

JANUARY 2020 | VOLUME 8, ISSUE 1

2020 Assessment Payments

Each year, assessments are due on January 1 but did you know that you could make payments, in advance? Any payment made will be credited to your account and reduce the total amount that is owed on January 1, 2020.

If you would like to take advantage of this option, you can send a check to:

Sterling Lakes POA C/O Principal Management Group P.O. Box 3157 Houston, TX 77253-3157 Be sure to include your account number in the memo line

Be sure to include your account number in the memo line of your check.

* Please note the assessment fee has not been set at this time.



Fireworks Prohibition in the Deed Restrictions

The Board asks that residents refrain from celebrating holidays with the use of fireworks and fireworks display. This not only poses a nuisance and disturbance to your neighbors, it also leaves a messy aftermath to be cleaned up. Thank you for helping to keep Sterling Lakes fireworks free!



By Cheryl Conley, TWRC Wildlife Center

I often say that I'm working harder now as a volunteer president of a board of directors than I ever did as a paid employee. The hours are long, the work can be frustrating, and worrying about keeping our doors open is very stressful. But all it takes is for me to hold a tiny, helpless little opossum in my hand or witness the release of an animal back to the wild and I know why I do it. A sense of calm and purpose takes over and I feel great about what I'm doing.

People volunteer for a number of reasons. Some are retired and are looking for something meaningful to do. Some are students wanting to learn more about their chosen field of study. Some feel it's a way to pay it forward and some don't have a choice. They have to complete court-ordered community service.

I think we would all agree that helping others makes a person feel good but did you know that studies show there are health benefits from volunteering? According to Rodlescia Sneed, a public health research associate at Michigan State University who has studied the impacts of volunteering, "In my own work I've shown it's linked to improvements in factors like depressive symptoms, purpose in life, and feelings of optimism." It's also been shown to lower blood pressure and reduces the feelings of depression.

Here's a list of all the benefits of volunteering according to Non-Profit Hub:

- Boosts self-esteem
- Expands your connections some people are just born with the

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HELPFUL PHONE NUMBERS

Sterling Lakes Property Owners Association

PMG/Agent	(713) 329-7100
SplashPad Texas Onsite Office	. (281) 778-2000
Gate Attendant	. (281) 778-2015
Priority Protection & Investigations (PPI)	. (281) 210-6185
Houston National Golf Club	. (281) 304-1400

Utilities

En-Touch (Customer Service)(281) 225-1000
Electricity (TXU)
Gas (Centerpoint)
Trash (Waste Management)
Water (Si Environmental, LLC)(832) 490-1600
Electricity (street light outage) www.centerpointenergy.com/outage
Texas One Call System (Call Before you Dig)811
Property Tax Authorities

Brazoria County Tax	(281)	756-1320
MUD #31 Operator	(281)	482-0216

Public Services

Rosharon Post Office	
Toll Road EZ Tag	
Voters Registration	
Vehicle Registration	
Drivers License Information	
Alvin/Manvel Chamber	
Animal Control	

Police & Fire

Emergency
Brazoria County Sheriff's Dept (281) 756-2392
Iowa Colony Vol. Fire Dept. (non emergency) (281) 369-3969
Emergency Medical Services (non emergency) (281) 489-6144
Poison Control

Education

Alvin ISD	
Bel Nafegar Sanchez Elementary (PreK-5)	(713) 814-7000
Manvel Junior High (7-8)	
Manvel High School (9-12)	

Higher Education

Alvin Community College.....(281) 756-3500

The Association doesn't verify, endorse, or approve any products, information or opinions mentioned at Association sponsored functions or contained in this community newsletter.

TO CONTACT THE BOARD, OR FOR INFORMATION ABOUT YOUR ACCOUNT:

Please call or e-mail your PMG representative,

Sue Edmonds

Principal Management Group of Houston 11000 Corporate Centre Drive, Suite 150 Houston, TX 77041 Direct Office Phone: 832-864-1218 Email: sedmonds@pmghouston.com

Sterling Lakes Board Members

Rachel Gwin	. Land Tejas
Linda Houston	Land Tejas
Tim Johnson	Land Tejas
Daniel Carreon	Resident
McLean Barnett	Resident

Sterling Lakes Advisory Committee

The Advisory Committee holds meetings in the community and needs continual feedback from residents to make Sterling Lakes the best community possible! If you have a desire to build a positive and strong community, contact a volunteering member from this committee.

Douglas Chumley douglas@douglaschumley.com

The Advisory Board Member for fiscal year 2019 is:

Douglas Chumley (douglas@douglaschumley.com)

SPLASHPAD TEXAS HOURS

Business Office (2nd Floor), PHONE: (281) 778-2000 EMAIL: sterlinglakes@entouch.net

Office Hours

Tuesday 11:00am - 7:00pm Wednesday through Saturday 9:00am - 5:00pm Sunday and Monday Closed

Fitness Center Hours

7 days a week 5:00am until 11:00pm Please visit or contact this office to register for amenity and gate access.

--TRASH--

IMPORTANT INFORMATION

Remember: Unless it is trash pick up day, your trash cans (and any bags of trash) must be hidden from public view. Please do not store your trash cans in front of your garage or on the side of your home – your neighbors don't want to look out their windows and see your garbage either.

STERLING LAKES TRASH PICK-UP SCHEDULE

Wednesday & Saturday - Trash containers must be at curb by 7AM on Wednesdays and Saturdays. Recycle bins are picked up on Saturdays.

Note: Heavy pick-up day - Saturday Service Provider: Waste Management – (800) 800-5804

STERLING LAKES PROPERTY OWNERS ASSOCIATION:

Onsite Management Office (SplashPad Office) (281) 778-2000 Office Hours: Tuesday 11:00am-7:00pm Wednesday thru Saturday 9am - 5pm

Closed Sunday and Monday

Fitness Center Hours:

7 days a week – 5:00am until 11:00pm Please visit or contact this office to register for amenity & gate access.

PRINCIPAL MANAGEMENT GROUP/AGENT

(713) 329-7100

Sue Edmonds 832-864-1218 (D) Email: sedmonds@pmghouston.com

GUARDHOUSE (PPI)

(281) 778-2015

POLICE & FIRE

Brazoria County Sheriff's Dept. - (281) 756-2392 Iowa Colony Vol. Fire Dept (non emergency) - (281) 369-3969 Emergency Medical Services (non emergency) - (281) 489-6144 Poison Control - (800) 222-1222 Emergency- 911

Have you logged in yet?



www.canyongate.com /residents/sl

Features of the Sterling Lakes Community Intranet include:

• Receive e-blasts from the Association (i.e. Association news and announcements, community events, local area happenings and more!)

- Resident Directory
- Classifieds
- Current Events and Activities
- Documents and Forms (i.e. ARC guidelines, deed restrictions, financials, etc.)
- Event Photos and MORE!

(Continued from Cover Page)

"gift of gab" and have no trouble talking to others. For those that tend to be shy, it's the perfect opportunity to make new friends with people who share the same interests.

• Makes you feel good

• Contributes to a longer life - volunteers encounter greater longevity and less frequency of heart disease. It can also slow the progress of Alzheimer's and other memory loss diseases.

• Gives purpose – as we age, we sometimes feel isolated but no matter who we are or what our age is, volunteering can give our lives new meaning.

• Combats stress – studies actually show the more you volunteer, the happier you become. Your body releases dopamine in the brain when you help others. This has a positive effect on how you feel.

• Sets a good example – as parents, our greatest hope is that our children grow up to be caring, giving adults. What better way to make that happen than to set a good example?

• Teaches new skills – we see it all the time. Volunteers are afraid to pick up a bird, a squirrel or opossum. With encouragement and instruction, they gain confidence and learn not only to pick them up but to feed them. You can see the pride on their faces!

Don't let fear stop you from volunteering. It's very much like starting a new job and for those of you who work, you know how stressful that can be. Every non-profit knows how valuable volunteers are. Volunteers provide their time, energies and talents to help nonprofits fulfill their missions. Most non-profits have limited budgets and volunteers are the reason many non-profits are able to operate and keep the bills paid.

The most important thing to remember is to do what interests you. Do you like working with senior citizens? The homeless? Dogs and cats? If you volunteer somewhere and find it's not for you, keep looking until you find your passion.

If caring for injured, orphaned or displaced wildlife is of interest to you, please contact us. Maybe you don't want to handle animals but would like to recruit fellow volunteers, work in fundraising or design brochures. We have many different areas where you can offer your time and talents. Give Berri a call at 713.468.8972.

Make a New Year's resolution to volunteer. You'll be pleasantly surprised how this will add to your life!





It is a good time to review the trees on your

property and undertake trimming and maintenance, as necessary. Remember to give special attention to your street trees, those that are situated between the

sidewalk and road. As live oaks mature, their branches have a tendency to dip down towards the ground and their canopy needs to be thinned and trimmed. The canopy of street trees needs to be pruned to ensure that the branches do not impede passing traffic. Unused tree stakes should also be removed, as they can become unsightly.



I'm your neighbor, and your Realtor[®]



Hilario "Larry" Rosario, Realtor® PREFERRED KELLERWILLIAMS. REALTY I am pleased to announce that I've moved to Sterling Lakes from Katy, TX and am looking forward to serving you!

Hablo Español

832-757-5554 larryrosario@larryrosariorealtor.com myagentlarry.kw.com

Keller Williams Preferred

Each office independently owned and operated



1. Street Light Pole Outages:

• Contact CenterPoint Energy Directly at centerpointenergy. com/outage or 713-207-2222

• For either option, you'll need to write down the 6-digit number off the pole and provide the cross street location of the pole.

2. Concerns about homes under construction (trash, dangerous conditions, mowing lawns etc.):

Contact the builder or the Onsite office: 281-778-2000 or sterlinglakes@entouch.net or the General Manager at sedmonds@pmghouston.com

3. To report a complaint about cars parked in street, lack of resident lawn care or other deed restriction violations (anonymity will be honored):

Contact the Onsite office: 281-778-2000 or sterlinglakes@ entouch.net or the General Manager at sedmonds@ pmghouston.com

4. Concerns about traffic/safety issues inside community:

Contact the Onsite office: 281-778-2000 or sterlinglakes@ entouch.net or General Manager at sedmonds@pmghouston.com

5. To report a stray animal:

Contact Animal Control at 979-864-2265 or Texas Parks and Wildlife Department at 800-792-1112.

6. Any other general concern/complaint not previously mentioned:

Contact the Onsite office: 281-778-2000 or sterlinglakes@ entouch.net; General Manager at sedmonds@pmghouston.com

If Security related contact the Guard House at 281-778-2015

Wash Your Hands

Reducing Spread of Disease While at Home and Work

By: Concentra Urgent Care

The Centers for Disease Control and Prevention (CDC) say that nearly 90,000 patients die in U.S. hospitals each year due to a preventable disease – many could be avoided if everyone properly washed their hands.

From germs on office equipment to sick colleagues who decided to come into work anyway, people face the same dangers in the workplace. The same simple fact holds true: Washing your hands regularly is an effective way to prevent yourself from catching or spreading a preventable disease or illness.

WHEN TO WASH YOUR HANDS

The CDC recommends washing your hands every time you:

- Prepare or eat food
- Use the restroom
- Tend to someone who is sick; both before and after
- Blow your nose, cough, or sneeze
- Handle garbage
- Treat a cut or wound
- Change a diaper or clean up after children
- Handle an animal or animal waste

HAND WASHING BASICS

The CDC has issued specific guidelines about effective hand washing:

- Wet hands with water
- Use plain bar or liquid soap

• Create a lather by vigorously rubbing hands together for 15-20 seconds—about the amount of time it takes to sing "Happy Birthday" twice

Be sure to wash palms, back of hands, fingers, and nails (clean nails by gently scratching nails down your opposing soapy palm)
Rinse off soap under a stream of water

WHAT ELSE CAN YOU DO?

• Focus on hand washing in the lunch and/or break room

• Be careful when using sponges and dish towels. These are ideal sites

for bacterial growth. Always wash your hands after using these items. • Maintain a clean work area; regularly clean any office equipment,

especially shared items such as phones and keyboards. • Remind your colleagues of the importance of hand washing, particularly when you witness someone neglecting to wash his or her hands.

FOR MORE INFORMATION

To learn more about how washing hands regularly can help prevent disease, ask your health care provider, or visit the CDC's creative Web site dedicated to raising awareness of the importance of hand washing at www.henrythehand.com.



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Help Keep Our Neighborhood Beautiful!



Twelve Top Travel Tips When Traveling with Your Pet

Traveling with your pet can be fun and rewarding – especially when you're prepared. In addition to the pet travel "basics" (safely restraining your pet, allowing adequate time for potty breaks, bringing comforting items from home, and so on), several additional simple practices can help make every trip easier and more pleasant for both you and your pet.

1. Schedule a veterinarian visit to insure overall health and current vaccinations. Ask for a health certificate and vaccination records, especially if you're traveling out of state.

2. Make sure your pet's identification tags are up-to-date and legible. Also, be sure his rabies tag and vaccinations are current.

3. Include your destination address and/or phone number on your pet's tags and cage/crate (if applicable).

4. Remember to pack water to prevent dehydration. To help insure convenient feedings bring along a collapsible food bowl.

5. Pack all medications and supplements to avoid missed doses.

6. Pack a first aid kit to insure readiness in the event of an injury or medical emergency.

7. Exercise your pet prior to departure. A tired pet is typically much more amenable to travel. Also, bring a lead or harness to allow exercise during pit stops.

8. Feed your pet at least four hours prior to departure to prevent car sickness. If the trip is long, feed a smaller amount that normal at least two hours before you leave.

9. Use a travel remedy, if necessary. If your pet is extremely anxious about travel, try a soothing non-prescription calming product.

10. Trim toenails to prevent snags and injury, especially if your pet will travel in a cage or crate.

11. Cover your car seats to keep them clean and free of hair shed on your trip.

12. Know your travel rules and restrictions, especially if you will travel on an airplane.



Introducing | town So

Say hello to TownSq!

Associa is excited to announce the launch of TownSq- a new all-in-one mobile app designated to help you connect, collaborate and stay up-to-date on any device

Meet your neighbors, manage your account and access the resources you need for a better community living.

FREE exclusively to Associa communities, download the app and register now to:

- Easily communicate with neighbors, community managers, and board members
- Manage your account and pay online
- Get up-to-date community news and events
- Request and review status of service inquiries
- Participate in community polls
- Reserve common areas and amenities
- And more

Ready to join TownSq?

Your account is already set up and ready to use.

- 1. **Register** using your **Account ID** and **Zip Code** https://app.townsq.io/associa/signup
- 2. Login https://app.townsq.io/login
- 3. **Download** the app and start experiencing community your way!

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lote: If vou have	e more than one i	account vou will	be able to link	them and h	ave only one loain.

Welcome

Account number * O

Zip/Postal code

ONCE LOGGED IN, YOU WILL INSTANTLY BE ABLE TO CUSTOMIZE YOUR COMMUNICATION SETTINGS TO START RECEIVING NOTIFICATIONS – WHEN AND HOW YOU WANT!

Questions? Contact your community management team for details. Sincerely, Your Community Management Team



Associa[®] Houston Community Management Services, Inc 832-864-1200 www.associaonline.com

Before you can register we need to identify your account. Please

enter your account number-& cla code.

About TownSq – TowSq is the global solution for better community living. Designed as the single source of truth for managing communities, TownSq delivers the most complete, mobile community experience by helping you connect, collaborate and stay informed on everything happening in your community – from daily management and ongoing maintenance to community programs and events. Our communities use TownSq to empower their managers, members and residents to experience community their way. Visit www.townsq.io to learn more.



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