



Aember Traditions

Breakfast 7-2:00 pm Weekends Pasta Night 5-8:00 pm Gourmet Burger's all day Thursdays

Holiday Hours:

Monday 12/231

Regular Hours

Tuesday 12/24

Kitchen Closed

19th Hole Open 9-12:00 pm Christmas Dinner to go pick up 9-11 AM Carts in by 2:00 pm

Christmas Day

Merry Christmas Club Closed

Thursday 12/26 & Friday 27th

19th Hole: 10:00 am—8:00pm Golf Shop: 7:00 am—5:00 pm 12/26: Fitness Center 8-9:00 pm 12/27: Fitness Center 6:00—9:00 pm

Wednesday New Year's Eve

19th Hole 7:00 am—4:00 pm Kitchen 7:00 am—4:00 pm Carts in by 2:00 pm

Thursday New Years Day

Clubhouse Closed Fitness Center 8:00 am —9:00 pm

December

2018

SUN	MON	TUE	WED	THU	FRI	SAT
1 MGA	2	\$	4 Pasta Night	5 Gourmet Burgers LGA	6	7
8 Pancakes & PJ'a with Santa WCGA	9	10 SMGA Christinus	11 Pasta Night	Gourmet Bargers	13	14
15	16	17	18 Pasts Night	Gourmet Bargers	20	21
22	23	24 Christmas To Go Piek Up	Merry Christmas	Gourmet Burgers	27	28
29	30	31	Happy New Year!			

Clubhouse Hours

Monday 19th Hole 10-4:00 Kitchen 10-2:00 Tuesday: 19th Hole 10-6:00 Kitchen 10-4:00 Wed-Friday: 19th hole 10-8 Kitchen 10-8 Saturday: 19th hole 7-9 Kitchen 7-8 Sunday: 19th hole 7-6 Kitchen 7-4

Fitness Center Hours

Monday Thursday: 6am—9:30PM Friday: 6am—9pm Sat & Sun: 8am—8p

Pro Shop Hours

7 am - 5 pm

Phones 332 445 2100 Main Line 332 445 2115 Golf Pro Shop 332 445 2120 Tennis Pro Shop 632 445 2105 Membership 532 445 2104 Private Events/Miss Relations

\$32 445-2116 19th Hole/To Go Orders

18100 Walden Forest Drive Humble, Texas 77346

Copyright © 2019 Peel, Inc.

The Clippings - December 2019 1

IMPORTANT CONTACTS

2019 BOARD OF GOVERNORS CONTACT LIST

Debbie Banta - tiredofspam@eathlink.net

John Edgar - je_edgar_jr@yahoo.com

James Gregory - jamespatrickgregory@comcast.net

Jack Sauer - jsauer@hotmail.com

Angie Clark - angieclark776@gmail.com

Armand Russo - avrintx@aol.com

Josh Goolsby - jdfmoc@gmail.com

NEWSLETTER

Peel, Inc.

advertising@PEELinc.com 512-263-9181 or

888-687-6444

CLUB MANAGEMENT TEAM

Bob Strohecker- General Manager

bstrohecker@waldencc.com, 832-445-2107

Tanna Shelton – Membership Director

tshelton@waldencc.com. 832-445-2105

Cathy Bellnap – Private Events Director cbellnap@waldencc.com, 832-445-2104

Olle Karlstrom - Director of Golf

okarlstrom@waldencc.com, 832-445-2115

Kevin Lyles - Golf Course Superintendent

klyles@waldencc.com, 832-445-2114

Joshua Lujan – Food and Beverage Director

Jlujan@waldencc.com

Tom Tanes - Executive Chef

ttanes@waldencc.com

Kim Mello - Club Accountant

kmello@waldencc.com, 832-445-2117







SUNDAY, DECEMBER 8TH 9:00-1:00 pm at walden co

\$10 per person includes Pancake Breakfast Buffet &

Pictures with Santa This event is SOLD OUT!

This event is for Members of Walden CC and their guests only.

5 Tips to Ward Off Cold Weather

Colder weather brings plenty of changes, especially in the ways you take care of your home and self. Especially when the temperature drops, extreme winter conditions can play havoc not only with your skin and health, but also your family's comfort.

Take steps to protect your family and household as the weather starts to cool this season with these practical tips:

Take steps to help prevent the flu. As temperatures drop, the chances of getting sick rise. That's partly because certain germs and viruses thrive in colder temperatures, and because the cold puts extra strain on your immune system. When it is cold outside, people are also more likely to spend time indoors (and in closer quarters) where germs are more easily spread. Do your part to help prevent the flu by washing your hands often and covering your mouth or nose when you cough or sneeze. Also be sure to stay home if you're sick and avoid exposing others to your illness.

Prepare your wardrobe. Colder weather outside means more skin sensitivities and dryness. Long pants and sleeves don't just add warmth; they also protect your skin from harsh outdoor elements. When you haul your winter wardrobe out of storage, start the season on a comfy note by washing everything with an option like 'all Free Clear Liquid Detergent or Mighty Pacs. It's the No. 1 laundry detergent brand recommended by dermatologists, allergists and pediatricians for sensitive skin due to its hypoallergenic formula.

Dress in layers from head to toe. Bundle up with winter accessories to

match the daily weather forecast. For chillier mornings and nights, cover exposed areas such as your head with a hat, neck with a scarf and hands with gloves. To accommodate warmer weather during the day, layer flexible clothing options to accommodate temperature shifts.

Stay active. Physical activity naturally warms your body in the short term. In fact, shivering is your body's natural physical response to generate body heat when you're cold. Aside from the immediate benefits, keeping active during the colder months can help in other ways, too. A healthy cardiovascular system keeps your blood flow steady and strong, and a good circulatory system plays an important role in keeping your body, and especially your extremities, warm when temperatures take a dip.

Nourish your body and skin. Preventing painful dry cracks and itchy, scaly skin is a job that requires attention inside and out. Externally, moisturize shortly after showering to trap in the water lingering on your skin, use extra lotion throughout the day on areas prone to drying and reapply lotion after washing hands. Remember to protect sensitive spots like your lips that can easily chap and crack. You can also prevent dry skin by ensuring you're drinking plenty of water and eating a healthy diet with plenty of essential vitamins and healthy fats.

For more ideas to prepare for changing weather, visit all-laundry.com. Content courtesy of 'all. Photos courtesy of Getty Images. Downloaded from FamilyFeatures.com





Copyright © 2019 Peel, Inc.

The Clippings - December 2019 5

The Clippings

At no time will any source be allowed to use The Clippings contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in The Clippings is exclusively for the private use of Walden on Lake Houston Golf and Country Club and Peel, Inc.

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

- * The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.
- * Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.
- * Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.



LAKE HOUSTON LADIES CLUB DECEMBER MEETING



The Lake Houston Ladies Club is a social organization dedicated to connecting women through monthly luncheon meetings, social activities and various interest groups. Our next luncheon will be on Tuesday, December 17, from 10:00-12:30 at the Walden Country Club, 18100 Walden Forest Drive in Humble, TX 77346. The cost of the event is \$20 per person and includes lunch and entertainment.

The Statesmen Chorus will perform a holiday music show for us in the barbershop harmony style. The chorus is a dedicated group of gentlemen who practice diligently to sing an amazing a cappella repertoire. Please join us to hear this delightful group and to get into the holiday spirit.

The club welcomes new members from all surrounding areas. Many interest groups are available including Bunco, Tea Time, Hand Knee and Foot, Shooting Club, Scrabble 'N Babble, Artsy Smartsy, Movie Group, Mah Jongg, Lunch 'N Look, Supper Club, Game Day, Mexican Train, Reader's Choice and Bridge. There are also events during the year that include spouses or significant others. The club is an excellent way to meet new people and make new friends.

Please join us. New members are always welcome. For more information about the club and for luncheon reservations, please go to the club web page at http://www.lakehoustonladiesclub.com or call Karen at 281-900-5584 by Monday, December 9.

Christmas Dinner From Walden CC

Enjoy your dinner with none of the hassle. Order your full dinner from the Club and we will have it Hot & ready for you to pick up on Christmas Eve.

Whole 12–14 pound Oven Roasted Turkey Traditional Gravy, Green Bean Casserole or Roasted Brussel Sprouts with Bacon & Onions Mashed Potatoes & Cornbread Dressing Cranberry Sauce

18 Pound Smoked Ham Green Bean Casserole or Roasted Brussel Sprouts with Bacon & Onions Mashed Potatoes

Choice of:

Pumpkin or Pecan Pie or White Chocolate Bread Pudding with Whiskey Sauce

> Dinners Serve 8-10 guests Turkey Dinner \$145+ Ham Dinner \$155+ Turkey & Ham \$175+

Pick up available Christmas Eve 10:00 am—12:00 pm

Call 832-445-2104 to place your order by December 18th









