

A Newsletter for the Residents of Legend Oaks II

Is your child's workspace working for them?

What is the best way to set up a workspace for a child during remote learning due to COVID-19? Creating an effective working space will depend on your child's age, their learning preferences, and the specific demands of their curriculum.

It's important to include your student in making decisions on their learning environment. When students are able to make choices in their learning, they're more likely to take ownership of the process, and engagement will increase. For students grades K-2, try asking: what is your favorite thing about school? What is your favorite thing you do in school? Ask older students (grades 3-12) students to describe their favorite teacher or classroom. What is it about that space they like? When have they felt most successful in their learning? What is something that helps them be successful in the classroom? Through these discussions, students will often describe their ideal learning environment.

In thinking about personalized learning preferences, it's important to consider how to support your child's learning style by designing an environment that meets their needs.

Think about...

The auditory environment:

Have headphones available for them to listen to their teacher or participate in virtual classrooms. This may help them to focus. Some students may prefer a quiet workspace, while other students need some background noise. Consider the use of a white noise machine or soft music playing for students who prefer a bit of sound.

The visual environment:

Visual tools for organization are key. If they are in 4th grade and under: consider having folders for each subject in a different color might be helpful. If they are 5th grade and above: a written agenda will help students track what assignments are due, supply reminders, and provide a space for important information, - for example, digital learning app suggestions, teacher office hours, and log-in information.

The physical environment:

Supply Desk Set Up for all kids, adolescents, teens and even some adults! When setting up a workspace it is preferable to set it up in a place where it will be quiet and , but also where there is natural

light. Exposure to natural sunlight wakes up our brain and helps us to mentally focus. Have your student help keep the space clean and organized. Daily decluttering of the space will help with organization of materials. Consider that some students may prefer to sit in a chair at a desk, while others may be more productive on the floor or a bed.. Students will need frequent breaks in order to move throughout the day and should have a few different options of where they can do their work. Consider providing "fidget" items that students can use while engaged in online learning- small squishy balls, Play-Doh, and doodling. Wobble cushions for Pre-K to elementary or a Flex-Space ergonomic bounce chair (5 year – adult) may help students or adults to pay attention during long Zoom sessions.

Here are some items you may consider purchasing in order to organize your student's workspace:

Acrylic Desktop File, STORI Clear Plastic Hanging File Organizer with Handles, Amazon, \$20. You can see at a glance what you need without having to dig through it. Best of all, it is versatile, has handles and is portable from room to room. It can hold hanging files, sort working files vertically, hold a 3 ring binder and a legal pad for notes.

- A 1-1/2 inch notebook (with dividers) per child detailing: passwords to online platforms, app suggestions per class, emails from school that might need to be printed off, Agenda sheets, or college applications
 - A laptop, Chromebook and Desktop if needed
 - Dividers for a 3 ring binder
 - Agenda Notebook or Agenda weekly Calendar to print
 - Calendar for the wall (if needed)
- Dry Erase board to write out reminders/schedule or to work out problems
- Working and/or hanging file folders
- Pencil box and/or pen holder for taking notes
- Notebook Paper for kiddos needing to work out problems

Sally Grayum, is an Austin based professional organizer that lives in the Northwest Hills area and works with business professionals, working and stay at home parents. For more information please visit OrganizeMeSally.com.



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HELPING INJURED TEXANS

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NEWSLETTER

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STOP THE MONEY TRAIN TO UNAFFORDABILITY

\$7 BILLION IS TOO MUCH FOR SOMETHING THAT DOES TOO LITTLE

THEY ARE TELLING YOU A FAIRY TALE:

WHY SHOULD WE TRUST CAPMETRO TO MANAGE A MONUMENTALLY COMPLICATED AND EXPENSIVE PROJECT?

They said the Leander-Convention Center line would cost \$60 million, but former Senator Kirk Watson said it wound up costing \$140 million, 133% more than was promised voters. They're asking you to vote on a marketing idea, just colored lines on a map, yet no significant engineering or environmental studies have been conducted. Plus, their plan includes a rail line in a tunnel under Congress Avenue, which they say will be very expensive, but they won't say how expensive because they don't have a clue.

This suggests that Project Connect could wind up NOT costing \$7 billion but \$16 billion OR MORE.

CAPMETRO HAS A DISMAL RECORD OF MANAGING MONEY AND CARING ABOUT SAFETY.

A Texas State Legislature investigative staff reported that CapMetro mismanaged \$200 million in a reserve fund. They had to delay the opening of the Leander-Convention Center line for two years when federal safety regulators found an improper signal system, unsafe bridges, and other safety problems—all of which added \$30 million to the final cost of the line.

San Antonio's transit agency, VIA, moves 20% more riders than CapMetro in a service area that's twice as big, yet CapMetro spends 42% more per ride.

From *The Washington Post* (August 10) on the D.C. rail system: "Officials use terms like 'catastrophic' and 'Armageddon' to describe the system's money woes."

CAPMETRO PROMISED VOTERS THAT A PORTION OF THE LEANDER-CONVENTION CENTER LINE'S COST WOULD BE PAID FOR BY THE FEDERAL GOVERNMENT. THIS DID NOT HAPPEN.

Now, CapMetro is making the exact same promise to voters for Project Connect. **This is a myth!** And if they don't get those federal dollars, they will still collect the taxes and do as much as they can—with no concrete completion plan.

WHO WILL RIDE THE MONEY TRAIN?

The rail cars will be like all the empty buses we see every day. It will NOT increase the number of riders of public transportation. Too few people live close to the lines. An increasing number of people will be working remotely, and this kind of transport just won't be necessary. Downtown offices will no longer be a destination for as many workers as CapMetro is putting into its ridership estimates. And don't forget our weather: Would you walk a mile in Texas heat and cold and rain to a rail stop?

PERHAPS MOST IMPORTANT: The Centers for Disease
Control and Prevention warns against being on crowded
rail cars, such as the subways in New York City, which
are seen as a principal cause of it being the epicenter
of the global coronavirus pandemic. The Washington Post:

"...They stand on station platforms and at bus stops, nervously waiting for rides in confined spaces with strangers—prime conditions for spreading the virus. They board thinking the virus could be lurking anywhere—on subway poles, bus seats or floating in the air around them from another passenger's uncovered cough or sneeze."

Political ad paid for by Our Mobility Our Future PAC.

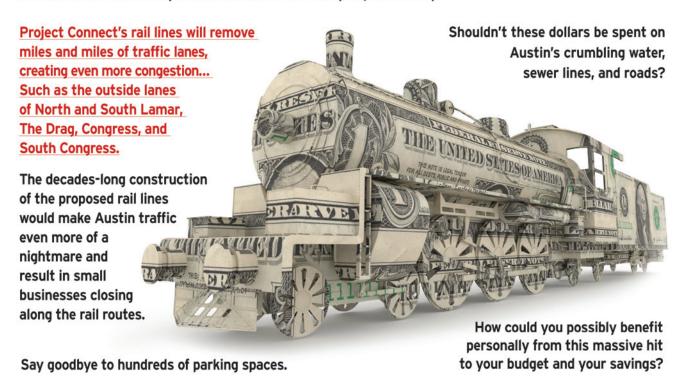
VOTE NO FOR PROJECT CONNECT

If Proposition A with Project Connect Passes...

A 25% PROPERTY TAX INCREASE TO PAY FOR THIS MONEY TRAIN

The \$460 million "Active Transportation" bond that's also on this ballot would cost even more.

And taxes will yet again increase as property values inevitably rise. Landlords will raise rents to cover higher property taxes. This is all from the same mayor and council members who are "defunding" and "re-imagining" \$150 million of the APD budget, with a huge reduction in the number of officers on the streets. The mayor and council members obviously don't care about affordability or public safety.



"This election will tell us how much BS Austin voters will believe and how much taxes they will pay to get it." Retired Travis County Judge Bill Aleshire

Listening to developers and lobbyists, city staff, and small activist groups has put the mayor and council so out of touch with reality. They don't understand why it's wrong to raise property taxes by 25% in the middle of a pandemic when so many people are out of work, behind on their mortgage and rent payments, and struggling to meet their necessities. The mayor, a multi-millionaire, got elected promising affordability. Instead, he wants to slam the 65+, the disabled, the retired, and those living paycheck to paycheck with a 25% tax increase.

Political ad paid for by Our Mobility Our Future PAC.

LEGEND OAKS

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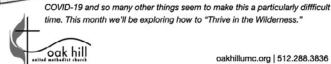
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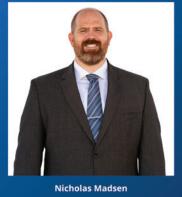
WELCOME

Oak Hill United Methodist Church is excited to welcome our new pastor. Stephen Sanders. We would love to have you join us in worship and fellowship each Sunday morning at 10 a.m. on facebook.com/OakHillUMC. You don't need a Facebook account to join the service. All are welcome.



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LETTUCE RECYCLE!

by Dena Houston

MIXED-UP RECYCLING



Mixed materials present a special challenge to the recycling industry. In the Austin market, these items are not recyclable and must go into the trash can. The reason they cannot be recycled is that these items consist of layers of material that cannot be separated in order to recycle the various parts. Tetra packs are the most common material. They are layers of plastic, cardboard, and foil. The

following items are examples of Tetra packs and other mixed materials that cannot be recycled in Austin:

- Amazon packaging consisting of padding material between two layers of brown paper
 - Bread crumb containers (e.g., Progresso bread crumbs)
 - Snack foods, cookies, and chip bags
 - Single use food pouches baby food, tuna fish, etc.
 - Juice boxes (single serving)
- Mailing envelopes consisting of stiff paper lined with bubble wrap or other insulation
- Cardboard box containers (Tetra packs) Orange juice, milk, bouillon

PLEASE REMEMBER – WHEN IN DOUBT, THROW IT OUT!!!

AUSTIN CREATIVE REUSE

Due to the pandemic, Austin Creative Reuse is closed. However, they are accepting appointments to take donations. Please visit https://www.austincreativereuse.org/ for current information. They also provide Zoom shopping and curbside pickup.

IMPORTANT UPDATE ABOUT CURBSIDE COMPOST **COLLECTION**

All Austin residents who do not yet have curbside compost collection were originally scheduled to have it begin in September 2020. Sadly, because of the pandemic, the equipment necessary to make this happen (green curbside bins, etc.) is not being

produced. It is the hope of Austin Resource Recovery that the rollout will happen by the end of 2020.

RECYCLE & REUSE DROP-OFF CENTER

Due to the pandemic, the Recycle & Reuse Drop-Off Center is closed. However, you can make an appointment to have hazardous materials and batteries picked up safely at your home. The Center cannot take electronics or Styrofoam at this time. Please call 512-974-4343 to schedule a home pickup.

NEW CURBSIDE PICKUP PROGRAM IN AUSTIN

Austin Resource Recovery has just teamed up with Goodwill of Central Texas to offer clothing and housewares curbside collection to all residential customers at no cost! They will pick up unwanted clothing, shoes, accessories, toys, linens, and housewares in any condition for reuse or recycling. The pickup is by appointment only. Please see the following website for details: http://austintexas.gov/department/clothing-housewarescurbside-collection

QUESTIONS FROM OUR READERS:

IF THE RECYCLE & REUSE DROP-OFF CENTER IS STILL CLOSED, WHERE CAN I RECYCLE OLD **COMPUTERS AND DIGITAL CAMERAS?** The Staples Store on Barbara Jordan Blvd. will accept electronics for recycling. They provide this service free of charge. This includes laptops, hard drives, and digital cameras. Please remove or erase hard drives on any donated computer.

HOW DO I RECYCLE THE SILVER INSULATED BAGS THAT COLD FOOD IS DELIVERED IN? Sadly, these bags are not recyclable but they are certainly reusable. They make great bags for using at the grocery store. At this time, I have not been able to locate an organization that can reuse them.

Here is a very informative City of Austin recycling website that offers help in finding out how to recycle specific items: http:// www.austintexas.gov/what-do-i-do

Stay tuned for future tips that will include creative ways to recycle or reuse. If you have any questions or recycling ideas, please send them to me at this address: recycling@hpwbana.org.



