

The Community **Connection**

NEWS FOR SWEETWATER RESIDENTS

Easy Ways to Improve Your Home's Health

See Page 3!



COMMUNITY CONNECTION

IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY	911
Fire.....	911
Ambulance.....	911
Sheriff – Non-Emergency.....	512-974-0845
Travis County ESD No.6/Lake Travis Fire Rescue	
Administration Office.....	512-266-2533
Travis County Animal Control.....	512-972-6060

SCHOOLS

Lake Travis ISD.....	512-533-6000
Lake Travis High School.....	512-533-6100
Lake Travis Middle School.....	512-533-6200
West Cypress Elementary	512-533-7500

UTILITIES

Pedernales Electric.....	888-554-4732
Crossroads Utilities (Water, Sewer, Trash).....	512-246-1400
Texas Gas Service	
Customer Service.....	1-800-700-2443
Emergencies.....	512-370-8609
Call Before You Dig.....	512-472-2822
AT&T.....	1-800-288-2020
Time Warner Cable.....	512-485-5555
Austin/Travis County Hazardous Waste	512-974-4343

OTHER NUMBERS

Bee Cave City Hall.....	512-767-6600
Bee Cave Library.....	512-767-6620
Bee Cave Municipal Court.....	512-767-6630
Lake Travis Post Office	512-263-2458
Baylor Scott & White Medical Center.....	512-571-5000
City of Bee Cave	www.beecavetexas.com
Travis County (General No.).....	512-854-9020
.....	www.traviscountytexas.gov

NEWSLETTER PUBLISHER

Peel, Inc.	512-263-9181
News.....	sweetwater@peelinc.com
Advertising.....	advertising@peelinc.com


ADVERTISING & ARTICLE INFO

Please support the advertisers that make the *Community Connection* newsletter possible. The Sweetwater community receives this newsletter free of charge provided by the advertisers within. If you are interested in advertising, please contact our sales office at 512-263-9181 or advertising@peelinc.com. The advertising deadline is the 8th of the month prior to the issue.


The *Community Connection* is mailed monthly to all Sweetwater residents. Residents, community groups, churches, etc. are welcome to include information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for the *Community Connection* please email it to sweetwater@peelinc.com. The deadline is the 15th of the month prior to the issue.





There is nothing more beautiful than someone who goes out of their way to make life beautiful for others.



Partners in Hope connects one person's gifts and talents with another person's needs and equips the Lake Travis community to serve through the lens of ministry.

Contact Matt Peacock at mattbp61@gmail.com to get involved

www.partnersinhopelaketexas.org

COMMUNITY CONNECTION

(Continued from Cover)

Maintaining a healthy home is a goal most Americans share, but not all are confident they're doing the best job they can to protect their home's health.

According to a survey conducted by Second Nature, the nation's largest home wellness subscription service, 62% of respondents admitted they could do a better job of attaining a healthy home, with clean air ranked as the most critical factor in achieving home wellness.

Gain more confidence in the health and cleanliness of your home with these tips:

- Remove your shoes when you enter the house. Add entryway seating to encourage guests to take off their shoes. The bottom of a pair of shoes can contain anything from fecal matter to E. coli and pesticides. Leaving shoes at an entryway is one of the easiest ways to combat home pollution and promote a healthy home.
- Replace air filters regularly. The air filter in your home dictates the air you breathe and ensures that it is healthy enough for ingestion. More often than not, air filters are not top of mind when thinking about home wellness, but they are crucial to every home. That's why it's important to replace air filters on schedule – every three months as recommended by the National Institutes of Health.



If you're like many homeowners who struggle to remember when it's time to change your filter, or never have a filter handy when you do remember, you may benefit from a service like Second Nature, which provides a home delivery subscription that ensures your air filters are replaced on time. The company's high-quality air filters help reduce the risk of contracting allergies, sickness and infection while also ultimately lowering costs associated with energy bills, repairs and health-related expenses.

- Change out your light bulbs. Choose the right color temperature for a calmer home and use energy-efficient bulbs. The selection for light bulbs is massive, and with smart home technologies that allow you to change the color of your bulb with the swipe of a finger, you can also easily control your mood. Warm lighting typically has an overall positive effect on everyone in the home. One of the keys to home wellness is ensuring you are truly happy in your home, and lighting can play a pivotal role in cultivating this emotion.

- Open windows on good weather days. Most Americans (61%) believe the air inside their homes is cleaner than it is outside, according to the survey. However, the Environmental Protection Agency estimates indoor air is 2-5 times more polluted than the air outside. This is in part because Americans tend to enclose themselves indoors, where the same air is recycled over an extended time. The smell of the meal you cooked for dinner, the trash in the garbage can and the candle you light on your nightstand all have an impact on the air quality in your home. Opening windows allows for polluted air to release itself from the home and, in turn, allows for cleaner air to circulate the space.

- Filter your water. Water is essential to any healthy lifestyle, and drinking clean water is a luxury that is often overlooked. However, what is also overlooked is how many chemicals and toxins that can affect your health are in the tap water you drink on a daily basis. Filtering your water is one simple step that can benefit not only your own health, but the health of everyone in the home.

Find more tips and advice for creating a healthier home environment at SecondNature.com.

Photo courtesy of Getty Images (parents and child in home)

Article downloaded from FamilyFeatures.com



COMMUNITY CONNECTION



Austin Area Pumpkin Patches

Barton Hill Farms

The Fall Festival & Pumpkin Patch in Bastrop will be open weekends from September 28 – November 3. Visit on Saturdays from 10am – 7pm or Sundays from 10am – 6pm

Sweet Berry Farm

Located in Marble Falls, this farm is open from September 21 – November 10 on Mondays, Tuesdays, Thursdays, Fridays, & Saturdays from 8:30 am – 5:30 pm and Sundays from 11am – 5pm. Closed on Wednesdays

The Jersey Barnyard

This Pumpkin Patch in LaGrange is now open Monday – Friday from 10 a.m. – 6 p.m., Saturday from 9am – 6 pm and Sunday from 1 – 6 pm through November 28

Texas Big Worm Pumpkin Patch

Located in Bertram, TX the Texas Big Worm Pumpkin Patch is open from September 27th – October 27th on Fridays & Saturdays from 9 am – 6 pm and on Sundays from 10am–5pm

Crowe's Nest Farm

This farm, located in Manor is open each Saturday in October: Oct 5, 12, 19, 26 from 11 am – 5 pm

Nomad Ranch

Located in Bertram, TX, Nomad Ranch is open from 10 a.m. – 1 p.m. on Saturdays and Sundays



Austin Music Lovers Can Park Close to ACL & Help Young Artists

**Austin High School Band
Annual Fundraiser Offers**

Affordable Convenience to Festival Goers



With ACL Festival parking near Zilker Park being sold on Craigslist for hundreds of dollars, smart concertgoers who REALLY love music are using their parking fees to invest in the future of music. By choosing one of hundreds of paved spots available in the Austin High School parking lot, ACL Festival attendees not only get a short walk to Zilker Park via the Mopac Bridge, they'll also be investing their \$40 in the future of some great young musicians.

"The Austin music scene not only supports internationally-known events like ACL Festival, it also fosters young artists through great school music programs. Our parking fundraiser allows concertgoers to support both at the same time," said Chessie Zimmerman, Austin High Band Boosters President. "On Saturday, October 5th, people not only get below-market rates for great parking, but they also get the satisfaction of knowing they're supporting the next generation of musicians."

Located at 1715 W. Cesar Chavez Street, the Stephen F. Austin High School parking lot is accessible from Cesar Chavez, just east of the intersection with MOPAC. Parking is available off Veterans Drive by the tennis courts or on the east side of campus by Cesar Chavez. Look for the "Home of the Maroons" sign. Drivers are reminded that no animals can be left in vehicles. Parking at AHS is available on Friday and Saturday of both ACL weekends, with proceeds benefitting the band on Saturday, October 5th. New this year, guests can reserve parking in advance by purchasing online at www.parking.band.

DETAILS

ACL Parking at Austin High School

1715 Cesar Chavez Street

Friday and Saturday of both ACL weekends, October 4 & 5 and October 11 & 12

\$40 per car

Proceeds support various student organizations at Austin High School, including the award-winning Austin High Maroon Marching Band on Saturday, October 5. www.parking.band

Lettuce Recycle by Dena Houston

RECYCLING CONFUSION - Even though I have been a recycling block leader for 27 years, there are still some areas I find confusing. Recently, I had the pleasure of visiting with the CEO of the Balcones Recycling Facility (this is one of the two recycling sorting facilities in Austin). He gave me some wonderful information I want to share.

LIDS ON PLASTIC AND GLASS BOTTLES - All lids need to be separated from GLASS bottles, even if they are small. Magnets in the sorting facility pick up the metal lids. Plastic lids are easily separated out.

Lids on PLASTIC jars and bottles need to stay on the bottles – do not separate them.

SHREDDED PAPER - Shredded paper should not go into the blue recycling cart, not even in a separate paper bag. This paper is difficult to contain and sort. Please put shredded paper into the green compost collection bin. It does not have to be bagged.

AS A GENERAL GUIDELINE, DO NOT PUT ANYTHING IN YOUR BLUE BIN SMALLER THAN A CREDIT CARD (except for the lids mentioned above). Please remember, when it comes to recycling:

WHEN IN DOUBT – THROW IT OUT!

CURBSIDE COMPOSTING SPECIAL TIPS

By now, many of you have received your new green curbside compost can. Some of you may wonder if you will use this since you already have backyard compost. There are many things you can place in your curbside bin that you should not or may not want to put in a backyard bin. They are as follows:

Avocado seeds, Bones, Chopsticks, Toothpicks, Facial tissue, Meat and dairy products, Microwave popcorn bags, Napkins, Paper bags, Paper cups, Paper plates, Paper that has gotten wet, Paper towels, Pizza boxes, Popsicle sticks, Shredded paper, Spoiled food

Here are some items you cannot put into your green cart:

Plastic bags, Waxed juice and milk cartons, Glass, Dryer sheets, Antiseptic wipes & Baby wipes.

Only compostable plastic bags can be used to collect food product that is placed in the bin. The plastic bag must be BPI-Certified Compostable and display this label:



(Continued on Page 6)

The advertisement features a background image of two hands, one larger and one smaller, gently holding each other over a wooden surface. The text is overlaid on the right side of the image.

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in the
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COMMUNITY CONNECTION

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(Continued from Page 5)

Please send any compost questions to me at recycling@hpwbana.org

QUESTIONS FROM OUR READERS

WHAT DO I DO WITH FERTILIZER, COMPOST, AND SOIL PLASTIC BAGS? These bags are treated with special polymers to make them hold more weight and therefore cannot be recycled at the plastic collection bins at the grocery stores. The Recycle & Reuse Drop-Off Center used to take them but can no longer accept them. Their vendors have concerns about the bags being contaminated from the products they contain.



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I'M JUST
AROUND THE
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We're Sweet on Sweetwater & Warren Lives Here too!

As of September 9, 2019 MLS Stats for Sweetwater were as follows:

19 Homes Pending Sales and 26 Active Listings not counting all the new construction

Please let us know if you would like additional stats for Sweetwater or surrounding areas.

With us you get TWO experienced full-time agents for the price of ONE!

Shelli McLaughlin

ProMatch Realty

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