

## We hope you are enjoying your flags!

Courtesy of Brena Moglovkin & Terry Cominsky.



4 BEDROOMS (3 BATHS | #2.750 SQ. FT. | Last list price \$698.500



MEYERLAND | 5751 Birdwood

4 BEDROOMS | 2.5 BATHS | ±2.986 SQ. FT. | Last list price \$498,000





3 BEDROOMS | 2 BATHS | #1.943 SQ. FT. | Offered at \$400,000 | MLS 91813632







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### Important Numbers

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#### **CITY OF HOUSTON**

Houston Help & Information 311 or 713-837-0311

District C Council Member, Ellen Cohen: 832-393-3004

Godwin Park Community Center 713-393-1840

CenterPoint Energy Electric outages or electric emergencies 713-207-2222 or 800-332-7143

Suspected natural gas leak 713-659-2111 or 888-876-5786

For missed garbage pickup, water line break, dead animals, traffic signals, and other city services: 311

Some mobile phone users may need to dial: 713-837-0311

## Newsletter Information

Peel Inc is committed to making The Messenger a valuable tool for the residents of Meyerland. Please submit any community news, events and updates to themessenger@peelinc.com

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## 2020 Hurricane Preparedness Tips

Hurricane Season officially begins on Monday, June 1. There are several things you can do to prepare.

Check your insurance coverage. Homeowner's and renter's insurance policies may not cover wind and water damage caused by hurricanes. Keep in mind one inch of water in your home can cause up to \$25,000 in damages. Without flood insurance most residents have to pay out of pocket or take out loans to repair and replace damaged items. Federal assistance is not always available and is not enough to get you back to your pre-disaster condition

Contact your insurance agent to purchase a policy, in the amount of coverage you can afford, from the National Flood Insurance Program (NFIP). Coverage is available up to \$250,000 for your home and up to \$100,000 for your home's contents. For non-residential properties, you can secure coverage up to \$500,000 for the building and \$500,000 for the building contents.

Remember, there is usually a 30-day waiting period from the date of purchase until your flood insurance policy goes into effect. For those with a flood insurance policy. FEMA is extending the grace period for policy renewals from 30-days to 120 days for policies that have an expiration date between February 13, 2020, and June 15, 2020, due to the COVID-19 Pandemic. Visit www.floodsmart.gov to find other resources to help you prepare for the Hurricane Season.

Make a plan. Decide where you and your family will go if you need to evacuate. Decide on a meeting place if you and your family get separated. Designate an out of town contact so you can let your family know where you are and that you are safe. Make sure everyone in your family knows and understands the plan. Practice your plan.

Make a kit. Your kit should contain at minimum a gallon of water per day for each member of the family for a week, non-perishable food, a manual can opener, extra clothes, gloves, heavy shoes, cash, and extra medication and eyeglasses. Put in a hand cranked or battery powered radio and a flashlight. Don't forget extra batteries. Don't forget food, water, and medication for your pets. For more preparedness tips go to www.ready.gov.

FEMA's mission is helping people before during, and after disasters. Follow us on Twitter at www.twitter.com/femaregion6 and the FEMA Blog at http://blog.fema.gov

# MONTHLY TRASH & RECYCLING SCHEDULE

<b>JULY 2020</b>									
SUN	MON	TUES	WED	THURS	FRI	SAT			
			1	2	3	4			
5	6	7 T/R	8 TREE	9	10	11			
12	13	14 TRASH	15	16	17	18			
19	20	21 T/R	22	23	24	25			

29

**30** 

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AUGUST 2020									
SUN	MON	TUES	THURS	FRI	SAT				
						1			
2	3	4 T/R	5	6	7	8			
9	10	11 TRASH	12 JUNK	13	14	15			
16	17	18 T/R	19	20	21	22			
23 30	24 31	25 TRASH	26	27	28	29			

#### WHY CHOOSE OUR SERVICES?

28 TRASH

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**27** 

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### **KID-FRIENDLY CREATIVITY IN THE KITCHEN**



(Family Features) While so many families spend more time at home than normal, many may be seeking ways to increase fun and activity, especially for children. One way to increase engagement while teaching lifelong lessons is to head to the kitchen for a learning exercise

in creating nutritious snacks and treats.

Consider these creative ways you can get your kids involved in the kitchen:

Look for simple recipes kids can help create. Logically, the first step in the process is to focus on ingredients and instructions that aren't overly complicated. For example, avoid snacks that call for cutting with knives and instead try a recipe like these Frosted Watermelon Cutouts, which involves kid-friendly cookie cutters.

Be flexible. Another way to involve children is to let them help in the meal-planning routine. Because kids' desired tastes may differ from your own, be open to outside-the-box ideas like breakfast for dinner, nutritious snacks for lunch and fruit for dessert.

Take advantage of nutritious produce. Comprised of 92% water to support hydration, an option like watermelon is a source of vitamin C and other important nutrients. At only 80 calories per 2-cup serving, one watermelon provides up to three dozen servings that can be used in a variety of nutritious family recipes, and 100% of the fruit is usable between the flesh, juice and rind. For example, this recipe for Kids Watermelon Sandwich Cookies provides a sweet treat the whole family can enjoy while calling for just a few ingredients.

Visit watermelon.org for more creative ways to use the whole watermelon, including recipes and kid-friendly carvings.

#### Craft a Fun, Frozen Fruit

Using leftovers can make for a fun way to avoid food waste. For example, if you have extra watermelon, simply cut into 1/2-1-inch wedges and insert clean crafting sticks into the center of the rind. Put them in the freezer for at least 1 hour to create sweet watermelon ice pops.

**CONTINUED ON PAGE 7** 



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#### **CONTINUED FROM PAGE 6**

#### Kids Watermelon Sandwich Cookies Recipe courtesy of the National Watermelon Promotion Board Servings: 6

12 blueberry pancakes (3-inch round), cooled to room temperature 1/2 cup white frosting

6 seedless watermelon slices (2/3-inch thick, 3-inch round), drained to remove excess moisture

Evenly frost bottom of each pancake with white frosting. Arrange six pancakes frosting side up on serving platter. Place one slice watermelon on each frosted pancake.

Top each with remaining pancakes, frosting side down. Serve immediately or cover and refrigerate until ready to serve.

#### Frosted Watermelon Cutouts Recipe courtesy of the National Watermelon Promotion Board

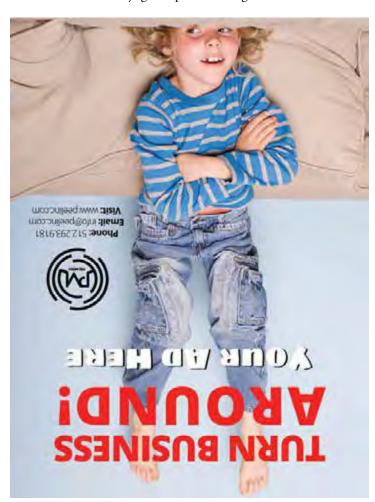
1 seedless watermelon, cut into 1/2-3/4-inch thick slices

1 serving vanilla yogurt

1 serving granola or similar cereal

Using cookie cutters, cut shapes out of watermelon slices. Or, if preferred, use classic cut watermelon wedges.

Frost each slice with yogurt. Sprinkle with granola.





Downloaded from FamilyFeatures.com. #15226 / Source: National Watermelon Promotion Board





## RATES ARE AT ALL-TIME LOWS

Purchase and Refinance Season is Here!

#### PURCHASE

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- 10% down up to \$650,000
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#### REFINANCE • Reduce your rat

- Reduce your rate save money
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- Debt Consolidation pay-off credit cards, autos, etc.
- Tax benefits



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### How You Can Help Find a Solution to COVID-19

(Family Features) The human immune system holds important clues about how people naturally detect and defend against disease. For COVID-19, many people have been able to defeat the virus because of their natural defense systems.

Now researchers are working to learn from these survivors' immune systems to inform the development of new tests.

If you've been affected by COVID-19, you can help. A leader in immune-driven medicine, Adaptive Biotechnologies – which specializes in developing products based on the body's immune response to disease – is working with Microsoft on the virtual clinical study ImmuneRACE. As part of the study, they are seeking 1,000 participants between the ages of 18-89 from major metropolitan cities in the United States who:

- Currently have COVID-19
- Have recently recovered from COVID-19
- Were exposed to someone diagnosed with COVID-19

Understanding testing options. There are currently two types of tests for COVID-19: PCR tests that indicate the presence of live virus from a nose or throat swab and serology tests that indicate exposure to and potential immunity against the virus by measuring antibodies in the blood.

A third type of test could help address current challenges with testing, resulting in these scenarios:

- Complementary or alternative testing for individuals who have had known exposures or symptoms
- Ability to triage patients and inform treatment strategies based on risk
- Confirmation that individuals have recovered and are no longer infectious

Such a test could also contribute key information as part of an immune scan.

How you can get involved. To participate in the study or learn about more ways to join in the fight against COVID-19, visit ImmuneRACE. com. If you decide to participate and qualify for the study, a trained technician will travel to you to collect a de-identified blood sample in the comfort and safety of your home.

The global race for solutions. Because COVID-19 is a disease affecting communities around the world, stopping its spread requires solutions from every angle. It is the belief of Adaptive Biotechnologies and Microsoft that the answers may lie within the immune systems of those who have been impacted by the coronavirus. The de-identified data collected through this study will also be made freely available to the global scientific community to help develop other solutions.

Photo courtesy of Getty Images / Downloaded from FamilyFeatures.com #15227 / Source: Microsoft & Adaptive Biotechnologies The Messenger is a private publication published by Peel, Inc. It is not sanctioned by any homeowners association or organization, nor is it subject to the approval of any homeowners association or organization, nor is it intended, nor implied to replace any publication that may be published by or on behalf of any homeowners association or organization. At no time will any source be allowed to use The Messenger contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the newsletter is exclusively for the private use of Peel, Inc. The Messenger is an independent publication serving the Meyerland community. At no time will any source be allowed to use The Messenger's contents, or loan said contents, to others in any way, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the Messenger Newsletter is exclusively for the private use of Peel, Inc.

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