRISD Athletic Director: Dwayne Weirich
 MHS Main Office 512-484-6300 MHS Athletic Office 512-484-6515

H = HOME A = AWAY
 * DISTRICT 13 - 6A GAMES

JV & Freshman Games:

Blue @ 5:00 / Green @ 7:00

Updated 4/12/19



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