

A NEWSLETTER FOR TOWNE LAKE RESIDENTS

MARCH 2020 VOLUME 9, ISSUE 3

Hockley Community Center Presents Special Events

In addition to regularly scheduled activities – knitting, crocheting, quilting, oil painting, yoga, stretching, exercise classes, cards and dominoes – Harris County Precinct Three Commissioner Steve Radack's Hockley Community Center is offering the following events and activities:

Share and Sample Slow Cooked Foods

On February 3rd from 12 p.m. until 1:30 p.m. everyone is invited to share and enjoy delicacies cooked in your slow cooker during a special potluck luncheon. Please bring your recipe for sharing also. Call (713) 274-3220 for more information.

The Top 10 Scams of 2020

Join us on February 6th from 10:30 a.m. until 11:15 a.m. to learn how to protect yourself against the most common scams of 2020. Call (713) 274-3220 for more information.

Parkinson's Boxing

Join volunteer John Reyes with Cypress Area Parkinson Society for a non-contact boxing class on Thursdays starting February 6th from 10:45 a.m. until 11:45 a.m. This class is for people with Parkinson's Disease to combat the progression of the disease by providing motor/mind as well as physical exercise. The class is limited to eight participants. Call (713) 274-3220 to register.

Senior Bus Trip to San Antonio

Sign up now to visit the Buckhorn Saloon and Texas Ranger Museum on February 12th. Admission to the museum is \$14.06. Lunch on your own is at Iron Skillet. Call (713) 274-3220 for details.

Valentine's Day Luncheon

Join us on February 14th from 10 a.m. until 3 p.m. as we celebrate Valentine's Day at our Senior Games and Potluck Luncheon. A King and Queen will be chosen to sit at a special table. Call (713) 274-3220 for more information.

Spring Scrappy Mystery Quilt

Join Volunteer Instructor Cynthia Auble on Tuesdays from February 18th through March 17th from 9 a.m. until 12 p.m. as

she demonstrates how to use scraps of material to make something useful and beautiful. In this five-session class, you will have a chance to create a gorgeous quilt from your fabric scraps. Quilters of all levels are welcome. Call (713) 274-3220 for details.

Blood Pressure Check

Are you in between doctor appointments and want to get your blood pressure checked? Hockley Community Center is offering a screening on February 21st from 9:30 a.m. until 11:30 a.m. No registration is required.

Mardi Gras Luncheon

Join us February 21st from 10 a.m. until 3 p.m. as we celebrate Mardi Gras at our Senior Games and Covered Dish Luncheon. Dishes that you associate with Mardi Gras are encouraged. Call (713) 274-3220 for more information.

Decorative Bird Feeder

Sign up now to discover and use your creative talents on February 24th from 9 a.m. until 11:30 a.m. as you paint a wooden bird feeder provided by Woodsman Gene Chism. Paint and paintbrushes will be provided. The class is limited to six participants. Call (713) 274-3220 to register.

Mardi Gras In the Kitchen

Join us February 25th from 9 a.m. until 3 p.m. as we celebrate Fat Tuesday with Mardi Gras In the Kitchen. Bring your favorite Mardi Gras foods to share. Call (713) 274-3220 for details.

Walk N Talk

Join us on Mondays from March 2nd through April 27th from 1:30 p.m. until 2:30 p.m. as extension agent Lora Jorgensen from Texas A&M Agrilife Extension takes us through this eight-week program. Participants will learn how to do chair exercises for fitness and be encouraged to walk more. Tips on how to include more fruits and vegetables in our diets will also be given. Call (713) 274-3220 for information.

(Continued on Page 2)

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EMERCENCY NUMBERS

IMPORTANT NUMBERS

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Fire
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Sheriff - Non-emergency
- Burglary & Theft
- Auto Theft
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CenterPoint Energy
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Cypress Fairbanks Medical Center
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Harris County Public Library
Cy-Fair Hospital
North Cypress Medical Center 832-912-3500
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Please support the advertisers that make the *Tribune* possible. If you are interested in advertising, please contact our sales office at 1-888-687-6444 or *advertising@peelinc.com*. The advertising deadline is the 8th of the month prior to the issue.

ARTICLE INFO

The *Tribune* is mailed monthly to all Towne Lake residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to <u>townelake@</u> <u>peelinc.com</u>. The deadline is the 9th of the month prior to the issue.

(Continued from Cover)

Decorative Bird House

Join us as we paint wood birdhouses provided by Instructor Gene Chism from March 10th through March 12th from 9 a.m. until 11:30 a.m. This class is limited to six participants. Call (713) 274-3220 to register.

Senior Bus Trip to Houston

Join us on March 18th as we visit the Houston Livestock Show. Free admission for Seniors 60 and over. Sign up for this trip will start February 3rd. Call (713) 274-3220 for information.

Free Health Screening

The Christus Health Foundation Health Screening Mobile Unit will be on-site March 27th from 9:30 a.m. until 12:30 p.m. providing preventative health screenings for adults. Screenings include glucose levels, cholesterol levels and blood pressure. Call (713) 274-3220 to register.

Twelve Weeks of Texercise Celebration

Join us on March 30th from 10:15 a.m. until 10:45 a.m. as we celebrate the hard work and dedication our 12-week Step Into Fitness with Texercise Group have accomplished. Call (713) 274-3220 for information.

'42' Dominoes Tournament

Join us on March 30th from 12:30 p.m. until 3 p.m. to play in our '42' Dominoes tournament. Registration is required. Call (713) 274-3220 for details.

Genealogy

Join Volunteer Instructor Cindy Schild on Wednesday afternoons from 12:30 p.m. until 3:00 p.m. to learn how and where to trace your family history. Call (713) 274-3220 to register.

Free P.M. Yoga Class

Come on Tuesday evenings from 5 p.m. until 6 p.m. for Yoga. The class is a combination of various types of yoga and incorporates strengthening, stretching, balancing and relaxation. Ages 12 years and up, and all levels, beginner, intermediate and advanced are welcome to attend. Space is limited. Call (713) 274-3220 for more details.

Handwork Needle and Fiber Art

You can sew, knit, crochet, felt, stitch, tat, embroider or do bead work in the company of others who are passionate about working with needles, fabrics, thread and more on Wednesdays from 10 a.m. until 3 p.m. Everyone works on their own project. Call (713) 274-3220 for more information.

Special note:

Advance registration for special activities is typically requested. An adult must accompany and remain with anyone under the age of 18 visiting the center. The Hockley Community Center is part of the Harris County Precinct Three Recreation Complex at 28515 Old Washington Road in Hockley. A calendar of events is available at the Harris County Precinct Three website at www.pct3.com. For more information, call (713) 274-3220.

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BRIDGELAND HIGH SCHOOL THEATRE

Mary Poppins

Bridgeland High School Theatre presents Mary Poppins! Show dates are May 15, 16 and 18, at 7 pm at Bridgeland High School. May 16 at 2 pm in a sensory-friendly show. Tickets will be available at bridgelandhstheatre.org.



Messiah: A Lutheran Faith Community Camp Hope

ENCOUNTER THE UNEXPECTED WITH JESUS

DATES:

- WEEK 1 JULY 6-10, 2020
- WEEK 2 JULY 13-17, 2020
- WEEK 3 JULY 20-24, 2020

9:30 AM -3:30 PM

Camp Hope is our three week day camp for children ages 5 yearsold through 6th grade. It is an adult-mentored, student-led ministry. Each day children will hear a new bible story, learn what it means to their life by eating a snack, playing a game, and experiencing the story through the arts, STEM and worship.

Camp Hope is a day camp that is passionate about growing leaders. This is one of the reasons that Camp Hope is one of the BEST ways to develop youth leaders. It's a vital part of what Camp Hope is all about!

Parents are invited to register their children online at www.messiahlc. org/camp-hope. For more information, call 281-890-3013.

Messiah Lutheran Church is a congregation of the Evangelical Lutheran Church in America (ELCA). Messiah is located at 11522 Telge Road, ½ mile north of Highway 290. Regular Sunday worship times are: 8 am—Traditions; 9:30 am—The Gathering; and 10:45 am—The Crossing. The Discovery Time (education) is 9:15-10:30 AM on Sundays. For more information, 281-890-3013 or www.messiahlc. org. All people are welcome at Messiah.

Cypress Christian School Updates

Sixth-graders spent a beautiful day at Space Center Houston and Johnson Space Center. The students were treated to a guided tour through Starship Gallery, a museum of space artifacts. Students saw authentic flown spacecraft and followed the space race and subsequent development of international cooperation. Future explorers were able to touch a moon rock and got close-up views and stories of these national treasures.

CCS Senior swimmer, Elliott Jones is ranked in the top 100 swimmers in the world (18 & under) according to the USA Swimming World 100 list, 84th in the 100 backstroke and 61st in the 200 backstroke!

- The Class of 2020 have submitted over 200 college applications
- Over 50% of students have received admission to their college or university of first choice
- Over \$1,100,000 in scholarship offers have been reported Please join us for Future Admissions Events:
- K-12 Preview, April 16, 7 p.m.
- Kindergarten Preview May 5, 7 p.m.



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The Tomball Art League

ART Show & Sale



Free & Open to the Public

Friday, March 13, 10:00 am-6:00 pm Saturday, March 14, 2:00-3:00 pm

Art show prospectus and more information for interested artists of all levels available at:

www.thetomballartleague.com www.lonestarartguild.com

Art intake Thursday, March 12, 10:00 am-7:30 pm (online registration only except students)

SATURDAY: JUDGING | RIBBONS | ART CRITIQUE

Free Parking | ATM On Site | Cash or Check Only Please

A portion of the proceeds go to the Friends of the Tomball Community Library to support library services.



Show Location: LSC-Tomball Community Library 30555 Tomball Parkway, Tomball, TX 77375 832-559-4200 | www.hcpl.net

Baby Squirrel Season: What You Need to Know

By Cheryl Conley, TWRC Wildlife Center



And so it begins. Baby season 2020 and it all begins with baby squirrels. There are a number of reasons why baby squirrels get separated from mom. Homeowners cut down trees that have nests, high winds can blow nests down or can knock babies out of the nest or sometimes they just fall out. Whatever the reason, you can help.

The first thing you want to do is make sure the baby is safe and warm. Put it in a box or other small container with a soft towel

or t-shirt. You can microwave a sock filled with rice for one minute and place it in the box with the baby or set 1/2 of the box on top of a heating pad set to low. DO NOT TRY TO FEED IT. If you do not see any blood on the baby and there are no ants crawling on it, you can try to reunite it with mom. A squirrel's real mom is the best mom.

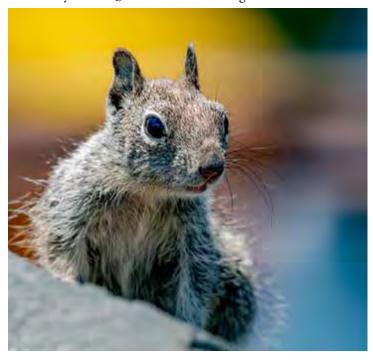
- 1. Place the box with the baby squirrel in it near where you found the baby. You can also attach string or twine to the box and securely hang it from a low branch. Just remember to keep an eye on it from a distance so it's safe from dogs, cats and other predators.
- 2. Getting the baby to call for its mom can help. Sometimes gently picking up the baby will cause it to call her. You can also try holding one foot and applying gentle pressure. DO NOT SQUEEZE HARD. This is a tiny, fragile baby.
 - 3. If it's raining lightly, cover half the box and put the baby on

the dry half. If it's pouring, keep the baby inside until the rain lets up. Remember to KEEP IT WARM.

4. Be patient. It can take up to four hours for mom to come and get her little one. If she doesn't, you'll need the help of a rehabilitator. Bring the baby to us. If it's after hours, keep the baby in a quiet, dark room and keep it warm until we open. Do not attempt to feed it.

If you notice injuries, keep the baby safe and warm in a dark room until you can get it to us. Do not handle it.

If you'd like to help care for the baby squirrels that are brought to us, we have opportunities available to care for them at our Center or in your home. We will train you. For more information, email berry.moffett@twrcwildlifecenter.org or call 713.468.8972.





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Host Families Needed



A Cultural Experience

Want to bring a little culture into your life and the lives of your children? Why not try hosting a high school foreign exchange student? It's a great way to learn about a new culture all from the comfort of your home.

STS Foundation is currently looking for host families for the 2020/2021 school year. Hosting

is such a rewarding experience and it benefits all of those involved.

STS Foundation accepts all types of host families – from single parents, newly marrieds, empty nesters and same sex couples. In order to host, you would need to meet the following qualifications:

- Host must be 25 years or older
- Pass a background check
- Provide food for 3 meals daily
- Ensure reliable transportation to and from school (bus is ok)
- A bed for your student
- A safe and loving home

STS Foundation is a 501(c)(3) organization that places foreign exchange students with American host families. For more information about hosting, please contact me at 832-455-7881 PM me or email at vicki.stsfoundation@yahoo.com.

Royals Spring Break Soccer Camp



This camp will include:

- * Professional & engaging environment for players to improve individual skills and development
- * Coaching delivered by AHFC Royals Coaches
- * Entertaining & energetic activities designed to create a memorable experience
- * This camp is structured for players (U8 U14) looking to enhance their skill set through all aspects of the game.

Offered at 2 locations and 2 separate weeks:

March 9 - 12 9:00AM-12:00PM at Katy Park 24927 Morton RD Katy 77493

March 16 - 19 9:00AM-12:00PM at CRSP 3911 Campbell RD. Houston TX 77080

Register at ahfcroyals.com. Question: 713-939-7473

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Our nationally recognized specialists are finding new ways to outsmart cancer.

From screenings and diagnosis to the most advanced treatments, our leading cancer care is available at our Willowbrook location, which also serves the Cypress, Spring and Tomball communities. We offer personalized guidance and support, so you can focus on healing, surviving and thriving.





281.737.2500 houstonmethodist.org/cancer-wb

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