

## BRICK FUNDRAISING EVENT

Dear Briarhills Neighbors,

Would you and your family like to leave a permanent mark in our neighborhood? Are you looking for a unique gift idea? Would you like to honor or remember a loved one? Perhaps you would just like to support the beautification efforts around the clubhouse?



If you answered yes, please take the opportunity to literally become part of the garden! Customize your very own laser-engraved brick and we will install it in front of the Briarhills Community Center.

This is a great way to celebrate your family or show your love for Briarhills!

To order and customize your brick, visit [briarhillspoa.org](http://briarhillspoa.org).

Please let your family, friends and neighbors know about this exciting opportunity.

All the best from your Briarhills Landscaping Committee. We wish you a good start into 2021!



*Save the Date!*

The Briarhills Playground Committee will be hosting its annual Love Briarhills Run in February. This year it will be a virtual run, where participants sign up and complete the run at their preferred time over two weekends (2/20 and 2/28). Please save the date and stay tuned. More information coming soon!

## 2021 ANNUAL MAINTENANCE DUES

Annual statements were mailed to all POA homeowners in December. If you did not receive your statement and/or if any of your information was incorrect, please email the POA office at [officemanager@briarhillspoa.org](mailto:officemanager@briarhillspoa.org). Payments can be made by check, e-check or credit card. Please follow the payment instructions listed on your statement. Payments are processed by CIT Bank so please do not mail checks to the POA office. Remember, in order to avoid a \$100 late fee, all payments must be received by February 28, 2021.

## STAY INFORMED!

Are you receiving the POA news and announcements emails? If the answer is no, then please visit our website at [briarhillspoa.org](http://briarhillspoa.org) and register to be included on the POA email distribution list. Typical email topics include information regarding upcoming community events, meeting announcements, pool & amenities information and current happenings in Briarhills. Don't miss out!

## DON'T FORGET!

Please remove holiday lights and yard decorations by January 15th.

## IMPORTANT NUMBERS

### GOVERNMENT SERVICES

Emergency .....	911
Constable ( <i>Closest Law Enforcement</i> ).....	281-463-6666
Poison Help .....	1-800-222-1222
Library and Community Center.....	832-393-1880
City Services.....	Call 311
Citizens' Assistance.....	713-247-1888
Public Works.....	713-837-0600
Neighborhood Protection.....	713-525-2525
Animal Control.....	713-229-7300
Wild animal problem .....	713-861-9453
Hazardous waste.....	713-551-7355

### OTHER UTILITY SERVICES

Street light problem.....	713-207-2222
.....	(then 1 then 4)
Power out/emergency .....	713-207-2222
Gas leak suspected.....	713-659-2111
Before you dig.....	Call 811

### BRIARHILLS SERVICES

Trash collection .....	281-368-8397
Amenity tags .....	281-558-7422
Tennis courts.....	281-558-7422
Pool parties.....	281-558-7422
Clubhouse rental .....	281-558-7422

### ADVERTISING INFORMATION

Please support the businesses that advertise in the Briar Hills Beat. Their advertising dollars make it possible for all Briar Hills residents to receive the monthly newsletter at no charge. If you would like to support the newsletter by advertising, please contact our sales office at 888-687-6444 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com). The advertising deadline is the 8th of each month for the following month's newsletter.

### NEWSLETTER INFORMATION

Article Submission.....	<a href="mailto:briarhills@sbcglobal.net">briarhills@sbcglobal.net</a>
Advertising.....	<a href="mailto:advertising@PEELinc.com">advertising@PEELinc.com</a>

## POA OFFICE INFO

### 2021

By appointment only

### OFFICE CONTACT

Street Address

.....14300 Briarhills Parkway, Houston, TX 77077

Mailing Address

..... P.O. Box 940548, Houston, TX 77094-7548

Telephone..... 281-558-7422

Email..... [officemanager@briarhillspoa.org](mailto:officemanager@briarhillspoa.org)

Website..... [www.briarhillspoa.org](http://www.briarhillspoa.org)

To help you get acquainted with the neighborhood, please visit **[www.briarhillspoa.org](http://www.briarhillspoa.org)** and learn about current events and news happening in Briarhills. Please also take the time and register for an online account so you may access various features of the website that are not available to the public. You will also be able to immediately receive important BPOA announcements by email. Your information will only be used for official BPOA communication and will not be shared.

### BRIARHILLS AMENITIES & ELECTRONIC ACCESS CARDS

Available for the use and enjoyment of each resident is the Briarhills POA Recreation Center. The Recreation Center includes four and two-tenths (4.2) acres equipped with a swimming pool for the family, a wading pool for tots, lighted tennis courts, playground equipment, a community clubhouse, basketball court and off-street parking. Electronic access cards are required to access the pool, unisex restroom and tennis courts. Registered property owners and tenants may receive 2 cards per property address. Check the website or contact the POA office to obtain access cards.

### SWIMMING POOL

The swimming pool is normally open from Memorial Day weekend through the start of school in August, six days a week (Tuesday through Sunday). The pool is staffed with certified lifeguards during swim season and maintained by a reputable pool management company.

### TENNIS

Tennis courts must be reserved through the online reservation system at **[www.briarhillspoa.org](http://www.briarhillspoa.org)** (log-in account is required).

## COMMUNITY CENTER

The Briarhills Community Center may be reserved by residents for private events. Check the website or contact the POA office to make a reservation.

## MONTHLY BOARD MEETINGS

The BPOA board meets at the Briarhills Community Center on the second Monday of every month at 6:30 p.m. Residents are invited to attend these meeting where the board will discuss and make decisions on issues that will impact the Briarhills POA community.

## POA MAINTENANCE FEES

Invoices for BPOA dues are mailed in early December. Please contact the POA office if you do not receive your invoice by December 15. Non-receipt of the invoice does not preclude payment of the dues.

*The above information is subject to change without prior notice.*

## Monthly Stats for the Month of November 2020

Burglary of a Motor Vehicle: 1  
 Open door: 1  
 Suspicious Person: 1  
 Vehicle Suspicious: 3  
 Traffic Stop: 1  
 Disturbance Fireworks: 1  
 Writ: 1  
 Meet the citizen: 31  
 Information Call: 4  
 Special Assignment: 10  
 Incident Repot: 3  
 Check Park: 8  
 Contract Check: 120  
 Vacation watch: 3  
 Neighborhood Check: 70  
 Vacation Watch: 3



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## Holiday Charity Update

Dear Neighbors,

I want to thank everyone who made a donation to our charity drive for the Easter Seals Foundation of Greater Houston!

Easter Seals adopts families and supports them through the year but the holiday season can be especially hard. With our help, families in need were given HEB and Walmart gift cards to make the holidays a little bit easier.

There is always a need for more donations throughout the year, so if my postings have slipped by you and you still want to make a donation, you can do so by clicking "Donate" at <https://www.eastersealshouston.org>.

Thank you for bringing a bit of cheer to the less fortunate in 2021. Wishing everyone a bright and prosperous 2021!

Take care,

Maria Galiotos, POA Board Member



## FRUIT FLIES



Fruit flies can become a nuisance problem at any time of year. They can enter homes from ripe fruits or vegetables picked from the garden or purchased at the grocery store. Fruit fly adults may also fly into homes from outdoors.

Adult fruit flies are small (about 1/8 of an inch) and often have red eyes. The front portion of the body is tan while the back portion is dark brown to black. If given the opportunity, females can lay up to 500 eggs. Larvae are surface feeders on fermenting foods or other organic matter, which means that you can cut off the overripe parts of the fruit or vegetable and eat the rest.

To prevent bringing fruit flies into your home, do not purchase over ripened fruit and vegetables. Eat fresh produce in a timely manner and store items in the refrigerator or a paper bag that is clipped closed. All recyclables should be rinsed thoroughly before placing them into the recycling bin. Recycling and garbage bins should be cleaned on a regular basis with soapy water to eliminate any spilled material.

If your home already has fruit flies, locate all sources of infestation (where the larvae are living) and eliminate them. Insecticides only target adults and will not control the problem. While searching and eliminating breeding sources, a trap can be constructed to capture adult flies. Create a paper funnel by rolling paper and taping it closed. Place the funnel into a jar that has a small amount of apple cider vinegar in the bottom.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at [www.urban-ipm.blogspot.com](http://www.urban-ipm.blogspot.com)

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*Happy  
New Year!*

*From all of us  
at Peel Media*



## Call for Submissions

The Briar Beat is  
looking for submissions!

Please email  
[briarbeat@briarhillspoa.org](mailto:briarbeat@briarhillspoa.org)  
for more information.



# MEMORIAL VILLAGE **ER**

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*Draw and Write about your goals for 2021!*



A large, empty rectangular box with rounded corners, intended for drawing and writing about goals for 2021.

Five horizontal lines for writing.



2021 TIPS FOR A HEALTHY CHANGE!

F1

# LEADING A HEALTHY LIFESTYLE

Good nutrition and physical activity are important parts of leading a healthy lifestyle. A balanced diet can help you to reach and maintain a healthy weight, reduce your risk of chronic diseases, and promote your overall health.



## EXERCISE REGULARLY

Get at least **150 minutes** a week of moderate aerobic activity or **75 minutes** a week of vigorous aerobic activity. You also can do a combination of moderate and vigorous activity. The guidelines suggest that you spread out this exercise during the course of a week.

*As a general goal, aim for at least 30 minutes of physical activity every day.*



## DRINK LOTS OF WATER

It helps flush our systems of waste products and toxins, yet many people go through life dehydrated—causing **tiredness, low energy, and headaches**. It's common to mistake thirst for hunger, so staying well hydrated will also help you make healthier food choices.

*Aim for 8-10 glasses of fluid per day.*



## EAT HEALTHY FOOD

Eating a healthy, balanced diet provides nutrients to your body. These nutrients give you energy and **keep your heart beating, your brain active, and your muscles working**. Nutrients also help build and strengthen bones, muscles, and tendons and also regulate body processes, such as blood pressure.

**Rest and refresh.** Get plenty of sleep. Go to bed at a regular time each day and practice good habits to get better sleep. Sleep restores both your mind and body. Allow yourself some unfocussed time each day to refresh, let your mind wander, go daydream. It's okay to add 'do nothing' to your to-do list!

### Sources:

[www.fitness.gov](http://www.fitness.gov), [www.mayoclinic.org](http://www.mayoclinic.org), [www.helpguide.org](http://www.helpguide.org),  
[www.livelifewell.nsw.gov.au](http://www.livelifewell.nsw.gov.au), [www.betterhealth.vic.gov.au](http://www.betterhealth.vic.gov.au)



Though this year was tough,  
I'm so grateful for these  
things in my life from 2020!

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**PEEL, INC.**

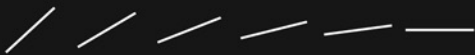
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COMPASS

*Happy New Year!*  
**2021**



**Because you deserve the best.**

Wishing you and yours Prosperity, Good Health and Happiness in 2021! Buying, selling or relocating, let us help you find that special place to call your own. Contact us to assist you!

**Thalia and Josh Guderyon**

281.217.0728

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[gghometeam.com](http://gghometeam.com)

