

# Northlake Forest

October 2019

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Volume 9, Issue 10

# PURPLE MARTIN MIGRATION

By Cheryl Conley, TWRC Wildlife Center



Everyone looks forward to the arrival of the Purple Martins each year. Most of us think their arrival means spring is just around the corner. But, at this time of the year, no one really thinks about them anymore. Most people don't know that they're very busy getting ready to migrate south.

Preparations for migration begin in July and August when the birds

form large flocks and roost (a place where birds or bats regularly settle or congregate to rest at night). There can be thousands of birds in a roost. They call this gathering "staging." Some of the better-known roosts in the Houston area are Gordon Park in Stafford and around Willowbrook Mall. They spend their days eating flying insects to build up body fat for their long flight ahead.

So where do they go? In the spring of 2009, geolocators were attached to 20 birds from two Texas colonies. It was discovered that the birds wintered deep in the Amazon rainforest and traveled an amazing 250 to 300 miles per day! They can fly between 17 and 27 miles per hour unless a predator is chasing them when their speed can reach 40 miles per hour. They spend several months in South America in large roosts where they undergo their annual molt. Although their annual molt begins before migration, they don't molt their flight or tail feathers until they reach South America. Molting is very beneficial because it replaces damaged feathers and helps get rid of parasites.

Purple martins will spend several months in South America before heading back to North America. The scouts typically show up in our area in mid-January through early February. The term "scout" is used to describe the first martin(s) observed. They will go to the same nesting site from the previous year. The scouts can be either an older male or female but are usually males. Arrival of the remainder of the birds depends on their age and sex. Older male birds arrive after the scouts followed by the older females followed by the younger ones. The younger ones, or subadults, may not appear until 4 to 12 weeks after the first ones arrive. They fledged the previous year so their first priority is to find a nesting site.

According to the Texas A&M AgriLife Extension Service, Texas martins nest almost exclusively in bird housing provided by humans. Once they have occupied a martin house, they will continue to use it year after year as long as you clean it out in the fall and keep the starlings and sparrows from moving in.

TWRC Wildlife Center has been serving the Greater Houston for 40 years. We admit nearly 5,000 injured, orphaned or displaced animals every year. Learn more about us at:

www.twrcwildlifecenter.org



### **NLF COMMITTEES**

#### **POOL AND FACILITIES**

Chair	TBD
Board Liaison	Russell McPherson

#### LAKE AND LANDSCAPING

Chair	TBD
Board Liaison	Paul Rath

#### **COMMUNITY SAFETY**

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Board Liaison Adam Klug	

#### ARCHITECTURAL

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Board Liaison	Steve Velzis

#### **NLF EVENTS / NEWSLETTER**

Chair	TBD
Board Liaison	Rebecca Dessenberger

#### **VOLUNTEERS NEEDED**

All of our committees are seeking volunteers to help continue making our community a fun place to be. Just a little bit of your time can go a long way. If you are willing to help, in any way, please fill out a "Contact Us" form on the website.

### NLF BOARD OF DIRECTORS

President	Paul Rath
Vice President	Rebecca Dessenberger
Treasurer	Steve Velzis
Secretary	Russell McPherson
Director	Adam Kluge
Inframark	Michael Quast

If you notice a problem or have a concern about something within NLF, please complete the form on our website and bring it to the attention of the management company or Board member so that the issue can be addressed.

MANAGEMENT COMPANY Inframark

Michael Quast / Portfolio Manager 281-870-0585 Michael.Quast@inframark.com · www.inframarkims.com

Northlake Forest HOA Website: www.northlakeforesthoa.com

### **IMPORTANT NUMBERS**

#### **EMERGENCY NUMBERS**

Poison Control ......1-800-222-1222

#### NON-EMERGENCY NUMBERS

Mark Herman Constable, Precinct 4.........(281) 376-3472 Harris Cnty Sheriff's Office @ HWY 249 ...(281) 290-2100 Cy-Fair Volunteer Fire Dept @ Telge Rd....(281) 550-6663 Harris Cnty Courthouse @ Cypresswood...(281) 376-2997

#### **GOVERNMENT NUMBERS**

Harris County Animal Control(281) 999-3191
Harris County Public Health & Environmental Services
(713) 439-6000
R. Jack Cagle - Community Assistance Dept.
Social Security Administration1- (800) 772-1213
Department of Public Safety @ West Rd(281) 517-1333
Department of Pubic Safety @ Grant Rd (281) 890-5440

#### POST OFFICE

USPS @ Spring Cypress(281) 373-9125
The UPS Store @ Spring Cypress(281) 304-6800
FedEx Office @ Barker Cypress(281) 256-8323

#### LIBRARY

Lone Star College CyFair Library	
Circulation Desk	(281) 290-3210
Northwest Branch Library	
@ Regency Green Drive	(281) 890-2665
Barbara Bush Library @ Cypress Creek	(281) 376-4610

#### SCHOOLS

Administrative Offices	
Farney Elementary	
Goodson Middle School	(281) 373-2350
Cy-Woods High School	(281) 213-1800

#### UTILITIES

NW Harris County MUD #10	
Best Trash	(281) 313-2378
CenterPoint Energy Gas	
Relient Energy Electricity	1-(855) 347-3232
	www.powertochoose.com

### **NEWSLETTER INFO**

#### EDITOR

Rebecca Dessenberger ..... trevino71568@comcast.net All articles are due by 10th of the month to be considered for publication

#### PUBLISHER

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# NORTHLAKE FOREST

### **ST. PETERS ANGLICAN CHURCH BIENNIAL RUMMAGE SALE AND BAKE SALE**

The women of St. Peter's Anglican church will be hosting their biennial rummage sale and bake sale on Friday and Saturday, November 1 and 2, 2019. Hours are 8:00 AM to 3:00 PM each day, and will be held in the church rectory at 19915 Cypress Church Rd., Cypress, Texas 77433. This is the perfect time to put holiday baked goods in the freezer, so come on out and help the ladies fund their projects.

### CYPRESS RANCH HIGH SCHOOL CHOIR

Please join The Cypress Ranch High School Choirs for our FALL CONCERT Monday, October 14th, at 7:00 p.m. in the Cypress Ranch High School Auditorium

#### Save the Date!! The Cypress Ranch High School Choirs Present "Candles & Carols"

The Cypress Ranch Choirs will perform their Winter Concert, "Candles & Carols", Monday, December 9th, at 7:00 p.m. in the Cypress Ranch High School Auditorium. Join us for hot chocolate, cookies and holiday cheer!

For more information, please check the Cypress Ranch Choir website http://www.ranchchoir.com/ or follow us on Instagram @cyranchchoir.

### THE CYPRESS-TOMBALL DEMOCRATS



The Cypress-Tomball Democrats will hold its next monthly meeting Tuesday, October 15, 2019, at Rudy\'s Grill and Cantina, 11760 Grant Road, Houston. There is a meet and greet at 6:30 p.m., and the general meeting begins at 7:00 p.m.

Moms Demand Action for Gun Sense, North Harris/

Montgomery Co. chapter will present the program.

Come hear about the fastest growing chapter for this organization in the entire state (700+ members!) that is comprised of all volunteers: Moms, Dads, gun owners, non-gun-owners, teachers, vets, who all support common gun sense laws.

Have children or grandchildren, nieces or nephews? Jane Kelso Winter will provide brief history of Moms and deliver a presentation on \"Be SMART\" - (a program now endorsed by Conroe ISD) on how to safely secure guns in homes - and why you need to ask about guns in the homes of others (as toddlers most often the victims of unsecured guns in homes!)

Also, learn from our own Jennifer Lorenz, (and Legislative Lead for Moms N. Harris/Mont. chapter) how you can become active in helping push for universal background checks and extreme risk laws that are pending in the Senate right now.

All are welcome to attend and to join this growing club, which meets on the third Tuesday of every month.

For more information, contact Undrai Fizer at cytomdems@yahoo. com, or visit the club's Facebook page.



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# NORTHLAKE FOREST



# Help Keep Our Neighborhood Beautiful!



### TOMBALL FINE ART SHOW

**TOMBALL FINE ART SHOW & SALE** — Twice a year TAL hosts a Judged Open Art Show and Sale (October and March) featuring original fine art. This year our show will be held Friday-Saturday, October 11th & 12th inside the LSC-Tomball Community Library. A portion of proceeds will go to the Friends of the Tomball Community Library to support library services. The show is free and open to the public with the added convenience of free parking. More information is available at: www.thetomballartleague.com/

Entering art into the show is open to members and non-members alike and students are encouraged to enter. There are five divisions, professional, semi-professional, non-professional, adult student and school student. Within the five divisions are 11 categories such as oils/acrylics, sculpture, pastels, etc. A full prospectus and required forms can be found on the TAL website: www.thetomballartleague. com/2019fall\_prospectus.pdf

Our featured judge for the fall show is professional local artist Laurie Humble (www.lauriehumble.com). About the Artist: While best known for her realist works in watercolor, highlighting unusual vantage points, Laurie works in many mediums and styles. Her works in both watercolor and oil are included in private and permanent collections across the country and have garnered awards in numerous National and International Exhibitions. She enjoys experimenting with new ways to use traditional mediums. Her current passions include painting large scale oil finger-painted statement pieces, and sculpting realist figurative and abstract pieces. Her work has appeared on the cover and been the subject of a feature articles in American Artist Magazine and Watercolor Artist. It has been included in Southwest Art, International Artist, the book Splash 10, and many others.

### USA FIT CYPRESS TURKEY TROT

Make plans to join us for this year's **USA FIT Cypress Turkey Trot** to burn those calories before your Thanksgiving Feast. We have a 5K and 1010K Option for runner and walkers.

Invite your family and friends! Children Welcome! The more the merrier and it's free. Non-members are welcome, they just need to sign our waiver.

Water, Gatorade and treats available at the finish line

#### Date: 11/28/19, Thanksgiving Morning Time: 6:30 am Place: Josey Lake Park, 1200 Bridgeland Creek

Place: Josey Lake Park, 1200 Bridgeland Creek Parkway, Cypress, TX.

We look forward to seeing you Thanksgiving Morning!

# OUTSMARTING CANCER in Northwest Houston

thatist

Willowbrook • Cypress • Spring • Tomball

# Our nationally recognized specialists are finding new ways to outsmart cancer.

From screenings and diagnosis to the most advanced treatments, our leading cancer care is available at our Willowbrook location, which also serves the Cypress, Spring and Tomball communities. We offer personalized guidance and support, so you can focus on healing, surviving and thriving.





## NORTHLAKE FOREST

# "Be a "Horo This "Halloween

Being a hero goes beyond dressing up in a costume this Halloween season. Children, families and schools across the country can channel their own superpowers to help deliver lifesaving supplies to children in need this October.

One way to use your superpowers is to Trick-or-Treat for UNICEF, which began in 1950 when girls and boys across the United States collected coins in hand-painted milk cartons to help children affected by World War II. Celebrating its 69th year, this nostalgic tradition continues today as America's longest running youth volunteer program with generations of children running door to door holding signature orange boxes and singing, "Trick-or-Treat for UNICEF."

With over \$180 million raised for health care, education, nutrition



and more, the program has evolved into a month-long celebration of the power of kids helping kids. Throughout October, kids, parents and teachers across the country can be real superheroes by collecting donations, big and small.

Equipped with the iconic orange boxes, families can raise funds that

add up to lifesaving change. As little as \$1 can provide safe water to a child for more than 2 months; \$3 can provide seven packets of therapeutic food; \$5 can provide a pack of 10 notebooks and \$7 can provide one warm fleece blanket for a child.



Halloween has become a "heroic" way to help others and

build the next generation of global citizens. When kids trick-or-treat for a cause, they learn about global issues and feel empowered to make a difference.

Start creating real-world change by picking up your own little orange box. With the support of Visa Inc., the iconic box will glow in the dark, allowing superpowers to shine even brighter.

Visit TrickorTreatforUNICEF.org to download a DIY change box, donate online or find an event near you. Share your story on social media with #TOT4UNICEF, #WeCanAllBeHeroes and #KidsHelpingKids.







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NLF

# YOU'VE SET YOUR GOALS, **NOW REACH THEM.**

Expand your target audience in North Lake Forest today!

Call 1.888.687.6444 or visit: www.peelinc.com

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