NEWS FOR THE RESIDENTS OF BRIDGELAND

NOVEMBER 2019

An Independent Publication Serving the Bridgeland® Community Volume 13, Issue

Sunday, November 10th 2pm-5pm LV Festival Park

Slivar

The extremely large United States flag that flew over McCall Hill at Guantanamo Bay Naval Station in Cuba from 7/29-8/14/2016 will proudly hang over the Bridgeland Festival Park Pavilion on Sunday 11/10/2019 during the Bridgeland Veterans Day Festival 2-5 pm at LV Festival Park, 16902 Bridgeland Landing.

RIDGELAND

The Flag was obtained by Bridgeland resident Captain William S. Fedor, CAPT, U.S. Navy, who donated it for our Vets Fundraiser.

Bridgeland resident Walt Bohn bought the flag to be flown in memory of all who have served in the United States Armed Forces defending freedom and democracy. Walt said the flag has historical significance as well because it was flown during pre-trial hearings of the terrorists who masterminded the 9/11 attack on the World Trade Center.

The Bridgeland Veterans Day Festival, held annually recognizes veterans and enlisted personnel thru it photographic display of Bridgeland Veterans, its Honor Wall and ceremonial reading of the names of service men and women from the Bridgeland Community.

There is fun event & teaching moment for the whole family with live music as well as many games for the children, bouncy houses, Sky Café & Iced Cupcakes food trucks and vendors.

IMPORTANT NUMBERS

BRIDGELAND COMMUNITY ASSOCIATIONS (HOA)

16902 Bridgeland Landing Cypress, TX 77433 281-304-1318 **Community Manager**

Melissa Hargrovemelissa.hargrove@inframark.com

*Lakeland Community Manager Valier Bir.....*valerie.bir@inframark.com

Administrative Assistant - Activities Director

Iliana Zuniga.....iliana.zuniga@inframark.com

Administrative Assistant - Compliance & Architectural Suzanne Hilton...... suzanne.hilton@inframark.com

> **Parkland Assistant Community Manager** Tiffany Polichnia

Receptionist & Front Desk

Fritzy Lopez...... fritzy.lopez@inframark.com

Landscape Manager

Kevin Brown kevin.brown@inframark.com

Maintenance Manager Robert J. Allard

EMERGENCY NUMBERS

EMERGENCY		
Fire		
Ambulance		
Harris County Sheriff	713-221-3300	
AREA HOSPITALS		
Cy-Fair Medical Center	281-897-3300	
North Cypress Medical Center	832-912-3500	
Willowbrook Methodist		
Memorial Hermann Cypress	346-231-4000	
SCHOOLS		
Cy-Fair ISD	281-897-4000	
Pope Elementary School	281-373-2340	

Pope Elementary School		
Robison Elementary School		
Warner Elementary School		
Wells Elementary School		
Spillane Middle School		
Smith Middle School		
Cy Woods High School		
Cy Fair High School		
Cy Ranch High School		
Bridgeland High School		
UTILITIES		
Trash - Republic Waste		
Water and Sewer		

PUBLIC SERVICES

Deal Inc	000 607 6111	
NEWSLETTER PUBLISHER		
Harris County Tax	713-224-1919	
Cypress Post Office		

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THE TIMES A newsletter for Bridgeland residents.

The Times is a monthly newsletter mailed to all Bridgeland residents. Each newsletter is filled with valuable information about the community, local area activities, school information and more.

If you are involved with a school group, play group, scouts, sports activity, social group, etc. and would like to submit an article for the newsletter you can do so online at www.PEELinc.com or you can email it <u>bridgeland@peelinc.com</u>. Personal news for the Stork Report, Teenage Job Seekers, special celebrations, birthday announcements and military service are also welcome.*Our goal is to keep you informed*!



Bridgeland Garden Club Program

Wednesday, November 6, 2019 9:30 a.m. Visitors Welcome! Lakeland Village Activity Center 16902 Bridgeland Landing at 9:30 am

My Favorite Plants Program

Each member speaks about 3-5 minutes on the plant in their garden that they could not do without. Members may bring photos, care instructions and/ or plant samples to be given away.

Kay Burkhalter will be bringing lots of free plant samples as will Kathy Rowe.

Lunch at Local Table in the Lakeland Village Center Liaison: Kay Burkhalter

RSVP to kayburkhalter@sbcglobal.net if attending for meeting & lunch





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THE CYPRESS-TOMBALL DEMOCRATS

SPEAKER: BARBARA RADNOFSKY, AUTHOR A CITIZEN'S GUIDE TO IMPEACHMENT



The Cypress-Tomball Democrats will hold its next monthly meeting Tuesday, November 19, 2019, at Rudy\'s Grill and Cantina, 11760 Grant Road, Houston. There is a meet and greet at 6:30 p.m., and the general meeting begins at 7:00 p.m.

Barbara Ann Radnofsky is a grandmother, mother, wife and professional mediator. She was

named the Outstanding Young Lawyer of Texas in 1988. In 2006, Barbara left her partnership at Vinson & Elkins to become the first woman Texas Democratic U.S. Senate nominee and in 2010 the first woman Texas Democratic Attorney General nominee.

Practicing on both sides of the docket, she has been listed for over 25 years in "Best Lawyers in America\" in multiple areas, including dispute resolution.

Barbara co-founded the Houston chapter of the National Association of Urban Debate Leagues and has served on many other charitable boards and as a volunteer peer mediation teacher in public and private schools.

Barbara's latest book is "A Citizen's Guide to Impeachment," from Melville House (New York). Ed Supkis and Barbara, married since 1982, co-own, with many other community members, Brazos Bookstore, an independent bookseller.

All are welcome to attend and to join this growing club, which meets on the third Tuesday of every month.

For more information, contact Undrai Fizer at cytomdemocrats@gmail.com, or visit the club's Facebook page.

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EXPRESSING GRATITUDE THROUGH ART



November is National Gratitude Month and local nonprofit Shield Bearer is encouraging children to practice gratitude through artwork. "Gratitude is good for you! It can help with stress, moods, and our overall health and wellbeing," shared Shield Bearer Executive Director Thad Cardine. "This art contest is a great reminder to practice gratitude each day from an early age."

Local kids ages 5 to 17 are encouraged to submit original art centered around the theme "I am grateful for..." and

THE HEART OF

INNOVATION

winners will be selected in four age categories. A fun Art Contest Party to announce the winners is planned for November 21, 2019 at Plum Coffee Shop in Cypress. Elizabeth Hale, co-owner of Plum Coffee Shop shared, "We are excited to see the kids' artwork and to celebrate all there is to be grateful for this month!"

To enter the contest, visit shieldbearer.org/art or stop by Plum Coffee Shop at 11688 Barker Cypress Rd, Cypress, TX or Shield Bearer at 12340 Jones Rd Ste 290 in Houston, TX to pick up an entry form. Final artwork submissions are due November 19, 2019.

For more information about Shield Bearer counseling services, programs, or training, visit shieldbearer.org or call (281) 894-7222.

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Learn more about heart care at Memorial Hermann Cypress Hospital at heart.memorialhermann.org



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THREE BILLION LOST

By Cheryl Conley, TWRC Wildlife Center

Recently, the journal Science published a study showing that we have lost more than 1 in 4 birds from the United States and Canada since 1970. That's 3 billion! The study was conducted by scientists at the Cornell Lab of Ornithology along with six other institutions. "Birds are excellent indicators of environmental health. Severe declines in common birds, like those shown in this study, tell us something is wrong and underscores the need to become better stewards of the planet," said Dr. Nicole Michel, senior quantitative ecologist with Audubon.

The study doesn't address why we're losing birds in such great numbers but as with many wildlife species, habitat loss has to be at the top of the list. Other reasons are as follows:

• The use of pesticides – it is estimated that the United States uses 20% of all pesticides used globally every year. That's a staggering 1.2 billion pounds. Pesticides are used for agricultural purposes, forest and rangeland management and golf courses. They are also used in and around our homes.

• Climate change – Audubon conducted a study of 588 bird species and discovered that more than half are in trouble. Three hundred fourteen bird species will lose more than half of their climatic range by 2080. To read the full report, go to https://climate.audubon.org.

• Cats – According to a study by the Smithsonian Conservatory Biology Institute, over 2.4 billion birds are killed by cats, both pets and feral, in the U.S. every year.

• Collisions - windows, wind turbines, and other structures. According to the American Bird Conservancy, up to one billion birds die every year in the US when they hit windows and other structures. The Smithsonian estimates that wind turbines account for up to 328,000 bird deaths annually.

So what can we do to be better stewards of the environment? Use organic pesticides. Keep your pet cats indoors. In some cities and communities it is illegal to let your pet cat roam free outside. Use decals or tape on your windows to prevent bird collisions. These are just a few of the many things we can do to help our environment. Let's all learn to live in harmony with the animals we share our world with.

TWRC Wildlife Center is a 40-year-old non-profit organization located in Houston. Over 5,000 ill, injured, or orphaned animals are brought to us every year in need of medical care. Be sure to follow us on Facebook and refer to our website for helpful wildlife information—www.twrcwildlifecenter.org.





VISIT BETHLEHEM THIS SEASON ON SATURDAY, DECEMBER 7TH & SUNDAY, DECEMBER 8TH 5:00-8:00 PM. <u>THIS IS A FREE EVENT FOR THE COMMUNITY!</u>

Messiah's A Night in Bethlehem is an outdoor, interactive event where individuals and families are invited to stroll through Bethlehem at their own pace. Imagine what life was like during this miraculous time in history as you visit the Spice Merchant, the Produce Market, sample the wonderful treats at the Bakery and taste the savory soup at the Soldier's Tavern. Listen to the storyteller, and visit the shepherds, & the Inn. Listen for the Kings arrival at the stable with gifts for Jesus, as Mary & Joseph look on. Don't miss this living, interactive recreation of the original Christmas story. Join us for free activities for the family including candle making, creating a clay pinch pot, sewing a coin bag or playing Bethlehem dress-up. Sample the soldiers stew, and enjoy cookies, hot cider and coffee.

Messiah A Lutheran Faith Community is a congregation of the Evangelical Lutheran Church in America (ELCA). Messiah is located at 11522 Telge Road, ½ mile north of Highway 290. Regular Sunday worship times are: 8 am—Traditions; 9:30 am— The Gathering; and 10:45 am—The Crossing. The Discovery (education) Hour is 9:15-10:15 AM on Sundays. For more information, 281-890-3013 or www.messiahlc.org. All people are welcome at Messiah.







3 Holiday Activities to Engage with Loved Ones

Any time can be the right time to enjoy memorable moments with family members, but the holidays present a special opportunity to have meaningful conversations and interactions with loved ones.

One of the best ways to spark creativity and generate memories is through activities that get the conversation started, whether it's remembering favorite moments from the past or simply sharing notes of appreciation. This holiday season, consider these activity ideas from the Funeral and Memorial Information Council, which created the "Have the Talk of a Lifetime" initiative to encourage families to facilitate conversations that become invaluable when the time comes to honor a loved one.

While these conversations can be difficult to engage in and even harder to begin, the natural bonding moments that stem from activities like these can help make the process easier.

Gratitude Tree

Start a new tradition by creating a gratitude tree, a simple decoration you can look forward to using each year as a reminder of what you and your family are thankful for.

To make a gratitude tree, collect twigs or branches, dry them out and cut them to the desired lengths. Put the branches in a vase or decorative container. Punch holes at the tops of fall-colored paper to be used as tags then instruct guests to write what they're grateful for on each tag.

Take turns reading the tags and tie them to the branches then keep the handwritten tags in a safe place until they can be read again each holiday season. Over the years, as the tree fills up, you'll have a lifetime of memories to share.

Time Capsule

Making a holiday-inspired time capsule can help strengthen family bonds while preserving treasured memories and creating opportunities for future holidays when it's time to reopen the contents.

Use a sealed container or plastic bag to protect items from moisture and mold then place the container in a box that can be decorated and stored in a safe place with related holiday decorations. Mark on the container the date it was created for future reference, and pack it with items like family-favorite recipes; notes about significant



events from that year like births, weddings, graduations and more; copies of newspapers detailing high-profile happenings; and pictures, drawings and notes from the year.

If you're patient enough to wait, try leaving the contents undisturbed at least five years to give the memories even more meaning when the time comes to relive those special moments.

Memories Tablecloth

To help keep important family footnotes front and center during future celebrations, a memorial tablecloth provides each person an opportunity to personalize a piece of popular decor. As you gather around the table for holiday meals, ask each family member to jot down a favorite memory or something he or she is thankful for along with a signature and date.

You can make it an annual event by using the same tablecloth each year and, before long, it will be filled with personal memories as a way to cherish relationships as time goes on. Just use an appropriately sized, inexpensive white canvas drop cloth. Place fabric markers in the center of the table before inviting guests to participate, and to help distinguish each year, try using different colored markers.

Find more ways to celebrate the holidays with your loved ones at talkofalifetime.org.

Photo courtesy of Getty Images #14949 Source: Funeral and Memorial Information Council Content downloaded from familyfeatures.com.

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Ingredients:

¹/₂ cup (113G) salted butter, softened
1 package (8 oz) cream cheese, softened
1 teaspoon fresh lemon zest
1 ¹/₂ cups (300g) granulated sugar
1 large egg, room temperature
1 teaspoon vanilla extract
1 teaspoon lemon extract
2 ¹/₄ cups (282g) all-purpose flour
¹/₂ cup (63g) confectioner's sugar
3 teaspoons baking powder
Topping:
¹/₂ cup confectioner's sugar, for rolling the cookie dough in

Instructions:

Preheat over to 350°F

In a large bowl using a mixer, beat butter, cream cheese, lemon zest, and granulated sugar until well blended. Add in egg, vanilla and lemon extract and mix until incorporated. Add in flour, baking powder and ½ cup confectioners' sugar. With the mixer on low, gradually beat into a creamed mixture. Using a 2-tablespoon cookie scoop, scoop the though and then roll in the remaining ½ cup of confectioners sugar. Place approximately 6 dough balls on parchment-lined baking sheets. (Cookies will spread.) Bake until the no longer appear wet on top, 8-11 minutes. After about 5 minutes of cooling on the pan (they will be soft!), place on cooling wire racks to cool completely.

Parker House Rolls

Level: Intermediate

Total: 2 hr 45 min Prep: 20 min Inactive: 2 hr Cook: 25 min Yield: about 24 rolls

Ingredients:

- 1 1/2 cups milk
- 1 stick unsalted butter, cut into pieces, plus more for brushing
- 1/2 cup sugar
- 1 package active dry yeast
- 1/2 cup warm water
- 3 large eggs, lightly beaten
- $1 \frac{1}{2}$ teaspoons salt
- 6 cups all-purpose flour

Directions:

-Place milk in a small saucepan and bring to a simmer. Remove from the heat, stir in the butter and sugar and let cool.

-Dissolve yeast in warm water and let sit until foamy. Combine milk mixture, eggs, yeast, salt, and 1/2 of the flour in a mixer with the dough attachment and mix until smooth.

-Add the remaining flour, 1/2 cup at a time, and stir until a smooth ball forms. Remove from the bowl and knead by hand on a floured surface for about 5 minutes.

-Place in greased bowl, cover, and let rise in a warm place until doubled in bulk, about 60 to 70 minutes.

-On a floured surface, punch down the dough and shape into desired shapes.

-Place on a parchment paper-lined baking sheet. Cover again and let rise until doubled, about 30 to 40 minutes.

-Preheat the oven 350 degrees F. Bake for about 20 minutes or until golden brown.

-Remove from the oven and brush with melted butter before serving.





Make plans to join us for this year's **USA FIT Cypress Turkey Trot** to burn those calories before your Thanksgiving Feast. We have a 5K and 1010K Option for runner and walkers.

Invite your family and friends! Children Welcome! The more the merrier and it's free. Non-members are welcome, they just need to sign our waiver.

Water, Gatorade and treats available at the finish line

Date: 11/28/19, Thanksgiving Morning Time: 6:30 am Place: Josey Lake Park, 1200 Bridgeland Creek Parkway, Cypress, TX.

We look forward to seeing you Thanksgiving Morning!



Excluding Pests



When the weather turns towards autumn and leads into winter, many pests start looking for a cozy place which can often lead them inside your home. By performing a thorough inspection, you can locate areas where these pests may enter and stop them before they become a problem.

Inside the home, look around doors and windows and if you see light around them it's a sign there isn't a good seal and weather stripping should be replaced. Inspect the attic for holes or entry points for small mammals such as rats, mice, and squirrels. Attic vents should be covered with stainless steel screening to block animals from entering. Outside, inspect the perimeter of the home for cracks and crevices in the foundation that should be sealed. Locate pipe and wire penetrations that enter the structure and seal areas that allow pests to enter.

Ideas on how to exclude pests from your home:

• Trim back or prune any trees and shrubs that touch or overhang the home

• Seal pipe & wire penetrations with copper mesh, sealant, or expanding foam

• Replace weather stripping around doors and windows if there is not a good seal

• Repair or replace window screens with holes

• For homes with brick or stone facades, stuff weep holes with copper mesh

• Clean debris from gutters to reduce harborage areas for pests

• Inspect all furniture, boxes, and bags for pests before carrying them into the home

• Inspect all plants for insect pests before bringing them into the home

• Do not store firewood inside the home, against outside walls, or near doors

• Use sheet metal, hardware cloth, or steel wool to seal any areas where animals have chewed to enter the home**

**make sure animal is not in the home or you'll seal it inside!

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at:

www.urban-ipm.blogspot.com

This work is supported by Crops Protection and Pest Management Competitive Grants Program [grant no. 2017-70006-27188 /project accession no. 1013905] from the USDA National Institute of Food and Agriculture.

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