

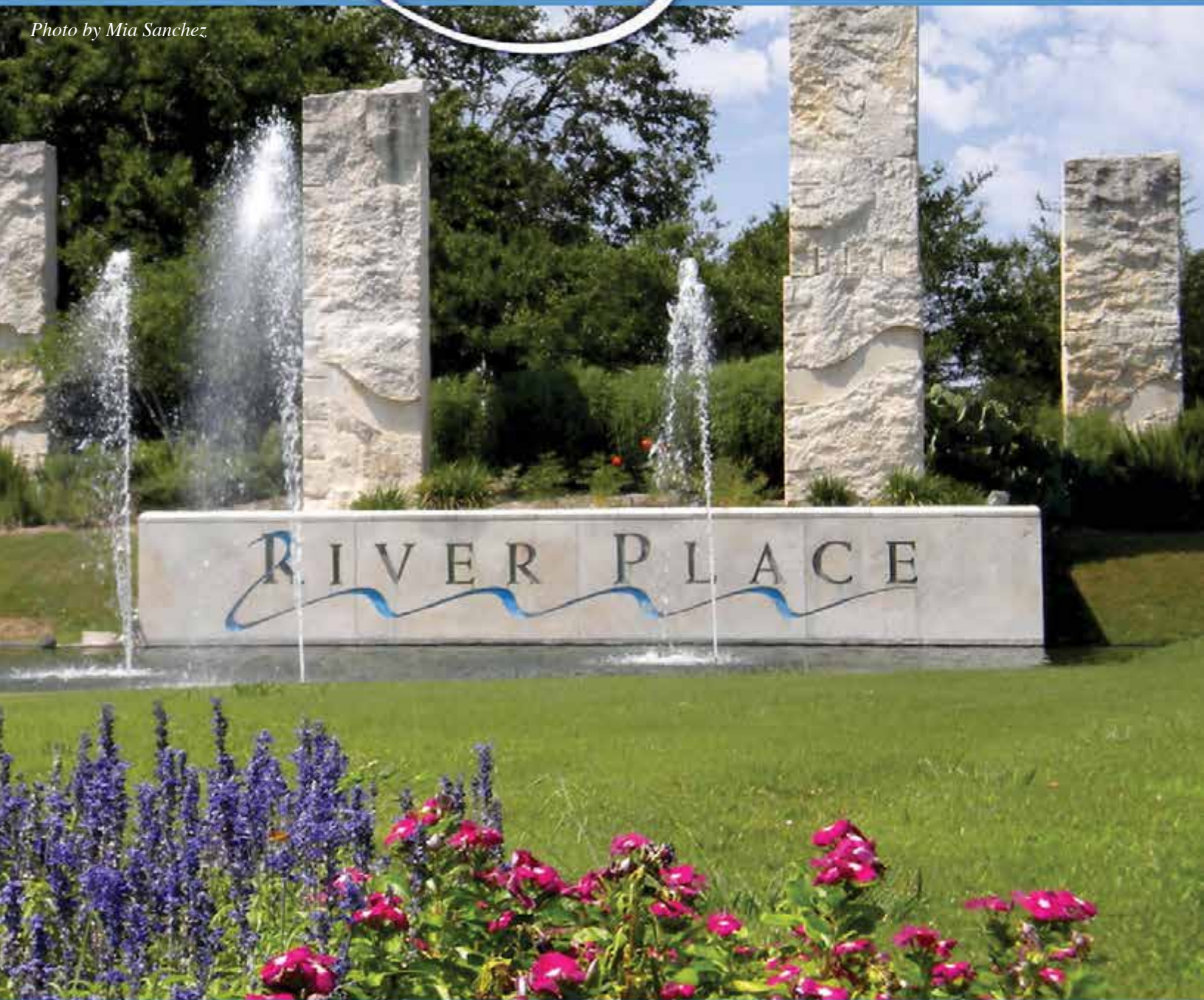
THE RIVER REVIEW



August 2019

Volume 13, Issue 8

Photo by Mia Sanchez



NEWS FOR THE RESIDENTS OF RIVER PLACE

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River Place 4th of July Parade

In addition to the River Place Country Club providing an open BBQ and swim event, the celebration and parade at Sun Tree Park was a gala event. There were many displays of patriotism and the kids just seemed to love it! Thanks RPCC and the Fire and Police Departments for turning out and pitching in! The photos tell it all.



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Four Points Middle School	512-570-3700
River Place Elementary	512-570-6900

UTILITIES

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OTHER NUMBERS

River Place Postal Office	512-345-9739
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NEWSLETTER PUBLISHER

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ADVERTISING INFO

Please support the advertisers that make River Review possible. If you are interested in advertising, please contact our sales office at 512-263-9181 or advertizing@peelinc.com. The advertising deadline is the 8th of the month prior to the issue.

ARTICLE INFO

The River Review is mailed monthly to all River Place residents. Residents, community groups, churches, etc. are welcome to include information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for the River Review please email it to riverreview@peelinc.com. The deadline is the 15th of the month prior to the issue.





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Homeowners Corner

3 Home Organization Philosophies

We all have some level of attachment to our things. However, many of us feel as though we're drowning in stuff. Fortunately, there's been a growing movement toward minimalism, and there are numerous methods that can help. Below, just to get you started, are three simple decluttering philosophies to help you clear out and clean up your home and life.

1. Feng Shui -- The driving principle behind this Eastern philosophy is to create harmony and balance between an individual and his or her environment. Good feng shui invites prosperity and brings an overall sense of well-being into your space. From the front door to the bathroom, small changes to color, decor and furniture arrangement are believed to promote health, wealth, happiness and good energy.

2. The KonMari Method -- Famed Japanese organizer Marie Kondo promises that you can drastically improve your life by tidying up. In her book, "The Life-Changing Magic of Tidying Up: The Japanese Art of Decluttering and Organizing," she explains a two-step approach. First, you take all of your possessions and lay them out categorically (clothes first and sentimental pieces last). Then, you hold each item in your hand and decide whether or not it brings you joy. If it doesn't, you let it go.

3. The 90/90 Rule (Minimalism) -- This home organization concept also relies on a two-part process. When implementing the 90/90 rule, assess each belonging based on two simple questions: Have I used it within the last 90 days, and will I use it in the next 90 days? If not, it's time to say goodbye.

Ultimately, there's no shortage of ways to declutter and simplify your life. The important thing is to be willing to let go of the items that no longer serve you and make way for new experiences.

(Article from The Diane Bennett Team, RE/Max Capital City, 512-751-0662)



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In and Around River Place



River Place Country Club Opens its Doors for Kids: Back on July 12 our own RPCC hosted a pool party for K-5 refugee kids from Cardinal Point, our nearby opportunity housing funded in part by St. David's Foundation. The children enjoyed pizza and swimming and had a day they will never forget. Heard several times was the comment, "This was the best day of my life."

Thank you RPCC and the cordial and helpful staff that pitched in to make it a great day! (From a Russ Miller post on Nextdoor)

Tintara Apartments Troublesome Vandalism Issue: Apparently, as the Four Points area grows, we will unfortunately be experiencing the crime and congestion issues that accompany population growth.

James Walkup of Four Points Center posted his experience on Nextdoor: "I got in my car near the leasing office of Tintara (7655 N FM 620) on Monday evening at 5:15 PM and was met by pellet gun or BB gun shots to my rear windshield. Shot 2 times before I called my wife and then 911. I went upstairs for towels to soak up the rain water filling up the back of my car, and heard the person STILL SHOOTING at my car! Got out of the car and saw the guy sitting on his balcony (Apt # 322) with the barrel of the gun pointed out towards the cars parked by the pool/leasing office after the front gate. Contacted 911 for the 2nd time and they had officers come and arrest him. The criminal initially claimed he was 14, officers confirmed he is actually 22."

While the individual was arrested, presumably the apartment complex management does not see a way to legally evict the offender. It would seem this would be a simple matter but there are complications nowadays and renters have rights. Let's hope the matter works itself out and there are fewer occurrences like this in the future!

New Cajun food truck at 2222 and 620 (behind Mighty Fine Burger): George Burg of Glenlake and others have reported on the good Cajun food. George says, "I noticed a new Cajun food truck at 2222 & 620 (behind Mighty Fine Burger) called New

Orleans Eatery. Its been up and running for about a week now, and the food was really good. If you like Cajun food (etouffee w/ serious roux, shrimp po-boys, beignets, etc), check them out. I'm voting thumbs up!"

We stopped by and would like to second George's recommendation. The french fries are outstanding! There are small parking lots if you pull in one of the driveways so don't let the parking situation scare you off. It's nice to have this option in the neighborhood. Give them a try!

P.S. We also noticed a relatively new Korean BBQ truck up front, next to Mighty Fine Burger. Looks interesting. We might try them next.



Just Another Snake. Wait, it's a Coral Snake! Joe Putman of Rob Roy on the Lake had a strange and dangerous snake encounter. He tells us: "Noticed this in the hot tub after I got into the pool. Fortunately I was able to fish him out with a shovel."

Be careful neighbors! Red and yellow, can kill a fellow; Red and black, friend of Jack."

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Heads Up...From Around the City

Social Media Administrator, Travis County, TX AGENCY Arkansas Bend Park Reopens

Please join us to celebrate and enjoy the reopening of Arkansas Bend Park! New park additions include improved campsites with water and electricity, restrooms, a playground and boat ramp improvements.

Back on June 15 there was a ribbon cutting with Commissioner Gerald Daugherty. Sorry for the late notice but there's still plenty of time this summer to come out and enjoy this updated new site. The park is located at 16900 Cherry Lane, Lago Vista, TX.

Social Media Administrator, Travis County, TX AGENCY

Travis County is finalizing a 30 year Blueprint to address our community's transportation needs in the unincorporated areas (areas outside of city limits.) We have more projects than dollars and need to prioritize. Share YOUR priorities on our interactive maps; show support or opposition for specific projects; and take our short survey. <https://cdandp.mvsocialpinpoint.com/>

Lakewood Drive/Spicewood Springs Road Project Public Workshop Recap

Thank you to those who participated in the public workshop and provided feedback on the Loop 360 at Lakewood Drive/Spicewood Springs Road project on Thursday, June 6. More than 80 community members joined the TxDOT team to view the proposed improvements and share their feedback.

The project proposes removing the traffic signals on the Loop 360 mainlanes at Lakewood Drive and Spicewood Springs Road (E)/Bluffstone Drive and adding an overpass (where the Loop 360 mainlanes go over the cross street) with non-signalized U-turns in both directions. The project also removes the signal on the mainlanes at Spicewood Springs Road (W). Shared-use paths and sidewalks will be added within the project limits to enhance bicycle and pedestrian accommodations.

River Place (Maybe Not So) Clever Quips of the Month

Despite the high cost of living, it remains quite popular.

If you don't look back on your younger days and say, "I was so stupid back then," you're probably still stupid.

Would you go to someone's funeral who didn't go to yours?

True friends come and go like ocean waves. Bad friends stick around like an octopus on your face.

Arguing with your partner is like being arrested. Everything you say can and will be used against you.

My luck is like a bald guy who just won a comb.

Employer: Would you say you have good people skills. Applicant: S%#@ you! Employer: Welcome to the DMV!

Make sure you get your eight hours of beauty sleep. Nine if you're ugly. -Betty White

Sometimes I feel like I'm too picky, until I watch my dog look for a place to poop.

I'm so poor I rub cologne from magazines on my shirt. When people say, "Oh you smell good, what is that?" I say, "page 12."

My goal is to find someone that looks at me the way I look at pizza.

What do you call a person who's happy on Monday? Retired.

What do you get when you cross an elephant and a rhino? Elephino.

We're naming our kayak 'Selma' so on the side of it we can write "Selma Kayak."

When you fall, I will catch you. -Your Floor

"Life isn't about getting and having, it's about giving and being." -Kevin Kruse

Treat everyone with politeness and kindness, not because they are nice, but because you are. -Roy T. Bennett, "The Light in the Heart"

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Health and Wellness

Dieticians 6 Hottest Food Trends For 2019

2018 was the year of keto, cauliflower and apple cider vinegar. What will 2019 bring? Americans will enjoy cooking and eating healthy meals that can be simply cooked on a sheet pan or in foil. See what else these dietitian predicts:



#1 The Keto Diet

The popularity of the keto diet continues to rise and will do so. In 2018, we saw the introduction of keto foods and products in order to help people snack and eat 'the keto way.' Because keto is not easy for most people to adhere to, we will also be seeing a modified keto in 2019.

#2 Less Sugar

Consumers are concerned about sugars in general due to the relationship between added sugars and diet-related chronic diseases like obesity. Companies will continue to reformulate products using new technologies to reduce sugar using fewer and more natural ingredients.



#3 Non-Dairy Milk

Consumers are concerned about sugars in general due to the relationship between added sugars and diet-related The hot trend of plant-based milks, especially almond milk, will continue in 2019. Not all almond milks are alike though, so be sure to check labels carefully to choose those that are excellent sources of calcium and vitamins D and E.



#4 Digital Food Shopping Carts

Online grocery shopping will be making it big in 2019 by improving the organization of food shopping and making mealtime less of a hassle. With the convenience of your smartphone or computer, you will be able to click on the

items you need and swing by to pick them up or have them delivered directly to you.

#5 Foods Cooked In Foil

There are more creative ways to get good-tasting food on the table, such as more sheet pan meals or 'food in a foil,' which really allows busy folks to redefine fast food and cleanup. These foiled meals allow for an infusion of flavor minus the fuss.



#6 Plant-Based Eating

We have so many more options that allow people to adopt a flexitarian diet. These options include everything from baking ingredients like cassava flour to healthier snacks, such as dark chocolate-covered chickpeas. (Article from robhealth)



SUMMER BLACKBERRY MOJITO RECIPE

This beautiful mojito is made with fresh summer blackberries, lime juice, mint, rum and club soda.

INGREDIENTS

BLACKBERRY SIMPLE SYRUP

1 cup water
3/4 - 1 cup granulated sugar
8 oz. fresh blackberries

MOJITO

3-4 fresh mint leaves, torn
1 1/2 - 2 oz blackberry syrup
1/2 oz lime juice
1 1/2 oz white rum
2 oz club soda
lime slices
mint leaves
fresh raspberries



INSTRUCTIONS

MAKE BLACKBERRY SIMPLE SYRUP

1. Add water, sugar and blackberries to a small saucepan. Bring to a boil over MED heat. Once boiling, reduce heat to a high simmer, and simmer for about 10 minutes or so.
2. Remove pan from heat and smash blackberries in the syrup with a potato masher. Let cool 10-20 minutes, then pour syrup through a fine mesh sieve into a bowl. Use a rubber spatula to push on the blackberry "mush" to get as much liquid out as you can.
3. Discard blackberry pulp and store simple syrup in a sealed container in the refrigerator. If kept sealed and refrigerated, simple syrup should last up to 3 weeks or so.

MAKE THE MOJITO

1. To serving glass, add torn mint leaves and muddle lightly, about 6 turns with the muddler. This step is optional. Add blackberry simple syrup, ice, lime juice and rum. Stir together to combine.
2. Top drink off with club soda and garnish with a lime slice, blackberry or two, and sprig of mint.

RECIPE NOTES

To Make For a Crowd:

Multiply drink ingredient amounts by the number of people to be served. Add blackberry simple syrup, lime juice and rum to a small pitcher and stir together well.

In individual serving glasses, add torn mint and ice. Pour drink mixture over the ice until glass is filled up about 1/2 to 2/3 of the way. Top off with club soda and garnish if desired.



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