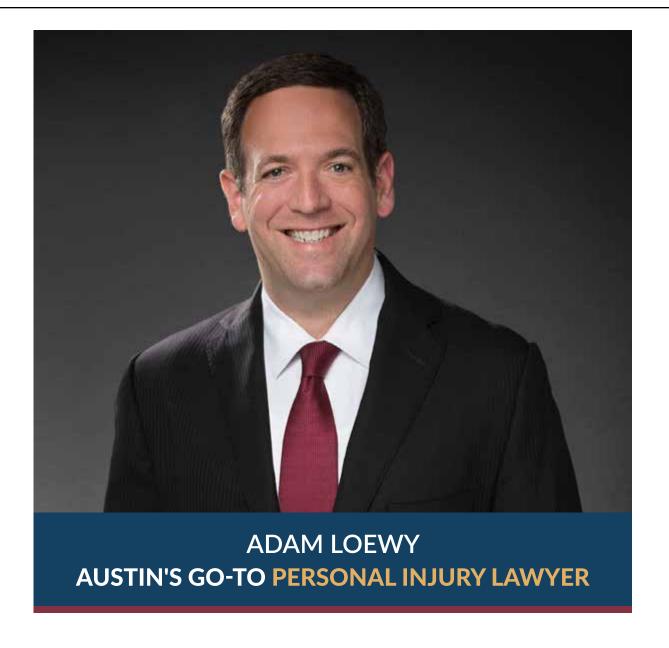


NEWSLETTER FOR THE RESIDENTS OF THE BEE CAVE AREA





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# HILL COUNTRY GALLERIA JUNE EVENTS & HAPPENINGS

Hill Country Galleria 12700 Hill Country Blvd. Bee Cave, TX 78738 www.hillcountrygalleria.com Hours:

Monday through Saturday: 10 a.m. to 9 p.m. Sunday: 12 p.m. to 6 p.m.

### BACK TO SCHOOL SHOPPING & TAX FREE WEEKEND EVENT

### Friday through Sunday, August 9-11

Hill Country Galleria is hosting tax-free weekend with back-toschool deals and a sidewalk sale. Skip the overcrowded indoor mall on Tax Free Weekend and enjoy shopping season outside at the Hill Country Galleria, with covered walkways, outdoor seating and a splash pad!

### LADIES NIGHT OUT SUMMER SERIES Tuesday, August 27 from 5 p.m. to 9 p.m.

Hill Country Galleria is bringing back their Ladies Night Out summer event on Tuesday, August 27, from 5 p.m. to 9 p.m. This summer event will continue monthly on the fourth Tuesday of each month until August 27. Guests will enjoy an evening of beauty, shopping, happy hours, and more. The first stop is LURE by Y&F, where ladies can pick up a stroll map of all the exclusive offers available and a complimentary cocktail (while supplies last).

### **GOGA Goat Yoga**

### Saturdays, August 10 and 24 at 10 a.m., 11 a.m. and 12 p.m.

YOGA & GOGA will be hosting special Independence Daythemed goat yoga classes on Saturdays, August 10 and 24 at 10 a.m., 11 a.m. and 12 p.m. Tickets can be purchased HERE, and tickets are required for each person attending classes, regardless of age. Only those participating in class with a ticket will be allowed inside the studio during the classes. Unlimited monthly members at YOGA & GOGA may show up to any of the times listed above. This event will benefit SAFE Austin, with 100% of proceeds from t-shirt sales being donated to the organization. The studio is located at S-115, two doors down from Chisos Grill. Participants will need to bring their own mats, sign a waiver and photo release prior to participating in class.

### YOGA & GOGA X KENDRA SCOTT

### Wednesday, August 28 from 7 p.m. to 8 p.m.

Yoga & Goga and Kendra Scott are hosting a complimentary Yoga class! Join in for the final installment of this 3x summer series that takes place on the Central Plaza Lawn.

On Wednesday, August 28th from 7:00pm-8:00pm, head to the Hill Country Galleria\'s Central Plaza Lawn in your favorite yoga pants for a refreshing workout in the cool summer air. Don\'t forget to stay for the glitz and glam of Kendra Scott\'s beautifully timeless jewelry. RSVP with the link here: yogagogaxkendrascott. splashthat.com

### **IMPORTANT NUMBERS**

EMERGENCY	91
Fire	
Ambulance	
Police Department	
Sheriff – Non-Emergency	
Travis County ESD No.6/Lake Travis	
Administration Office	
Travis County Animal Control	
SCHOOLS	
Lake Travis ISD	512-533-6000
Lake Travis High School	
Lake Travis Middle School	
Lake Travis Elementary	
Hudson Bend Middle School	
Lake Pointe Elementary	
Lakeway Elementary	
Serene Hills Elementary	
Bee Cave Elementary	
West Cypress Elementary	
,	
UTILITIES WICE #17	510.0(0.010)
Travis County WCID # 17	
Lakeway MUD	
Hurst Creek MUD	
Austin Energy	
Pedernales Electric	888-554-4732
Texas Gas Service	
Custom Service	
Emergencies	
Call Before You Dig	512-472-2822
AT&T	
New Service	
Repair	
Billing	1-800-858-792
Time Warner Cable	
Customer Service	
Repairs	
Austin/Travis County Hazardous Wast	te512-974-4343
OTHER NUMBERS	
Bee Cave City Hall	512-767-660
Bee Cave Library	
Municipal Court	
Lake Travis Postal Office	
Baylor Scott & White Medical Center	
City of Bee Cave	
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Peel, Inc	
Editor	
Advertising	

# Triumph of The Thin Man

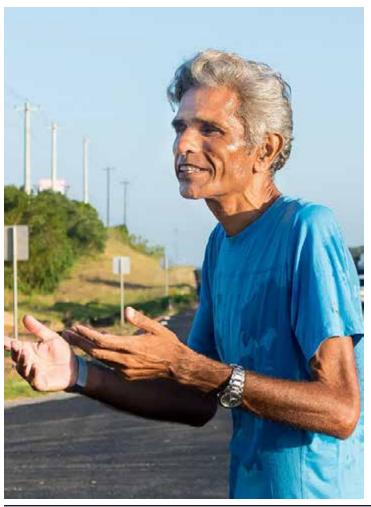
By Art Dlugach

He is no fugitive, but he is on the run, and, at times, he has quite a fan base. Tabeer Badar, born in Pakistan, spends a lot of time on the shoulders of Highway 71 in the Bee Cave-Lakeway area. That's why you might have seen him. As if he needs to be described, with the size of his audience, Tabeer is 54-years-old with a trim, but no way skinny, well-conditioned body. Might be the "most-ripped" trim you've ever scrutinized.

"Of course I'm concerned," he admits, regarding his version of a cross country course, but, "I really haven't discovered an alternate place to run." We'll say right now, akin to the warning on cigarettes, don't try this without a signed okay from your doctor, coach or family.

"Many people know me," Tabeer said, regarding the non-pedestrians on 71, and, "watch out for me," but he adds a scary thought: "Sometimes I have seen them looking at cell phones {and therefore} drifting toward me." The double no-no: paying attention to cells and runners while driving.

Badar's style is what I first noticed: he's not walking, no, but it's those itty-bitty steps that sets him apart, besides the venue. For us older sports fans, we might declare, "Golly, I've seen that





foot action before." Because we grew up seeing Babe Ruth hit home runs in black and white newsreels, and the movie film of the 1920s and '30s would show him—in double speed—run the bases in pigeon-toe tempo.

Indeed, Tabeer probably would not have beaten the Babe homeplate to homeplate, but this Texan since he was 15, would have run him down over his personal goals: "10-12 miles in the morning, six to eight in the early evening."

I guess distance trumps style any day.

Badar began running at 18, influenced by a friend, "who would come over after dinner, and we would run in the neighborhood." Later, he "organized" this workout club for soloists, because, "I couldn't find competition for tennis in college.

"I needed the exercise; I needed to re-create myself. I started running longer and longer."

The graduate of Humble High near Houston added he has not run a marathon but will someday face off with the 26.2-mile challenge. I'd bet 18 miles a day would comprise sufficient preparation for the world's most famous long-distance event.

"I've slowed a bit," Tabeer relates. "Two and a half hours for 12 miles." 12-minute miles. Fast enough when the finish line is halfway across town.

And, what does the runner believe is the rush? (Choose your definition.) "It's meditative; it keeps me on an even keel, exhilarated, vibrant."

There are mornings Tabeer thought, "{I} just did not feel like I wanted to go anywhere." His response to his own dilemma: "Ultimately, I forced myself to do it, and it was fun. People waved at me; it was a nice experience.

"If your habit is movement, you'll continue that habit. {When} your body is in that mode, {you} need to do it. All about joy, elation, energy. That's what we are here to do."

This man, who is eloquent with words and action, would like to run forever, because it's a way "of fighting back against time."

(Continued from Page 4)

### **ONGOING: LONE STAR FARMERS MARKET**

Sundays, August 4, 11, 18, and 25 from 9 a.m. to 3 p.m.

\*Note: Hill Country Galleria will open at 12 p.m. on Sundays, with some restaurants and services opening earlier.

Hill Country Galleria is home to The Lone Star Farmers Market. This event hosts the same great vendors as before and also offer face painting and other kids' activities along with live music. Rain or shine, The Lone Star Farmers Market will be there, providing local produce to the community. More information can be found at www.lonestarfarmersmarket.com

### ONGOING: CAMP GLADIATOR FREE WORKOUTS Saturdays, August 3, 10, 17, 24, and 31 at 9 a.m.

Camp Gladiator is hosting anyone over the age of 14 for free workouts in the Galleria\'s Central Plaza every Saturday. Join Camp Gladiator to experience their boot camp-style community workouts. Recommended to bring water, a towel and a mat.

### CONTRACOMMON PRESENTS: HEATWAVE OPENING RECEPTION

### Friday, August 30 from 6 p.m. to 10 p.m.

Presented by Contracommon, Heatwave is an exhibition of artwork from resident artists. The event will showcase paintings, drawings, installations and photography, along with live music and food and drinks. The event will be sponsored by Tito's Handmade Vodka, Treaty Oak Distilling, Waterloo Gin, Desert Door Sotol, and Topo Chico.

#### **CONTRACOMMON DRINK & DRAW**

### Friday, August 27 from 7 p.m. to 10 p.m.

Contracommon is hosting their monthly Drink & Draw for local Austin area artists to come hang out, sketch, and have fun. Entry is free and bringing something to share is encouraged. The event is 21 plus.



### Become a Lake Travis Film Fest Member

Have you ever been a Founding Member of an organization? If you have, you know it's an exciting experience to be at the birth of a new endeavor. That's the opportunity you have right now--to be a Founding Member of the Lake Travis Film Festival!

Just about everyone has a favorite movie, but if you really love film, you know it requires looking beyond the blockbusters at the metroplex. A new endeavor we call Count Down to ONE is an amazing opportunity to get in on the ground floor of the very first Lake Travis Film Festival. This inaugural event is scheduled for February 27-March 1, 2020.

Becoming a Founding Member of the LTFF means joining a community that believes in the power of film to inspire, entertain, and change the way we see the world. We're hard at work planning and organizing this event, which will showcase filmmakers from around the globe as well as from the Texas Hill Country.

Starting at just \$100, our introductory year LTFF membership grants access to all of our programming, including ticket discounts, advance sales, invitations to Founding Members-only events and exclusive access to our curated films online after the Festival ends. As we grow our sponsor base, Founding Members will have discounts and other perks from our partners. To become a Founding Member, visit the MEMBERSHIP section on our website, www.laketravisfestival.com .

We believe in the power and importance of great cinema and aim to share the best films from around the world with our audiences. Join us today and help build a wonderful event right here in the Lakeway area!



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Bee Cave Messenger - August 2019 5

# **Lake Travis Film Festival**

www.laketravisfilmfestival.com

Like most states with thriving arts and culture communities, Texas not only benefits from a positive economic impact from the arts, but that impact is highly significant. Art and culture industries generated \$5.1 billion in sales for the state and nearly \$320 million in annual state sales tax back in 2013. Plus, those numbers are only showing signs of growing as art and culture sales are up 24.6% from

2003, when the state saw \$4.1 billion in sales.

When you look at the thriving arts and culture industries within specific cities, the picture is equally as clear. Film is a notable contributor to these dollars. In fact, in 2011 the City of Austin commissioned an economic impact study, which estimates the total economic impact of just film and visual media, totaling over \$280 million annually.

This is a significant reason why you see so many corporate and private patrons of the arts and culture as they understand that investing in the creative endeavors of their community has a direct impact on its economy. A growing cultural investment are film festivals, highlighting independent film productions that serve as a draw for locals and out-of-towners alike. Film festivals impact the local economy in three specific ways:

- Visitor Spending: This means factoring in overnight spending among people who have travelled from out of town and have rented cars, are booking nights in local hotels and eating in local restaurants, purchasing other local goods and services and visiting other destination attractions.
  - Day Spending: This has a positive impact on the local economy,

which includes people from local towns, within driving distance to the events, who have come for the day and are visiting our establishments and filling restaurants.

• Local Spending: This includes activities from participants who reside in the immediate area who are more likely to eat out during the days of the events and purchase featured products and merchandise, because they are away from home and immersed in an activity.

Texas' Arts and Culture Industry also plays a major role, creating and sustaining jobs. Directly, the industry creates, distributes, and sells products and services to national and international markets. This creates a demand for nearly 10,000 Arts and Culture Industry businesses located throughout Texas, employing over 110,000 workers. Additionally, supporting a strong arts culture has a noted ripple effect in the jobs market, attracting innovation workers and luring cutting-edge companies to set up shop within cities who demonstrate a vibrant and thriving arts and culture scene.

Film festivals even help to merge art and technology through a variety of visual media that often include virtual reality, gaming and other motion art media in addition to traditional films. The significance of this is powerful in an area that is amplifying its technology markets, offering a powerful exhibition platform to showcase a variety of arts and technology projects to a broad audience in a fun and entertaining environment.

Texas is succeeding in all of these fronts, and proven by the numbers, is showing no signs of slowing down. An investment in the arts, culture and local film industry just makes good dollars and cents.





### Hill Country Galleria Announces New Dining Concepts And Retailers Coming Soon

Lifestyle and entertainment center Hill Country Galleria is pleased to announce several new dining concepts and retailers opening this summer and into fall, including premium performance apparel retailer **Athleta**, local pet supply resource **Healthy Pet**, and **PopRock Austin Pop-Up Restaurant**. The Galleria is also excited to introduce a newly revamped menu at **The Ginger Man**, with a renewed focus on serving the local community. In addition, **Kendra Scott** will host a pop-up store during the Galleria's signature summer event series, Ladies Night Out.

Women's athletic apparel retailer **Athleta** will debut at Hill Country Galleria in early fall in Suite G-120, next door to Café Blue. Founded in 1998, the brand integrates performance and technical features across its collection to carry a woman through her life in motion—from yoga and training to commute and travel. The Galleria location marks the third store for the brand in the Austin and surrounding area.

Hill Country Galleria is also excited to welcome Austin-based Healthy Pet to its eclectic tenant mix. Located at Suite R-140, across from Whole Foods, the pet supply retailer is slated to open by the end of the year. Healthy Pet opened its first location in June 2012, and this location will be the fourth for the brand. In addition to carrying premium pet products, Healthy Pet seeks to be a resource for the community, whether by hosting local animal adoption events or educating pet parents about the best products for their pets. The retailer will also offer three self-serve dog wash stations at this location. Hill Country Galleria has made strides to ensure that the property is welcoming for both human and pet guests. In 2018, the property was the first in Texas to introduce DogSpots, climate-controlled, high-tech sidewalk dog houses, ideal for a pet-friendly shopping experience as well as new amenities like pet waste stations, dog water fountains, and more.

**PopRock Austin Pop-Up Restaurant** will open its doors at Hill Country Galleria in late summer 2019, located at Pad 9-101, behind Oriental Rug Gallery. The new concept will be a coffee shop by day, bringing back Lakeway's Java Dive Organic Cafe, offering house-roasted organic coffee and healthy breakfast and lunch fare. In the evenings and on weekends, PopRock will transform into a pop-up restaurant, where guests can regularly enjoy new and unique dining experiences as different local chefs take over the space. The space will also be available for private catered events.

In addition to the new openings, **The Ginger Man** at Hill Country Galleria is pleased to announce Sebastien Caillabet, formerly of deli and restaurant Lox, Box & Barrel, as the new general manager to the specialty beer bar and eatery. Caillabet and the Galleria team have developed a revamped menu now available in the restaurant, featuring new takes on classic sandwiches, like



the French Dip and Reuben; favorite bar snacks, including a house charcuterie board, pretzel & beer cheese, and loaded waffle fries; health-conscious vegetarian, vegan, and gluten-free options, like the Bee Cave Buddha Bowl, Hummus Plate, and Veggie Delight sandwich; along with delicious desserts. Opened in April 2018, The Ginger Man at Hill Country Galleria offers a selection of over 60 international, domestic, and craft options on tap and in bottles, daily lunch and dinner, weekend brunch, and a kids menu. With a spacious patio and located just steps away from the Galleria's Central Plaza, The Ginger Man is perfect for enjoying a meal or cold beverage during the property's open-to-the-public community events throughout the year.

On Tuesdays, July 23rd and August 27th, the Galleria will host its signature summer event series, Ladies Night Out, where guests will enjoy an evening of exclusive offers, giveaways, beauty, shopping, happy hours, and more. Austin-based lifestyle brand **Kendra Scott** will host a pop-up store on each of these nights where guests are welcome to try on jewelry and enjoy complimentary cocktails and a photo booth. The brand will donate 15 percent of sales from each event to the Bee Cave Arts Foundation.

Hill Country Galleria is situated in Bee Cave, west of downtown Austin in the beautiful Texas Hill Country. Host to more than 150 family-friendly community events a year, including the Lone Star Farmers Market, free community workouts, live music series, and more, Hill Country Galleria offers a vibrant, comfortable, and convenient shopping and entertainment destination where life and style connect.

For more information about Hill Country Galleria, follow on Facebook, Instagram and Twitter or visit

# 2019 LT VARSITY FOOTBALL SCHEDULE

Fall Camp Starts	8/12	HOME
Intra Squad Scrimmage	8/17	HOME
Scrimmage vs. Cedar Ridge	8/23 @5/6/7:30	AWAY
Arlington Martin	8/30 @7:30	HOME
Mansfield Summit	9/6 @7:30	HOME
Bowie	9/13 @7:30	HOME
Akins	9/20 @7:30	AWAY
Austin High	9/27 @7:30	HOME
Lehman	10/4 @7:30	AWAY
Westlake	10/11 @7:30	HOME
BYE Week	10/18	N/A
Del Valle	10/25 @7:30	AWAY
Hays	11/1 @7:30	HOME
Anderson	11/8 @7:30	AWAY







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### Lake Travis ISD 2019-2020 Calendar

July 2019									
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Wed, Aug 14, 2019 Mon Sep 2, 2019 Mon Oct 14, 2019

First Day School Labor Day Columbus Day

Nov 25-29, 2019 Dec 23 - Jan 3 Mon Jan 20, 2020 Fall Break Winter Break Martin L. King Day March 16-20, 2020 Fri, Apr 10, 2020 Fri May 22, 2020

Spring Break Good Friday

Student/Staff Holiday First day of Grading Period Last day of Grading Period

PD Day STAAR

Early Release STAAR Online Window

Approved by Board of Trustees on 12/19/2018 and Revised by Board of Trustees on 03/27/2019



Monday-Tuesday

Friday - Saturday

November 11th - 12th

November 15th - 16th

# Take Travis Volleyball



Day Date Opponent Varsity JV 9<sup>th</sup> Black 9th Red Thursday - Saturday August 1st- August 3rd LTHS Two-a-days Two-a-days Tryouts Begin Two-a-days Two-a-days \*\*Scrimmages (LT, Cedar Park, Drip, Rouse)

\*\*Antonian Monday August 5th LTHS 9:00 10:00 10:00 9:00 LTHS Tuesday August 6th 2:00 12:00 12:00 2:00 Thursday - Saturday Texas Volleyball Invitational (Varsity Only) August 8th -10th Pearland, Texas TBD 5:30 6:30 Monday August 12th \*\*Westwood LTHS 5:30 August 13th 3:30 Tuesday Churchill Churchill 4:30 3:30 2:30 Fraulein Festival Tournament (Varsity Only)

\*\*McNeil Thursday - Saturday August 15th - 17th New Braunfels, Texas TBD TBD TBD TBD Monday August 19th LTHS 6:30 5:30 5:30 6:30 August 22nd - 24th Thursday - Saturday VolleyPalooza Tournament (Varsity Only) Leander, Texas TBD August 27th \*\*Vandegrift LTHS 5:30 5:30 6:30 Tuesday 6:30 Thursday & Saturday August 29th & 31st **Dripping Springs Sub-Varsity Tournament** DSHS/DSMS Practice TBD TBD TBD DISTRICT SEASON August 30th Friday Anderson Anderson 6:30 5:30 5:30 6:30 \*\*Lehman September 3rd 5:30 5:30 Tuesday LTHS 6:30 6:30 \*\*Hays (Staff Appreciation Night) Friday September 6th Tuesday September 10th Westlake Westlake 6:30 5:30 5:30 6:30 September 13th Friday \*\*Bowie (Homecoming Night) ITHS 5:30 6:45 6.45 5:30 Saturday September 14th \*\*LT Invitational Sub-Varsity Tournament LTHS Practice TBD TBD TBD \*\*Ann Richards September 17th LTHS 6:30 Tuesday 5:30 5:30 September 20th Akins Akins 6:30 5:30 5:30 6:30 Friday Tuesday September 24th \*\*Del Valle (LTYA Night) LTHS 5:30 6:30 Friday September 27th \*\*Austin High LTHS 6:30 5:30 5:30 6:30 \*\*Anderson (Dig for the Cure ) (Middle School Night) Tuesday October 1st LTHS 6:30 5:30 5:30 6:30 Friday October 4th Lehman Lehman 5:30 6:30 5:30 6:30 October 8th 6:30 5:30 5:30 6:30 Tuesday Hays Hays \*\*Westlake Friday October 11th LTHS 6:30 5:30 6:30 Tuesday October 15th Bowie Bowie 6:30 5:30 5:30 6:30 Friday October 18th Ann Richards Ann Richards 7:30 6:30 5:30 5:30 Tuesday October 22nd \*\*Akins (Senior & Kardivas Night) LTHS 6:30 5:30 6:30 Del Valle Friday October 25th Del Valle 6:30 5:30 5:30 6:30 5:30 5:30 Tuesday October 29th Austin High Austin High 6:30 6:30 Monday -Tuesday November 4th - 5th UIL Bi-District Playoffs TBD TBD TBD TBD TRD Thursday - Friday November 7th - 9th **UIL Area Playoffs** TBD TBD TBD TBD TBD

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512.795.8300

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TBD

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**UIL Regional Tournament** 



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Bee Cave Messenger - August 2019

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# RATURE WATCH by Jim and Lynne Weber

### Night Bloomers

Many night blooming flowers have white or light-colored blossoms, a strong fragrance (although not always to human noses), and are open by night and close by day. These flowers are extremely important nectar sources for pollinators, and they are attracted to these flowers' nectar mainly by scent. Two of our best night blooming native plants are Berlandier's Trumpets (Acleisanthes obtusa) and Jimsonweed (Datura wrightii).

Also known as Vine Four O'Clock, Berlandier's Trumpets is an upright perennial herb or climbing vine up to 6 feet long, easily controlled but often clambering over shrubs and small trees if left unchecked. Its opposite, bright green leaves are triangular shaped, about 1.5 inches long, with slightly wavy edges. But it is its white to light pink trumpet-shaped flowers, about 2 inches long, that bloom from April to December, producing a fragrant scent when open at night. Berlandier's Trumpet does well in full sun to part shade, is drought tolerant, and easy to grow and maintain.

Jimsonweed is a 3 to 6 foot tall stoutly branched herb, with alternate, coarse, large gray-green leaves that are broad at the base

There is nothing more beautiful than someone who goes out of their way to make life beautiful for others.

Partners in Hope connects one person's gifts and talents with another person's needs and equips the Lake Travis community to serve through the lens of ministry.

Contact Matt Peacock at mattbp61@gmail.com to get involved

www.partnersinhopelaketravis.org

and pointed at the tip. While its foliage is often described as rank-smelling, its flowers are sweetly fragrant white trumpets, up to 8 inches long, sometimes tinged with purple at the edges. It blooms from May to November, and its flowers close during the heat of the day. The fruit of this plant is a very distinctive spiny, globular capsule up to 1.5 inches in diameter, which opens fully when ripe. Jimsonweed has several other common names such as Sacred Thornapple, Angel Trumpet, Devil's Trumpet, and Sacred Datura. Some of these names refer to its use as a hallucinogen in Native American ceremonies, but it is important to note that all parts of this plant are toxic to humans.

Both of these native night blooming species attract several species of Sphinx moths (sometimes known as hawkmoths or hummingbird moths) as well as other pollinating insects such as long-tongued bees, butterflies, and hummingbirds. But it is the Jimsonweed that has mastered the art of mutualism. While it is common for this plant to benefit from its relationship with the Carolina Sphinx (Manduca sexta) in the form of pollination, in turn it provides nectar for the adult moth and is the host plant for the moth's caterpillars. These large caterpillars (known to gardeners as 'hornworms'), consume many or all of the Jimsonweed's leaves. But the plant is prepared for the attack, storing resources in its massive root enabling it to produce more leaves. In effect, it grows its own pollinators to ensure its reproductive success!

Send your nature-related questions to naturewatch@austin. rr.com and we'll do our best to answer them. If you enjoy reading these articles, check out our books, Nature Watch Austin, Nature Watch Big Bend, and Native Host Plants for Texas Butterflies (all published by Texas A&M University Press), and our blog at naturewatchaustin.blogspot.com.





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### TexARTS Academey

TexARTS Academy is hosting a back to school event! This evening of fun will be held on Friday, August 9th from 5-8pm. With free dance classes, information sessions about our academy, and details about our upcoming youth production of Elf JR. Join us to celebrate an awesome summer and get excited for the upcoming school year. Orange Leaf Frozen Yogurt will be there too!





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