

BRIDGELAND FUN RUN/WALK FOR HEROES 2019

On October 2019 at 8 am the Race began with more runners/walkers and more sponsors than ever before. Perfect weather and a great race route provided an enjoyable opportunity for all. The top three male finishers were Nevin Clakely, B Elijah Warner, & Bruce Ruhlin. The top three female finishers were Callie Hendriksen, Page Maerz, & Sofia Rivas. The overall first and second finishers were Nevin Clakely at 21.58.2 minutes and Callie Hendriksen at 22.12.7 minutes.

This Race is the annual fundraiser for The Bridgeland Community Supports Veterans, Inc., a 501(c)3 charity whose goals are to 1.) Raise Funds to Build a Veterans Memorial in the Bridgeland Community in Cypress, Texas, 2.) Support Immediate needs for Veterans in the Bridgeland and Cypress Community 3.) Continue our Bridgeland Veterans Memorial Day & Bridgeland Veterans Day Festivals and 4.) to educate our children to appreciate the many sacrifices made by our United States service members.

Please go to review the marvelous 3d concept design of the Veterans Memorial @ Bridgeland by searching for "The Veterans Memorial at Bridgeland" on youtube.com.

Please, if you know of any veteran or enlisted person, who needs assistance in Bridgeland and in the Cypress Community, please send their information to kayburkhalter@sbcglobal.net

Many thanks to all our sponsors who are noted on the next page but especially to our major donors: Wheeler & Associates, HCA Houston HealthCare North Cypress, Howard Hughes Corporation, The Spencer Company, Schwartz, Page, & Harding, L.L.P., Ricky Chavez, Realtor, Better Homes & Garden/Gary Green Realtora, Texas Wealth Advisor, Robert F. Thomas C.F.A., L.L.P Financial Advisor, Precinct 5 Commissioner Steve Radack, Branch Manager Shane Bueno, Walt and Margy Bohn, and Kay Burkhalter

IMPORTANT NUMBERS

BRIDGELAND COMMUNITY ASSOCIATIONS (HOA)

16902 Bridgeland Landing Cypress, TX 77433

281-304-1318 Community Manager

Melissa Hargrove.....melissa.hargrove@inframark.com

Lakeland Community Manager

Valier Bir..... valerie.bir@inframark.com

Activities Director

Rachel Johnson rachel.johnson@inframark.com

Administrative Assistant - Activities Director

Iliana Zuniga.....iliana.zuniga@inframark.com

Parkland Assistant Community Manager

Tiffany Polichnia

Receptionist & Front Desk

Landscape Manager

Kevin Brown..... kevin.brown@inframark.com

Maintenance Manager

Robert J. Allard

EMERGENCY NUMBERS

EMERGENCY	911
Fire	911
Ambulance	911
Harris County Sheriff	713-221-3300
AREA HOSPITALS	
Cy-Fair Medical Center	281-897-3300
North Cypress Medical Center	832-912-3500
Willowbrook Methodist	281-477-1000
Memorial Hermann Cypress	346-231-4000
SCHOOLS	
Cy-Fair ISD	281-897-4000
Pope Elementary School	281-373-2340
Robison Elementary School	
Warner Elementary School	281-213-1650
Wells Elementary School	832-349-7400
Spillane Middle School	281-213-1645
Smith Middle School	281-213-1010
Cy Woods High School	281-213-1727
Cy Fair High School	281-897-4600
Cy Ranch High School	
Bridgeland High School	
UTILITIES	
Trash - Republic Waste	281-446-2030
Water and Sewer	
Gas - Centerpoint Energy	713-659-2111
Electricity - Reliant Energy	
Cable/Internet/Phone - Comcast	
Cable/Internet/Phone - AT&T	855-293-7676

PUBLIC SERVICES

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THE TIMES

A newsletter for Bridgeland residents.

The Times is a monthly newsletter mailed to all Bridgeland residents. Each newsletter is filled with valuable information about the community, local area activities, school information and more.

If you are involved with a school group, play group, scouts, sports activity, social group, etc. and would like to submit an article for the newsletter you can do so online at www.PEELinc.com or you can email it bridgeland@peelinc.com. Personal news for the Stork Report, Teenage Job Seekers, special celebrations, birthday announcements and military service are also welcome. Our goal is to keep you informed!







BRIDGELAND'S VETERANS DAY FESTIVAL 2019

On November 10, 2019 Bridgelanders gave thanks to those men & women who have served and those who continue to serve today so that American can sleep peacefully at night.

The War on Terrorism has helped us all realize how truly unique the American way of life is. The freedom we enjoy is extremely special, and that is why we must defend it. Veterans Day is the time to not only honor those have fought or are

fighting for our freedom...it is also the time for each of us to take part in protecting & cherishing freedom. The defense of freedom is not just for those in the military; each of us shares that responsibility.

Many special thanks to the Bridgeland Community Supports Veterans, Inc. taking part in that responsibility by organizing this special event.





THANK OUR SPONSORS







Kay Burkhalter



Walt & Margy Bohn

SPH

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Shane Bueno, Branch Manager

Steve Radack

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Buttercup Tans - Tom & Tami Cloud - Radiant Eye Care - Shingle Hut Roofing Dianne Tetreault - Cypress Academy - PetSuites - Cypress Creek Dental Cy-Fair Federal Credit Union - The Training Grounds - Westside Graphics Kiddie Academy of Longenbaugh Cypress - HEB - Martial Arts USA

A FEW HOLIDAY THOUGHTS...

It is good to be children sometimes, and never better than at Christmas, when its mighty founder was a child Himself. Charles Dickens

There are two ways to live your live. One is as though nothing is a miracle. The other is as though everything is a miracle.

Albert Einstein

The way you spend Christmas is far more important than how much.

Henry David Thoreau



5 Tips to Ward Off Cold Weather



Colder weather brings plenty of changes, especially in the ways you take care of your home and self. Especially when the temperature drops, extreme winter conditions can play havoc not only with your skin and health, but also your family's comfort.

Take steps to protect your family and household as the weather starts to cool this season with these practical tips:

Take steps to help prevent the flu. As temperatures drop, the chances of getting sick rise. That's partly because certain germs and viruses thrive in colder temperatures, and because the cold puts extra strain on your immune system. When it is cold outside, people are also more likely to spend time indoors (and in closer quarters) where germs are more easily spread. Do your part to help prevent the flu by washing your hands often and covering your mouth or nose when you cough or sneeze. Also be sure to stay home if you're sick and avoid exposing others to your illness.

Prepare your wardrobe. Colder weather outside means more skin sensitivities and dryness. Long pants and sleeves don't just add warmth; they also protect your skin from harsh outdoor elements.

When you haul your winter wardrobe out of storage, start the season on a comfy note by washing everything with an option like 'all Free Clear Liquid Detergent or Mighty Pacs. It's the No. 1 laundry detergent brand recommended by dermatologists, allergists and pediatricians for sensitive skin due to its hypoallergenic formula.

Dress in layers from head to toe. Bundle up with winter accessories to match the daily weather forecast. For chillier mornings and nights, cover exposed areas such as your head with a hat, neck with a scarf and hands with gloves. To accommodate warmer weather during the day, layer flexible clothing options to accommodate temperature shifts.



Stay active. Physical activity naturally warms your body in the short term. In fact, shivering is your body's natural physical response to generate body heat when you're cold. Aside from the immediate benefits, keeping active during the colder months can help in other ways, too. A healthy cardiovascular system keeps your blood flow steady and strong, and a good circulatory system plays an important role in keeping your body, and especially your extremities, warm when temperatures take a dip.

Nourish your body and skin. Preventing painful dry cracks and itchy, scaly skin is a job that requires attention inside and out. Externally, moisturize shortly after showering to trap in the water lingering on your skin, use extra lotion throughout the day on areas prone to drying and reapply lotion after washing hands. Remember to protect sensitive spots like your lips that can easily chap and crack. You can also prevent dry skin by ensuring you're drinking plenty of water and eating a healthy diet with plenty of essential vitamins and healthy fats.

For more ideas to prepare for changing weather, visit: all-laundry.com.

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Protect the World's Children this Holiday Season

The holidays signal a time for family gatherings, traditions and the spirit of giving. Make this holiday season even more meaningful by giving gifts that help children in need around the globe.

According to UNICEF, around 15,000 children die every day from preventable diseases. In over 190 countries, the organization's staffers are in the field working through war zones, natural disasters and disease outbreaks, doing whatever it takes to save children's lives. This holiday season, you can join the charge by choosing gifts that give back.

With Inspired Gifts, you can provide supplies in the name of a loved one that get delivered directly to children who need it most. Just \$19 can provide polio vaccines to protect 100 children from the deadly disease. Additional life-saving and life-changing options including food packets, educational materials and menstrual hygiene kits can be found at unicefusa.org/HolidayInspired.

If you are looking for stocking stuffers and unique finds, UNICEF Market has a vast collection of handcrafted items made by artisans from around the world. From blankets woven in India to recycled glass pitchers crafted in Mexico and more, these gifts help support the artisans and their families, keep traditional skills alive and give back to essential programs for children. Start checking off your wish lists at unicefusa. org/HolidayMarket.

As part of Louis Vuitton's #MakeAPromise pledge, a specially designed

product line of Silver Lockits is available, helping to protect children who have been exposed to diseases, natural disasters and other conflicts that threaten their safety and well-being. \$100-\$250 of each purchase go to programs that help children most in need. Find out more at louisvuitton.com/lvforunicef.

This year, Garnier USA will donate \$1 to UNICEF USA for every Whole Blends Holiday Kit sold through Dec. 31 with a minimum donation of \$300,000. Each kit purchased helps educate a child for up to one week, as it costs around 15 cents to help educate one child per day. Learn more at garnierusa.com/unicef.

Vitamin A is important for strengthening the immune system and preventing childhood blindness. Through Dec. 31, L'OCCITANE will donate \$3.95 for each Solidarity Soap purchased to support UNICEF's Vitamin A supplementation programs around the world. Available in stores or at loccitane.com/en-us/solidaritysoap.

A holiday favorite since 1950, UNICEF Greeting Cards can be purchased at IKEA, select Hallmark Gold Crown® stores and online at hallmark.com and unicefusa.org/HolidayCards2019. One hundred percent of the purchase price of each pack from IKEA will go to support the world's most vulnerable children.

UNICEF does not endorse any brand, company, product, or service. *No part of the purchase price is tax deductible. Content downloaded from FamilyFeatures.com.







No matter who you're buying for this year, putting some extra thought into the personality and hobbies of your recipient can help brighten the holiday season. Whether your list is on the shorter side or long and complex, these gift ideas - ranging from a thoughtful card to a flavorful meal or a pretty piece of jewelry to tools for the outdoors or classroom - have you covered.

Check those names off your shopping list with even more gift ideas at eLivingtoday.com. Content downloaded from FamilyFeatures.com

Holiday Gifting Made Lasy Gift ideas for everyone on your list



A Gift Full of Flavor

If you're looking for a gift for your food-loving family and friends this holiday season, this is the perfect package. With a sampling of Omaha Steaks favorites - including top sirloins, pork chops, gourmet burgers and filet mignons - the Tasteful Gift combo is guaranteed to please nearly any foodie on your list. Add in potatoes au gratin, caramel apple tartlets and an exclusive seasoning packet and you have a gourmet gift for the holiday season. Find more gift ideas at omahasteaks.com.



A Sharp Gift Idea

Any knife is only as good as the sharpness of its blade. This holiday season, get the outdoorsman or chef in your life a helpful tool like the Wicked Edge Go knife sharpener. Made from high-quality, aircraft-grade aluminum and stainless steel and easy to use for both new and veteran knife sharpeners, it

offers guided angle control while sharpening a variety of knives, giving the user choice and control over angle and edge geometry. Find more at wickededgeusa.com



Share **Holiday Joy**

Show friends and family how much they mean to you this holiday season with a Hallmark holiday card. Whether you want to share excitement with

those who go all out this time of year or just let someone know he or she is loved, sending a card is a perfect way to show you care. With a variety of cards to choose from, you can find one for everybody on your list. Discover all the ways you can make the holidays brighter at Hallmark.com/Cards.



Get Her a Gift that Wows

This holiday season, give her a gift that wows with these sparkling 3-Carat Total

Weight Diamond Tennis Bracelets from Helzberg Diamonds. Available in Rose Gold, White Gold and Yellow Gold, these stylish bracelets feature round brilliant-cut diamonds to help make your special someone feel like an MVP. Plus, for a limited time, you can save \$1,000 through Dec. 29. Find more holiday gift ideas at Helzberg.com/Holiday-Gift-Guide.



A Splash of **Scholarly Style**

Make math and science a bit more stylish for your student when he or she heads back to school from the holidays. Available in 10 bold colors,

the TI-84 Plus CE graphing calculator is superslim, durable and can last up to one month on one charge. With a multitude of functions, students can use it from middle school math and science all the way through high school and into college - plus, it's accepted on college entrance exams. Find more at education.ti.com/84CE.

BUSINESS CLASSIFIEDS

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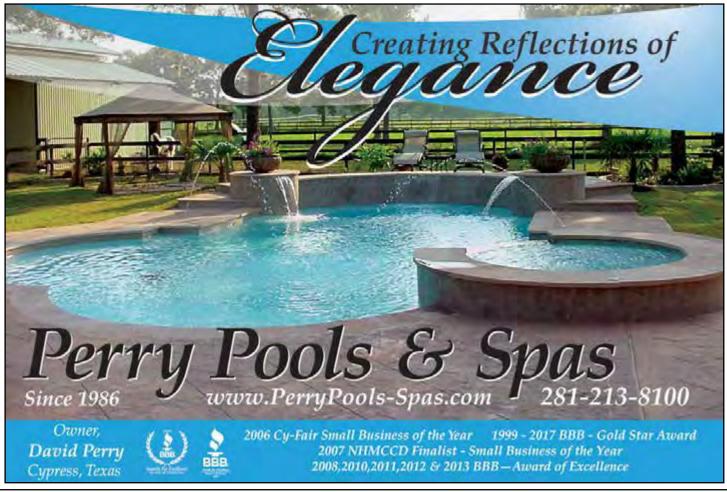
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281,737,2500 houstonmethodist.org/cancer-wb





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