



# TARRYTOWN

NEWS FOR THE RESIDENTS OF TARRYTOWN  
AND DEEP EDDY

AUGUST 2019

VOLUME 7 ISSUE 8



## Lettuce Recycle!

By Dena Houston

I have been a City of Austin Recycling Block Leader for my neighborhood for 27 years and work with the City and various recycling organizations to stay informed on the latest recycling information. That information has been shared with my neighborhood for over 3 years through its monthly newsletter in a column I write called "Lettuce Recycle". I now have the opportunity to share recycling information with you.



*Just a friendly  
reminder – do  
not put plastic  
bags in your blue  
recycling bin*

### **MATERIALS RECOVERY FACILITY**

The Materials Recovery Facility (also called the MRF) is the place where recyclable materials go after the City of Austin Recycling truck picks them up curbside.

### **PROBLEM OF CONTAMINATION AT THE MRF!**

When incorrect items are placed in our blue curbside bins, it is called contamination. Putting the wrong items in your blue cart is costly to the City's ratepayers, disrupts the recycling process, and causes serious safety hazards. Please remember:

### **WHEN IN DOUBT, THROW IT OUT!!**

### **HOW IS THIS CONTAMINATION COSTLY TO RATEPAYERS?**

The City pays money (based on weight) to the MRF for all material brought into the recycling facility. The MRF then sorts and processes recyclable materials and sells them. The City receives a portion of the revenue from those sales. For any non-recyclable

or contaminated items, the City pays for the MRF to receive them, the City doesn't receive any revenue for them, and the City pays a processing fee for the MRF to haul them to the landfill.

### **TYPES OF CONTAMINATION**

#### **ITEMS THAT WRAP AROUND THE EQUIPMENT**

– Garden hoses, wire clothes hangers, film wrap, and plastic bags wrap around the sorting drums. When this happens, the sorting process has to stop while the workers climb up onto the conveyor belt and physically unwrap these items from the drums. Garden hoses are the worst because it is very labor intensive and dangerous to have to pull on these hoses to release them from the machinery.

**LARGE BULKY ITEMS** – Items such as tires, golf clubs, PVC pipe, and long-handled tools cannot be recycled at the MRF. These are some of the items the City has to pay to have hauled to the landfill.

**HAZARDOUS OR MEDICAL WASTE** – Hypodermic needles, sheets of glass, and partially full aerosol cans are very dangerous. Needles are obvious hazards, but it was a surprise to learn that partially full aerosol cans can explode and become a fire hazard. Sheets of glass (like window panes) break easily and are dangerous to the workers at the MRF.

**NON-CONFORMING RECYCLABLES** – These are items that can be recycled, but not in the blue curbside bins that the City collects. Styrofoam and plastic bags are examples of items that can be recycled elsewhere (see the list below).

### **WHAT TO DO WITH ITEMS THAT THE MRF CANNOT PROCESS**

- Garden hoses and sheet glass must go into your trashcan.
- Wire clothes hangers can be taken to Goodwill or a dry cleaner for reuse.

*(Continued on Page 2)*

# IMPORTANT NUMBERS

## EMERGENCY NUMBERS

EMERGENCY .....	911
Fire.....	911
Ambulance.....	911
Police Department .....	512-975-5000
Sheriff – Non-Emergency.....	512-974-0845
Animal Services Office.....	311

## SCHOOLS

Austin ISD.....	512-533-6000
Casis Elementary School .....	512-414-2062
O. Henry Middle School.....	512-414-3229
Austin High School.....	512-414-2505

## UTILITIES

City of Austin.....	512-494-9400
Texas Gas Service	
Custom Service.....	1-800-700-2443
Emergencies.....	512-370-8609
Call Before You Dig .....	512-472-2822
Grande Communications.....	512-220-4600
AT&T	
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Time Warner Cable	
Customer Service.....	512-485-5555
Repairs.....	512-485-5080
Austin/Travis County Hazardous Waste .....	512-974-4343

## OTHER NUMBERS

Ausitn City Hall.....	512-974-7849
Ausitn City Manager.....	512-974-2200
Austin Police Dept (Non Emergency).....	512-974-5000
Austin Fire Dept (Non Emergency).....	512-974-0130
Austin Parks and Recreation Dept.....	512-974-6700
Austin Resources Recoovory .....	512-494-9400
Austin Transportation Dept.....	512-974-1150
Municipal Court .....	512-974-4800
Post Office.....	512-2478-7043
City of Austin.....	www.AustinTexas.gov

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*(Continued from Cover)*

- Plastic bags and film wrap can go to the plastic collection boxes at your local grocery stores.

- Golf clubs can be donated to your favorite charity.

- Aerosol cans that are full or partially full can be taken to the Recycle and Reuse Drop-Off Center. (Aerosol cans that are completely empty can go into your blue curbside bin.)

- Needles - The City of Austin recommends that needles be placed in a sturdy plastic container with a tight-fitting lid (like a laundry detergent bottle). The bottle then needs to be taped shut and labeled "NEEDLES" or "SHARPS". This bottle can then be placed in the trashcan.

- Styrofoam and large pieces of metal can be taken to the Recycle and Reuse Drop-Off Center.

- PVC pipe must be placed in your trashcan or given away through websites like Next Door.

- Long-handled tools may be donated to Habitat for Humanity or placed in your trashcan.

Here is a very informative City of Austin recycling website: <http://www.austintexas.gov/what-do-i-do>.

Stay tuned for future tips that will include creative ways to recycle or reuse. If you have any questions or recycling ideas, please send them to: [recycling@hpwbana.org](mailto:recycling@hpwbana.org).

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# TARRYTOWN REAL ESTATE market report update

August  
2019

by **Trey McWhorter**

Q2 (April – June) is typically the most active period for both listings and sales in residential real estate. Generally, somewhere around late February to mid-March, the number of listings begins to increase and simultaneously the number of buyers actively searching also grows. That continues until things start to trail off in July or August, though there is often times a flurry of activity at the end of the year.

The graph to the right shows Q2 2019 vs. previous years on active listings and transactions. This Q2 shown relative to previous years' 2nd quarter continued a trend in fewer listings and transactions (not pictured: days on market are still down and price / sq ft is at an all-time high – indicating a very hot market).



You can see that the active listings trend line is following the same pattern as past years, just fewer listings on the market.

Transactions are more volatile, and while May was better than the previous couple of years, June was slightly slower, and at the time this article was due there had only been two transactions in July (8 more are under contract with expected closed dates in July – compare to the same period in July last year when there were 8 transactions, and 15 for the entire month).



If you want to make sense of what's going on in the market, or would like a better understanding of what your own home is worth, please contact me and I'd be happy to help you. You can also find additional analysis and updates to this article on [treymcwhorter.com](http://treymcwhorter.com).

*Note: All data comes from the Austin Board of Realtors' MLS report, reflecting activity through July 15, 2019.*





## *Help Keep Our Neighborhood Beautiful!*



## Developing Young Footballers Home and Recreations Sports

*By: John Bailey*

With the football reaching newer heights in terms of popularity, so does the demand for quality football coaching. More and more youngsters take up football and this calls for proficient coaching to ensure that we nurture today's young talent to play professional level football tomorrow.

When coaching young players, it's very important to realise that each aspiring player is an individual with varying skill levels and learning capacities. Factors such as age, peer pressure, family, friends and interest levels in football, all tend to affect the mindset of a young footballer and it's up to coaches to train each youngster appropriately. Truly effective coaching begins with coaches having a deep understanding of the different characteristics of young footballers.

football summer camps in Stockport cover the following mental aspects of young footballers:

- Characteristics and attitudes towards learning and training
- Special aspects of youngsters between the ages of 5 - 23

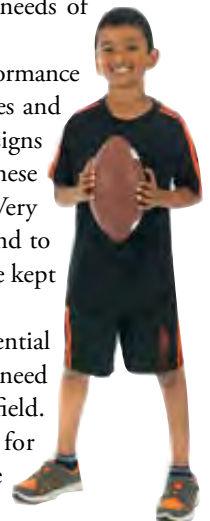
Youngsters develop physically and mentally at very different rates. Allowing similar age groups to play and learn the game together helps close this gap to a certain extent. A proper fitness regime to enhance cardiovascular capacity, agility, flexibility and strength are essential for youngsters to be on top of their game.

Exceptional football summer camps Stockport focus on footballers' fitness and wellness by:

- Providing guidance on warm-ups and cool-downs
- Age relevant training to improve strength, stamina, speed, power, agility and flexibility
- Advice on balanced diet and the role of fluids and healthy eating habits that supplement the bodily needs of football players

Fitness is essential to ensure optimum performance in terms of football as well to avoid injuries and burnouts. It is also important to examine signs and symptoms of overuse and injuries as these are very frequent occurrences in football. Very good football summer camps Stockport tend to ensure that the risk of injuries and strain are kept to a minimum.

Skills, fitness and attitude aside, it is essential for coaches to instil in their footballers the need for a code of conduct and discipline on the field. This helps youngsters respect the game for the kind of sport it is and understand the importance of fair play.





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## NATURE WATCH

by Jim and Lynne Weber

### NIGHT BLOOMERS

Many night blooming flowers have white or light-colored blossoms, a strong fragrance (although not always to human noses), and are open by night and close by day. These flowers are extremely important nectar sources for pollinators, and they are attracted to these flowers' nectar mainly by scent. Two of our best night blooming native plants are Berlandier's Trumpets (*Acleisanthes obtusa*) and Jimsonweed (*Datura wrightii*).

Also known as Vine Four O'Clock, Berlandier's Trumpets is an upright perennial herb or climbing vine up to 6 feet long, easily controlled but often clambering over shrubs and small trees if left unchecked. Its opposite, bright green leaves are triangular shaped, about 1.5 inches long, with slightly wavy edges. But it is its white to light pink trumpet-shaped flowers, about 2 inches long, that bloom from April to December, producing a fragrant scent when open at night. Berlandier's Trumpet does well in full sun to part shade, is drought tolerant, and easy to grow and maintain.

Jimsonweed is a 3 to 6 foot tall stoutly branched herb, with alternate, coarse, large gray-green leaves that are broad at the base and pointed at the tip. While its foliage is often described as rank-smelling, its flowers are sweetly fragrant white trumpets, up to 8 inches long, sometimes tinged with purple at the edges. It blooms from May to November, and its flowers close during the heat of the day. The fruit of this plant is a very distinctive spiny, globular capsule up to 1.5 inches in diameter, which opens fully when ripe. Jimsonweed has several other common names such as Sacred Thorn-apple, Angel Trumpet, Devil's Trumpet, and Sacred Datura. Some of these names refer to its use as a hallucinogen in Native American ceremonies, but it is important to note that all parts of this plant are toxic to humans.

Both of these native night blooming species attract several species of Sphinx moths (sometimes known as hawkmoths or hummingbird moths) as well as other pollinating insects such as long-tongued bees, butterflies, and hummingbirds. But it is the Jimsonweed that has mastered the art of mutualism. While it is common for this plant to benefit from its relationship with the Carolina Sphinx (*Manduca sexta*) in the form of pollination, in turn it provides nectar for the adult moth and is the host plant for the moth's caterpillars. These large caterpillars (known to gardeners as 'hornworms'), consume many or all of the Jimsonweed's leaves. But the plant is prepared for the attack, storing resources in its massive root enabling it to produce more leaves. In effect, it grows its own pollinators to ensure its reproductive success!

Send your nature-related questions to [naturewatch@austin.rr.com](mailto:naturewatch@austin.rr.com) and we'll do our best to answer them. If you enjoy reading

these articles, check out our books, *Nature Watch Austin*, *Nature Watch Big Bend*, and *Native Host Plants for Texas Butterflies* (all published by Texas A&M University Press), and our blog at [naturewatchaustin.blogspot.com](http://naturewatchaustin.blogspot.com).



*Jimsonweed*



*Berlandier's Trumpet*

# I Scream, You Scream, We All Scream for...

## Ingredients

2 cups half-and-half  
1 cup whipping cream  
1 cup minus 2 tablespoons sugar  
2 tablespoons peach preserves (not jelly)  
1 vanilla bean, split and scraped

*Recipe courtesy of Alton Brown*

## Directions

Combine all ingredients (including the bean and its pulp) in a large saucepan and place over medium heat. Attach a frying or candy thermometer to inside of pan. (see note below) Stirring occasionally, bring the mixture to 170 degrees F. Remove from heat and allow to cool slightly. Remove the hull of the vanilla bean, pour mixture into lidded container and refrigerate mixture overnight to mellow flavors and texture.

In the morning add the cooled mixture to your ice cream machine and follow manufacturers instructions. The mixture will not freeze hard in the machine. Once the volume has increased by 1/2 to 3/4 times, and reached a soft serve consistency, spoon the mixture back into a lidded container and harden in the freezer at least 1 hour before serving.

NOTE: If you do not have a thermometer, bring the mixture just barely to a simmer. As soon as you see a bubble hit the surface, remove it from the heat. Do not let it boil.



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## SEVEN WAYS TO HELP HURRICANE VICTIMS



Natural disasters come in multiple forms and can quickly devastate many lives in a matter of moments. While they all can cause nightmares for those affected, few are as powerful and destructive as hurricanes.

That's why, when hurricanes make landfall and wreak havoc, help is immediately needed and accepted by the people and communities impacted the most. Here are a few ways you can make

a positive impact for those affected by natural disasters, specifically hurricanes:

### **Start a Fundraiser**

One of the most potentially impactful ways to lend a hand after a natural disaster is to start a community fundraiser. This can be as simple as an online account accepting donations for a group of people and sending a large sum to a relief organization, or as thought-out as a large-scale event, like a raffle or dinner, accepting donations for entry.

### **Donate**

Money is typically the resource relief organizations can use the most during natural disasters, and it can also be the easiest way for people to lend aid. There are typically many trustworthy organizations available to donate to during times of need.

### **Promote Fundraising Efforts**

After you've made a donation yourself, spread the word to others whether it's via word of mouth, social media or other forms of communication. Let friends and family know how they can join the cause.

### **Volunteer**

While it isn't viable for everyone, some people closer to the affected region can directly help those in need with physical help at the place it's most needed. Whether it's passing out supplies, serving food to those displaced or other means of lending a hand, volunteers are a valuable resource following natural disasters.

### **Provide Shelter**

Another option for people looking to help who are closer to the devastation is to offer shelter, especially if they have family members or friends who have been affected. Assisting at places sheltering the displaced is another way to provide help, if offering space in your home is not an option.

### **Give Blood**

Injuries can be unavoidable when hurricanes and other disasters strike. One way to help those hospitalized or otherwise injured is to donate blood, possibly saving lives in the process.

### **Stay Persistent**

In the immediate aftermath of storms and natural disasters, the news cycle is dominated by stories of triumph and despair, and by ways people can help. However, the storm is eventually overshadowed by other, more recent news. One major way people can help after a hurricane is by continuing their support long after the storm has passed, as those affected will need assistance, supplies and donations for much longer than just a couple of weeks after the incident. As time passes, it can be helpful to continue donating money and supplies, committing to helping physically rebuild structures and promoting fundraising efforts.

Find more ways to help those in need at [eLivingToday.com](http://eLivingToday.com).

## STAYING SAFE THROUGH A HURRICANE

While the immense power of hurricanes and tropical storms can greatly affect the lives of many in an instant, there are ways to increase your safety before, during and after the storm. These tips from the American Red Cross can help protect yourself and your family.

### Before

■ Put together an emergency kit, including basic but crucial items such as: water, food, a first aid kit, cell phones with chargers, contact information for family and friends, flashlights, extra batteries, medications, radios, copies of key personal documents, extra cash and maps.

■ Working with your family, create an evacuation plan for your home. This includes discussing how to prepare and respond to emergencies, identifying the responsibilities of each person in the home and practicing the plan.

■ As a storm is approaching, stay tuned to local radio or TV stations for the latest updates.

■ Be prepared to evacuate quickly, and ensure that your emergency kit and other necessities are ready.

### During

■ Stay inside.

■ If power is lost, use flashlights in the dark rather than candles.

■ If possible, keep radio or TV stations tuned in for any new or developing information.

■ Because waters could be contaminated with sewage or contain other dangerous substances, avoid contact with floodwater.

■ If instructed to do so by local authorities, shut off the power and water mains.

■ If you must be outdoors, don't walk, swim or drive through floodwater. Don't walk on beaches or riverbanks, and don't allow children to play in or near floodwater.

■ Stay out of areas subject to flooding, such as underpasses, dips and low spots.

■ If you must drive and are caught on a flooded road with rising waters, get out of the car and move to higher ground.

### After

■ Communicate with family and friends to let them know you're safe.

■ If you are evacuated, don't return until authorities confirm it is safe to do so.

■ Continue listening to radio or TV stations for new or developing information.

■ Be prepared for continued rainfall and additional flooding.

■ Don't use water that could be contaminated.



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		6		9		8		7
5								
2	6	9	5				8	
			4		9			
	8				2	7	9	1
								5
6		4		7		2		
		1	2			9		3

## SKIN CANCER

### THE SAD TRUTH

Every year, **5.4 million new cases** of skin cancer are diagnosed, making skin cancer more prevalent than any other cancer. 1 in 5 Americans will develop skin cancer in their life. The saddest part is that skin cancer is one of the most **easily preventable** and diagnosable cancers, and, if detected early, has one of the highest treatment rates. Yet, the public is still ill-informed on such a common cancer.



### WHAT CAN YOU DO TO REDUCE YOUR RISK

#### PROTECT

Apply sunscreen and wear long-sleeves & hats under the sun.



#### PREVENT

Avoid direct sun exposure between the hours of 11:00 am and 4:00 pm. Never use tanning beds.



#### DETECT

Look out for abnormal moles or skin patches on your skin and regularly get physical examinations.



Oddly shaped, discolored, large, and evolving moles are potentially malignant.





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