

THE TALON

September 2019

Official Publication of the Eagle Springs Community Association

Volume 11, Issue 9

Food Truck Friday



FEATURING

Inflatables
Water Slides
and DJ

WHERE

Eagle Springs
Sports Complex
Soccer Fields

September 13th
at 5:00pm

Brought to you by



September 2019

COMMUNITY CALENDAR

2.....	Labor Day
.....	<i>Onsite Office Closed</i>
4.....	Twin Villas HOA Meeting
.....	<i>7 pm / Valley Springs Clubhouse</i>
7.....	Community Garage Sale
.....	<i>8:00am to Noon</i>
10.....	Children's Story Time - Registration Required
.....	<i>10am / Eagle Springs Clubhouse</i>
10.....	Book Club
.....	<i>8pm / Eagle Springs Clubhouse</i>
11-13.....	Onsite Office Closed
11.....	Fiber and Yarn Club
.....	<i>7 pm / Valley Springs Clubhouse</i>
13.....	Food Truck Friday
.....	<i>5pm/SportsComplexandSoccerField</i>
19.....	HOA Board Meeting
.....	<i>6 pm / Valley Springs Clubhouse</i>
25.....	Fiber and Yarn Club
.....	<i>7 pm / Valley Springs Clubhouse</i>
29.....	Kids Fishing Workshop
.....	<i>1-4 pm / Lake Montage</i>

ONSITE OFFICE HOURS

Monday - Thursday 1 pm - 7 pm

Friday 9 am - 6 pm

Closed from 12 - 1 pm for lunch.

The Onsite Office is located at
12520 Will Clayton Parkway

COMMUNITY CONTACT INFORMATION

EAGLE SPRINGS COMMUNITY ASSOCIATION

Board of Directors AsktheBoard@InsideEagleSprings.com
Crest Management Co. 281-579-0761
Community Manager.... Dana.Mohler@Crest-Management.com
On-Site Community Manager.....
..... Theresa.Larsen@crest-management.com
Clubhouse Rental..... Help@InsideEagleSprings.com
Activities Activities@InsideEagleSprings.com
Website Administrator..... Activities@InsideEagleSpring.com
Newsletter Activities@InsideEagleSpring.com

EMERGENCY INFORMATION

Fire, Medical or Life Threatening Emergency 9-1-1
P-4 Constable Dispatch..... 281-376-3472
Humble ISD Police (Schools)..... 281-641-7900
Atascocita Volunteer Fire Dept (AVFD)
Non-Emergency Number 281-852-2181
Harris County Animal Control 281-999-3191
Texas Poison Control Center..... 800-222-1222

UTILITIES

Electric, (multiple providers) www.powertochoose.org
Power Outages 713-207-7777
Street Light Outages 713-207-2222
Gas, Centerpoint Energy..... 713-659-2111
Gas Leaks 713-659-2111
Water (MUD 106), Severn Trent..... 281-579-4500
24 Hour Emergency Number 281-209-2100
Water (MUD 290), Municipal Ops..... 281-367-5511
Humble Post Office..... 281-540-1775
Trash & Recycle, Best Trash..... 281-313-2378

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Comcast..... 800-266-2278
DISHNetwork 877-903-3813
DirecTV..... 888-777-2454

SCHOOLS

Westlake Middle School..... 281-641-5800
Humble ISD 281-641-1000
Website www.humble.k12.tx.us
Eagle Springs Elementary 281-641-3100
Atascocita Springs Elementary..... 281-641-3600
Timberwood Middle School..... 281-641-3803
Atascocita High School 281-641-7500

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Last year, your Board of Directors extended weekend pool hours at the Athletic Pool for the month of September! Friday Nights from 5-9pm the Athletic Pool will be open, in addition to weekend hours.

Dates include: September 6, September 13, September 20 and September 27

The full schedule can be seen on InsideEagleSprings.com under Amenities & Athletic Club Pool.

And remember, on April 15th, we transitioned to a new website! If you have not registered any time after April 15th, please do so to keep apprised of all of the happenings in Eagle Springs!

Eagle Springs Community Association, Inc. Meeting Notice



Public notice is hereby given to all members of Eagle Springs Community Association, Inc. for the upcoming Board Meeting of the Eagle Springs Community Association Board of Directors. The purpose of this meeting is for the Board of Directors to conduct the business of the Association. The Open Session of the meeting will begin at 6:00 p.m. and adjourn at 7:00 p.m. The Meeting Agenda can be accessed on www.InsideEagleSprings.com. Please contact community manager, Dana Mohler, at Crest Management for any questions regarding this notice by emailing Dana.Mohler@Crest-Management.com or calling 281-945-4643. This meeting will take place on Thursday, September 19th, at the Valley Springs Clubhouse, located at 13555 Valley Lodge Parkway, Humble, Texas 77346.



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7702 FM 1960 East, Suite 212, Humble TX 77346

We realize you have a choice so we appreciate the opportunity to earn your business. Building clients for life while giving back to the community in order to make a difference!

September is when the fall selling season begins and heats up through Thanksgiving. Buyers want to get into their home before Christmas or the New Year to take advantage of the Homestead Exemption that they will receive if they are living in their new home before the New Year begins. Buyers with children also want to be in their home before school starts in January. September is a good time to get your home on the market if you are looking to sell. The fall selling season also makes for a good buying season with the increase in listed homes bringing new buying opportunities. If you are in the market to sell, please give me a call and allow me to show you my proven individualized marketing plan for your home. My marketing plan and sales technique along with my networking has allowed me to sell more homes in Eagle Springs than anyone else. Eagle Springs is the main focus of my real estate business and I continue to be involved in the Eagle Springs Community.

I take "Building Clients for Life While Giving Back to The Community" seriously. From the Rebekah Snipp Scholarship Program to area High School Seniors, Back Pack donations for Humble ISD, sponsoring activities or teams in Eagle Springs, participating in local area blood drives to helping homeowners sell homes, Eagle Springs is an important community to me personally.

This is a special time of year as we announce the scholarship winners. In 2017, I began giving 1 scholarship in memory of Dena Ruffin, a friend that lost her battle to cancer in 2016. Below are the names of the Rebekah Snipp Scholarship Winners. Each of these scholarship recipients will receive a scholarship check in the amount of \$1,000 at the end of their first semester, later this year. Congratulations to the following:

Hannah Hall – Atascocita High School (In Memory of Dena Ruffin)

Iqra Ahmad – Kingwood Park High School

Zachary Cantrell – Kingwood High School

If there is a subject relating to real estate that you or anyone else would like for me to touch on in my Newsletter page, please let me know.

Thank you to everyone that has trusted me to handle all their real estate needs.

*Respectfully,
Rebekah Snipp*

Rebekah Snipp,

Realtor, ABR,

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Broker, GRI

Direct: 832-859-9113

Website:

rebekahsnipp.com



Neighborhood Voting Representatives Roles and Responsibilities



Our upcoming NVR election is right around the corner in November. Interested in getting involved in the community? Consider becoming an NVR! **The primary role of the of the Neighborhood Voting Representative** is to cast all votes attributable to Units in the Neighborhood for election of directors, amending the Declaration or By-Laws, and all other matters provided for this Declaration and in the By-Laws that would require a membership vote.

To be effective representatives for your neighborhood additional roles and responsibilities should include:

- Actively engage in the community in an effort to improve the quality of life in Eagle Springs.
- Represent residents' needs and issues in their neighborhood, while avoiding representing certain portions or specific interests.
- Identify issues raised by residents within their neighborhood by communicating in person, via phone, e-mail or the Eagle Springs website.
- Support the board and be a source of recommendations on issues before the board.
- Attend the open portion of the ESCA board meeting and submit a written report for the neighborhood.
- Reply to all contacts and communications from residents of the neighborhood to hear and assist with issues and provide guidance and information.
- Build an active network of contacts within the neighborhood over time to better represent the views of the residents.
- Facilitate communications between residents, committees, the Board of Directors and the management company.
- Maintain regular communications with other NVRs as an invaluable source of ideas, experience and best practices.
- Operate only as a recommending body to the ESCA and the Board of Directors (NVRs are not involved in the management of the ESCA).

Kid's Fishing Workshop

Join us on Sunday, September 29th at 1 pm, as the Alpha Anglers of Atascocita, along with the Angler's Club at AHS, join us for our very first Kids Fishing Workshop! Held at Lake Montage, we'll have instructors helping our young residents with fishing basics such as casting and reeling, baiting a hook, and other essentials. We'll have refreshments, prizes, and more! Watch InsideEagleSprings.com for more information on this brand new event!

Fall Garage Sale



Our Fall Garage Sale is right around the corner! Get all of your unwanted treasures together to sell on Saturday, September 7th from 8 am to noon. Maps of participant addresses will be located in the front of the Eagle Springs Clubhouse the morning of the event. To register your address, click on the link at InsideEagleSprings.com. Happy selling!

Neighborhood Night Out Registration is Here!

Neighborhood Night Out is a night we focus on getting out to meet each other, in an effort to deter criminal mischief. Our date this year is the evening of October 6th, starting at 6 pm.

NNO started as an effort to promote involvement in crime prevention activities, police-community partnerships, neighborhood camaraderie and send a message to criminals letting them know that neighborhoods are organized and fighting back.

It's time to register your street for our upcoming NNO celebration! Registering your party will entitle you to an incentive party pack and gift card to be used for your celebration. Party packs will be distributed to registered parties via the street captain, and are assigned via a lottery based system. All parties must be registered by September 21st. Party packs will be available for pick up at the Onsite Office the following week.

Residents can register one street or a group of streets, but streets can only be registered once. Please collaborate with your neighbors to designate street captains.

More information and registration can be found on InsideEagleSprings.com.

Upcoming Wreath Classes

Are you beginning to miss our wreath classes? We are too! After a summer hiatus, we are excited to have Jenny Moody back with Cat and Campbell to teach another class! Watch InsideEagleSprings.com for information on upcoming classes, including cost and wreath design.



Eagle Springs once again celebrated with their favorite all-adult event!

Congratulations to our winners:

JW Marriott Grand Prize
Phillip Scott

Astros Tickets for 2
Judy Morrow

4 Season Passes to
Big Rivers Waterpark
Nicole Martin

Pair of Tickets to Rent, the musical
Ricardo Palacios

\$150 Lowes Gift Card
Jill Shipp

WWII Aircraft Flight
Diana Medellin

Back to Health Bodywork
Gift Basket
Michelle Chacon

\$250 Target Gift Card
Jeremy Powers

\$250 Gift Certificate to
Jack and Monroe
Amy Culver

Beer Bus Tour for 8
Laura Kupitz

\$125 Gift Card to Academy
Chris Yoder

Post Oak Farms Gift Certificate
Rebecca Fankhouser

Family Memberships to
Zoo and Museum
Sarah Yoder

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Lake Houston Ladies Club September Meeting

The Lake Houston Ladies Club is a social organization dedicated to connecting women through monthly luncheon meetings, social activities and various interest groups.

We will greet old friends and make new ones at our first meeting of the new year on Tuesday, September 17, from 10:00-12:30 at the Walden Country Club, 18100 Walden Forest Drive in Humble, Tx 77346. The cost of the event is \$17 per person and includes lunch and entertainment.

The club welcomes new members from all surrounding areas. Many interest groups are available including Scrabble 'N Babble, Reader's Choice, Shooting Club, Artsy Smartsy, Bridge, Bunco, Game Day, Mah Jongg, Lunch 'N Look, Tea Time, Movie Group, Hand Knee and Foot, Supper Club and Mexican Train. There are also events during the year that include spouses or significant others. The club is an excellent way to meet new people and make new friends.

Please join us. New members are always welcome. For more information about the club and for luncheon reservations, please go to the club web page at <http://www.lakehoustonladiesclub.com> or call Karen at 281-900-5584 by Tuesday, September 10.



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Tips for Packing a Healthy School Lunch

by Stephany Pando, cooksmarts.com, edited for space

Packing lunches for your back-to-schoolers is no easy task. It takes time and planning. Plus, every parent knows that just because you pack it, doesn't guarantee your kids will actually eat it.

However, this doesn't mean you have to fill your kids' lunchboxes with pizza and cookies everyday. Below we offer 5 tips for how to pack a nutritious lunch that your kids will look forward to eating and you'll feel good about giving them.

Tip #1: Get Your Kids Involved

- Give your kids healthy food options from each food group and let them make the final decisions on what goes in their lunch.
- Take your child grocery shopping with you and let them have a say (to a certain extent) in what goes into the cart. This promotes feelings of responsibility and empowerment.
- Designate a part of your kitchen as the "lunch packing station" and spend some time there with your kids the night before to get lunch ready for the next day.

Tip #2: Turn Healthy Foods into Fun Foods

- Use cookie cutters to make shapes out of bread, deli meat, cheese, or a melon-baller for fruit.
- Use kid-friendly skewers to make colorful food kebabs.
- Create a theme for the day and have all of the foods in their lunch relate to the theme

Tip #3: Make Your Own Snacks – and limit processed ones

Kids rely on snacks to keep their energy up, but the type of snack is important to consider. Packaged snacks tend to lack important nutrients and can be high in sugar, sodium and saturated fats. Take control of what is in your kids' snacks by making them yourself!

Tip #4: Incorporate All Food Groups

A balanced diet includes all of the food groups. Luckily, there are so many different ways to enjoy each food group:

- Fruits: fresh, frozen, dried, canned, baked (think apple chips!) or pureed.
- Vegetables: fresh, frozen, or baked (think kale chips!)
- Lean protein: baked chicken, deli meats, hard boiled eggs, beans or nuts (be aware of nut allergy regulations at your child's school).

- Low-fat dairy: milk, cheese or yogurt
- Whole Grains: pita, sandwich bread, tortillas, wraps, and pastas

Tip#5: Encourage Hydration

It's recommended that school-aged kids drink between 6-8 cups of water a day (even more in hot weather or if their activity level is high).

- Let your child pick out their favorite water bottle and encourage them to drink the whole thing at least twice at school. They'll be more inclined to do it if they feel like they are completing a challenge!
- If the "flavor" of water is too boring for them, throw in a few pieces of frozen fruit to sweeten it up – and keep it cooler.

With these tips in mind, you and your child are ready to start out the school year on the right foot. Good luck – and happy packing!



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Start the School Year Off Right



As kids head back to school, it's important to provide them with the necessary resources to succeed. As a parent, you can take steps to put your kids on the path toward a successful school year.

To help your children put the best foot forward, consider these suggestions from The Salvation Army, which operates hundreds of low-cost after-school programs for kids of all ages in low-income neighborhoods across the country and understands the importance of setting children up for success all year.

Get back into a routine. During the summer months, family routines tend to slide, especially morning rituals and bedtime habits. A few weeks before school starts, begin transitioning your way back to a normal school schedule. A gentle progression toward earlier bed and wake-up times is easier on kids physically and mentally. Try adjusting by 15 minutes each day until you reach the optimal schedule for your family. Remember that routines aren't just about the clock, though. If there are certain steps that are part of the school year routine, such as packing lunches and laying out clothes for the next day before bed, make those part of your transition plan, too.

Set a good example. Kids learn important behavioral lessons by watching the adults in their lives. The back-to-school season provides many opportunities to demonstrate compassion and social responsibility. For example, giving back to an organization like The Salvation Army helps provide funding for programs that support the educational needs of children who otherwise may not have access to the same resources.

Research resources for homework help. Discovering your child is struggling in school can be overwhelming. You'll want to be able to pull in help as quickly as possible, so it's a good idea to research resources in your area that can help provide support outside the classroom. Your school likely has some options available, but it's a good idea to also look into tutoring programs and other community services that encourage literacy and study skills as well as provide one-on-one assistance with homework and school assignments.

Get organized. The first few weeks of school typically bring plenty of change and adjustment. You can help manage the stress by creating

some structure. Use a wall calendar to keep track of school start and dismissal times, bus pick-up and drop-off times, after school activities and other appointments. Review lunch menus and plan ahead so you're not finding out at bedtime that you need to pack a home lunch in the morning. Stock up on breakfast foods and make time to catch up on laundry before school begins so hunger and wayward socks don't derail your mornings.

Explore extra-curricular programs. With the new school year comes numerous ways to enrich your kids' social and cognitive development. Extra-curricular activities let kids continue practicing skills even after the school bell rings, but in a fun environment so they may not even realize they're still learning and cultivating healthy, safe relationships with friends. In addition to sports and clubs, a wide array of music and art education activities may be available that focus on everything from choir, band and dancing to drawing, writing and acting.

Set goals. Begin the school year by encouraging your children to take ownership and pride in their learning. Talk about goals like reading a certain number of books each month or earning grades that reflect their highest potential. Get kids motivated by designing goal boards or charts that can serve as daily reminders and track their progress. For larger goals, consider setting milestones so they can celebrate progress along the way and stay motivated for a big finish.

Learn more about educational and giving opportunities in your community at SalvationArmyUSA.org.



Celebrating Differences in Primrose® Classrooms Helps Children Develop Important Life Skills

Children today are growing up in the most connected world we've ever seen. Now more than ever, it's important to teach children to recognize and respect the physical and cultural differences that make each of us unique, nurturing kindness and compassion along the way. Research also suggests that children who learn the life skill of perspective-taking – putting aside one's own thoughts and feelings to better understand someone else – have greater conflict resolution skills and adjust to kindergarten faster.

"As our society becomes more diverse and the world becomes more interconnected, it is essential that children learn to value different backgrounds and perspectives," said Paula Morgan, Franchise Owner of Primrose School of Eagle Springs. "Skills like understanding other people's viewpoints translate to later-life experiences and prepare children for the world outside of classrooms."

At Primrose School of Eagle Springs, children learn to recognize and celebrate each other's differences through the Primrose-exclusive Balanced Learning® approach, which emphasizes character and life skills along with intellectual, physical and creative skills. Children are encouraged to use their natural curiosity to explore what makes people alike and different, whether they are learning to compare living and non-living things in a science lesson or painting themselves and their friends at the Art Center.

During these activities, teachers help children identify the traits and customs that make them unique, and then encourage them to recognize and celebrate what makes others special. As children learn to recognize differences, they also learn that while people look different on the outside, all people experience the same feelings on the inside

and can share similar interests. These lessons lay the foundation for lifelong confidence, acceptance and respect for others.

"At Primrose, we believe who children become is as important as what they know," said Morgan. "Nurturing an appreciation for other cultures, various perspectives and differing appearances is just one of the ways we help little ones develop the foundation they need for learning and life."

The *Balanced Learning* approach also provides at-home activities to support families in discussing differences with little ones. For example, to help children better understand their unique features, parents are encouraged to draw self-portraits with their children. While creating the portraits, parents can ask children questions about different physical features to help them understand the similarities and differences between people. Questions like the following encourage understanding and acceptance of different traits:

- **What color eyes do you have? What color eyes does your friend have? Which of our friends or family members have blue eyes, brown eyes, etc.?**
- **Which of our friends or family members are short, tall or medium height?**
- **Does it matter what color eyes you have or how tall you are?**

With a little encouragement, young children can develop an appreciation for the diversity that makes the world a better place. And as the world continues to become more connected, raising the next generation to be open-minded and compassionate toward others will help lead to a bright future.

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Save Money on Summer Road Trips



Photo courtesy of Getty (family picnic)

If financial constraints are keeping you from exploring the world, it may be time to reassess your approach to travel. From road trips across the country to jaunts across your state, there are plenty of ways to curb costs, so your biggest challenge is finding more days away from the office, not replenishing your bank account.

Make reservations in advance.

Shopping early for lodging is one way to save. Give yourself plenty of time to watch deals so you can grab the best one, and if it's possible, be flexible with the travel dates. Shifting your trip by even a day can sometimes make a difference in the rates.

Utilize rewards programs. Shopper loyalty programs make it easy to save money on essential purchases. Not only can you access exclusive card-holder discounts, but you can accumulate rewards points or even earn cash back. For example, with the Shell | Fuel Rewards® credit cards, you can save 10 cents per gallon (up to 20 gallons) every time you fill up at Shell, in addition to earning rebates on other qualifying purchases. See store for details or learn more at shell.us/roadtrip.

Share the journey. If your travel party consists of multiple families, consolidate into as few vehicles as you can. This helps minimize costs on everything from gas to per-vehicle admission fees at destinations like national parks.

Pack snacks. Next to lodging, food is the biggest expense you're likely to encounter on a road trip. Consider packing snacks for the road so you can save money while managing your hunger. Alternatively, an option like the Shell | Fuel Rewards Mastercard lets you earn rebates on qualifying purchases made with the card.

Be conscious of your gas mileage. You may not have much of a choice when it comes to which vehicle you'll drive, but paying more attention to your driving habits can stretch your gas tank a little further. Be sure your tires are inflated to the correct pressure. If your vehicle is a gas guzzler, consider renting a more efficient vehicle for the trip. Weigh the additional cost of the rental versus what you may spend in fuel for your personal car before making a decision.

Research attractions. Admission fees to various attractions can really add up, but a little pre-planning can help you capitalize on discount days and other special deals. If your plans are flexible, you can schedule your trip around those offers to capture the same experiences at a significantly lower price tag.

Travel doesn't have to drain your wallet. Managing your trips with practical tips like these may even free up enough funds so you can fit in an extra adventure or two.

Content courtesy of Shell

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