

THE TIMES

NEWS FOR THE RESIDENTS OF BRIDGELAND

APRIL 2020

An Independent Publication Serving the Bridgeland® Community

Volume 14, Issue 4



Upcoming Elections for Lakeland Village's MUD #419, Parkland Village's MUD #489, & Lakeland Village's & part of Parkland Village's residents WCID #157

On Saturday, May 2nd, Bridgelanders will go to the polls to vote for open board positions for their respective Boards. Lakeland Village residents will elect three members to MUD #419, Parkland Village residents will elect three members to MUD #489, and Lakeland Village residence and residents of portions of Parkland Village will elect three members to WCID # 157. Sadly, no residents from Parkland Village chose to run for Parkland's WCID #159, which currently has only non-Bridgeland resident board members.

Voting will be held at the Lakeland Village Activity Center with early voting from Monday -Friday April 20-24 from 8 am to noon and 1pm to 5pm and Monday April 27-Tuesday April 28 from 8 am to noon and 1 pm to 5 pm. Election Day is Saturday May 2, from 7 am to 7 pm at the same site.

Some of the largest tax bills that you pay are to your MUD and WCID Districts. Some of the most important community issues like water quality, trash pick-up, sewage services, park maintenance and security services are provided by and paid for by your MUD. (For more info go to HCMUD419.com) Community services such as lakes, drainage and channel improvements to prevent flooding and park and land maintenance are provided by and paid for by your WCID. (For more info go to WCID157.org)

Be an Informed Citizen and learn about the candidates. Attend the "Meet the Candidates Night" on Wednesday, April

15 at 7:00 pm at the Lakeland Village Activity Center. The candidates will speak and you will be given an opportunity to question and meet with the candidates. Candidates Statements of Interest will be posted on the Informed Citizens @ Bridgeland Facebook site.

Candidates for WCID #157 are: Dane Thomas Bubela, occupation insurance, Gregory D. Kaine, Engineer, Omar Noe Escobar, Jr. Civil Engineer, Jordan Danielle Williams Civil Engineer, & Shane Bueno, Incumbent Financial advisor, Branch Manager

Candidates for Lakeland Village's MUD #419 are Carissa Mari Fabian, a Civil Engineer, Ashley Zion ("Zion") Escobar Engineer & Executive Director, Andrea T. Brazzale-Anderson,-Engineering Manager, Radney Poole, Incumbent, -Sales, Robert G. "Bob" Thomas, Incumbent-Financial Advisor, & Samuel ("Ross") Ross Godspeed-Sales.

Candidates for Parkland Village's MUD #489 are Victoria A. Battistini, Incumbent Non Bridgeland, -Field Operations Supervisor, Daniel Feiler, Incumbent Non Bridgeland Financial Advisor, T Author ("Art") Taft-Retired Govt Program Manager, Ashley Schneider Poe-Engineer, & Richard Alan LaFont-CPA.

IMPORTANT NUMBERS

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Cypress, TX 77433
281-304-1318

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Lakeland Community Manager

Valier Bir valerie.bir@inframark.com

Activities Director

Rachel Johnson rachel.johnson@inframark.com

Administrative Assistant - Activities Director

Iliana Zuniga iliana.zuniga@inframark.com

Administrative Assistant - Compliance & Architectural

Suzanne Hilton suzanne.hilton@inframark.com

Parkland Assistant Community Manager

Tiffany Polichnia

Receptionist & Front Desk

Fritzy Lopez fritzy.lopez@inframark.com

Landscape Manager

Kevin Brown kevin.brown@inframark.com

Maintenance Manager

Robert J. Allard

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A newsletter for Bridgeland residents.

The Times is a monthly newsletter mailed to all Bridgeland residents. Each newsletter is filled with valuable information about the community, local area activities, school information and more.

If you are involved with a school group, play group, scouts, sports activity, social group, etc. and would like to submit an article for the newsletter you can do so online at www.PEELinc.com or you can email it bridgeland@peelinc.com. Personal news for the Stork Report, Teenage Job Seekers, special celebrations, birthday announcements and military service are also welcome. *Our goal is to keep you informed!*



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CYPRESS-TOMBALL DEMOCRATS



The Cypress-Tomball Democrats will hold its next monthly meeting Tuesday, April 20, 2020, at Rudy's Grill and Cantina, 11760 Grant Road, Houston. There is a meet and greet at 6:30 p.m., and the general meeting begins at 7:00 p.m.

Mark Toubin, the Anti-Defamation League's Southwest Regional Director, will speak about The Rise of Extremism, Anti-Semitism, White Supremism & Hate in America

Mr. Toubin is a member of the Houston Bar Association and Congregation Beth Israel. He previously worked with the Israel Project and the American Israel Public Affairs Committee (AIPAC), where he was the Southwest Regional Director. He is former co-chair of the ERJCC Scholarship Ball Committee, former board chair of the Inter-Ethnic Forum, and former board member of the Houston Area Women's Center. He is a graduate of the University of Texas School of Law and Emory University.

All are welcome to attend and to join this growing club, which meets on the third Tuesday of every month.

For more information, contact Undrai Fizer at cytomdemocrats@gmail.com, or visit the club's Facebook page.






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Bridgeland Garden Club April 1st Field Trip to Blue Bonnet Country



Program: Field Trip to see the amazing bluebonnets & wild flowers in the Chapel Hill area with a side trip to Washington on the Brazos State Historical Park by photographer and historian Wayne Wendel or trip to Willow City Loop depending on the flowers.

Lunch at Beavers Café in Chapel Hill and or dessert at Blue Bell Ice Cream

Liaison: Mary Wendel If attending RSVP to Mary at macpa.wendel@gmail.com

Meet in the Lakeland Village Parking lot at 9:00 am

SAVE THE DATE May 6th for our Field Trip to the Painted Churches in Schulenberg, Tx



Albion Hurricanes FC (AHFC)

Albion Hurricanes FC (AHFC) established in 1989, is leading the way in South Texas youth soccer by inspiring and developing young men and women through world class coaching and innovative techniques, as well as instilling the proper framework, self-esteem, confidence and sportsmanship within our athletes.

The club invites all interested competitive players from the ages of 7 to 19, to the Player Evaluations & Tryouts and be a part of our success. AHFC. Evaluations and Tryouts will be the month of May We ask that all interested players pre-register before coming out to the fields. Please visit albionhurricanes.org for details about your particular campus.

Boys Director: Mark Rufo - mrufo@albionhurricanes.org

Girls Director: Dan Hill - dhill@albionhurricanes.org

ECNL/Elite Director: Steve Firth - sfirth@albionhurricanes.org

Southwest Campus Director - Paul Isaila - pisaila@albionhurricanes.org

Cy Fair Campus Director - Danny Parejo - dparejo@albionhurricanes.org

AHFC also offers Junior Hurricanes (a recreational program for 5 - 9 year old) at our Cy Fair and Central locations and offers additional training at Katy Friday Night Academy as well at Thursday Night Academy for players in the New Territory area

Visit albionhurricanes.org to register and for times and dates.

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Watermelon Salad



- 2 tablespoons white wine vinegar
- 1 lime, zested and juiced
- 1/4 cup extra-virgin olive oil
- 1 red onion, thinly sliced
- 4 cups seeded watermelon chunks
- 1 cup crumbled feta cheese
- 1/4 cup mint chiffonade
- 2 cups baby arugula

Directions:

Add the white wine vinegar, lime zest and juice to a small bowl. Whisk in the olive oil and season with salt and pepper. Add the thinly sliced red onion and let marinate for 5 to 10 minutes as you prepare the rest of the salad.

Add the watermelon, feta, mint, and arugula to a large bowl. Toss with the vinaigrette and serve immediately after dressing.

Recipe courtesy of The Neelys, www.foodnetwork.com

COOKING SUBSTITUTIONS AID IN CALORIE REDUCTION

When looking to make permanent changes to a diet, consider using ingredient substitutions, said Roberta Anding, registered dietitian at BCM and Texas Children's Hospital.

Modifying the fat content in recipes gives the biggest calorie reduction, said Anding. Many times, applesauce can replace butter and oil in baking recipes, and Greek yogurt can replace sour cream.

Learning what substitutions work best does take some time and experimentation with cooking time and temperature, but reducing a diet by 100 calories per day can result in a 10-pound weight loss in one year, said Anding.

Other substitution options include switching to a low-fat cheese rather than a whole-fat cheese and switching from white bread and rice to wheat bread and brown rice. Not only is there a benefit in amounts of fiber, but also in magnesium, which can decrease the risk of type 2 diabetes.

"Don't look for extreme changes to your diet. Look for the common sense changes that you can make permanent," said Anding.

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Senior Luncheon April 23rd at Foundry United Methodist Church



Foundry senior adults and residents of the local assisted living facilities stay connected to God and each other at free monthly luncheons featuring live entertainment! The Thursday, April 23rd luncheon features Bingo games with prizes, and lasts from 11:30 a.m. – 1:30 p.m.

Join us at our Fellowship Hall at 8350 Jones Road, Houston, TX 77065. There is no cost to attend. Please RSVP to 713-937-9388 or t.garza1617@gmail.com by April 16th. <https://foundrychurch.org/primetime-ministry/>

Help Make the World a Better Place

Did you know that by opening your home to a foreign exchange student you are taking on the role as a diplomat of the United States? Its true! Hosting a teenager from another country is form of public diplomacy – it gives both the host family and the student an opportunity to learn from each other, exchange cultural experiences and most of all, form life-long relationships.

All that is required of a host family is to provide three meals a day, a place for the student to sleep and a little bit of TLC thrown in. Students can share a room with a same sex sibling that is within three years of their age. The students all come with their own spending money, health insurance and an eagerness to be part of your family.

STS Foundation, a 501(c)(3) organization, is looking for volunteer host families for the 2020/2021 school year. We accept all different types of families, from single parents, to newly marrieds, to empty nesters to same sex couples. The application process is simple, once you are completely vetted, you will have access to our student database where you can select the student that best fits in with your family.

If you would like to find out more about hosting one of our wonderful students, please contact Vicki Odom at (832) 455-7881 or email at vicki.stsfoundation@yahoo.com. I can get you started in helping to make the world a better place to live.



Pollinators

– Wizzie Brown, Texas A&M AgriLife Extension

There are many animal pollinators, most of those being insects. Probably the most well-known of pollinator insects are bees and more specifically, honeybees. Honeybees are pollinators, but only make up a small portion of the bee population around the world. Most bees are solitary and nest in the ground. Solitary bees are not aggressive and many are stingless, so people should not be afraid of them.



Butterflies and moths are also important pollinators. Unfortunately, due to habitat destruction and other factors, their populations are on the decline. If you want to provide habitat for butterflies and moths, you need to be sure to fulfill the requirements of all life stages. Host plants are needed for egg laying and caterpillar feeding; nectar plants are needed for adult feeding; and overwintering sites are needed for various stages.



Flies are an often-overlooked pollinator. With their poor reputation for carrying diseases, many people consider flies to be pests. Flies can be beneficial by fitting into food webs, breaking down waste material, feeding on some species of insects, and pollinating plants (including some food crops such as apples and peppers).

Ideas to help conserve pollinators:

- Plant native plants that provide nectar blooms spring, summer, and fall
 - o Provide a variety of colors
 - o Provide a variety of flower/ bloom shapes
 - o Provide multiple levels of plants (groundcover, shrubs, trees, etc.)
 - o Plant in clumps of the same plant to make it easier for pollinators to find them
- Reduce turf and replace with flowering plants
- Plant native bunch grasses to provide food and shelter for insects
- Allow fallen leaves to remain on property to provide shelter
- Create areas of bare soil for ground nesting bees (choose sunny areas that will provide dry soil)
 - Use integrated pest management to reduce pesticide use
 - Provide water in a SAFE manner for insects; use shallow dishes with rocks, stones, sand, or some substrate to allow insects to drink without drowning

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com



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10 Easy Ways to Make Your Home Safe

A home should be a sanctuary and a safe haven. You can ensure that you and your loved ones remain out of harm's way in the precincts of your homestead.

To avoid all kinds of accidents you should make it an accident-proof dwelling. It's really simple if you observe specific steps to keep mishaps at bay.

Here are 10 easy ways to make your home safe and secure. These will help you take care and protect yourself, family members and houseguests. Employ these effective tips:

1. Keep interiors and exteriors well lit. This is important at nighttime and also in winters when daylight is not very effective. Critical areas that need to be illuminated are the stairs, outdoors and foyers.

2. Never leave electrical problems pending at any point. The slightest fluctuation should be attended immediately. Make it a cardinal rule to switch off appliances after use.

3. Smoke alarms are a necessity and you must have the very best. Practice regular safety drills with your family to ensure awareness of

procedures.

4. Keep ordinary appliances safely as they could be dangerous. Especially with kids around. Make electrical outlets safe by safety plugging and child proofing them. Keep sharp objects like scissors, knives, weapons and match boxes out of reach.

5. Ensure locks and bolts on doors and windows are in order and tamper-proof. Keep an eye out for suspicious characters and never invite strangers into your home. Teach your children not to entertain queries from strangers.

6. Do not share information about working or school hours. Teach family members to avoid telling people about schedules and routines. Do not put personal information online and never respond to voicemails.

7. The risk of accidents goes up when you are getting maintenance or repair work done. Ensure safety and precaution and be prepared to react quickly to accidents or injuries.

8. Do not attempt repair work of appliances involving undue risk. Many home accidents are the result of improper tampering with tools like lawnmowers and trimmers.

9. Maintain caution when driving vehicles in or out of your home. If you are backing the car up, watch out for children and pets on the road.

10. Make sure you don't leave stuff on stairs that may cause people to trip and fall. Be watchful when clearing snow from pathways that you do not heap it up in areas where people might walk.



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EARTH DAY 2020 Celebrating 50 Years

By Cheryl Conley, TWRC Wildlife Center



April 22nd marks the 50th anniversary of Earth Day, an annual event to demonstrate support for environmental support. Earth Day was founded by Gaylord Nelson, a U.S. Senator from Wisconsin, when in 1969 he witnessed the destruction caused by a massive oil spill in Santa Barbara, California. He came up with the idea of a “national teach-in on the environment” and presented it to the media. Congressman Pete McCloskey was persuaded to serve as co-chair. A Harvard student named Denis Hayes was named the national coordinator and with a staff of 85, it was promoted across the country. The date of April 22nd was chosen because it falls between spring break and final exams.

The first Earth Day was very successful. Over 20 million Americans demonstrated, gathered in parks and auditoriums and held rallies to demonstrate for a healthy environment. It was indeed the beginning of a movement and by the end of 1970, the United States Environmental Protection Agency was created and the Clean Air, Clean Water and Endangered Species Acts were passed.

Between 1970 and 1989, Earth Day celebrations and activities grew and in 1990, again under the direction of Denis Hayes, the concept was introduced globally. More than 200 million people in 141 countries celebrated Earth Day. Today, it is the single-largest day of action in the world with 193 countries participating.

There are many ways you can help our planet. Plant a tree, pick up trash, start a compost bin, switch to earth-friendly cleaning products, start recycling, carpool, stop using plastic products, just to name a few. Celebrate the beauty of our world by taking a walk in the park.

Although Earth Day is celebrated only one day every year, our earth needs protecting every day. Make saving the planet a part of your lifestyle.

Cities and communities across the globe are celebrating with Earth Day events. Check to see what your city is doing.

TWRC Wildlife Center’s contribution to our environment is by rehabilitating injured, orphaned and displaced wildlife with the goal of returning healthy animals back to the wild. If you’d like to find out how you can help, contact berri.moffett@twrcwildlifecenter.org



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