



Northlake Forest

— HERALD —

December 2019

OFFICIAL PUBLICATION OF THE NORTHLAKE FOREST HOA

Volume 9, Issue 12



In this issue...
The Wildlife
Drummers
*Read more
on Page 3!*

NORTHLAKE FOREST

NLF COMMITTEES

POOL AND FACILITIES

ChairTBD
Board Liaison..... Russell McPherson

LAKE AND LANDSCAPING

ChairTBD
Board Liaison.....Paul Rath

COMMUNITY SAFETY

Community ChairCharlene Dickerson
Safety Chair Kelly Moore
Board Liaison..... Adam Kluge

ARCHITECTURAL

ChairTBD
Board Liaison Steve Velzis

NLF EVENTS / NEWSLETTER

ChairTBD
Board Liaison.....Rebecca Dessenberger

VOLUNTEERS NEEDED

All of our committees are seeking volunteers to help continue making our community a fun place to be. Just a little bit of your time can go a long way. If you are willing to help, in any way, please fill out a "Contact Us" form on the website.

NLF BOARD OF DIRECTORS

President.....Paul Rath
Vice President.....Rebecca Dessenberger
Treasurer.....Steve Velzis
Secretary.....Russell McPherson
Director.....Adam Kluge
Inframark.....Michael Quast

If you notice a problem or have a concern about something within NLF, please complete the form on our website and bring it to the attention of the management company or Board member so that the issue can be addressed.

MANAGEMENT COMPANY
Inframark

Michael Quast / Portfolio Manager
281-870-0585

Michael.Quast@inframark.com · www.inframarkims.com

Northlake Forest HOA Website: www.northlakeforesthoa.com

IMPORTANT NUMBERS

EMERGENCY NUMBERS

Poison Control 1-800-222-1222

NON-EMERGENCY NUMBERS

Mark Herman Constable, Precinct 4..... (281) 376-3472
Harris Cnty Sheriff's Office @ HWY 249 .. (281) 290-2100
Cy-Fair Volunteer Fire Dept @ Telge Rd.... (281) 550-6663
Harris Cnty Courthouse @ Cypresswood... (281) 376-2997

GOVERNMENT NUMBERS

Harris County Animal Control..... (281) 999-3191
Harris County Public Health & Environmental Services
..... (713) 439-6000
R. Jack Cagle - Community Assistance Dept.
..... (281) 353-8424
Social Security Administration 1- (800) 772-1213
Department of Public Safety @ West Rd.... (281) 517-1333
Department of Pubic Safety @ Grant Rd ... (281) 890-5440

POST OFFICE

USPS @ Spring Cypress..... (281) 373-9125
The UPS Store @ Spring Cypress (281) 304-6800
FedEx Office @ Barker Cypress..... (281) 256-8323

LIBRARY

Lone Star College CyFair Library
Circulation Desk (281) 290-3210
Northwest Branch Library
@ Regency Green Drive..... (281) 890-2665
Barbara Bush Library @ Cypress Creek (281) 376-4610

SCHOOLS

Administrative Offices (281) 897-4000
Farney Elementary (281) 373-2850
Goodson Middle School (281) 373-2350
Cy-Woods High School (281) 213-1800

UTILITIES

NW Harris County MUD #10..... (832) 467-1599
Best Trash (281) 313-2378
CenterPoint Energy Gas (713) 659-2111
Relient Energy Electricity 1-(855) 347-3232
..... www.powertochoose.com

NEWSLETTER INFO

EDITOR

Rebecca Dessenberger trevino71568@comcast.net
*All articles are due by 10th of the month to be
considered for publication*

PUBLISHER

Peel, Inc. www.PEELinc.com, 512-263-9181
Advertising..... advertising@PEELinc.com

(Continued from Cover)

The Wildlife Drummers

By Cheryl Conley, TWRC Wildlife Center

Is it a red-headed woodpecker or a red-bellied woodpecker? One would think that the names are self-explanatory, right? One has a red head and one has a red belly. Both birds have red feathers on their heads so you might hear people tell you they saw a red-headed woodpecker when in fact it was a red-bellied woodpecker that they saw. A red-bellied woodpecker was named for an area on the lower front that is actually a light pinkish-rosy color—not really red. The top and back of the male's head is red. Females lack the red crown but do have a red patch on the nape of the neck. Red-headed woodpeckers have a solid red head, neck and the top of the breast.

Both red-bellied and red-headed woodpeckers are year-round residents in our area with the red-bellied being the most common. They eat insects, acorns, other types of nuts, berries, fruit, seeds, and will also eat sap from trees, mice, and nestlings (baby birds). They like to store food in cracks and crevices of trees.

Woodpeckers like to use their beaks to “drum” on hollow limbs, utility poles, gutters or the siding of your house. This “drumming” is used to attract and communicate with potential mates, to communicate a food source to its mate or can be a call for help at the nest. They can drum up to twenty times a second.

The red-bellied female will lay up to five eggs. One egg is laid each day. Babies are fed by both parents for up to four weeks. Once they fledge, Mom and Dad will continue to look after them for another six or more weeks. The red-headed female will lay between four and seven eggs. Both parents feed the babies. What's unique about the red-bellies is that they can have two broods in the same season. They may still be caring for their fledglings while attempting to have their second brood.

Some interesting facts about woodpeckers are:

- Woodpeckers have stiff feathers near the nostrils that prevent small pieces of wood from getting into the nostril.
- They have extremely sharp claws for hanging on trees. There are four toes on each foot and the arrangement of the toes is called “zygodactyl.” The first and fourth toes are pointed backwards, the second and third face forward.
- The tail of the woodpecker has spikes that dig into tree trunks and helps to keep the bird anchored.
- Woodpeckers have extraordinarily long tongues. There is a barb at the tip for catching insects and grubs.

Texas Wildlife Rehabilitation Coalition (TWRC) is celebrating 40 years serving the greater Houston area. Thank you to all of our supporters and those that care about wildlife as much as we do. If you have questions or would like to volunteer, call 713.468.8972.

ALBION HURRICANES

Albion Hurricanes FC (AHFC), established in 1989, is leading the way in South Texas youth soccer by inspiring and developing young men and women through world class coaching and innovative techniques, as well as instilling the proper framework, self-esteem, confidence and sportsmanship within our athletes.

The club invites all interested competitive players from the ages of 7 to 13, to the Player Evaluations and to become part of our success. AHFC competitive evaluations will be the first week of December. We ask that all interested players pre-register before coming out to the fields. Please visit albionhurricanes.org for details about your particular campus. Players older than 13 interested in joining AHFC will need to contact the Directors below.

Boys Director: Mark Rufo - mrufu@albionhurricanes.org

Girls Director: Dan Hill - dhill@albionhurricanes.org

ECNL/Elite Director: Steve Firth - sfirth@albionhurricanes.org

AHFC also offers JHSL (a recreational program for 4 - 10 year old) at our Cy Fair and Central locations and offers additional training at Katy Friday Night Academy as well as Thursday Night Academy for players in the New Territory area

Visit albionhurricanes.org to register and for times and dates of the evaluations.

Happy Holidays from

WIRED GENERATORS
ELECTRICAL SERVICES *by WIRED*

713-467-1125
www.wiredes.com
Residential & Commercial Service
Family Owned & Operated

- Panel Upgrade / Replacement
- Additional Plugs and Outlets
- Smoke Detectors
- Troubleshooting
- TV Mounting

\$20 OFF
Your Next Service Call!
Not to be combined with any other discount or offer.
Expires 1/1/20

5 Year Warranty*
100% Customer Satisfaction Guaranteed

Generators by WIRED

VISA
MasterCard
American Express
Discover
BBB
Master #100394-TECL # 22809

The Junior Tiger Fun Run

The Klein Collins Cross Country and Track and Field Programs are pleased to announce the return of the Junior Tiger Fun Run. In its 6th edition, the run will take place on January 25, 2020. The event benefits KCHS' track and field and cross country programs and offers a Kids 2K and 3K by grade, Parent 5K as well as the Tiger Marketplace!

The event will take place on January 25, 2020 at Klein Collins High School Track. Registration is now open online at <https://kleincollinsxctrack.teamapp.com/events/9551783>. Cost is \$18 children and \$20 adults, and \$20/\$25 for regular registration. The first 150 runners registering for the event will receive a free T-shirt and goodie bag. All proceeds from the Fun Run benefit the Klein Collins boys and girls Cross Country and Track Programs.



Cypress-Tomball Democrats' Holiday Party

December 10, 2019 7:00pm
Campioni's Restaurant, 13850 Cutten Rd

Members, their families, and guest are invited to join us for our annual CyTom Democrats Holiday Party. Members who are current with dues, can participate free. Memberships are \$25 for a single membership, and \$40 dollars for couples. The price for guests is \$30.

Members & guests are asked to bring a child's gift/toy to the party. These gifts will be donated to Cypress Assistance Ministries.

RSVP as soon as possible, by clicking on the Event link & clicking 'going' to ensure an accurate head-count

<https://www.facebook.com/>

[events/470279523623047/?active_tab=about](https://www.facebook.com/events/470279523623047/?active_tab=about)

RSVPs may also be sent to CyTomDemocrats@gmail.com

2019 Cypress-Tomball Holiday Dinner



Bridgeland HS Theatre presents *The Lost Boy*. This is a fictional account of the author's creation of the Peter Pan character, sure to warm your heart. Showtimes are 7 PM on December 6, 7, 13 and 14. Tickets available at bridgelandhstheatre.org

Cypress Christian School Events

Cypress Christian Advanced Theatre students competed in the Division I TAPPS One Act Play competition. Students performed their production of *These Shining Lives* by Melanie Marnich and received third place in district..

National Junior Honor Society is hosting our annual Operation Christmas Child.

The purpose of OCC is to share the gospel with children around the world by filling shoe boxes with small Christmas gifts.

On January 16, 2020, 7p.m. future sixth graders and their parents are invited to explore sixth grade with the help of the Middle School Principal, Dean of Students and current CCS parents. Classroom tours will be available. The event will begin in the West Gym.

On January 30, 2020, 7p.m. future kindergartners and their parents are invited to our Kindergarten Preview. The event will be held in the Elementary Building.



OUTSMARTING CANCER

in Northwest Houston

Willowbrook • Cypress • Spring • Tomball

Our nationally recognized specialists are finding new ways to outsmart cancer.

From screenings and diagnosis to the most advanced treatments, our leading cancer care is available at our Willowbrook location, which also serves the Cypress, Spring and Tomball communities. We offer personalized guidance and support, so you can focus on healing, surviving and thriving.

HOUSTON
Methodist
CANCER CENTER



281.737.2500

houstonmethodist.org/cancer-wb

5 Tips to Ward Off Cold Weather



Colder weather brings plenty of changes, especially in the ways you take care of your home and self. Especially when the temperature drops, extreme winter conditions can play havoc not only with your skin and health, but also your family's comfort.

Take steps to protect your family and household as the weather starts to cool this season with these practical tips:

Take steps to help prevent the flu. As temperatures drop, the chances of getting sick rise. That's partly because certain germs and viruses thrive in colder temperatures, and because the cold puts extra strain on your immune system. When it is cold outside, people are also more likely to spend time indoors (and in closer quarters) where germs are more easily spread. Do your part to help prevent the flu by washing your hands often and covering your mouth or nose when you cough or sneeze. Also be sure to stay home if you're sick and avoid exposing others to your illness.

Prepare your wardrobe. Colder weather outside means more skin sensitivities and dryness. Long pants and sleeves don't just add warmth; they also protect your skin from harsh outdoor elements.

When you haul your winter wardrobe out of storage, start the season on a comfy note by washing everything with an option like 'all Free Clear Liquid Detergent or Mighty Pacs. It's the No. 1 laundry detergent brand recommended by dermatologists, allergists and pediatricians for sensitive skin due to its hypoallergenic formula.

Dress in layers from head to toe. Bundle up with winter accessories to match the daily weather forecast. For chillier mornings and nights, cover exposed areas such as your head with a hat, neck with a scarf and hands with gloves. To accommodate warmer weather during the day, layer flexible clothing options to accommodate temperature shifts.



Stay active. Physical activity naturally warms your body in the short term. In fact, shivering is your body's natural physical response to generate body heat when you're cold. Aside from the immediate benefits, keeping active during the colder months can help in other ways, too. A healthy cardiovascular system keeps your blood flow steady and strong, and a good circulatory system plays an important role in keeping your body, and especially your extremities, warm when temperatures take a dip.

Nourish your body and skin. Preventing painful dry cracks and itchy, scaly skin is a job that requires attention inside and out. Externally, moisturize shortly after showering to trap in the water lingering on your skin, use extra lotion throughout the day on areas prone to drying and reapply lotion after washing hands. Remember to protect sensitive spots like your lips that can easily chap and crack. You can also prevent dry skin by ensuring you're drinking plenty of water and eating a healthy diet with plenty of essential vitamins and healthy fats.

For more ideas to prepare for changing weather, visit: all-laundry.com.

Content courtesy of 'all. Photos courtesy of Getty Images. Downloaded from FamilyFeatures.com

CYPRESS CHRISTIAN SCHOOL



11123 Cypress N. Houston Road, Houston, TX 77065 | 281.469.8829 | CypressChristian.org

K-12
PREVIEW
THURSDAY
NOV. 7
@ 7 P.M.

I AM A WARRIOR ARE YOU?

Serving grades K-12 throughout northwest Houston



Still on the Fence About Hosting an Exchange Student?

You don't have any kids? Are you a single parent? Same sex couple? An empty nester? This is not a problem, we place our students in all kinds of families!

You're not rich? Neither am I! Your exchange student comes with their own spending money and health insurance. All you provide is room/board and three meals a day. Oh and TLC... but that's free.

Live in the middle of no where? Small town? Not a big deal. Some kids prefer to get away from the hustle and bustle of big cities. The exchange students also do pretty well in small schools, as they usually get to be the center of attention and make friends rather quickly. Our students also get chances to travel to New York, Washington DC, Hawaii and California... so they can get their fill of the city life and return back to the peaceful sounds of nature.

Do you consider yourself a boring person? More than likely this is not true, and you should quit being so hard on yourself. Your student will make friends. Your student will meet other exchange students. Your student will attend activities offered by our program. Your student will get involved in sports and school clubs. Your purpose is not to entertain them. But you

might find that you bring a little adventure to each others lives.

Kids are too young? Great! Lots of students love young kids, and your kids will love them. It's beneficial to introduce your kids to new cultures at a very young age. You're preparing them to accept people no matter what the religion, color of their skin, or language they speak. That my friend, is good parenting.

Don't hold back! This is a gret experience for both parties. You get the opportunity to change a child's life. You get the satisfaction of seeing them grow, even after they leave your home into becoming a doctor, a lawyer, a diplomat, artist, teacher... the list goes on. And you contributed to that success! And the best part of it all, is you gain another family member for life. We need people like you to give these kids a chance.

STS Foundation is a 501(c)(3) organization whose mission is to place exchange students in our area. If you are interest in hosting, please contact me at 832-455-7881 or at vicki.stsfoundation@yahoo.com. I'll be happy to answer any question you might have and get you started on hosting your very own student!



PEEL, INC.

1405 Brandi Ln
Round Rock, TX 78681

PRSRT STD
U.S. POSTAGE
PAID
PEEL, INC.

NLF

