



Northlake Forest

HERALD

August 2019

OFFICIAL PUBLICATION OF THE NORTHLAKE FOREST HOA

Volume 9, Issue 8



CAMPAIGN KICK-OFF

For Bridgeland Fun Run/Walk for Heroes on October 19, 2019

On July 10, The Bridgeland Community Supports Veterans, Inc. ("TBCSVI") kicked off its campaign to raise funds for the Bridgeland Veterans Memorial, to support veterans, to support our Annual Memorial Day Ceremony and Veterans Day Festival and to educate our children with patriotic values. Supporting this campaign were Jim Brown CEO, and Naman Mahajan, COO of HCA Houston Healthcare North Cypress who presented Board Directors Bob Thomas and Kay Burkhalter of TBCSVI with check for \$1000. Many thanks for the support.

HCA Houston Healthcare North Cypress, a campus of HCA Houston Healthcare Kingwood, is a 163-licensed bed, general acute care hospital, who strives to be the healthcare provider of-choice for residents in the growing communities along the 290 corridor. It provides comprehensive services utilizing the latest in medical technology and equipment; employs well-respected area physicians

and aims to provide an upscale five star-hotel-like ambiance care with comfort of those we care for in mind. Highlights of special care include a 20-bed unit ICU, robot-assisted surgery technology, orthopedic care including joint replacement surgery, Cancer Center, advance wound care services using hyperbaric medicine, and advanced breast cancer screening and imaging.

On October 19, 2019 please join in the Bridgeland Community Fun Run/Walk for Heroes @ 8 am at Lakeland Village Festival Park in Cypress, TX. The event will include a 5k walk/run and a 9 am children's superhero costume 1k run/walk, along with booth vendors, entertainment, and activities for the children. The children's walk is open to strollers and wagons. Please register for the event at bit.ly/heroesfunrun2019 or make a monetary contribution. For sponsorship opportunities contact kayburkhalter@sbcglobal.net

NORTHLAKE FOREST

NLF COMMITTEES

POOL AND FACILITIES

ChairTBD
Board Liaison..... Russell McPherson

LAKE AND LANDSCAPING

ChairTBD
Board Liaison.....Paul Rath

COMMUNITY SAFETY

Community ChairCharlene Dickerson
Safety Chair Kelly Moore
Board Liaison..... Adam Kluge

ARCHITECTURAL

ChairTBD
Board Liaison Steve Velzis

NLF EVENTS / NEWSLETTER

ChairTBD
Board Liaison.....Rebecca Dessenberger

VOLUNTEERS NEEDED

All of our committees are seeking volunteers to help continue making our community a fun place to be. Just a little bit of your time can go a long way. If you are willing to help, in any way, please fill out a "Contact Us" form on the website.

NLF BOARD OF DIRECTORS

President.....Paul Rath
Vice President.....Rebecca Dessenberger
Treasurer.....Steve Velzis
Secretary.....Russell McPherson
Director.....Adam Kluge
Inframark.....Michael Quast

If you notice a problem or have a concern about something within NLF, please complete the form on our website and bring it to the attention of the management company or Board member so that the issue can be addressed.

MANAGEMENT COMPANY
Inframark

Michael Quast / Portfolio Manager
281-870-0585

Michael.Quast@inframark.com · www.inframarkims.com
Northlake Forest HOA Website: www.northlakeforesthoa.com

IMPORTANT NUMBERS

EMERGENCY NUMBERS

Poison Control 1-800-222-1222

NON-EMERGENCY NUMBERS

Mark Herman Constable, Precinct 4..... (281) 376-3472
Harris Cnty Sheriff's Office @ HWY 249 .. (281) 290-2100
Cy-Fair Volunteer Fire Dept @ Telge Rd.... (281) 550-6663
Harris Cnty Courthouse @ Cypresswood... (281) 376-2997

GOVERNMENT NUMBERS

Harris County Animal Control..... (281) 999-3191
Harris County Public Health & Environmental Services
..... (713) 439-6000
R. Jack Cagle - Community Assistance Dept.
..... (281) 353-8424
Social Security Administration 1- (800) 772-1213
Department of Public Safety @ West Rd.... (281) 517-1333
Department of Pubic Safety @ Grant Rd ... (281) 890-5440

POST OFFICE

USPS @ Spring Cypress..... (281) 373-9125
The UPS Store @ Spring Cypress (281) 304-6800
FedEx Office @ Barker Cypress..... (281) 256-8323

LIBRARY

Lone Star College CyFair Library
Circulation Desk (281) 290-3210
Northwest Branch Library
@ Regency Green Drive..... (281) 890-2665
Barbara Bush Library @ Cypress Creek (281) 376-4610

SCHOOLS

Administrative Offices (281) 897-4000
Farney Elementary (281) 373-2850
Goodson Middle School (281) 373-2350
Cy-Woods High School (281) 213-1800

UTILITIES

NW Harris County MUD #10..... (832) 467-1599
Best Trash (281) 313-2378
CenterPoint Energy Gas (713) 659-2111
Relient Energy Electricity 1-(855) 347-3232
..... www.powertochoose.com

NEWSLETTER INFO

EDITOR

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*All articles are due by 10th of the month to be
considered for publication*

PUBLISHER

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Advertising..... advertising@PEELinc.com

Cypress-Tomball Democrats August Speaker is Representative Jon Rosenthal

The Cypress-Tomball Democrats will hold its next monthly Tuesday, August 20, 2019, at Rudy's Grill and Cantina, 11760 Grant Road, Cypress. There is a meet and greet at 6:30 p.m., and the general meeting begins at 7:00 p.m.

August's guest speaker will be Representative Jon Rosenthal. Congressman Rosenthal has been a strong fighter, advocate and champion for better public schools, healthcare and ensuring we have comprehensive criminal justice reform across the State of Texas. Grateful and fortunate enough to be elected by the great constituents of House District 135 (Northwest Houston - Cypress and Jersey Village), Jon continued his fight in the state legislature to advocate for these issues amongst other needs. He brought a unique background to the chamber as being only one of two practicing engineers in the Texas State House of Representatives and the only mechanical engineer serving in the body.

As a new member to the 86th Legislative session, Representative Rosenthal served on the County Affairs and Energy Resources Committees. Representative Rosenthal will speak on his experiences in the legislature and give tips on electing more democrats in Texas.

All are welcome to attend and to join this growing club, which meets on the third Tuesday of every month.

For more information, contact Undrai Fizer at cytomdems@yahoo.com, or visit the club's Facebook page.

USA FIT CYPRESS

Marathon and Half Marathon Training Program Change Your Life

Have you ever considered running a full or half marathon? Are you tired of training alone? Are you a fitness walker? If so, join USA Fit Cypress, a friendly, no pressure marathon and half marathon training group.

Beginner or seasoned; runner and/or walker - No matter your pace, conditioning, or goal, we have a place for you. Over the training season, our coaches will help you achieve your personal best in a non-intimidating, fun, and safe environment.

The next training season has began targeting the Houston Chevron Marathon and Aramco Half Marathon. We provide a weekly training schedule, opportunities for group training throughout the week with our distance runs on Saturday morning at Josey Lake Park, 1200 Bridgeland Creek Parkway, and much more. Register today by visiting <http://www.usafitcypress.com> or email us at info@usafitcypress.com for additional information.

Northwest Harris Aggie Mom's Club Welcomes You



Calling all Aggie Moms! Whether you are a mom of a past, current, or new Aggie come join the Northwest Harris County Aggie Mom's Club this summer at one of our mixers to learn about our group. It is a relaxed, fun way to meet other new Aggie Moms, talk to Board members and learn about the club.

Please join us at one of our events on Tuesday, June 18th from 7-9 pm, Tuesday, July 9th from 7-9 pm, and Saturday, August 3rd from 3-5 pm.

You can visit our website at <https://www.nwhcaggiemoms.org/> to learn more information. We look forward to meeting you!

Gig 'Em and God Bless!

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Register for Local Kids' Running Team

The Northwest Flyers Track Club Youth Cross Country Team kicks off the fall season with a mandatory orientation meeting for parents and athletes on Monday, September 9th, 2019, at 6:30 p.m. at Matzke Park, 13110 Jones Rd., Houston, TX 77070. Registration starts online on September 1st at www.northwestflyers.org. Practices are held at the Kickerillo-Mischer Reserve in Houston and at Spring Creek Park in Tomball.

The Northwest Flyers Track Club is a member program of USA Track and Field (USATF), the national governing body

for track and cross country. The club is celebrating its 32nd year in the northwest Houston area. Ages 6 - 18 may participate in the team, and both beginners and experienced runners are welcome. Middle school and high school cross country athletes can also register, but should compete after their school cross country season is over.

For more information contact Coach Chris Stewart at 832-874-7181 or milpa_alta@hotmail.com. Visit www.northwestflyers.org to get updates and learn more about the team.



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Fall Fest



Saint Aidan's Episcopal Church

Fall Festival and Holiday Market Vendor
registration now open!

Are you crafty? Are you a distributor for a specialty item? Saint Aidan's Episcopal Church's ACE Committee has opened vendor registration for our 6th Annual Fall Festival and Holiday Market! The market and festival will be held Sunday, October 27, 2019 from 10-4. In addition to our outdoor booths, this year we will be offering a limited number of indoor booths!! Saint Aidan's is located in Cypress at 13131 Fry Road – just south of Hwy 290. Our festival features Market Booths, Children's Area, Petting Zoo, Pony Rides, Food Vendors, Silent Auction, Live Music throughout the day, Cake Walk, Trunk N Treat, and Blessing of Animals. For more information and to register online, visit our website at <http://aidanschurch.org/fallfest>, email fallfest@aidanschurch.org, or call 281-373-3203 for a registration form.

GO GREEN



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ABWA
Express
Network
American Business Women's Association
Cy-Fair Express Network

"Women in Leadership"

Luncheon Details

Thursday, August 22, 2019

Networking 11:00 a.m.; Luncheon begins at 11:30 a.m.

Longwood Golf Club, 13300 Longwood Trace,
Cypress, TX 77429

Costs \$30 with advanced reservations; \$35 at the door

Houston, Texas (July 9, 2019) Bella Gilbert is an engaging speaker and educator with a master's degree in educational leadership and administration. She currently serves at FranklinCovey Education in Houston, TX where she enhances the lives of youths and educators through a school transformation process that embodies the 7 Habits of Highly Effective People.

In 2018, at the Texas Conference for Women, she received an award for her profound personal story in Target's Storyteller Promotion. She's triumphed over many obstacles in her lifetime including exiting a toxic marriage, paying off \$90,000 in debt, and working towards healing a compulsive overeating pattern, which resulted in losing 90 pounds. Gilbert's tact for practicing disruptive thinking patterns continues to be forged by her Christian faith, training as a life coach and hard-won life experiences. Her passion for facilitating growth in others has paved the way for her to present on topics ranging from Parenting with Grit & Grace to Overcoming Burnout. In June, she completed leading a 16-week video conference book study on Brene' Brown's powerful book, *Dare to Lead!*

This month's CYFEN meeting begins with networking at 11:00 a.m. followed with a prompt 11:30 a.m. start of the program. Luncheons are held at our new location, Longwood Golf Club, 13300 Longwood Trace, Cypress, TX 77429.

About Cy-Fair Express Network (CYFEN)

Now over 60 members strong, Cy-Fair Express Network's vision is to be a community and national leader for the support of professional women by providing a nurturing environment for business development, networking, education and mentoring. Our members have opportunities to pursue excellence and achieve both local and national recognition. CYFEN is part of the national organization of the American Business Women's Association (ABWA), for more information go to www.CYFEN.org.

About American Business Women's Association (ABWA)

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 60 years to women's education, workplace skills and career development training. For more information, visit, www.abwa.org.

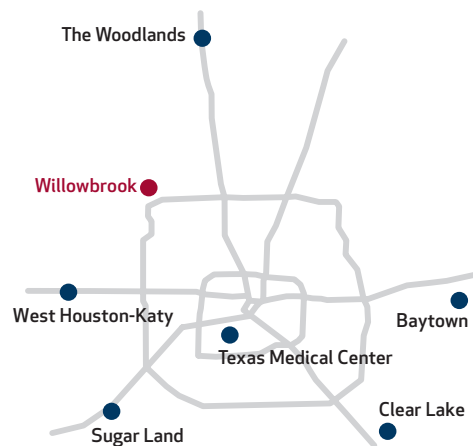


OUTSMARTING CANCER TAKES LEADING MEDICINE.



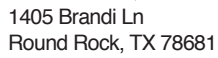
At Houston Methodist Cancer Center, our teams of nationally recognized specialists are finding new ways to outsmart cancer, while delivering the most advanced treatments and comprehensive care available. From screenings to diagnosis and cutting-edge treatments, our leading cancer care is available at all seven locations across Greater Houston, so you can focus on healing, surviving and thriving.

Visit houstonmethodist.org/outsmartcancer or call **281.737.2500** to find a doctor in your area.



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