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## A NEWSLETTER FOR TOWNE LAKE RESIDENTS

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SEPTEMBER 2019

VOLUME 8, ISSUE 9



### *Bridgeland Fun Run/Walk for Heroes*

October 19, 2019

Photography by Rose Poole

Help provide funds to continue the Brigeland Memorial Day, the Veterans Day Festival, turkeys & hams to Veterans at Thanksgiving, picnics for the Camp Hope disabled veterans, and financial funds for those Vets in need. Most importantly help build a lasting monument to educate our children about the service men and women who keep our county

free. How can you help? Become a sponsor, make a donation, run or walk in the 5k Bridgeland Fun Run/Walk for Heroes on Saturday October 19 at Lakeland Village Festival Park. You can make a difference! Register now at [bit.ly/heroesfunrun2019](http://bit.ly/heroesfunrun2019) or contact [kayburkhalter@sbcglobal.net](mailto:kayburkhalter@sbcglobal.net) for sponsorships and donations.

## IMPORTANT NUMBERS

### EMERGENCY NUMBERS

EMERGENCY .....	911
Fire.....	911
Ambulance .....	911
Constable .....	281-376-3472
Sheriff - Non-emergency .....	713-221-6000
- Burglary & Theft .....	713-967-5770
- Auto Theft .....	281-550-0458
- Homicide/Assault .....	713-967-5810
- Child Abuse .....	713-529-4216
- Sexual Assault/Domestic Violence.....	713-967-5743
- Runaway Unit .....	713-755-7427
Poison Control.....	800-222-1221
Traffic Light Issues .....	713-881-3210

### SCHOOLS

Cypress Fairbanks ISD Administration .....	281-897-4000
Cypress Fairbanks ISD Transportation .....	281-897-4380
Rennell Elementary.....	281-213-1550
Smith Junior High School.....	281-213-1010
Cy-Ranch High School .....	281-373-2300

### UTILITIES

CenterPoint Energy.....	713-659-2111
Reliant Energy.....	713-207-2222
Water - Severn Trent.....	281-646-2383
Waste Management - Trash .....	713-686-6666

### OTHER NUMBERS

Animal Control.....	281-999-3191
Cypress Fairbanks Medical Center.....	281-890-4285
Harris County Health Department .....	713-439-6260
Post Office.....	281-859-9021
Harris County Public Library.....	281-290-3210
Cy-Fair Hospital.....	281-890-4285
North Cypress Medical Center.....	832-912-3500

### NEWSLETTER PUBLISHER

Peel, Inc. ....	1-888-687-6444
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Advertising.....	advertising@PEELinc.com, 1-888-687-6444

### ADVERTISING INFO

Please support the advertisers that make the *Tribune* possible. If you are interested in advertising, please contact our sales office at 1-888-687-6444 or [advertising@peelinc.com](mailto:advertising@peelinc.com). The advertising deadline is the 8th of the month prior to the issue.

### ARTICLE INFO

The *Tribune* is mailed monthly to all Towne Lake residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to [townelake@peelinc.com](mailto:townelake@peelinc.com). The deadline is the 9th of the month prior to the issue.



**Bridgeland Community**  
**FUN RUN/WALK FOR HEROES**  
 5K Timed Run/Walk & 1K Run/Walk  
**Saturday, October 19<sup>th</sup> 2019**  
**Bridgeland's Festival Park**  
 Race Starts at 8:00 am and Children Start at 9:00 am

**Fun for the whole family!**  
 Shirt & Hand Towel for all Runners  
 1st, 2nd & 3rd Place Trophy for 5K winners  
 • Vendors  
 • Entertainment  
 • Food Truck

For more details & to register go to [bit.ly/heroesfunrun2019](http://bit.ly/heroesfunrun2019)

**Cost: \$35 for adults**  
 (\*Early Bird Special: \$30 if registered by July 31)  
**Kids 10 and under \$15-\$20**  
**Children's Super Hero Costume Contest**  
 Fund Raiser for The Bridgeland Community Supports Veterans, Inc.



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FOR LUNCH IN OUR TEA ROOM  
& CHECK OUT MORE VENDORS  
ON THE SECOND FLOOR!

 [CWCSHOPTILYOUDROP](https://www.facebook.com/CWCShopTilYouDrop)





*The Gingerbread Holiday Market* will be held on October 26, 2019 from 9 A. M. to 4 P. M. The Ladies Auxiliary from St. Elizabeth Ann Seton is hosting this unique craft show with over 100 vendors. Admission is free. It is located at 6646 Addicks Satsuma Road, Houston. Come join us!

## Lillie Schechter, HCDP Chair Will Speak



The Cypress-Tomball Democrats will hold its next monthly meeting Tuesday, September 17, 2019, at Rudy's Grill and Cantina, 11760 Grant Road, Houston. There is a meet and greet at 6:30 p.m., and the general meeting begins at 7:00 p.m.

Lillie Schechter, Harris County Democratic Party Chair, will be the speaker for the September meeting

of the Cypress-Tomball Democrats. Lillie is proud to have recently presided over the Party's most historic county-wide sweep in a single election, thanks to the work she and so many others did during the 2018 midterm election cycle. She is a political strategist and fundraiser who has been advising local and national Democratic candidates and organizations for over a decade. Come out to meet Lillie & help us welcome her to Northwest Houston.

All are welcome to attend and to join this growing club, which meets on the third Tuesday of every month.

For more information, contact Undrai Fizer at [cytomdems@yahoo.com](mailto:cytomdems@yahoo.com), or visit the club's Facebook page.

## Want to Grow Organic Vegetables with Ease?

### Join Us at Messiah Lutheran Church Free Keyhole Gardening Class!

**October 1, 2019 @ 7PM**

If you want to help save the earth by recycling, conserving water and rebuilding the soil to capture CO2 and reduce your organic gardening cost, then keyhole gardening is for you!!

What is a keyhole garden? It is a garden that combines the use of recycled materials, water conservation, composting and maximization of space in a raised bed with minimum maintenance. A Keyhole garden maximizes drainage, improves the soil, and enhances access. Keyhole gardens are a riff on that idea, with one addition: a center compost area that works as a self-fertilizing element for the plants. Join us at Messiah Lutheran Church for a free class on Keyhole Gardens on October 1 at 7pm. Register at <http://www.messiahlc.org/current-events>.

Messiah Lutheran Church is a Lutheran Faith Community, a congregation of the Evangelical Lutheran Church in America (ELCA). Messiah is located at 11522 Telge Road, ½ mile north of Highway 290. Regular Sunday worship times are: 8 am—Traditions; 9:30 am—The Gathering; and 10:45 am—The Crossing. The Discovery (education) Hour is 9:15-10:15 AM on Sundays. For more information, 281-890-3013 or [www.messiahlc.org](http://www.messiahlc.org). All people are welcome at Messiah.

## Prioritize to Productivity

### Luncheon Details

Thursday, September 26, 2019

Networking 11:00 a.m.; Luncheon begins at 11:30 a.m.

**\*NEW LOCATION:** Longwood Golf Club, 13300 Longwood Trace, Cypress, TX 77429

Costs \$30 with advanced reservations; \$35 at the door



International speaker and Human Performance Specialist, Jen Gaudet Trosclair, empowers high impact individuals and groups to elevate their life, health and business for maximized impact in their organizations and communities through self care, stress management, mindset, and the pillars of human performance

By empowering leaders to elevate their game, the ripple effect impacts employees, families, and communities to

take charge of their health and lives.

With nineteen years in sports medicine physical therapy rehabbing elite collegiate, professional, and Olympic athletes, Jen ups the ante, bringing mindset work and human performance to LIFE, challenging leaders everywhere to elevate their game.

It's time to be BE the change we want to See in our world, and it starts with us!

### About Cy-Fair Express Network (CYFEN)

Now over 60 members strong, Cy-Fair Express Network's vision is to be a community and national leader for the support of professional women by providing a nurturing environment for business development, networking, education and mentoring. Our members have opportunities to pursue excellence and achieve both local and national recognition. CYFEN is part of the national organization of American Business Women's Association (ABWA), for more information go to [www.CYFEN.org](http://www.CYFEN.org).

### About American Business Women's Association (ABWA)

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 60 years to women's education, workplace skills and career development training. For more information, visit, [www.abwa.org](http://www.abwa.org).

## Visit the 2019 St. Mary's Fall Gift Market!



On Friday, September 27 and Saturday, September 28 from 9 a.m. to 4 p.m., St. Mary's Episcopal Church is hosting its 14th annual Fall Gift Market. This is the ideal event to kick off your holiday shopping and decorating while supporting local craftspeople! The convenient location at the corner of Louetta Road and N. Eldridge Parkway makes it easy to shop the selection of unique jewelry, home decor, handcrafted gifts, collectibles, sports memorabilia, candles, soaps and bath products, plus trendy clothing for ladies and children. Our indoor/outdoor market also features The Tea Room (offering our famous taco soup, sandwiches, desserts and homemade baked goods), and the Silent Auction. All proceeds benefit church-affiliated projects and outreach. For more information, please visit [stmaryscypress.org/fgm](http://stmaryscypress.org/fgm), or call Michelle at 505-228-5542.



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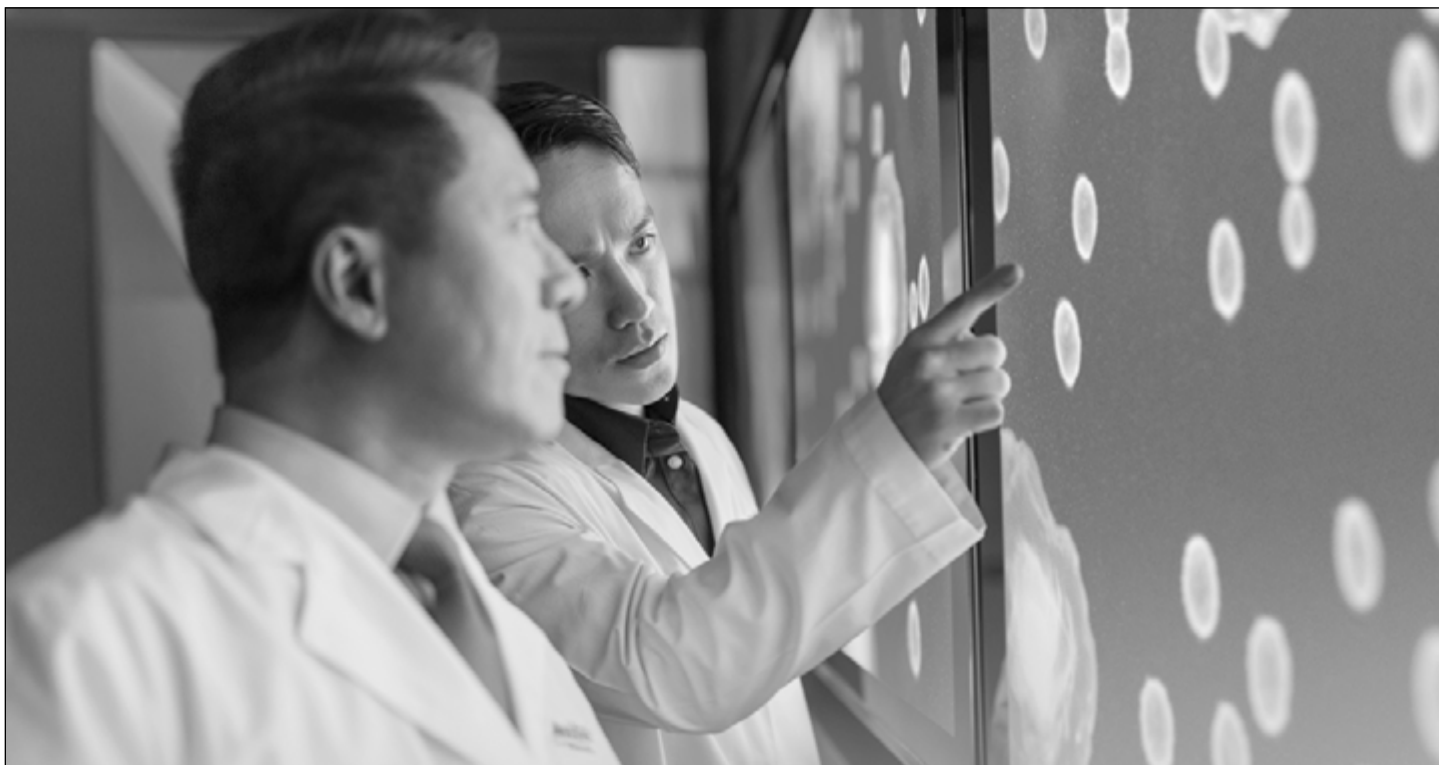
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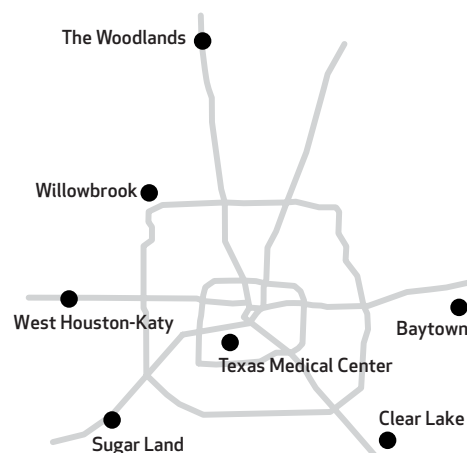


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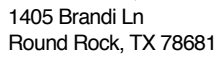
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