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Woodwind Lakes - January 2021 1

### **IMPORTANT CONTACTS**

### **CONSTABLE'S OFFICE**

.....http://www.cd4.hctx.net

### **BOARD OF DIRECTORS**

President	Mendi Strendel
Vice-President	Jeffrey Krahn
Treasurer	Daniel Kallus
Secretary	Kate Weatherford
Director	

#### NEWSLETTER AND WEBSITE

### Newsletter Editor

Lynn Collins ...... lynn.collins@garygreene.com Website

"Ask the Board" ...... www.woodwindhoa.com, Contact Us

#### **GROUNDS COMMITTEE**

Ann Tatum......anntatum9203@gmail.com

### **PAVILION & ADULT POOL**

Leigh Allen ...... lallen@grahammanagementhouston.com

### FAMILIES OF WWL

Dana Patterson......greg.dana.patterson@gmail.com

#### **CHRISTMAS COMMITTEE**

Terry Buckner ..... terry214@live.com

#### WOMEN'S CLUB

President: Ann Tatum	.anntatum9203@gmail.com
Vice President: Judith Simmons	jjsimons@comcast.net
Secretary: Cindy Horn	cindy.d.horn@gmail.com
Treasurer: Lynn Collins	lynn.collins@garygreene.com

### **OTHER USEFUL NUMBERS**

#### Graham Management

...... graham@grahammanagementhouston.com, 713-334-8000 Mailing Address: 2825 Wilcrest Dr., Suite 600, Houston, TX. 77042

### **Association Manager**

Leigh Allen..... Lallen@grahammanagementhouston.com **Improvement Application Submittal** 

- .....arc@grahammanagementhouston.com Call Before You Dig ...... 1-800-DIG-TESS or 1-800-344-8377
- ...... www.centerpointenergy.com Have light number.

Texas Department of Public Safety Crime Service

.....http://records.txdps.state.tx.us DEAD ANIMALS - To collect dead animals from the streets or off to the side of roads, please Dial 311. There is an option for them to pick up dead animals.

### UTILITIES

### **SECTIONS 1, 2, 3**

WASTE MGT CUSTOMER SERVICE......713-686-6666 Trash Pick-up is Monday and Thursday.

#### Water/Sewer Issues, all Sections: 281-807-9500

#### M.U.D. #261 BOARD SECTIONS 1, 2 & 3

S. Brady Whittaker (05.12.18)	President
Jason Vanloo (05.14.20)	
John Oyen (05.14.20)	Secretary
Larry Goldberg (05.12.18)	Director
, , , , , , , , , , , , , , , , , , , ,	
Milt Dooley (05.14.20)	Director
	713-858-7303
M.U.D. 261	www.HCMUD261.com

### SECTION 4 VILLAGE OF WOODWIND LAKES

Texas Pride Disposal - 281-342-8178

TOPS Water - 281-807-9500

#### **USEFUL LINKS**

WL Websitewww.woodwindlakeshoa.com
Sec 1, 2 and 3 Utility
http://hcmud261.com/HCMUD261/Index.htm
Section 4 Utility
Social Media https://woodwindlakes.nextdoor.com/news_feed/
Newsletterhttp://www.peelinc.com/
Sec 4 Gate Leigh Allen Lallen@grahammanagementhouston.com

### **ADVERTISING INFO**

Please support the advertisers that make the Woodwind Lakes *Newsletter* possible. If you are interested in advertising, please contact our sales office at 1-888-687-6444 or *advertising@peelinc.com*. The advertising deadline is the 8th of the month prior to the issue.

### **ARTICLE INFO**

The Woodwind Lakes Newsletter is mailed monthly to all Woodwind Lakes residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to Lynn. Collins@garygreene.com. The deadline is the 7th of the month prior to the issue.

# Woodwind Lakes

# UNEXPECTED KINDNESS IS THE MOST POWERFUL, LEAST COSTLY, AND MOST UNDERRATED AGENT OF HUMAN CHANGE

**BOB KERREY** 

Wishing you and yours Prosperity, Good Health and Happiness in 2021!

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LYNN COLLINS REALTOR® | MBA Woodwind Lakes Resident

281.743.1159 Lynn.Collins@GaryGreene.com LynnCollins.GaryGreene.com

HAPPY NEW YEAR!





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## Woodwind Lakes



### **CONSTABLE STATS | OCTOBER**

Burglary Habitation: 1	Disturbance Juvenile: 0			
Theft Vehicle: 0	Suspicious Vehicles: 0			
Assault: 0	Phone Harassment: 0			
Disturbance Family: 0	Theft Habitation: 0			
Alarms: 2	Robbery: 0			
Runaways: 0	Criminal Mischief: 1			
Burglary Vehicle: 1	Disturbance Other: 0			
Theft Other: 0	Suspicious Persons: 1			
Sexual Assault: 0	Other Calls: 16			

Detailed Statistics By Deputy										
Unit	Contrac	t District	Reports	Felony	Misd	Tickets	Recovered	Charges	Mileage	Days
Number	Calls	Calls	Taken	Arrests	Arrests	Issued	Property	Filed	Driven	Worked
W14	64	1	7	1	0	29	0	1	1161	18
W15	25	45	6	1	1	11	0	1	860	14
TOTAL	89	46	13	2	1	40	0	2	2021	32

### WON'T YOU BE OURS? ADVERTISE FOR

### FEBRUARY!

We Want to Share the Love. Contact Us about Sweet Savings

for Advertising Rates in February!

### advertising@peelinc.com

### STATS DETAILS...

**BURGLARY HABITATION:** 9100 SYMPHONIC LN- A known complainant stated that an unknown suspect(s) forced entry into his home while they were away. The complainant found no property missing at this time. **BURGLARY VEHICLE:** 8700 GOLDEN CHORD CIR- A known complainant stated that sometime during the daytime hours, an unknown suspect(s) made forced entry into his vehicle and stole property from within. **CRIMINAL MISCHIEF:** 8700 SERENADE LN- A known complainant stated that unknown juveniles destroyed a tree while they were at the neighborhood park Alarms Deputies responded to 2 residential alarms that were all cleared as false or cancelled. Suspicious Vehicles Deputies responded to a 0 suspicious vehicle calls that were all cleared as GOA or information. Suspicious Persons Page 1 of 2 http://10.2.118.224/iba/patrol/monthly\_stats/printer/printer. php?index=10512 12/2/2020 Deputies responded to 1 suspicious person calls that were all cleared as GOA or information. Deputies conducted multiple traffic stops and issued multiple citations within the contract reducing the possibility of accidents. Deputies conducted multiple contract, neighborhood and business checks within the contract increasing visibility while performing regular patrol duties. Deputies responded to 16 other calls within the contract including: Motor Vehicle Accidents Animal Humane Child Custody Disputes **Domestic Preventions** D.W.I. Follow Up Investigations Information Calls Meet The Officer Lost Found Property Sex Offender Verification

Stranded Motorist

Traffic Hazard

Unknown Medical Emergency

Abandoned/Speeding Vehicles

Welfare Checks

### BOOSTING IMMUNITY TO FIGHT COVID-19 AND WARD OFF FLU 7 IMPORTANT FOODS WHICH HELP TO DO JUST THAT!!!



These foods not only promote immunity but help protect our hearts.

**1. Pumpkins** which are a great source of potassium and betacarotene, a carotenoid that converts to vitamin A. Pumpkins also contain calcium and magnesium, vitamin E, C and some B vitamins. Vitamin A helps to protect our eyes from night blindness and age-related decline.

**2. Butternut Squash** is also full of beta-carotene. The conversion to vitamin A is important for a healthy immune system.

**3. Apples** are rich in vitamin C, a powerful antioxidant that can help boost our body's resistance to both infectious agents and damage caused by free radicals (bad guys for our cells). It sounds as though the adage "an apple a day keeps the doctor away" has a lot of truth to it! Each time we bite into an apple we are getting a healthy dose of vitamin C and B complex vitamins.

**4. Beet Juice** has been *shown to lower blood pressure*. High blood pressure often has no symptoms. Over time, if untreated, can cause health conditions, such as heart disease and stroke. We should monitor our blood pressure. There are many natural ways to manage it.

**5. Brussel Sprouts** are high in antioxidants and fiber, which may lower inflammation in the body, thus protecting the heart. These crunchy veggies may also stave off high blood pressure, high cholesterol, heart disease and diabetes. Despite all the health benefits, check with your doctor if you take blood thinners. Brussel Sprouts are high in vitamin K. They may also contribute to (IBS) Irritable bowel syndrome.

**6. Sweet Potatoes** are packed with potassium which enables you to excrete sodium, better balancing our blood pressure.

**7. Bell Peppers** are so high in vitamin C that just one provides 170 percent of the daily recommended allowance. Yellow and red peppers have more antioxidants than green ones.

Since apples and potatoes are on the 2020 version of its annual Dirty Dozen list (fruits and veggies with the highest traces of pesticides used in commercial farming) I purchase organic apples and potatoes. The above foods are powerful for our immune system and overall good health. Hope many are incorporated into your daily diet.

I send healthy and happy wishes to you and yours for a healthy and happy winter season. Remember please that every bite we take fights or feeds disease.

Warm regards, Donna Konopka

### BASHANS PAINTING & HOME REPAIR

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- HardiPlank Insulation
- Sheetrock Repair
- Cabinet Painting
- Pressure Washing
- Fence Replacement
- Custom Staining
- Custom Texturing

- Wood Replacement
- Interior Carpentry
- Sheet Rock Insulation
- Interior & Exterior Door Replacements
- Stucco Repair
- Wallpaper Removal
- Crown Molding



# Woodwind Lakes

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# FRUIT FLIES



Fruit flies can become a nuisance problem at any time of year. They can enter homes from ripe fruits or vegetables picked from the garden or purchased at the grocery store. Fruit fly adults may also fly into homes from outdoors.

Adult fruit flies are small (about 1/8 of an inch) and often have red eyes. The front portion of the body is tan while the back portion is dark brown to black. If given the opportunity, females can lay up to 500 eggs. Larvae are surface feeders on fermenting foods or other organic matter, which means that you can cut off the overripe parts of the fruit or vegetable and eat the rest.

To prevent bringing fruit flies into your home, do not purchase over ripened fruit and vegetables. Eat fresh produce in a timely manner and store items in the refrigerator or a paper bag that is clipped closed. All recyclables should be rinsed thoroughly before placing them into the recycling bin. Recycling and garbage bins should be cleaned on a regular basis with soapy water to eliminate any spilled material.

If your home already has fruit flies, locate all sources of infestation (where the larvae are living) and eliminate them. Insecticides only target adults and will not control the problem. While searching and eliminating breeding sources, a trap can be constructed to capture adult flies. Create a paper funnel by rolling paper and taping it closed. Place the funnel into a jar that has a small amount of apple cider vinegar in the bottom.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urbanipm.blogspot.com

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