

THE ATASCOCITA FOREST COMMUNITY GAZETTE

VOL 4 ISSUE 1 | JANUARY 2020



THE OFFICIAL MONTHLY NEWSLETTER OF THE ATASCOCITA FOREST COMMUNITY ASSOCIATION

ATASCOCITA FOREST BOARD

The mission of the Atascocita Forest Community Association Board is to represent the homeowners and work for the common good of our neighbors. The members of the board are your neighbors.

They live in Atascocita Forest and serve voluntarily for three-year terms. They are elected to the Board of Directors by Atascocita Forest residents at the Annual Meeting in February. Above all, the members of the board care about the community and the people who live here.

One of the primary duties of the board is to administer the regulations contained in the Atascocita Forest covenants and guidelines. Though these decisions sometimes cause disagreement, please remember that the regulations are designed to protect the property values in our neighborhood, which in turn protects the interests of all residents.

Current Board Members are:

Troy King - President/Treasurer

Kesha Stubblefield - Vice President

Tomasina Sampa - Secretary

Norman Laskie – Director

Janet Cowart - Director

SAVE THE DATE!

HOA Board Meetings are the 2nd Monday of every month. The next meeting will be January 13th, 2020 at 6:30 p.m. It will be held at the Community Asset Management (CAM) Office located at 9802 FM 196 Bypass Rd W, Ste 210, Humble, TX 77338.

The MUD Board generally meets on the last Monday of the month at noon at the offices of: Radcliffe Bobbitt Adams Polley PLLC 2929 Allen Parkway, Suite 3450 Houston, Texas 77019 The next meeting will be Monday, January 27th, 2020 at Noon.

2019 CHRISTMAS LIGHTS WINNERS

Congratulations to the winners of the 2019 Christmas Lighting contest! Winners each got \$50 prize money for the Best Overall and Community Favorite category and all others received \$25 prize money and of course bragging rights until next year!

Best Lights: Congratulations to Patrick and Michelle Courtney! The blue lights and white animations for contrast were absolutely breathtaking in person! The picture does not do it justice.



Most Colorful: Congratulations to Gonzalo Barcenas. There was so much to see!



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ATASCOCITA FOREST

IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY	911
Harris County Animal Control	281-999-3191
Poison Control	800-222-1222

NON-EMERGENCY NUMBERS

Pct 4 Constable Non-Emergency Dispatch.....	281-376-3472
Atascocita Volunteer Fire Dept.	281-852-2181
Harris County Precinct 4	281-376-3472
Texas No Call List Registration	866-TXN-OCAL
Emergency Roadside Assistance.....	800-525-5555

SCHOOLS

Humble ISD	281-540-1775
Whispering Pines Elementary.....	281-641-2500
Humble Middle School.....	281-641-2500
Humble High School	281-641-6300

UTILITY NUMBERS

Report Power Outage - Centerpoint.....	713-207-7777
Report Street Light Outage - Centerpoint	713-207-2222
Report Gas Leak - Centerpoint	713-659-2111
Centerpoint (Gas)	713-659-2111
Call Before You Dig	811
Water - SiEnvironmental.....	832-490-1600
Emergency Number	832-490-1601
Electricity - Multiple Providers.....	www.powertochoose.org
Trash - RR&R of Texas.....	866-516-9805
MUD District	www.TrailoftheLakesMUD.com

PUBLIC SERVICES

Humble Post Office.....	281-540-1775
DPS Office.....	281-446-3391
Harris County Clerk (Will Clayton Pkwy.)	281-540-1173

NEIGHBORHOOD MANAGEMENT

Community Asset Management	
www.CommunityAssetManagement.com	
Pam Valentine.....	pvalentine@cam-texas.com

ATASCOCITA FOREST COMMUNITY ASSOC.

Email the Board	board@atascocitaforest.org
Website Questions/Problems	website@atascocitaforest.org
Newsletter questions.....	newsletter@atascocitaforest.org

BOARD MEMBERS

Troy King - President & Treasurer ...	troy@atascocitaforest.org
Kesha Stubblefield - Vice President....	kesha@atascocitaforest.org
Tomasina Sampa - Secretary	tomasina@atascocitaforest.org
Norman Laskie - Director	norman@atascocitaforest.org
Janet Cowart - Member.....	janet@atascocitaforest.org

Have You Logged On Yet?

<https://www.atascocitaforest.org/>

Features of the Atascocita Forest Community Intranet include:

- Receive e-blasts from the Association (i.e. Association news, announcements, community events, local area happenings and more!)
- Resident Directory
- Current Events and Activities
- Documents and Forms (i.e. ACC guidelines, deed restrictions, financials etc.)
- Event Photos and MORE!

Street Light Out?

Street Light Out? Centerpoint Energy maintains streetlights throughout Atascocita Forest. If a light is out or blinking, please report it. We pay for all of the street lights in our subdivision.... every month...regardless if they are illuminated or not!! This is also a serious safety issue. To report an outage, follow these steps:

Call CenterPoint at (713) 207-2222 during normal business hours (7am -7 pm) or

Report it online at <http://cnp.centerpointenergy.com/outage>.

You will be asked to provide the following:

- A pole number for the non-functioning lights you want to report.
 - Contact information (in case more information is needed to locate a streetlight)
 - An e-mail address (if you want feedback regarding your repair request)
 - The number of streetlights you would like to report
- The system will guide you through the remaining steps.
- Streets

Traffic Issues

When a resident reports that someone has run a stop sign or is speeding, refer them to the local police department's non-emergency number. We can't control the way people drive but we can be understanding of the residents concern and listen. Referring them to local law enforcement is the only suggestion we can make.

Who to Contact Info

Harris County Sheriff <http://www.harriscountysoc.org>
(713) 221-6000

Constables Prec. 4 <http://www.cd4.hctx.net>
(281) 376-3472

ATASCOCITA FOREST

Most Creative: Congratulations to Hector Tamez!
This was absolutely a feat of some imaginative construction!



Most Elaborate: Congratulations to Sharon Breshears!
There is so much to see at this amazing display of lights and decorations.



ATASCOCITA FOREST

Community Favorite: Congratulations to Robert and Yvette Nunn!
This was definitely a sight to see!



Best Overall: Hector and Cassandra Reyes did a great job with lights and enough yard art to light up their corner.



Top Tips to Get Ready to Run



(Family Features) You've made the decision to get in shape, and whether your goal is a full marathon or simply a few laps around the neighborhood, there are a few steps to consider taking before you strap on those shoes and head toward the finish line.

Here are a few tips to help get you ready for the big race:

Seek Quality Sneakers - Feet come in a variety of widths and sizes, so visit a specialty running store to find perfect-fitting sneakers. These may come with a hefty price tag, but there are no shortcuts for comfort and support while running long distances.

Make a Schedule - Try to aim for at least 10 hours of training per week, including three days where you run and two or three days of other physical activity such as cycling or strength training. To avoid exhaustion, be sure to include at least 1-2 "rest" days per week.

Stick with Water - Avoid sports drinks that are loaded with preservatives and sugars. You can't go wrong with the hydrating power of water. As a rule, try to consume at least 6-8 ounces of water for every 20 minutes you run. Proper hydration after the run is also vital.

Go Online - Many websites have training guides for various skill levels or different types of races. If you have a smartphone, look for apps that can take you through day-by-day workouts to get you marathon-ready.

Nutrition - Filling your body with the proper amount of fuel can help ensure finish-line success. Load up on quality carbohydrates, such as beans, peas, whole-wheat pastas, whole-grain cereals, apples, brown rice and root vegetables. Protein also plays an important role in a runner's nutrition, so fill up on lean meats, fish, eggs, low-fat dairy, peanut butter and soy protein sources, as well.

By following these general rules, you'll be able to focus on achieving your goal and enjoy the thrill of finishing the race. Find more tips for a healthier lifestyle at eLivingToday.com.

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