

November 2019 Volume 19, Issue 11

A Night in Bethlehem

VISIT BETHLEHEM THIS SEASON ON SATURDAY, DECEMBER 7TH & SUNDAY, DECEMBER 8TH 5:00-8:00 PM. THIS IS A FREE EVENT FOR THE COMMUNITY!

Messiah's A Night in Bethlehem is an outdoor, interactive event where individuals and families are invited to stroll through Bethlehem at their own pace. Imagine what life was like during this miraculous time in history as you visit the Spice Merchant, the Produce Market, sample the wonderful treats at the Bakery and taste the savory soup at the Soldier's Tavern. Listen to the storyteller, and visit the shepherds, & the Inn. Listen for the Kings arrival at the stable with gifts for Jesus, as Mary & Joseph look on. Don't miss this living, interactive recreation of the original Christmas story. Join us for free activities for the family including candle making, creating a clay pinch pot, sewing a coin bag or playing Bethlehem dress-up. Sample the soldiers stew, and enjoy cookies, hot cider and coffee.

Messiah A Lutheran Faith Community is a congregation of the Evangelical Lutheran Church in America (ELCA). Messiah is located at 11522 Telge Road, ½ mile north of Highway 290. Regular Sunday worship times are: 8 am—Traditions; 9:30 am—The Gathering; and 10:45 am—The Crossing. The Discovery (education) Hour is 9:15-10:15 AM on Sundays. For more information, 281-890-3013 or www.messiahlc.org. All people are welcome at Messiah.





Important Numbers

important radinbers	
Robison Elementary281-213-1700	
Spillane Middle School281-213-1645	
Cy-Fair High School	
Cy-Woods High School281-213-1919	
Constable Ron Hickman, (24 Hour Emergency) 281-376-3472	
Centerpoint Energy Gas713-659-2111	
Centerpoint Emergency Gas Leaks 713-659-3552	
CenterPoint Energy713-207-2222	
Poison Control Center800-764-7661	
Cypress Mill M.U.D. #1281-374-8989	
AT&T Repair Center800-246-8464	
Street Light Outages713-207-2222	
Comcast Cable713-341-1000	
Waste Corporation of America Recycling 281-368-8397	
Principal Management713-329-7100	
Pipeline Company	
Street Lights – Center Point Energy713-207-2222	
Damaged or Burned Out Street Lights **They will need 6-digit pole number when calling**	
Harris County Road and Bridge281-463-6300	
To request street signs and to report street damage, curb damage, street flooding, or missing/damaged street signs.	
Newsletter Publisher	

Articles	Contributing Editor	Samantha Y. Obas
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Newsletter Deadline

The deadline for the newsletters is the 9th of each month. Please email articles to: cypressmill@peelinc.com

Advertising Information

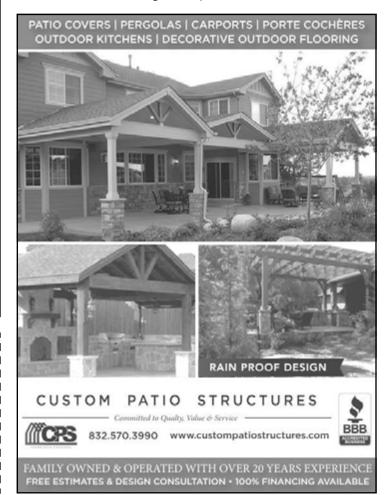
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Please Join The Cypress Ranch High School Choirs for our Winter Concert, "Candles & Carols"

Monday, December 9th, at 7:00 p.m. in the Cypress Ranch High School Auditorium.

Join us for hot chocolate, cookies and holiday cheer! For more information, please check the Cypress Ranch Choir website http://www.ranchchoir.com/ or follow us on Instagram @cyranchchoir.





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THE CYPRESS-TOMBALL DEMOCRATS

SPEAKER: BARBARA RADNOFSKY, AUTHOR A CITIZEN'S GUIDE TO IMPEACHMENT



The Cypress-Tomball Democrats will hold its next monthly meeting Tuesday, November 19, 2019, at Rudy\'s Grill and Cantina, 11760 Grant Road, Houston. There is a meet and greet at 6:30 p.m., and the general meeting begins at 7:00 p.m.

Barbara Ann Radnofsky is a grandmother, mother, wife and professional mediator. She was named the Outstanding Young

Lawyer of Texas in 1988. In 2006, Barbara left her partnership at Vinson & Elkins to become the first woman Texas Democratic U.S. Senate nominee and in 2010 the first woman Texas Democratic Attorney General nominee.

Practicing on both sides of the docket, she has been listed for over 25 years in "Best Lawyers in America\" in multiple areas, including dispute resolution.

Barbara co-founded the Houston chapter of the National Association of Urban Debate Leagues and has served on many other charitable boards and as a volunteer peer mediation teacher in public and private schools.

Barbara's latest book is "A Citizen's Guide to Impeachment," from Melville House (New York). Ed Supkis and Barbara, married since 1982, co-own, with many other community members, Brazos Bookstore, an independent bookseller.

All are welcome to attend and to join this growing club, which meets on the third Tuesday of every month.

For more information, contact Undrai Fizer at cytomdemocrats@gmail.com, or visit the club's Facebook page.

EXPRESSING GRATITUDE THROUGH ART

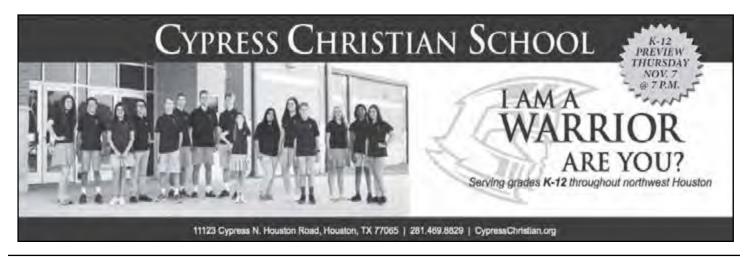
November is National Gratitude Month and local nonprofit Shield Bearer is encouraging children to practice gratitude through artwork. "Gratitude is good for you! It can help with stress, moods, and our overall health and wellbeing," shared Shield Bearer Executive Director Thad Cardine. "This art contest is a great reminder to practice gratitude each day from an early age."

Local kids ages 5 to 17 are encouraged to submit original art centered around the theme "I am grateful for..." and winners will be selected in four age categories. A fun Art Contest Party to announce the winners is planned for November 21, 2019 at Plum Coffee Shop in Cypress. Elizabeth Hale, coowner of Plum Coffee Shop shared, "We are excited to see the kids' artwork and to celebrate all there is to be grateful for this month!"

To enter the contest, visit shieldbearer.org/art or stop by Plum Coffee Shop at 11688 Barker Cypress Rd, Cypress, TX or Shield Bearer at 12340 Jones Rd Ste 290 in Houston, TX to pick up an entry form. Final artwork submissions are due November 19, 2019.

For more information about Shield Bearer counseling services, programs, or training, visit shieldbearer.org or call (281) 894-7222.





THREE BILLION LOST

By Cheryl Conley, TWRC Wildlife Center

Recently, the journal Science published a study showing that we have lost more than 1 in 4 birds from the United States and Canada since 1970. That's 3 billion! The study was conducted by scientists at the Cornell Lab of Ornithology along with six other institutions. "Birds are excellent indicators of environmental health. Severe declines in common birds, like those shown in this study, tell us something is wrong and underscores the need to become better stewards of the planet," said Dr. Nicole Michel, senior quantitative ecologist with Audubon.

The study doesn't address why we're losing birds in such great numbers but as with many wildlife species, habitat loss has to be at the top of the list. Other reasons are as follows:

- The use of pesticides it is estimated that the United States uses 20% of all pesticides used globally every year. That's a staggering 1.2 billion pounds. Pesticides are used for agricultural purposes, forest and rangeland management and golf courses. They are also used in and around our homes.
- Climate change Audubon conducted a study of 588 bird species and discovered that more than half are in trouble. Three hundred fourteen bird species will lose more than half of their climatic range by 2080. To read the full report, go to https://climate.audubon.org.
- Cats According to a study by the Smithsonian Conservatory Biology Institute, over 2.4 billion birds are killed by cats, both pets and feral, in the U.S. every year.
- Collisions windows, wind turbines, and other structures. According to the American Bird Conservancy, up to one billion birds die every year in the US when they hit windows and other structures. The Smithsonian estimates that wind turbines account for up to 328,000 bird deaths annually.

So what can we do to be better stewards of the environment? Use organic pesticides. Keep your pet cats indoors. In some cities and communities it is illegal to let your pet cat roam free outside. Use decals or tape on your windows to prevent bird collisions. These are just a few of the many things we can do to help our environment. Let's all learn to live in harmony with the animals we share our world with.

TWRC Wildlife Center is a 40-year-old non-profit organization located in Houston. Over 5,000 ill, injured, or orphaned animals are brought to us every year in need of medical care. Be sure to follow us on Facebook and refer to our website for helpful wildlife information—www.twrcwildlifecenter.org.





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Make plans to join us for this year's **USA FIT Cypress Turkey Trot** to burn those calories before your Thanksgiving Feast. We have a 5K and 1010K Option for runner and walkers.

Invite your family and friends! Children Welcome! The more the merrier and it's free. Non-members are welcome, they just need to sign our waiver.

Water, Gatorade and treats available at the finish line

Date: 11/28/19, Thanksgiving Morning
Time: 6:30 am
Place: Josey Lake Park, 1200 Bridgeland Creek Parkway,
Cypress, TX.

We look forward to seeing you Thanksgiving Morning!

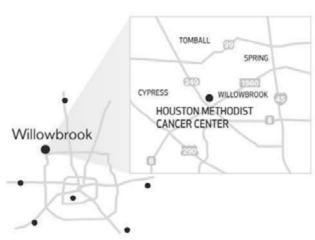




Our nationally recognized specialists are finding new ways to outsmart cancer.

From screenings and diagnosis to the most advanced treatments, our leading cancer care is available at our Willowbrook location, which also serves the Cypress, Spring and Tomball communities. We offer personalized guidance and support, so you can focus on healing, surviving and thriving.





281.737.2500 houstonmethodist.org/cancer-wb



