

August 2019

Official Publication of Park Lakes Property Owners Association

Volume 7, Issue 8

Clubhouse Recreation Center Party Room

Park Lakes POA Clubhouse has received a makeover. Come check out our newly updated facility!

Rental information:

The Clubhouse is available for rental on a first come first serve basis. Renters will have access to the patio and the clubhouse living space as well as the kitchen and bathrooms. Pool access is not permitted with the rental of the clubhouse.

The deposit for rental is \$500.00 (refundable pending inspection of facility/no damages)

- \$25.00 Admin Fee (non-refundable)
- \$20.00 per hour during business hours
- \$40.00 per hour after business hours and weekends

Splash Pad Rental

The Splash Pad is available for rental on a first come first serve basis. Renters will have access to one cabana of choice during their contracted time. No more than 15 guests will be allowed, including adult supervision. Pool access will not be permitted.

• \$25.00 Admin Fee (non-refundable)

• \$75.00 Rental Fee (3 hour window of your choice between 9am - 6 pm)

• \$100.00 deposit

Other rules may apply. Please contact your onsite manger Lisa Walker for more information at 281-441-9955 or via email at lisa.walker@sterlingasi.com

• You are permitted to book an event 3 months in advance but no less than 2 weeks prior to your event.

• All deposit/rental checks will be held by the office personnel until the time of the event.

• All events would be pending approval by the board prior to event date.

In order to book one of the areas for an event all HOA dues must be in good standings and all fees must be paid in advance^{**}

• No holidays.

STREETS

STREET SIGNS

When driving the community look at all signs. Look for graffiti, missing signs, faded signs, damaged/bent signs or poles. Gated section can be repaired or replaced by Onsite Facilities Manager. The non-gated section can be reported to Harris County for repairs or replacement.

STREET LIGHT OUTAGE

To report a street light out you will need to provide the street name and six digit pole number and report to https:// slo.centerpointenergy.com/

TRAFFIC ISSUES

When a resident reports that someone has run a stop sign or is speeding, refer them to the local police department's non-emergency number. We can't control the way people drive but we can be understanding of the residents concern and listen. Referring them to local law enforcement is the only suggestion we can make.

HELPFUL PHONE NUMBERS

Park Lakes Property Owners Association

Furk Lakes Froperty Owners Association
Sterling Association Services Inc(832) 678-4500
SplashPad Texas Onsite Office(281) 441-3557
Recreation Center Onsite Office(281) 441-9955
Gate Attendant(281) 441-1089
Utilities
Comcast (Customer Service)(713) 341-1000
Electricity (TXU)
Gas (Centerpoint)(713) 659-2111
Trash (Republic Waste)(281) 446-2030
Water & Sewer (EDP Water District)(832) 467-1599
Electricity (Centerpoint-Report street light outage)(713) 207-2222
Texas One Call System (Call Before you Dig) 811
Property Tax Authorities
Harris County Tax
Harris MUD #400
Public Services
US Post Office
Toll Road EZ Tag(281) 875-3279
Voters/Auto Registration(713) 368-2000
Drivers License Information(281) 446-3391
Humble Area Chamber
Police & Fire
Emergency
Constable/Precinct 4 (24-hr dispatch)(281) 376-3472
Harris Co. Sheriff's Dept./Prec 4, Dist 2 (24-hr) (713) 221-6000
Eastex Fire Department(281) 441-2244
Emergency Medical Service (281) 446-7889
Poison Control
Humble Animal Control(281) 446-2327
Texas DPS(281) 446-3391
Area Hospitals
Renaissance Northeast Surgery(281) 446-4053
Kingwood Medical Center
Northeast Medical Center Hospital(281) 540-7700
Memorial Hermann Hospital (The Woodlands)(281) 364-2300
Public Schools
Humble ISD(281) 641-1000
Park Lakes Elementary (K-6)(281) 641-3200
Humble Middle School (7-8)(281) 641-4000
Summer Creek High School (9-12)(281) 641-5400

Private Schools

Holy Trinity	(281) 459-4323
St. Mary Magdalene Catholic	(281) 446-8535
The Christian School of Kingwood	(281) 359-4929
Humble Christian School	(281) 441-1313

DISCLAIMER:

The Association doesn't verify, endorse, or approve any products, information, or opinions mentioned at Association sponsored functions or contain in this community newsletter.

BOARD MEMBERS 2018

Kennetha Smith-Tolbert – President parklakeskennethat@gmail.com (Resident Voting Member)

> Rachel Gwin – Vice President Land Tejas (Voting Member)

Julieta Ortiz – Treasurer parklakesjulieta@gmail.com (Resident Voting Member)

Charles Williams – Treasurer parklakescharles@gmail.com (Resident Voting Member)

> **Jeff Sheehan** – Director Land Tejas (Voting Member)

Gerald Jones – Ex-Officio (Resident Non-Voting Member) parklakesgerald@gmail.com

Taylor Williams – Ex-Officio (Resident Non-Voting Member) parklakestaylor@gmail.com

Zachary Stewart – Ex-Officio (Resident Non-Voting Member) parklakeszachary@gmail.com

Conrell Hadley – Ex-Officio (Resident Non-Voting Member) parklakesconrell@gmail.com

Michael Joseph – Ex-Officio (Resident Non-Voting Member) parklakesmichael@gmail.com





NOTICE: Sterling Association Services, Inc. is the NEW community management service contracted by Park Lakes Property Owners Association.

We are pleased to announce that the Board of Directors for Park Lakes Property Owners Association, Inc. (Park Lakes P.O.A.) has contracted with Sterling Association Services, Inc. ("Sterling") to provide professional community association management services effective September 1, 2017. Sterling Association Services, Inc. provides association services to over one hundred and fifty communities throughout Houston and its surrounding areas. Some of these services include customer care, billing and collecting the annual assessments, paying the community's monthly expenses, and maintaining the association's books and records.

Please note that assessment payments and correspondence to Park Lakes P.O.A. after September 1, 2017, should be directed to our office address below:

Corporate Office:

6842 North Sam Houston Parkway W. Houston, TX 77064 832-678-4500 **On-site Office:** 9730 Park Lakes Canyon Terrace Humble, TX 77396 281-441-9955 ParkLakes@sterlingasi.com

Along with the financial support mentioned above, Sterling's services will include enforcement of the deed restrictions, processing architectural improvements, contract administration, day-to-day operations and directives, as well as providing support to the members as it pertains to Park Lakes. Your community will be serviced by our dedicated and professional management team which consists of Aly Long, General Manager, aly@sterlingasi. com, Lisa Walker, Onsite Manager, lisa.walker@sterlingasi.com and Susan Marshall Accounting Associate, susan@sterlingasi.com.

Should you have any questions, please feel free to contact your management team via any of the mediums provided. To receive community emails or to review and update your account, please log in to www.sterlingasi.com.



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Access Gates Reminder

Residents if you are continuing to have issued with your EZ-Tag or access card, please call or stop by the office to have your information verified. You may also email your information to isis@sterlingasi.com.

Office Hours

Monday – Friday 8:00 a.m. - 5:00 p.m.

For your convenience our drop box is located at the Clubhouse.









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The Value of Sleep for Children and Teens

----- Shelley Coleman M.A., L.P.C.-S.

As important as food and water, sleep is vital to your well-being. And, if you are a parent, research shows that your children are not getting the sleep they need. According to the National Sleep Foundation, children (ages 6-13) require 9-11 hours of sleep per night and adolescents (ages 13-18) require 9-10 hours per night. A recent study from the Centers for Disease Control found that 31% of teens get 8 hours or less of sleep per night and most school age children are getting 8.5 hours.

For growing brains and bodies, not getting enough sleep can have consequences on school and relationships. Teens and children can have difficulty concentrating when sleep deprived. And, according to the Sleep Disorder's Center, approximately 1,550 people are killed annually in crashes related to drowsy driving. Often, these crashes are caused by young people under the age of 25.

On the contrary, quality sleep has been linked to improved attention, better mental health, and lower risk of obesity. In recognizing the importance of quality sleep, parents can help children establish healthy sleep habits at an early age. If healthy sleep hygiene is established in adolescents, those habits can carry into adulthood.

Healthy sleep habits for teens and children include:

• a set bedtime and wake time that does not vary by more than 2

hours on the weekend

- a relaxing bedtime routine such as reading for teens or story time for children
- no "exciting" activities at bedtime such as jumping or wrestling for children or computer games for teens
- daily exercise
- healthy diet
- no caffeine after 4 PM

If you think your teen or child may have a sleep issue, there are common symptoms you may notice. For adolescents, parents may have difficulty waking them in the morning or observe that their teen is irritable in the early afternoon. Children may require excessive "help" falling asleep, wake many times during the night, or cause their parents to lose sleep. While these symptoms are usually easily addressed by improving sleep habits, more severe symptoms should be addressed with the help of a pediatrician or behavior specialist.

As parents, the value that we place on sleep is a big influence on our children's attitude toward sleep. Fortunately, there are a lot of practical steps we can take to help our children get the sleep they need. There are too many benefits of good sleep for our teens and children to miss out on them.



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SUDOKU!

Visit: https://www.memory-improvement-tips.com/printable-sudokupuzzles-medium-1b-solutions.html and check your answers!

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6 Ways to Save Money When Shopping on Amazon

These days, everyone's looking for bargains and ways to save while shopping online from the comfort of their own homes. With low prices, a wide selection and fast shipping for customers, Amazon has a lot to offer to save you both time and money. Below are six easy ways to save when shopping on Amazon:

1. Discounted offers: Customers receiving government assistance through EBT or Medicaid can enjoy the benefits of an Amazon Prime membership for a discounted monthly price of \$5.99, with the ability to cancel anytime. With Prime, members can enjoy fast, free shipping, exclusive savings, and easy access to entertainment with Prime Video, Prime Music, Prime Reading and more. Learn more and sign up for a free 30-day trial at http://amazon.com/qualify.

2. Stick to your budget. Making purchases with cash is a savvy way to stick to your budget, as it makes you more conscious of what you're spending. When you're shopping online, you can use Amazon Cash instead of your debit or credit card. It's a simpler way to shop and will help you manage your spending. You can visit more than 45,000 participating stores - including pharmacies like CVS and convenience stores like 7-Eleven - to add cash to your Amazon Balance. This method is quick, easy and Amazon doesn't charge any fees.

3. Take advantage of subscriptions. Families can maximize their savings by enrolling in convenient programs such as Subscribe & Save, which allow you to subscribe to a wide selection of items you

buy frequently (such as diapers, baby food and household products), and have them shipped to you for free on a regular basis. You'll not only save up to 15% on the purchases, but you'll also save the time and energy normally spent on trips to the store.

4. Scout out deals as they pop up. You can track the best deals on Amazon with Lightning Deals, which offer new deals daily to help you save money. It allows you to find the best prices on items you need, want and love. You can also sign up for "watch a deal" alerts so you'll never miss out on a discount!

5. Earn rewards by waiting. Not in a hurry to get your package? Here's a little-known Prime perk for those who don't need their order right away - selecting the "No-Rush" shipping option at checkout earns you rewards and discounts on future purchases. Rewards are automatically added to your Amazon balance, so you can start saving right away. Keep an eye out for this option next time!

6. Discover Bargain Finds. Check out Amazon's Bargain Finds for a wide selection of seasonally relevant products that are priced even lower - items can vary from clothing and jewelry to gifts and home decor.

Shopping online does not have to break the bank, and you don't have to spend all your time surfing and comparing prices. Thanks to Amazon, you can enjoy some of the best options available for shopping all in one place, and do it within your budget.



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PREPARE For a Hurricane

Each year NOAA and the American Red Cross publishes a preparedness guide of tropical cyclones to help us prepare for such an emergency. You can download a copy of that guide at http://www. nws.noaa.gov/os/hurricane/resources/TropicalCyclones11.pdf. This guide gives great information on the metrological terms associated with tropical storms and what to expect from those storms. Most importantly, it lists critical information about how to prepare for an incoming storm.

GUIDELINES EACH YEAR PRIOR TO HURRICANE SEASON:

- Determine safe evacuation routes inland
- Learn locations of official shelters
- Check emergency equipment such as flashlights, generators and battery powered equipment such as cell phones and your NOAA Weather Radio All Hazards receiver.
 - Buy food that will not spoil and store drinking water.

• Buy plywood or other material to protect your home if you don't have it.

- Trim trees and shrubbery so branches don't fly into your home.
- Clear clogged rain gutters and downspouts.
- Decide where to move your boat if applicable.
- Review your insurance policy.
- Find pet friendly hotels on your evacuation route.

DURING THE STORM AND WHEN PEARLAND IS IN THE WARNING AREA, YOU SHOULD:

• Closely monitor radio, TV or NOAA Weather Radio All Hazards for official bulletins.

• Close storm shutters.

• Follow instructions issued by local officials. Leave immediately if ordered.

• Stay with friends or relatives at a low-rise inland hotel or at designated public shelter outside of the flood zone.

• DO NOT stay in a mobile home or manufactured home.

• Notify neighbors and a family member outside of the warned area of your evacuation plans.

• Take pets with you, but remember that most public shelters do not allow pets other than service pets for people with disabilities.

• Identify pet friendly hotels along your evacuation route.

IF YOU ARE STAYING HOME TO "HUNKER" OUT THE STORM:

- Turn refrigerator to maximum cold and keep it closed.
- Turn off utilities if told to do so by authorities.
- Turn off propane gas tanks.
- Unplug small appliances.

• Fill bathtub and large containers with water in case clean tap water is unavailable. Use water in bathtubs for cleaning and flushing only. Do NOT drink it.

• Stay away from windows and doors, even if they are covered. Take refuge in a small interior room, closet or hallway.

- Close all interior doors. Secure and brace exterior doors.
- If you are in a two-story house, go to an interior first floor room.

• If you are in a multi-story building and away from water, go to the first or second floor and stay in the hallways or other interior rooms away from windows.

• Lie on the floor under a table or other sturdy object.

