



The Jester Warbler

Official Publication of Jester Homeowners Association, Inc.

February 2020

Volume 15, Issue 2

PRESIDENT'S CORNER

Greetings and Happy New Year!

I first want to express my gratitude to Diana Miller for her steadfast leadership as President of the Jester HOA for the past few years. She has unselfishly given of her time to support the JHOA here in the neighborhood and on other community boards that require representation. Her willingness to impart her knowledge and experience is much appreciated as I assume this position at the request of the JHOA Board.

I have a strong desire to see more overall neighborhood involvement in the HOA and a more cohesive and interactive approach to neighborhood activities. It is easy to fall prey to tunnel vision as we all go about our daily routines, but it is to everyone's benefit to look up and look out for each other. It is always uplifting to get a greeting or a friendly wave ... smiles warm the heart and can change the outlook to the entire day!

As a Board, we are open to more active input from you – the Jester Residents – so that we are better equipped to represent and support your needs. We need, and we welcome, participation at every level and some quite innovative ideas have been forthcoming to encourage that – you will be hearing more in that regard at the annual meeting.

I am also very pleased to report that the entrance landscape project is nearing completion with the addition of perennial plants along with those that are dormant in the winter months – so look for this in April. It has been a three year labor of tenacity to bring this to fruition – one that I trust all will enjoy the benefits of for years to come.

The Board and I look forward to a great turnout for a very productive and successful annual meeting at the Red Lotus on February 25 at 6:30. The best outcomes are by the work of many; we need your input and support to provide the most effective leadership for the neighborhood.

As the start of a new decade, let's come together and make this a fabulous 2020.

Christi Campbell
President, JHOA

Jester Homeowners Association **ANNUAL MEETING**

Tuesday, Feb 25th at 6:30 PM

**Registration starts at 6:15 PM
Red Lotus Restaurant
in Jester Village Shopping Center**

INVITATION TO JOIN JESTER FIREWISE COMMITTEE

By Carol Philipson



I'm sure you all have seen the horrible wildfire situation taking place in Australia. As the new coordinator for Jester's FireWise Committee, I am inviting Jester residents to be part of our FireWise safety team. Jester and our sister neighborhoods are surrounded by greenbelt and are in the category of "High Risk" for wildfire. The purpose of this committee working in conjunction with the Austin Fire Department is to bring awareness and preparedness for wildfire. The 2011 Steiner Ranch fire that destroyed 23 homes is a reminder that a wildfire is always possible. Now is the time to be prepared.

New members can bring new ideas and a fresh approach to helping all Jester residents be prepared for a wildfire. Your involvement in the group's activities is whatever you can spare. So can you spare some time to help keep yourself and your neighbors safe from wildfire???

Please email me directly if you have questions and/or would like to join our team. carolpets2@hotmail.com

GREEN NEIGHBORHOOD UPDATE

It is that time of the year when we update our green neighborhood website with the city of Austin. So if you have certified you yard, purchased a plug-in vehicle, added solar to your roof etc. please let me know so we can add your info to the website. Remember, we don't give out addresses or names just a total count. In our last count we had:

174 Certified Habitats

117 Hybrids

31 Plug-in Electric Vehicles

59 Roof Top Solar Houses

So let me know if you have joined the "green revolution."

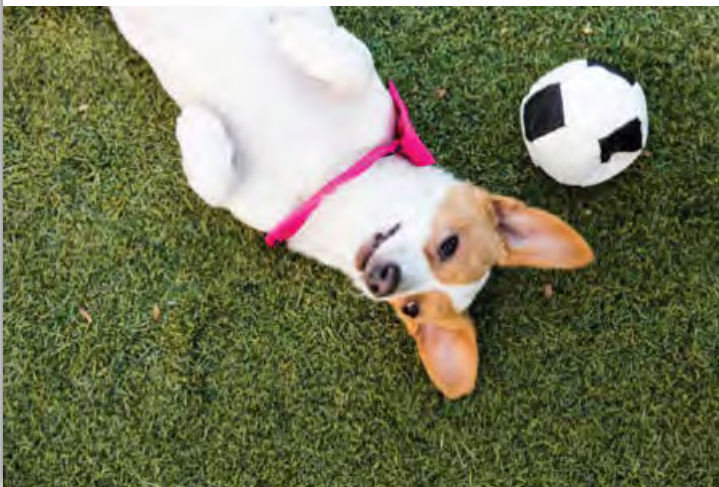
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**PLEASE REMEMBER
TO PICK UP
AFTER YOUR PETS**

*Keep Our
Neighborhood Beautiful*



WELCOME

Welcome Committee News

The Jester Welcome Committee stops by the homes of newly relocated folks to meet and greet each one to Jester. Each new resident receives a "goodie" bag full of information about all that Austin has to offer and the benefits of living in Jester Estates. Also included are discount coupons for local businesses.

If you have just relocated to Jester and did not get a Welcome Visit from the Welcome Committee, you may not have been home, moved in yet or your home purchase was not through the MLS. If that was the case, please feel free to contact me, Carol Philipson, carolpets2@hotmail.com so we can plan stop by to meet and greet you and your family soon.

This Month: Jester Welcome Committee met five new residents:

Sandhya & Palaji, on Jester Wild relocated from Arizona to join their family here in Austin. Palaji is anxious to explore the trails in the area. Michelle & Hoyt, on Beauford Dr. moved to Jester with their five children and Ruby their lovable dog to be closer to their parents, also Jester residents. Next, we visited with Margaret and Eric, on Vailview Cv. They moved from Singapore originally from VA with their two boys Gunnar and Levi. Margaret is already impressed by her friendly neighbors; in fact, the boys have already made new friends. Finally we welcomed Angel on Quill Leaf Cove, who is relocating to the US from Spain to work in Austin and is looking forward to his family joining him this summer.

The Jester Welcome Committee also left a goodie bag on Asmara Drive but was greeted by the babysitter. Hope our new neighbors enjoyed the cookies and info found inside the recyclable bag.

Also, if you are friendly, outgoing and like to meet new people (especially new Jester neighbors), why not join the Welcome Committee? It's easy and fun with little time commitment. Please contact me if you want more info, love to hear from you.



Sandhya and Palaji

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Michelle, Hoyt, & Ruby the dog



Margaret and Eric

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Board of Directors

www.JesterNeighbors.com

President

Christi Campbell.....(C) 512-296-7626
.....chcaustin@gmail.com

Secretary

Eva Wissner.....(C) 512-587-7968
.....evawisser@gmail.com

Landscape Committee Chair

Peggy Hutchison(C) 512-645-6799
.....peggyhutchison47@gmail.com

Social Committee Chair & Warbler Co-Editor

Teresa Gouldie(C) 512-751-8000
.....tgouldie@gmail.com

Safety Committee Chair

Susanne Paul(C) 512-342-8967
.....susanp257@gmail.com
Phil Ponebshek.....(C) 512-775-3439
.....pponeb@gmail.com
Edward Mokarzel(C) 512-569-0914
.....ed_mokarzel@yahoo.com

Architectural Control Committee Chair

Ron Herzfeld.....(C) 512-567-1500
.....ronherzfeld@gmail.com

Restrictions Violations Committee Chair

Drew Sanders 512-502-7045,
.....drew.sanders@goodwintx.com

Warbler Co-Editor and Email Alert

Christi Campbell.....chcaustin@gmail.com

Jester Club 512-794-8867
.....jesterclubmanager@yahoo.com, www.jesterclub.org

Homeowner's Association Mgmt - Goodwin Mgmt

Drew Sanders (W) 512-502-7045, (Fax) 512-346-4873
.....Drew.Sanders@Goodwintx.com

Office:

11149 Research Blvd, Suite 100
Austin, TX 78759

Mailing Address:

P.O. Box 203310
Austin, TX 78720-3310

Newsletter Information

Co-Editors

Christi Campbellchcaustin@gmail.com
Teresa Gouldietgouldie@gmail.com

Publisher

Peel, Inc. www.PEELinc.com, 512-263-9181
Advertising.....advertising@PEELinc.com, 512-263-9181

ARTICLE SUBMISSIONS

Interested in submitting an article? You can do so by emailing
tgouldie@gmail.com or by going to:
www.peelinc.com/articleSubmit.php.

*All news must be received by the 12th
of the month prior to the issue.*

Jester Estates

(Welcome Committee... Continued from Page 2)



Angel

Adding Yoga to Workout Regime Can Improve Your Fitness Goals

Implementing yoga into a workout routine can provide unique health benefits, said a Baylor College of Medicine physician and yoga enthusiast.

Yoga is a broad philosophy containing many different paths to achieve the goal of physical, mental and spiritual well-being, said Dr. Bobby Kapur, assistant professor of medicine at BCM and associate chief for emergency medicine at the Harris County Hospital District's Ben Taub General Hospital. In physical fitness, yoga is the practice of physical postures and breathing exercises that allow a person to strengthen the body and at the same time enter a meditative and relaxed state of awareness.

Yoga entails various positions, stretching and deep breathing. Practicing yoga can help a person improve flexibility, balance, limberness, blood circulation, and it can also relax muscle tension and fight infection, Kapur said.



7001 WINTERBERRY

NATURE WATCH

by Jim and Lynne Weber

FABULOUS FOXES



Members of the Canidae family are all dog-like mammals, and in the United States that includes wolves, coyotes, domestic dogs, and true foxes. They are adapted to running swiftly over open terrain, and typically have long muzzles, upright ears, bushy tails, and teeth that can crack bones. The family is further divided into two tribes, with the wolves, coyotes, and dogs in the Canini tribe, and the true foxes in the Vulpini tribe. In central Texas, two species of true foxes exist, the native Common Gray Fox (*Urocyon cinereoargenteus*) and the introduced Red Fox (*Vulpes vulpes*).

Most active at night, and sometimes in late afternoon or early morning, the Gray Fox is a medium-sized fox with grayish upperparts, tawny sides, and reddish-brown legs. It has a whitish throat with a distinct black patch on the sides of its muzzle and lower jaw. Often confused with the Red Fox, the main distinction is the black tip on the tail and the fact that it is found throughout Texas. Gray Foxes are adept tree climbers, highly unusual for Canids, and they use their rounded claws to ascend trees much like bears. Once up in the canopy, they can hunt birds, escape predators, bask in the sun, or jump from branch to branch like a cat.

Also active at night, and frequently at dawn and dusk, the Red Fox is similar in size to the Gray Fox, but differs mainly in its coloring. While its typical coloration is generally rusty red, this fox can exhibit several other color forms, from black to silvery gray, but it always has a pattern of darker fur along the spine and down across each shoulder blade, forming a cross. The most distinct difference from the Gray Fox is the bushier tail that ends in a white tip. The Red Fox is found throughout most but not all of Texas, absent from the far western and southern portions of the state. Not native to Texas, it was introduced for sport around 1895 in the eastern and central regions.

Both species of fox are social animals, and their primary unit consists of a family with an adult male (or Reynard or dog), adult female (or vixen), and the juveniles (or kits, cubs, or pups) that were born that year. These foxes are thought to mate for life, with breeding beginning in December and extending into February. They can use a variety of places for denning sites, but most commonly they reuse underground burrows dug by other animals. Both the male and female care for and feed their young, and their diets consist of small mammals, birds, berries, and occasionally insects.

Foxes are usually seen in mixed woodlands and edges of forests, and while hunting they often use old roads or open trails while traveling the same routes. Their activity peaks with the activity of their prey, and if you get the chance to watch the cunning way in which they hunt, using their night vision, acute hearing, and high pouncing attacks, you'll begin to understand why they are called fabulous foxes!

*Send your nature-related questions to: naturewatch@austin.rr.com and we'll do our best to answer them. If you enjoy reading these articles, check out our books, *Nature Watch Austin*, *Nature Watch Big Bend*, and *Native Host Plants for Texas Butterflies* (all published by Texas A&M University Press), and our blog at naturewatchaustin.blogspot.com.*



A Fun, Fruity, Refrigerated Treat

Save time on family desserts with make-ahead recipes like these Kristoff Ice Box Cupcakes. By using kid-friendly treats that add nutrition to appealing flavor, you can solve busy evenings



just by reaching into the fridge. This and other family-friendly recipes are part of Dole's healthy-living alliance with Disney's Frozen 2. For details, visit dole.com/Disney.

#Dole #DoleRecipes

Kristoff Ice Box Cupcakes

Prep time: 20 minutes, plus chill time

Serves: 12

- 3 ripe DOLE® Bananas
- 1 container (8 ounces) fat-free whipped topping, thawed
- 7 low-fat honey graham crackers, coarsely crushed
- 1 pound Dole Strawberries, hulled and quartered

Line 12-cup muffin tin with cupcake liners. In large bowl, mash bananas; fold in whipped topping.

Fill muffin cups halfway with graham cracker pieces, banana mixture and strawberries; repeat layers with remaining ingredients.

Refrigerate cupcakes 4 hours; serve in cupcake liners.

Approximate nutritional information per serving (1 cupcake): 78 calories; 3 calories from fat; 0 g fat; 0 g trans fat; 0 g polyunsaturated fat; 0 g monounsaturated fat; 0 mg cholesterol; 25 mg sodium; 164 mg potassium; 18 g carbohydrates; 2 g fiber; 8 g sugar; 1 g protein; vitamin A 0%; vitamin C 25%; calcium 2%; iron 2%; vitamin E 2%; thiamin 2%; vitamin B6 8%; phosphorus 2%; magnesium 4%; manganese 10%.

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Teresa Gouldie

Jester Resident / Broker

751-8000

tgouldie@gmail.com



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Teresa



February Events

Compliments of ... Teresa Gouldie 751-8000 Coldwell Banker, United

Jan. 29 -	A Night with Janis Joplin	Topfer @ Zach Theatre
Mar. 8	A celebration of a Texas music marvel	zachtheatre.org
Feb. 7	Pat Green with Cory Morrow - Country music artists	Moody Theater acl-live.com
Feb. 8	Second Saturdays are for Families	Laguna Gloria
	Wobbly Weebles - Free hands on art making activities	thecontemporaryaustin.org
Feb. 9	BJ Thomas - Pop, Country & Gospel singer	oneworldtheatre.org
Feb. 14	Bob Schneider - A romantic evening with Bob Schneider & the Moonlight Orchestra	The Moody Theater acl-live.com
Feb. 14 - 15	MAP Motorsports Monster Truck Show - The most awesome metal munching monster truck superstars	Travis County Expo Center mapmotorsports.com
Feb. 17	PJ Masks Live! Save the Day - Musical feature	thelongcenter.org
Feb. 20	Austin Marathon and Half Marathon - Run, volunteer or cheer at this nationally recognized charitable event	youraustinmarathon.com
Feb. 19 - 22	Austin Energy Regional Science Festival - One of Texas' largest science fair with almost 3000 students from 3rd to 12th grade	Palmer Events Center sciencefest.org
Feb. 21 - 23	Austin Jugglefest	Lanier High School
	An event full of workshops, games, demonstrations and shows	juggling.place.org/jugglefest/
Feb. 21 - 22	Texas Heritage Songwriters' Hall of Fame Show	texasheritagesongwriters.com
Feb. 22	Indiana Jones: Raiders of the Lost Ark - Film with orchestra	austinsymphony.org
Feb. 23	Abba Mania - Two hours of the band Abba songs	Moody Theater acl-live.com
Feb. 27	Dweezil Zappa - Hot Rats Live! +Other Hot Stuff 1969	austintheatre.org
Feb. 27 - 28	Original Harlem Globetrotters - Basketball entertainment	uterwincenter.com
Feb. 28	Los Lobos - w/ Ozomatli and Southern Avenue	Moody Theater acl-live.com

serving JESTER ... Just a Little Closer to Heaven!