

The Tribune

A NEWSLETTER FOR TOWNE LAKE RESIDENTS

OCTOBER 2020

VOLUME 9, ISSUE 10



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IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY	911
Fire.....	911
Ambulance	911
Constable	281-376-3472
Sheriff - Non-emergency	713-221-6000
- Burglary & Theft	713-967-5770
- Auto Theft	281-550-0458
- Homicide/Assault	713-967-5810
- Child Abuse	713-529-4216
- Sexual Assault/Domestic Violence.....	713-967-5743
- Runaway Unit	713-755-7427
Poison Control.....	800-222-1221
Traffic Light Issues	713-881-3210

SCHOOLS

Cypress Fairbanks ISD Administration	281-897-4000
Cypress Fairbanks ISD Transportation	281-897-4380
Rennell Elementary.....	281-213-1550
Smith Junior High School.....	281-213-1010
Cy-Ranch High School	281-373-2300

UTILITIES

CenterPoint Energy.....	713-659-2111
Reliant Energy.....	713-207-2222
Water - Severn Trent.....	281-646-2383
Waste Management - Trash	713-686-6666

OTHER NUMBERS

Animal Control.....	281-999-3191
Cypress Fairbanks Medical Center.....	281-890-4285
Harris County Health Department	713-439-6260
Post Office.....	281-859-9021
Harris County Public Library.....	281-290-3210
Cy-Fair Hospital.....	281-890-4285
North Cypress Medical Center.....	832-912-3500

NEWSLETTER PUBLISHER

Peel, Inc.	1-888-687-6444
Article Submissions	townelake@PEELinc.com
Advertising.....	advertising@PEELinc.com, 1-888-687-6444

ADVERTISING INFO

Please support the advertisers that make the *Tribune* possible. If you are interested in advertising, please contact our sales office at 1-888-687-6444 or advertising@peelinc.com. The advertising deadline is the 8th of the month prior to the issue.

ARTICLE INFO

The *Tribune* is mailed monthly to all Towne Lake residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome. To submit an article for consideration please email it to townelake@peelinc.com. The deadline is the 9th of the month prior to the issue.

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It is a personal goal and passion of Metta Maria Archilla, Cypress Area Eats Founder, to connect with the local restaurants. One of her foci is to create avenues of awareness towards supporting the Cy-Fair Helping Hands, a non-profit organization—geared towards feeding the hungry and homeless.

Metta described her goal, “Our mission is to do whatever we can, wherever we can, to get food into the pantry and into hungry bellies.”

Metta worked with Brian Sandel, owner of Creekwood Grill off Telge, to pack up two truckloads of fresh cheese and milk and haul it over to Cy-Fair Helping Hands where her friend Patricia Hudson, Executive Director of Community Outreached, helped to unload it and transferred it to their coolers and freezers. That was close to 800 pounds of dairy in one week.

The Cypress Area Eats for Charity is always looking to partner with locals to bring food to those in need. Thank you to Brian Sandel for your gracious and giving heart!



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Luncheon Details

Thursday, October 15, 2020

Registration/Networking 11 a.m.; Luncheon begins at 11:30 a.m.

Holiday Inn & Suites Houston West - Westway Park

4606 Westway Park Blvd, Houston, TX 77041

Early Registration Costs \$30; or pay at the door



Houston, Texas (September 6, 2020) If there was a way for your social media posts to be seen by more potential clients would you want to know how? Of course you would! The answer: 15 - 60 second micro videos! See how businesses and social media influencers are using short, evergreen videos to attract their ideal prospect and provide value-added service to their existing followers. And the best part: you don't have to sing, dance, or even be in the video (unless you want to).

Speaker Bio

As a graduate of the Dale Carnegie course, Kerrie Saeger has used her natural talents as a speaker to teach and train entrepreneurs to market and promote themselves. Kerrie's career began in retail banking, and eventually led to becoming a mortgage loan originator where she worked for several of the largest banks in the US before opening her own mortgage company. She learned early on to embrace the quote "if its meant to be, it's up to me". She is currently a real estate continuing education trainer with the Kathryn C. Wheat school of Real Estate. Her speciality are those classes pertaining to marketing, branding, and self promotion - specifically as it pertains to social media.

In this workshop, we will discuss:

- **How to draft a personal communication plan**
- **How to establish authentic connections in a virtual environment**
- **How to lead, manage and work with people in a virtual environment**

This month's HAPEN meeting begins with registration and networking at 11:00 a.m. followed by a prompt 11:30 a.m. start of the program. Luncheons are held at the Holiday Inn & Suites Houston West - Westway Park, 4606 Westway Park Blvd, Houston, TX 77041

About Houston Area Professional Express Network (HAPEN)

Houston Area Professional Express Network's mission is to

GROW our membership TOGETHER through the strength and vitality of positive relationships of each member's experiences. Our members have opportunities to pursue excellence and achieve both local and national recognition. HAPEN is part of the national organization of the American Business Women's Association (ABWA), for more information visit www.HAPEN.org.



About American Business Women's Association (ABWA)

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 60 years to women's education, workplace skills, and career development training. For more information, visit, www.abwa.org.



Drastic Steps Marketing - Get Known, Get Connected, *Get Paid!*

Luncheon Details

Thursday, October 22, 2020

Networking 11:00 a.m.; Luncheon begins at 11:30 a.m.

Longwood Golf Club, 13300 Longwood Trace, Cypress, TX
77429

Costs \$30 with advanced reservations; \$35 at the door
(Please check our website for information in the event we
are not able to meet in person)



Houston, Texas (September 8, 2020) Toni Harris Taylor is also known as The Networking Queen™. That's why becoming an NIA Franchise owner is a natural fit. Toni's brand is all about taking DRASTIC steps to be successful. As a sales and marketing coach, Toni teaches her clients to build relationships to Get Known, Get Connected to Get Paid! Now she has the vehicle to help her clients,

"Build Relationships that Last a Lifetime!" If you are ready to end the frustrations of growing your business, connect with Toni to see how she can help you to turn more contacts into contracts!

In this session you will learn how to:

- Determine your target market for laser focus marketing.
- Build relationships through networking.
- Speak to get in front of the crowd and be the "go-to" expert.
- Use technology tools such as email and social media to follow up and stay connected.

This month's CYFEN meeting begins with networking at 11:00 a.m. followed with a prompt 11:30 a.m. start of the program. Luncheons are held at our new location, **Longwood Golf Club, 13300 Longwood Trace, Cypress, TX 77429.**

About Cy-Fair Express Network (CYFEN)

Now over 40 members strong, Cy-Fair Express Network's vision is to be a community and national leader for the support of professional women by providing a nurturing environment for business development, networking, education and mentoring. Our members have opportunities to pursue excellence and achieve both local and national recognition. CYFEN is part of the national organization of the American Business Women's Association (ABWA), for more information go to www.CYFEN.org.

About American Business Women's Association (ABWA)

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 60 years to women's education, workplace skills and career development training. For more information, visit, www.abwa.org.

THE MOURNING DOVE

By Cheryl Conley, TWRC Wildlife Center

The mourning dove is native to Texas and gets its name from the soft, sad-sounding coo that usually only the male makes. What you may not know is that the mourning dove also has a non-verbal whistling sound it makes when it takes off and lands. This sound is an alarm signal and is also associated with courtship. They are one of the most abundant birds of all North American birds.

Doves are highly-developed and range in size from a sparrow to a chicken. Mourning doves are one of seven species of doves in our area. The others are the white-winged dove, the white-tipped dove, the erasian collared, the rock dove (pigeon), the band-tailed pigeon, the inca dove and the common ground dove. Some of them, like the mourning dove, are monogamous. That means they'll stay with their mate for life unless something happens to the mate. If that happens, the mourning dove will find a replacement.

Mourning doves are recognizable by black spots on brown wings, a black beak, black eyes and a long, pointed tail. They look somewhat plump with a small head that looks a little too small for the size of the body.

You might catch a glimpse of a mourning dove on the ground or on a limb, leaning over and stretching one wing. The bird is either sunbathing or rainbathing. It can hold this position for up to twenty minutes. They also like to dustbathe.

Their diet consists mostly of seeds. They have a preference for rapeseed, corn, millet, safflower, and sunflower seeds. They eat until their crops are full and then fly away to digest the food. They'll often swallow sand or fine gravel to aid in digestion.

Doves are the number one game bird in the country and Texas leads the nation in hunter and harvest numbers. Every year from June to August, Texas Parks and Wildlife place leg bands on thousands of mourning and white-winged doves. The primary reason for banding is to track the harvest. This is done in order to monitor the factors that influence the populations. Hunters report banded birds and the information gathered provides estimates of harvest and survival rates. The data is used in several programs to help manage populations and set hunting regulations. Hunters are urged to report any bands they find.

Here are a few very interesting facts about this very common bird.

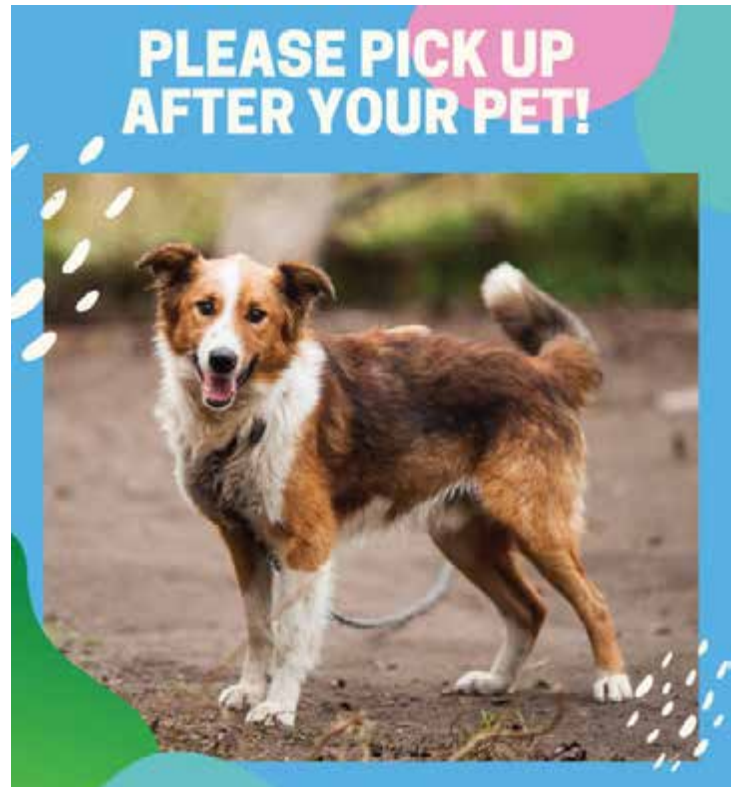
- They have a very short life span. They usually only live about 1.5 years. The oldest recorded age of a mourning dove is 31.
- They are one of only a few birds that can actually sip water like humans. Most birds gulp water and then rotate their heads until the water goes down their throats.
- Many of them lay eggs several times a year.
- Mourning doves can fly up to 55mph. Compare that to a Northern Flicker that weighs about the same but can only fly 23 mph.
- Another name used for mourning doves is turtle doves.

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TWRC admits hundreds of injured, orphaned and displaced doves every year. Some have dog and cat wounds, some have had collisions with windows, or have fallen out of a nest. Whatever the reason for their admission, we care for them until they are able to be returned to the wild. If you'd like more information about what we do, check out our website at www.twrcwildlifecenter.org.



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ADULT ENGLISH CLASSES AT ENGLISH GATEWAY

English Gateway is a program designed to teach conversational English. The vision and desire of English Gateway is to assist international families in learning and improving English skills to help them live and be successful here in the United States. We offer 6 different levels and have open registration throughout the CFISD school year.

- Where does English Gateway meet? We meet at Bayou City Fellowship, 12715 Telge Rd., Cypress, TX 77429.

- When does English Gateway meet? We offer two options: Thursday mornings, 9:30-11:30 am; Thursday evenings, 6:30-8:30 pm.

- What is the school calendar?

English Gateway classes coincide with CFISD school calendar

- When can I register and start class?

First day of class: September 17, 2020

There is open registration so you can come any Thursday, take a placement test, and go immediately to class.

How much does it cost? There is a one-time fee of \$20 for the books; classes are free.

For more information, please contact the English Gateway Program Coordinator: esl@bayoucityfellowship.com

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